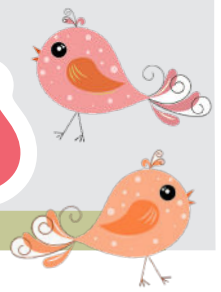


The Wexford Happenings

APRIL 2026



1515 West 28th St.
Loveland, CO
970-667-1900

MANAGER
Sam Bonnell

ACTIVITIES DIRECTOR
Peter Fredo

CHEF
Drea Hayes

HOUSEKEEPING SUPERVISOR
Brenda Whisenand

MAINTENANCE DIRECTOR
John Hart

OFFICE MANAGER
Sandy Brest

SALES REPRESENTATIVE
Danielle Salone



WEXFORD IN HOUSE ACTIVITIES

Check the activity book in the front lobby for all activities, events, outings and outside services.

MENU REVIEW WITH CHEF DREA

Have questions about the food offerings on the menu? **Come to the Town Hall at 9:00am on Mondays** to get your questions answered. Nothing wrong with a little food for thought!

CHEF'S TABLE

Food is the ingredient that binds us together. Join your fellow food enthusiasts of The Wexford **in the Activity Room on Thursday, April 2nd at 2:00pm** for the opportunity to give feedback regarding the menu and service.

COCKTAIL SOCIAL

Enjoy some drinks and social time with friends **in the Town Hall every Monday, Wednesday, and Friday at 4:00pm!**

COME JOIN READER'S THEATER

Got bit by the acting bug? **Join us on the 1st and 3rd Wednesday of the month (April 1st and April 15th) at 3:30pm in the Activity Room.** No previous acting experience or memorization required, come check it out!



CELEBRATIONS AT THE WEXFORD

APRIL BIRTHDAYS

Residents:

4/6 Dan Woods

4/8 Edith Blackwell

4/10 Patsy Block

4/19 Nadine Detro

4/24 Carolyn Wood

Staff:

4/15 Jay Chan

4/26 Besa Haise

4/28 Rachel Brown Pino

STEPPING ON FALL PREVENTION WITH THE ASPEN CLUB

Join us for this 7-week course (March 4 – April 15) every Wednesday at 9:30am in the Activity Room for fall prevention skills hosted by the Aspen Club. Different guest lectures range from a pharmacist to an occupational therapist. Sign up is required.

JIM'S CULTURE

Hosted by our very own Jim R., join us on Thursdays at 12:30pm in the Activity Room to dive deeper into a topic you might not know about!

APRIL CRAFT WITH PINSPIRATIONS

Join us in the Activity Room on Tuesday, April 7th at 9:00am for a tulip painting craft with local company, Pinspirations! Sign up for this activity is required.

EASTER EGG HUNT

The perfect time to put all your eggs in one basket! Starting in the Activity Room on Tuesday, April 7th at 2:30pm, join us in a community wide Easter Egg Hunt! More information to come.



MONTHLY ENTERTAINMENT CLASSES

MONTHLY ENTERTAINMENT/CLASSES:

Sound Affects Music Program:
Artists to be Announced.

Join us in the Town Hall on Thursday, April 2nd for wonderful music programs presented by Sound Affects!

MUSIC WITH THE OLDIES BUT GOODIES

Our favorite drum and guitar duo, Skip and Tim, are performing on Thursday, April 9th at 3:00pm.

MUSIC WITH CRAIG NELSON

Let's welcome our new happy hour entertainment, Craig Nelson, on Thursday, April 16th. He plays many kinds of music. Come check him out!

MUSIC WITH DOUG WYFFELS

Come join Doug on Thursday, April 23rd. Doug plays many kinds of music, such as early 1900s – 1930s, 50s, 60s, and 70s, standards, and many more!

MUSIC WITH JIM KRISTOFF

Join Jim in the Town Hall on Thursday, April 30th at 3:00pm to enjoy some of our favorite songs.

WILDLIFE WINDOW NATURE SERIES BY KEVIN COOK:

Seldom-Seen, Two Skulls but One Head, and NOT Betty Davis Eyes:

Friday, April 3rd at 2:30pm in the Activity Room

Four native bottom-dwelling fish are typically seen only by people who look for them. Five animals share relatedness by the distinction of having one skull inside another. And downright creepy, we have a species that squirts blood from its eyes!

DISPATCHES FROM THE FOREST PROGRAM – NATURE SERIES FOR SENIORS

Welcome Tim O'Hara for his nature presentation for seniors! Tim has a wide array of things to touch and explore during his presentations. He will be here on Tuesday, April 28th at 3:00pm in the Activity Room. More information about the topic to come!

JIM'S TED TALKS

Join our own Jim R. to nourish your brain and learn something new with the TED videos. Topics range in sleep, happiness, nutrition, and so much more! Join us in the Activity Room, Mondays at 1:00pm.

4/6 A Firework Ladder to the Sky – and the Magic of Explosive Art

4/13 The Astonishing Future of Immersive Live Entertainment

4/20 Animation: More Complex Than "Cartoonishly Simple"

4/27 The Weird and Wonderful Art of Niceanties

BIBLICAL BACKGROUND OF HEAVEN

Join our very own, Ed P. as he presents on the biblical background of heaven. "Most of us want to go, think we're going, but know very little about what a heavenly experience will be like". This will be in the Activity Room on Tuesday, April 14th at 2:30pm. Come and listen!

DOWNTON ABBEY

Wednesdays at 7:00 p.m. in the Activity Room

A chronicle of the lives of the British aristocratic Crawley family and their servants in the early twentieth century.

TRACES OF THE PAST HISTORY PRESENTATIONS

"Mark Serour, a professional historian by trade, is Maine-born and Colorado-raised. Mark has worked as a historical interpreter for the Friends of Gettysburg (PA), the National Park Service at Fort Laramie, WY, and at Centennial Village over in Greeley. Mark also worked on several museum projects for the Colorado State Historical Society and while with them, served as assistant museum director at the Trinidad History Museum. After the devastating floods of 2013, he was hired as a historic preservationist with FEMA and after that campaign concluded, continued in historic preservation with Pinyon Environmental Inc. in Lakewood."

Come join us in the Activity Room on April 21st at 2:30pm to learn more about Colorado history. Stay tuned to hear about the topic for the presentation!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> AR - Activity Room FR - Fireside Room PDR Private Dining Room PT - Patio ML - Main Lobby TH - Town Hall </div> <p style="text-align: center;">All activities are subject to change.</p>	APRIL FOOL'S DAY! 1 8:45am Wednesday Brain Games - AR 9:00am Footcare Clinic - APT 9:00am Walking the Wexford- TH 9:30am Stepping on Fall Prevention Program - Sign up Required - AR 12:30pm BLOOM Laundry - APT 3:30pm Wild Wexford Reader's Theater - AR 4:00pm Cocktail Social- TH 7:00pm Downton Abbey (Season 2) Episode 6 - AR	2 9:00am Crossword - AR 10:00am Brain and Balance - AR 10:45am Trivia - AR 1:00pm Poker- TH 12:30pm Jim's Culture: Guys and Dolls: Marlon Brando and Frank Sinatra III - AR 2:00pm Chef's Table - AR 3:00pm Happy Hour: Sound Affects - TH 6:30pm Documentary: The Body in the Bog Strangest Things (Youtube) - AR	3 9:00am Walking the Wexford- TH 10:00am Seated Beach Volleyball- AR 1:00pm Bingo - AR 1:00pm Resident Run Contract Bridge - TH 2:30pm Kevin Cook Nature Presentation: Seldom-Seen, Two Skulls but One Head, and NOT Betty Davis Eyes - AR 4:00pm Cocktail Social- TH	4 2:00pm Movie Matinee: Mr. Holland's Opus - AR 7:00pm Movie Matinee: Mr. Holland's Opus - AR
EASTER SUNDAY 5 10:15am Good Shepherd Virtual Church Service - AR 2:00pm Movie Matinee: Mr. Holland's Opus - AR 5:00pm Movie Matinee: Mr. Holland's Opus - AR	HAPPY BIRTHDAY, DAN W! 6 9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea- TH 10:00am Wexford Community Meeting - AR 1:00pm Shopping Trip to Safeway - ML 1:00pm Jim's TED Talks: A Firework Ladder to the Sky - and the Magic of Explosive Art - AR 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH	7 9:00am Pinspirations Spring Tulip Craft - AR 10:30am Wii Bowling - AR 1:00pm Poker- TH 1:00pm Bingo- AR 2:30pm Easter Egg Hunt - AR	8 8:45am Wednesday Brain Games - AR 9:00am Walking the Wexford - TH 9:30am Stepping on Fall Prevention Program - Sign up Required - AR 12:30pm BLOOM Laundry - APT 2:00pm Chair Yoga - AR 4:00pm Cocktail Social- TH 7:00pm Downton Abbey (Season 2) Episode 7 - AR	HAPPY BIRTHDAY, EDITH B! 9 9:00am Crossword - AR 10:45am Trivia - AR 1:00pm Poker- TH 12:30pm Romeo & Juliet: Shakespeare Play I - AR 3:00pm Happy Hour: The Oldies but Goodies - TH 6:30pm Capturing Hurricane Humberto (Youtube) - AR	HAPPY BIRTHDAY, PATSY B! 10 9:00am Walking the Wexford - TH 10:00am Pepper Pong Ping Pong - AR 1:00pm Blood Pressure Clinic- PDR 1:00pm Bingo- AR 1:00pm Resident Run Contract Bridge - TH 2:30pm Trip to Loveland Museum and dinner at Black Steer Steakhouse- ML 4:00pm Cocktail Social- TH	11 2:00pm Movie Matinee: The English Patient - AR 7:00pm Movie Matinee: The English Patient - AR
12 10:15am Good Shepherd Virtual Church Service - AR 2:00pm Movie Matinee: The English Patient - AR 5:00pm Movie Matinee: The English Patient - AR	13 9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea- TH 10:00am Bocce - AR 1:00pm Shopping Trip to King Soopers - ML 1:00pm Jim's TED Talks: The Astonishing Future of Immersive Live Entertainment - AR 2:00pm Hymns and Communion - TH 3:00pm Music and Movement 4:00pm Cocktail Social- TH	14 9:00am Wii Bowling- AR 11:00am Lunch at Red Lobster - ML 10:00am Brain and Balance- AR 1:00pm Poker- TH 1:00pm Bingo - AR 2:30pm Biblical Background of Heaven with Ed - AR	15 8:45am Wednesday Brain Games - AR 9:00am Walking the Wexford - TH 9:30am Stepping on Fall Prevention Program - Sign up Required - AR 12:30pm BLOOM Laundry - APT 3:30pm Wild Wexford Reader's Theater - AR 4:00pm Cocktail Social- TH 7:00pm Downton Abbey (Season 2) Episode 8 - AR	16 9:00am Crossword- AR 10:00am Brain and Balance- AR 10:45am Trivia- AR 1:00pm Poker- TH 12:30pm Romeo & Juliet: Shakespeare Play II - AR 3:00pm Happy Hour: Craig Nelson - TH 6:30pm Documentary: Mystery of the Broken Seal Kingdom of the Mummies (Youtube) - AR	17 9:00am Walking the Wexford- TH 10:00am Seated Volleyball - AR 1:00pm Bingo- AR 1:00pm Resident Run Contract Bridge - TH 3:00pm Activity Meeting - AR 4:00pm Cocktail Social- TH	18 2:00pm Movie Matinee: Gran Torino - AR 7:00pm Movie Matinee: Gran Torino - AR
HAPPY BIRTHDAY, NADINE D! 19 10:15am Good Shepherd Virtual Church Service - AR 2:00pm Movie Matinee: Gran Torino - AR 5:00pm Movie Matinee: Gran Torino - AR	20 9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea- TH 10:00am Bocce- AR 1:00pm Shopping Trip to Gully's Greenhouse - ML 1:00pm Jim's TED Talks: Animation: More Complex than "Cartoonishly Simple" - AR 2:00pm Low Vision Support Group - Lakeview Commons 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH	21 9:00am Wii Bowling- AR 10:00am Brain and Balance- AR 1:00pm Poker- TH 1:00pm Bingo - AR 2:30pm Traces of the Past History Presentation - AR	EARTH DAY 22 9:00am Wednesday Brain Games - AR 9:00am Walking the Wexford- TH 12:30pm BLOOM Laundry - APT 1:00pm Meet your Neighbor: Legacy Story Reveal - AR 2:00pm Chair Yoga - AR 3:00pm Connect Hearing Clinic - PDR 4:00pm Cocktail Social- TH 7:00pm Downton Abbey (Season 3) Episode 1 - AR	23 9:00am Crossword - AR 10:00am Brain and Balance- AR 10:45am Trivia- AR 1:00pm Poker- TH 12:30pm Jim's Culture: Romeo & Juliet: Shakespeare Met Opera I 3:00pm Happy Hour: Doug Wyffels - TH 6:30pm Documentary: Meet Nero's Favorite Gladiator (Youtube) - AR	HAPPY BIRTHDAY, CAROLYN W! 24 9:00am Walking the Wexford - TH 10:00am Pepper Pong Ping Pong - AR 1:00pm Bingo- AR 1:00pm Resident Run Contract Bridge - TH 2:30pm Travel Presentation: Come Visit Kenya - AR 4:00pm Cocktail Social- TH	25 2:00pm Movie Matinee: The Quiet Man- AR 7:00pm Movie Matinee: The Quiet Man- AR
26 10:15am Good Shepherd Virtual Church Service - AR 2:00pm Movie Matinee: The Quiet Man- AR 5:00pm Movie Matinee: The Quiet Man- AR 5:00pm - Dinner and a Movie - TH *Sign up required*	27 9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea- TH 10:00am Bocce- AR 1:00pm Shopping Trip to Walmart (65th) - ML 1:00pm Jim's TED Talks: The Weird and Wonderful Art of Niceaunties - AR 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH	28 9:00am Wii Bowling- AR 10:00am Brain and Balance- AR 1:00pm Poker- TH 1:00pm Bingo - AR 2:30pm Left, Center, Right game - AR 3:00pm Tim O'Hara Nature Program - AR	29 9:00am Wednesday Brain Games - AR 9:00am Walking the Wexford - TH 12:30pm BLOOM Laundry - APT 1:00pm Book Club - PDR 4:00pm Cocktail Social- TH 7:00pm Downton Abbey (Season 3) Episode 2 - AR	30 9:00am Crossword - AR 10:00am Brain and Balance - AR 10:45am Trivia- AR 1:00pm Poker- TH 12:30pm Jim's Culture: Romeo & Juliet: Shakespeare Met Opera II 1:30pm Pray the Rosary Team- PDR 3:00pm Happy Hour: Jim Kristoff - TH 6:30pm Documentary: Utilizing New Technologies to Provide Lifesaving Health Data - AR		

WEXFORD BOOK CLUB

Love to read and have conversations? We welcome you to join The Wexford Book Club! They say there are no faster or firmer friendships than those formed between people who love the same books. Join us **in the Private Dining Room on April 29th at 1:00pm.**

DINNER AND A MOVIE

Join Sam in the Town Hall **on Sunday, April 26th at 5:00pm.** There will be a sign up sheet available and a voting slip for the movie. Sign ups for this are required.

WEXFORD ACTIVITY TRIPS

Please sign up for all trips in the activity book and please be courteous and call if you cannot attend an outing. **On the day of the scheduled outing, please meet in the lobby 10 minutes prior to departure time.**

Shopping Trips: (Mondays at 1:00 p.m.)

4/6 - Safeway

4/13 - King Soopers

4/20 - Gulley's Greenhouse

4/27 - Walmart (65th)

TRIP TO THE LOVELAND MUSEUM AND BLACK STEER STEAKHOUSE

Join us **on Friday, April 10th at 2:30pm** for a trip to the Loveland Museum. Discover "Gold Rush in Leadville, and "pinkStardust", a tale of the transformation of Las Vegas. Sign up is required. This museum outing will be followed by a dinner at Black Steer Steakhouse. **Sign up is required.**



LUNCH OUTING AT RED LOBSTER

Get your seafood on and join us **on Tuesday, April 14th at 11:00am at Red Lobster.**

WEXFORD FITNESS

Let's get fit! Don't forget about all the exercise opportunities at The Wexford. Challenge yourself to try something new!

MUSIC & MOVEMENT WITH HEATHER

Mondays at 3:00pm in the Activity Room. Start your week with a fun workout while singing some of your favorite songs and using seasonal props to enhance the exercises.

WALKING THE WEXFORD

Every Monday, Wednesday, and Friday at 9:00 am the Walking Group meets in the West Side Dining Room and begins their walk around the 2nd floor. Join them for a morning walk around Wexford.

BRAIN & BALANCE WITH DIANE

Work your body and brain **on Tuesdays and Thursdays at 10:00am in the Activity Room!** This class aims to improve mobility, strength, and balance, while challenging our brain with fun games to encourage memory and thought patterns. All exercises can be done while seated.

CHAIR YOGA WITH ERIN

"Hi, I am Erin Doty, and I invite you to join me! Since 2016, I have worked with retirement communities, independent and assisted living facilities, senior centers, and memory care and dementia care locations leading movement and mindfulness classes. I am passionate about celebrating seniors and helping them age in place with inspiration and optimism. I offer

senior public classes and 1:1 classes to increase confidence, strength mentally and physically, maintain energy, and experience a bright mind and memory."

4/8 Chair Yoga

4/22 Chair Yoga

SERVICES AT THE WEXFORD

THE WEXFORD SALON

Need a fresh new look? Or want to get your hair styled? The Wexford Salon is just the place for you. Our stylist offers a variety of services at great prices and are located on the first floor of The Wexford. **Feel free to give Sheila a call, 970-581-7861** to find out what she can do for YOU and to book an appointment.

BLOOM AT HOME LAUNDRY SERVICE

BLOOM at Home, Columbine's Non-Medical Home Care, is pleased to offer an on-site laundry service to our residents. **The cost is \$15.00 for the first load and \$10.00 for additional loads thereafter.** Laundry must be placed outside your door by 11:00 a.m. Please sign up in the activity book if you are interested in this service, as this service is provided weekly every Wednesday.

FOOT CARE CLINIC

Dr. Mike Thomas, a professional foot care specialist and retired podiatrist is available for your foot care needs! He can provide fingernail and toenail trimmings, callous removal, and other foot care needs. Feel free to contact Dr. Mike to set up an appointment today at (970) 310-7635. **Each appointment is \$45 and can be paid directly to Dr. Mike.** This foot care clinic is for medical purposes and is not a pedicure service. **1st Wednesday of each month (April 1st).** Sign up in the Activity Book.

SWEETHEART NAILS

Good nails will often solve a lot of problems. **Call or Text Neitha Schneider at 303-710-5577** to schedule a foot massage, toenail trimming, manicure, pedicure and more! There's no better feeling than getting your nails done.

COLUMBINE BLOOD PRESSURE CLINIC

It's never too early to be thinking about your blood pressure. Join Scotthia Orr - RN with Columbine Poudre Home Care **in the Private Dining Room on the 2nd Friday of each month (April 10th) at 1:00pm** for free blood pressure reading and RN consultation.

LOVELAND PUBLIC LIBRARY

Are you looking for a great book to read? Contact librarian, Teddy Rosario at The Loveland Public Library. They offer a free Home Delivery Service for residents of The Wexford. They have regular-print, large-print, books on CD, cassette-tape books, videos, and other library materials. **Please contact the library at (970)-962-2592 for more information.**

CONNECT HEARING

Do your hearing aids need to be cleaned or repaired? Connect Hearing is offering monthly hearing aid clinics for Wexford residents. Services include cleanings and minor repairs in house. The location of these clinics are to be determined. **This month's clinic is Wednesday, April 22nd at 3:00pm in the Private Dining Room.**

YOU ARE OUR BEST REFERENCE!

Just a reminder! For each referral that results in a signed annual lease, **the resident that recommended Columbine will receive a \$500 discount on one month's rent.** Refer today!



Join Chef Drea for her Chef's Table, as she tries out some new and yummy food!



"Thank you, Easton for all of your hard work and dedication at The Wexford. We miss you!"



"Thank you to the McTeggart Irish Dancers for celebrating St. Patrick's Day with us! A lovely performance accompanied by some wonderful refreshments from Chef Drea."



"Hopping into Easter with Brenda, Mary, and Diane! We made saltshaker Easter bunnies to help celebrate!"

