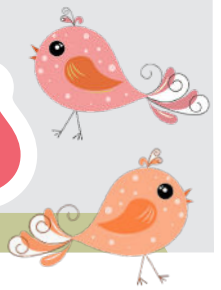


The Worthington Happenings

APRIL 2026



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APRIL IS HERE

April has arrived!!! Spring has arrived and so soon will the Easter Bunny! April brings blooming flowers, and the hope for renewal. The month of April gives us the chance to embrace new life with emerging tree buds, colorful daffodils, hyacinths, and tulips, longer days of sun, and the return of happy chirping birds. With all this renewal, it is time for us to burst out of our winter doldrums and spread our wings to embrace new experiences.

The month of April is National Library Month. It also has celebrations such as Children's Book Day, World Book Day, National Poetry Day and American Crossword Day. Therefore, we are going to celebrate the month with fun literary events that are sure to impress, so please join us for many word and book related fun!!

April is also designated as National Creative Month and has World Art Day on April 15th. We are certainly going to be creative this month with an art project slated for every Wednesday afternoon. You should join us for these fun and collaborative projects. They are fun and you don't have to be an artist to join.

The weather is also great for outdoor lawn games, walks and picnics so please look on the calendar for these and sign up.

APRIL

*When the warm sun, that brings
Seed-time and harvest, has returned again,
'T is sweet to visit the still wood, where
springs -*

The first flower of the plain.

*I love the season well
When forest glades are teeming with bright
forms,
Nor dark and many-folded clouds foretell -
The coming-in of storms.*

*From the earth's loosened mold
The sapling draws its sustenance, and
thrives; Though stricken to the heart with
winter's cold -*

The drooping tree revives.

*The softly-warbled song
Comes through the pleasant woods, and
coloured wings. Glance quick in the bright
sun, that moves along -
The forest openings.*

*When the bright sunset fills
The silver woods with light, the green slope
throws. Its shadows in the hollows of the
hills -*

And wide the upland glows.



EASTER BUFFET

Join us for a special Easter Buffet at The Worthington on Sunday, April 5th from 12:00 PM – 2:00 PM.

Family, and friends are invited to gather for a festive afternoon filled with delicious food, desserts, and warm company.

Celebrate the holiday with a variety of seasonal favorites, sweet treats, and time to visit with neighbors while enjoying the cheerful spirit of Easter. We hope you will come share in the good food, conversation, and community. **There will be a sign-up sheet out soon, and those will NEED to be given to the Front Desk BY Thursday, April 2nd.** Also, there is NO EVENING DINNER that day.



CHANGES AND ADDITIONS

We have a few changes and additions to our activities schedule at The Worthington. We are excited to introduce a new series called *the Weathered Series*, which will now take place on Tuesdays at 7:00 PM. This new series will offer engaging discussions and opportunities to gather together in the evening. There has also been a change to our Saturday activity. **Wii Bowling on Saturdays at 11:00 AM has been replaced with Word Spiel**, a fun word game that encourages friendly competition and conversation. We hope you will join us for these updated activities and continue enjoying time together with fellow residents.

WORTHINGTON HAPPENINGS

CRAFT MONTH

April is Craft Month at The Worthington, and we invite all residents to join us **in the Activities Room at 2:30 pm** for a relaxing and creative time together. These simple, hands-on activities are a wonderful way to enjoy good conversation, try something new, and spend time with friends and neighbors.

We will begin with a Collaborative Art Project on **Wednesday, April 1**, where everyone will help create a special piece of artwork for our community. **On Friday, April 3**, we will celebrate the season with a cheerful Easter Craft. The following week, **join us on Wednesday, April 8 for an Art Game with Wine**, a lighthearted activity filled with creativity and laughter. **On Wednesday, April 15**, residents can design their own Calligraphy Door Plates. Later in the month, we will enjoy a nature-inspired Fantastic Fungi Collage **on Wednesday, April 22**, followed by a colorful and fun Jackson Pollock Marble Art activity **on Wednesday, April 29**.

All supplies will be provided. Come create, relax, and enjoy the company of your neighbors as we celebrate a month of art and creativity together. **Please sign up as we will need a count for how many supplies for each craft.** If you come after the craft starts, we will not let you in.

Schedule:

Wednesday, April 1 at 2:30 pm – Collaborative Art Project

Friday, April 3 at 11 am – Easter Craft

Wednesday, April 8 at 2:30 pm– Art Game with Wine

Wednesday, April 15 at 2:30 pm – Calligraphy Door Plates

Wednesday, April 22 at 2:30 pm– Fantastic Fungi Collage

Wednesday, April 29 at 2:30 pm– Jackson Pollock Marble Art

BOOKS IN APRIL

Join us throughout the month as we celebrate stories, memories, and the joy of reading together. We have several book-themed activities planned for residents to enjoy.

On Thursday, April 2 at 2:00 PM, we will begin with *Fairytales I Remember*, a fun and nostalgic event where residents can share favorite childhood stories and memories. **On Thursday, April 23, we will have a full day of book activities. At 11:00 AM in the Activities Room**, join us for Hedge Hog Book Art. Later that day **at 2:00 PM, enjoy Swap a Book with Tea and Biscuits**, a relaxing time to trade books and chat with neighbors. **Also, that morning in the TH**, residents can participate in Book Bingo for a chance to win small prizes. In addition to that day, **we also are asking residents to dress up like their favorite book character** whether it is a real or imaged character. All staff that day will be dressed in character too.

We will wrap up the month with **Book Club on Monday, April 27 at 2:00 PM in the PDR**, where readers can gather to discuss the month's book and share their thoughts. Come celebrate the love of books, stories, and good company during Book Month at The Worthington.

GARDEN CLUB

Residents are warmly invited to attend the Garden Club Meeting **on Friday, April 30 in the Sunroom at The Worthington**. As spring begins to bloom, this is a perfect time to gather with fellow residents who enjoy gardening, flowers, and spending time in nature.

During the meeting we will talk about seasonal planting ideas, share gardening tips, and discuss ways we can keep our community spaces looking beautiful throughout the spring and summer. Residents are also welcome to share their own experiences, favorite plants, or ideas for flowers and greenery around the property.

Whether you are an experienced gardener or simply enjoy flowers and learning something new, everyone is welcome to join. Come relax, enjoy good conversation, and help us celebrate the start of the gardening season together.

WORTHINGTON SPECIAL ACTIVITIES

KEVIN COOK

Kevin will be at the Worthington for his 4th installment of his Colorado Nature series. This installment is entitled “Seldom-Seen, Two Skulls but One Head, and NOT Betty Davis Eyes” and he said, “Four native bottom-dwelling fishes are typically seen only by the people who look for them.” Five animals share relatedness by the distinction of having one skull inside another. And downright creepy, we have species that squirt blood from its eyes! **Please come and join the experience on April 9th at 10 AM.** Also remember our fun guy, Jim Willard, will be here **the following Thursday at 11 AM** to take you down memory lane with music, facts and trivia of years gone by. Join him in the AR, it's always a blast.

SENIOR SERENADERS

Residents are warmly invited to enjoy a morning of music with the Senior Serenaders **on Wednesday, April 1 at 10:30 AM at The Worthington**. This special performance will bring a variety of familiar songs and classic favorites that many will recognize and enjoy.

The Senior Serenaders are known for their lively performances and welcoming spirit, creating a joyful atmosphere for everyone. Residents are encouraged to relax, sing along to well-loved tunes, and enjoy a wonderful musical experience together.

Music has a special way of bringing people together and stirring happy memories. Join us for a delightful morning filled with song, smiles, and good company as we welcome the Senior Serenaders to The Worthington

A VISIT FROM SPROUT

On Monday, April 20th at 2pm, please come to the front lawn to visit with the cutest little miniature donkey all dressed up for your enjoyment. Sprout is sure to bring a smile to your face with his pleasant attitude. **You don't want to miss this little guy so be sure to mark it on your calendar.**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|---|--|--|---|--|---|---|
|  | | <p>All activities are subject to change.</p> | | APRIL FOOL'S DAY 1 8:30 am Walmart Run 9 am Exercise Video – AR 10 am Reminiscing – AR 10:30 am Senior Serenaders - DR 11 am Exercise with Erin – AR 1:15 pm Drumming with Shari – AR 2:30 pm Collaborative Art Project - AR 7 pm Gilded Age Series - AR | CHILDREN'S BOOK DAY 2 9 am Exercise with Eliza – AR 10 am Townhall Meeting - SR 10:45 am Ambassador's Meeting - SR 11:30 am – 1:30 pm Out to Lunch: Sugar, Salt and Sand 2 pm Fairytales I Remember Event - AR 3:30 pm M and M - TH | GOOD FRIDAY 3 9 am King Soopers Run 9 am Exercise with Diane – AR 10 am Coffee and News – AR 11 am Easter Craft – AR 1:30 pm 5 Crowns Card Game – AR 2:30 pm Jane Goodall Doc - AR 7 pm Movie - AR | 9 am Exercise with Brynn – AR 10 am Bingo – TH 11 am Word Spiel – AR 2 pm Movie – AR 7 pm Movie - AR |
| EASTER 5 12 pm – 2 pm Easter Buffet - DR 2 pm Movie – AR 7 pm Movie – AR | CRACKER JACK DAY 6 9 am Exercise – AR 10 am Word Games - AR 11 am Cranium Crunches – PDR 2 pm Cracker Jack Fun – AR 3 pm Rummikub - AR 7 pm Nature Series - AR | 9 am Exercise with Erin – AR 10 am Current Events – AR 11 am Adult Coloring with Music – AR 1:30 pm Corn Hole/Lawn Games - Lawn 2:45 pm Bingo – TH 7 pm Weathered Series - AR | 9 am Exercise Video – AR 10 am Reminiscing – AR 11 am Exercise with Erin – AR 1:15 pm Sit Dance with Shari – AR 2:30 pm Art Game with Wine – AR 7 pm Gilded Age Series - AR | END OF CIVIL WAR 9 9 am Exercise with Eliza – AR am Kevin Cook – AR 11 am Ted Talks for people who hated Math in School – AR 1:30 pm Showing of Cold Mountain Movie - AR 3:30 pm Fit America Exercise – AR | AMERICAN CROSSWORD DAY 10 9 am Exercise with Diane – AR 10 am Coffee and News – AR 11 am Quiddler – AR 1:30 pm 5 Crowns Card Game – AR 2:30 pm Can 4 Avg People beat a Crossword Puzzler? Doc- AR 7 pm Movie - AR | 9 am Exercise with Brynn – AR 10 am Bingo – TH 11 am Word Spiel – AR 2 pm Movie – AR 7 pm Movie - AR | |
| 2 pm Movie – AR 7 pm Movie – AR | 9 am Exercise – AR 10 am Word Games - AR 11 am Cranium Crunches – PDR 2 pm Group Video Trivial Pursuit- AR 3 pm Rummikub - AR 7 pm Nature Series - AR | 9 am Exercise with Erin – AR 10 am Current Events – AR 11 am Adult Coloring with Music – AR 1:30 pm Corn Hole/Lawn Games - Lawn 2:45 pm Bingo – TH 7 pm Weathered Series - AR | WORLD ART DAY 15 9 am Exercise Video – AR 10 am Reminiscing – AR 11 am Exercise with Erin – AR 1:15 pm Drumming with Shari – AR 2:30 pm Calligraphy Door Plates Craft - AR 7 pm Gilded Age Series - AR | 9 am Exercise with Eliza – AR 10 am Get your Drink - AR 11 am Jim Willard - AR 1 pm River Walk Trip 3:30 pm M and M - TH | 9 am King Soopers Run 17 9 am Exercise with Diane – AR 10 am Coffee and News – AR 11 am Quiddler – AR 1:30 pm 5 Crowns Card Game – AR 2:30 pm Wine in the Lobby 7 pm Movie - AR | 9 am Exercise with Brynn – AR 10 am Bingo – TH 11 am Word Spiel – AR 2 pm Movie – AR 7 pm Movie - AR | |
| 2 pm Movie – AR 7 pm Movie – AR | 9 am Exercise – AR 10 am Word Games - AR 11 am Cranium Crunches – PDR 2 pm A Visit from Sprouts - AR 3 pm Rummikub - AR 7 pm Nature Series - AR | 9 am Exercise with Erin – AR 10 am Current Events – AR 11 am Adult Coloring with Music – AR 1:30 pm Corn Hole/Lawn Games - Lawn 2:45 pm Bingo – TH 7 pm Weathered Series - AR | EARTH DAY 22 9 am Exercise Video – AR 10 am Your Story, Your Legacy – AR 11 am Exercise with Erin – AR 1:15 pm Sit Dance with Shari – AR 2:30 pm Fantastic Fungi Collage Craft - AR 7 pm Gilded Age Series - AR | WORLD BOOK DAY 23 9 am Exercise with Eliza – AR 10 am Book Bingo - TH 11 am Hedge Hog Book Art – AR 2 pm Swap a Book with Tea and Biscuits - AR 3:30 pm Fit America Exercise - TH | 9 am Exercise with Diane – AR 10 am Coffee and News – AR 11 am Quiddler – AR 11:30 – 1:30 pm Library and Lunch in Library Park Trip 2:30 pm Birthday Party - DR 7 pm Movie - AR | 9 am Exercise with Brynn – AR 10 am Bingo – TH 11 am Word Spiel – AR 2 pm Movie – AR 2:30 pm Wine Social - TH 7 pm Movie - AR | |
| 2 pm Movie – AR 7 pm Movie – AR | 9 am Exercise – AR am Word Games - AR am Cranium Crunches – PDR 12 pm Walk to Mod Pizza 2 pm Book Club - PDR 3 pm Rummikub - AR 7 pm Nature Series - AR | 9 am Exercise with Erin – AR 10 am Current Events – AR 11 am Adult Coloring with Music – AR 1:30 pm Jeopardy - TH 2:45 pm Bingo – TH 7 pm Weathered Series - AR | 9 am Exercise Video – AR 10 am Reminiscing – AR 11 am Exercise with Erin – AR 1:15 pm Drumming with Shari – AR 2:30 pm Jason Pollack Marble Art - AR 7 pm Gilded Age Series - AR | 9 am Exercise with Eliza – AR 10 am Townhall Meeting - TH 11 am Super Target Trip with Lunch at Panera Bread 2 pm Garden Club Meeting - SR 3 pm Scrabble - AR |  | | |

OUT TO LUNCH: SUGAR, SALT AND SAND

Please join us for a special lunch trip on Thursday, April 2nd. Take a vacation from the ordinary with island-inspired cuisine and refreshing cocktails at Sugar Salt Sand. Located above Japango, this rooftop destination offers a tropical oasis in the heart of Old Town Fort Collins. Step onto the rooftop and enjoy a relaxed, beach-inspired atmosphere where palm-lined vibes meet mountain views. The menu features flavorful dishes like the signature Baja Caesar, fresh poke bowls, and a variety of beach-side fare designed to capture the bright flavors of coastal cuisine. Each dish pairs perfectly with handcrafted tropical cocktails, refreshing drinks, and sunny afternoon views. **Please sign up quickly since this is always a popular event.**

ADULT COLORING AND CORN HOLE/LAWN GAME

Residents are invited to join us for a relaxing and enjoyable Adult Coloring with Music session every Tuesday at 11:00 AM in the Activities Room (AR) at The Worthington. This peaceful activity is a great way to unwind, enjoy calming music, and spend time visiting with friends while working on colorful designs. Coloring is a simple and relaxing activity that can help reduce stress, encourage creativity, and provide a quiet moment to enjoy the morning together.

After lunch, residents are welcome to head outside to the lawn for Corn Hole and other Lawn Games at 1:30 PM. These light and friendly games are a fun way to stay active, enjoy the fresh air, and share some laughter with neighbors.

WINE SOCIAL

Residents are invited to join us for a relaxing Wine Social on Saturday, April 25 at 2:30 PM in the Townhall at The Worthington. This is a wonderful opportunity to unwind, enjoy a glass of wine, and spend time visiting with friends and neighbors.

During the afternoon, residents can relax in a welcoming setting while enjoying light refreshments and good conversation. Whether you come to socialize, meet new neighbors, or simply enjoy a pleasant afternoon, this gathering is a great way to connect with the community.

We hope you will join us for an enjoyable afternoon of conversation, laughter, and a toast with friends.

TRIPS OF THE MONTH

Residents are invited to join us for our Trips of the Month throughout April. These outings are a wonderful opportunity to get out of the building, enjoy a change of scenery, and spend time with fellow residents. Getting out and about can be a great way to stay active and enjoy some fresh air. Our outings this month include shopping runs, a scenic walk, a library visit, and a few chances to enjoy lunch together around town. We hope you will join us for one or more of these outings! **Please sign up in advance if you would like to attend any of these trips.**

Schedule:

Wednesday, April 1 at 8:30 AM - Walmart Run

Thursday, April 2 at 11:30 AM – 1:30 PM - Out to Lunch: Sugar Salt Sand in Old Town

Friday, April 3 at 9:00 AM - King Soopers Run

Thursday, April 16 at 1:00 PM - River Walk Trip

Friday, April 17 at 9:00 AM - King Soopers Run

Friday, April 24 at 11:30 AM – 1:30 PM - Library and Lunch in Library Park Trip

Monday, April 27 at 12:00 PM - Walk to MOD Pizza

Friday, April 30 at 11:00 AM - Super Target Trip with Lunch at Panera Bread



The Worthington play . . .



CARDS, GAMES AND MORE

Hey everybody, just so you know, there are many games and events on the calendar for you to enjoy with just your fellow residents. This month there is Rummikub, word spiel, Quiddler and 5 crowns card game. Do not be shy about coming to learn the game, there is always someone there to help. Word Spiel and Quiddler are both fun word games that are great for brain health. Rummikub is a favorite tile game designed after the card game Rummy. Also come join Denise as she teaches you the 5 Crown card game. There are 5 suits in this game instead of 4 plus other fun twists, easy to learn and fun to play.

Chocolate making with Michelle . . .



A visit to The Duchess Tea Room.



*Christine helps
give out St
Patrick's day fun.*



St Patricks Day gathering.