

# The Wexford Happenings

MARCH 2026



1515 West 28th St.  
Loveland, CO  
**970-667-1900**

**MANAGER**  
Sam Bonnell

**ACTIVITIES DIRECTOR**  
Peter Fredo

**CHEF**  
Drea Hayes

**HOUSEKEEPING SUPERVISOR**  
Brenda Whisenand

**MAINTENANCE DIRECTOR**  
John Hart

**OFFICE MANAGER**  
TBD

**SALES REPRESENTATIVE**  
Danielle Salone



## MENU REVIEW WITH CHEF DREA

Have questions about the food offerings on the menu? **Come to the Town Hall at 9:00 a.m. on Mondays** to get your questions answered. Nothing wrong with a little food for thought!

## DIETARY MEETING

Food is the ingredient that binds us together. Join your fellow food enthusiasts of The Wexford **in the Activity Room on Thursday, March 5th at 2:00 p.m.** for the opportunity to give feedback regarding the menu and service.

## COCKTAIL SOCIAL

Enjoy some drinks and social time with friends **in the Town Hall every Monday, Wednesday, and Friday at 4:00pm!**

## COME JOIN READER'S THEATER

Got bit by the acting bug? **Join us on the 1st and 3rd Wednesday of the month (March 4th and March 18th) at 3:30pm in the Activity Room.** No previous acting experience or memorization required, come check it out!

## STEPPING ON FALL PREVENTION WITH THE ASPEN CLUB

**Join us for this 7-week course (March 4 – April 15) every Wednesday at 9:30am in the Activity Room** for fall prevention skills hosted by the Aspen Club. Different guest lectures range from a pharmacist to an occupational therapist. **Sign up is required.**

## CELEBRATIONS AT THE WEXFORD

### MARCH BIRTHDAYS

#### Residents:

March 13 - Don Henricks

March 15 - Ron Morse

March 15 - Pat Jones

March 17 - Kathryn Vars

March 21 - Doe Morris

March 23 - Tom DeLany

#### Staff:

March 4 - Darla Velazquez

March - 11 Leah Cross

## JIM'S CULTURE

Hosted by our very own Jim R., **join us on Thursdays at 1:00pm in the Activity Room** to dive deeper into a topic you might not know about!

## SPRING CRAFT WITH BRENDA, MARY, AND DIANE

Hop into spring! **Join Brenda, Mary, and Diane on March 19th at 2:00pm in the Activity Room** and make an Easter bunny with a salt and pepper shaker!

## TV Q&A WITH XFINITY

Curious about your TV or have questions? **Join us on March 3rd in the Activity Room** with a representative from Xfinity to answer questions about your TV that you might have.

## MARY KAY COSMETICS SPRING SHOW

**Join Betsi in the Activity Room on Monday, March 9th at 9:00am** for the Mary Kay Cosmetics Spring show!

## SINGO SONG BINGO WITH NOCO SENIOR SOCIAL

Think you have what it takes to play Singo? It works by replacing the numbers on the Bingo Card with popular song titles. You then mark off the matching song title on the card. When you win, you shout SINGO! **This will be on Wednesday, March 11th at 2:00pm in the Town Hall.** This event is open to Wexford residents and the public.

## MONTHLY ENTERTAINMENT CLASSES

### SOUND AFFECTS MUSIC PROGRAM: ARTISTS TO BE ANNOUNCED.

**Join us in the Town Hall on Thursday, March 5th** for wonderful music programs presented by Sound Affects!

### MUSIC WITH THE OLDIES BUT GOODIES

Our favorite drum and guitar duo, Skip and Tim, are performing **on Thursday, March 12th at 3:00pm.**

### MUSIC WITH DOUG WYFFELS

Let's welcome our new happy hour entertainment, Doug Wyffels **on Thursday, March 19th.** Doug plays many kinds of music, such as early 1900s – 1930s, 50s, 60s, and 70s, standards, and many more!

### MUSIC WITH JIM KRISTOFF

**Join Jim in the Town Hall on Thursday, March 26th at 3:00pm** to enjoy some of our favorite songs.

### WILDLIFE WINDOW NATURE SERIES BY KEVIN COOK: AREN'T ANIMALS SUPPOSED TO EAT PLANS!?:

**Friday, March 6th at 2:30 p.m. in the Activity Room**

We use “herbivory” to describe eating habits of animals that

consume plants, but we don't have a companion term to describe plants that eat animals...even though we have at least six, maybe seven, of them growing wild in Colorado!

### DISPATCHES FROM THE FOREST PROGRAM – NATURE SERIES FOR SENIORS

Welcome Tim O'Hara for his nature presentation for seniors! Tim has a wide array of things to touch and explore during his presentations. He will be here **on Tuesday, March 10th at 3:00pm in the Activity Room** He will be presenting All About Owls: Owls – silent hunters of the night. Uncover the secrets of these mysterious and amazing raptors. Hear their calls and perhaps see what they had for dinner.

### JIM'S TED TALKS

Join our own Jim R. to nourish your brain and learn something new with the TED videos. Topics range in sleep, happiness, nutrition, and so much more! **Join us in the Activity Room, Mondays at 7 p.m.**

3/2 Why Do Schools Kill Creativity?

3/9 Inside the Mind of a Master Procrastinator

3/16 The Power of Vulnerability

3/23 How Great Leaders Inspire Action

3/30 Your Body Language May Shape Who You Are

## DOWNTON ABBEY

**Wednesdays at 7:00 p.m. in the Activity Room**

A chronicle of the lives of the British aristocratic Crawley family and their servants in the early twentieth century.

## ST. PATRICK'S DAY PARTY

Come celebrate St. Patrick's Day with some green refreshments and Irish Step Dancers! **Our celebration will be on Monday, March 16th at 2:30pm in the Town Hall!** More information to come.

## TRACES OF THE PAST HISTORY PRESENTATIONS

“Mark Serour, a professional historian by trade, is Maine-born and Colorado-raised. Mark has worked as a historical interpreter for the Friends of Gettysburg (PA), the National Park Service at Fort Laramie, WY, and at Centennial Village over in Greeley. Mark also worked on several museum projects for the Colorado State Historical Society and while with them, served as assistant museum director at the Trinidad History Museum. After the devastating floods of 2013, he was hired as a historic preservationist with FEMA and after that campaign concluded, continued in historic preservation with Pinyon Environmental Inc. in Lakewood.”

**Come join us in the Activity Room on March 24th at 2:30pm** to learn more about Colorado history. Stay tuned to hear about the topic for the presentation!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10:15am</b> Good Shepherd Virtual Church Service - AR <b>1</b> <b>2:00pm</b> Movie Matinee: Cat Ballou - AR <b>5:00pm</b> Movie Matinee: Cat Ballou - AR	<b>9:00am</b> Walking The Wexford - TH <b>2</b> <b>9:00am</b> Menu Review with Chef Drea - TH <b>10:00am</b> Wexford Community Meeting - AR <b>1:00pm Shopping Trip to Walmart (65th) - ML</b> <b>3:00pm</b> Music Movement- AR <b>4:00pm</b> Cocktail Social- TH <b>7:00pm</b> Jim's TED Talks: Why do Schools Kill Creativity? - AR	<b>9:00am</b> Wii Bowling- AR <b>3</b> <b>10:00am</b> Brain and Balance- AR <b>1:00pm</b> Poker- TH <b>1:00pm</b> Bingo- AR <b>2:30pm</b> Xfinity Presents: TV Q&A with Xfinity - AR	<b>9:00am Footcare Clinic - APT</b> <b>4</b> <b>8:45am</b> Wednesday Brain Games - AR <b>9:00am</b> Walking the Wexford- TH <b>9:30am Stepping on Fall Prevention Program - Sign up Required - AR</b> <b>12:30pm</b> BLOOM Laundry - APT <b>3:30pm</b> Wild Wexford Reader's Theater - AR <b>4:00pm</b> Cocktail Social- TH <b>7:00pm</b> Downton Abbey (Season 2) Episode 2 - AR	<b>9:00am</b> Crossword - AR <b>5</b> <b>10:00am</b> Brain and Balance - AR <b>10:45am</b> Trivia - AR <b>1:00pm</b> Poker- TH <b>1:00pm</b> Jim's Culture: Swan Lake I - AR <b>2:00pm</b> Dietary Meeting - AR <b>3:00pm</b> Happy Hour: Sound Affects - TH <b>7:00pm</b> Documentary: Uncovering Secrets of the Sun (Youtube) - AR	<b>9:00am</b> Walking the Wexford - TH <b>6</b> <b>9:00am</b> Bible Study - AR <b>10:00am</b> Seated Beach Volleyball- AR <b>1:00pm</b> Bingo - AR <b>1:00pm</b> Resident Ran Contract Bridge - TH <b>2:30pm Kevin Cook Nature Presentation - Aren't Animals Supposed to Eat Plants!? - AR</b> <b>4:00pm</b> Cocktail Social- TH	<b>2:00pm</b> Movie Matinee: Dances with Wolves - AR <b>7</b> <b>7:00pm</b> Movie Matinee: Dances with Wolves - AR
<b>DAYLIGHT SAVING TIME</b> <b>8</b> <b>10:15am</b> Good Shepherd Virtual Church Service - AR <b>2:00pm</b> Movie Matinee: Dances with Wolves - AR <b>5:00pm</b> Movie Matinee: Dances with Wolves - AR	<b>9:00am</b> Walking the Wexford - TH <b>9</b> <b>9:00am</b> Menu Review with Chef Drea- TH <b>9:00am - Mary Kay Cosmetics Spring Show - AR</b> <b>10:00am</b> Bocce - AR <b>1:00pm Shopping Trip to Safeway - ML</b> <b>2:00pm Hymns and Communion - TH</b> <b>3:00pm</b> Music and Movement- AR <b>4:00pm</b> Cocktail Social- TH <b>7:00pm</b> Jim's TED Talks: Inside the Mind of a Master Procrastinator - AR	<b>9:00am</b> Wii Bowling - AR <b>10</b> <b>10:00am</b> Brain and Balance- AR <b>1:00pm</b> Poker- TH <b>1:00pm</b> Bingo- AR <b>3:00pm Tim O'Hara Nature Program: All about Owls - AR</b>	<b>8:45am</b> Wednesday Brain Games - AR <b>11</b> <b>9:00am</b> Walking the Wexford- TH <b>9:30am Stepping on Fall Prevention Program - Sign up Required - AR</b> <b>12:30pm</b> BLOOM Laundry - APT <b>2:00pm</b> Neuropathy and Parkinson's with sound - AR <b>2:00pm Singo: Song Bingo with Noco Senior Social - TH</b> <b>4:00pm</b> Cocktail Social- TH <b>7:00pm</b> Downton Abbey (Season 2) Episode 3 - AR	<b>9:00am</b> Crossword - AR <b>12</b> <b>10:00am</b> Brain and Balance - AR <b>10:45am</b> Trivia - AR <b>1:00pm</b> Poker- TH <b>1:00pm</b> Jim's Culture: Swan Lake II - AR <b>3:00pm</b> Happy Hour: The Oldies but Goodies - TH <b>7:00pm</b> Documentary: Over Wyoming (Wyoming PBS: Youtube) - AR	<b>HAPPY BIRTHDAY, DON H!</b> <b>13</b> <b>9:00am</b> Walking the Wexford - TH <b>9:00am</b> Bible Study - AR <b>10:00am</b> Pepper Pong Ping Pong - AR <b>1:00pm</b> Blood Pressure Clinic- PDR <b>1:00pm</b> Bingo- AR <b>2:30pm Travel Presentation: Come Visit Spain - AR</b> <b>4:00pm</b> Cocktail Social- TH	<b>2:00pm</b> Movie Matinee: Fried Green Tomatoes - AR <b>14</b> <b>7:00pm</b> Movie Matinee: Fried Green Tomatoes - AR
<b>HAPPY BIRTHDAY, RON M!</b> <b>15</b> <b>HAPPY BIRTHDAY PAT J!</b> <b>10:15am</b> Good Shepherd Virtual Church Service - AR <b>2:00pm</b> Movie Matinee: Fried Green Tomatoes - AR <b>5:00pm</b> Movie Matinee: Fried Green Tomatoes - AR	<b>9:00am</b> Walking the Wexford - TH <b>16</b> <b>9:00am</b> Menu Review with Chef Drea- TH <b>10:00am</b> Bocce - AR <b>1:00pm Shopping Trip to Target - ML</b> <b>2:00pm</b> Low Vision Support Group - Lakeview Commons <b>2:30pm St. Patrick's Day Party - TH</b> <b>4:00pm</b> Cocktail Social- TH <b>7:00pm</b> Jim's TED Talks: The Power of Vulnerability - AR	<b>HAPPY ST. PATRICK'S DAY!</b> <b>17</b> <b>HAPPY BIRTHDAY, KATHRYN V!</b> <b>9:00am</b> Wii Bowling- AR <b>10:00am</b> Brain and Balance - AR <b>1:00pm</b> Poker- TH <b>1:00pm</b> Bingo - AR <b>2:30pm</b> Left, Center, Right - AR <b>3:00pm - Root Beer Float Social - AR</b>	<b>8:45am</b> Wednesday Brain Games - AR <b>18</b> <b>9:00am</b> Walking the Wexford - TH <b>9:30am Stepping on Fall Prevention Program - Sign up Required - AR</b> <b>10:00am Brunch Outing to First Watch *Sign up required* ML</b> <b>12:30pm</b> BLOOM Laundry - APT <b>3:00pm</b> Connect Hearing Clinic - PDR <b>3:30pm</b> Wild Wexford Reader's Theater - AR <b>7:00pm</b> Downton Abbey (Season 2) Episode 4 - AR	<b>9:00am</b> Crossword- AR <b>19</b> <b>10:00am</b> Brain and Balance - AR <b>10:45am</b> Trivia- AR <b>1:00pm</b> Poker- TH <b>1:00pm Jim's Culture: Barber of Seville (Figaro) I - AR</b> <b>2:00pm</b> Hop into Spring with Brenda, Mary, and Diane Easter Bunny craft - AR <b>3:00pm</b> Happy Hour: Doug Wyffels - TH <b>7:00pm</b> Documentary: Unlocking the Truth About the Stanford Prison Experiment (Youtube) - AR	<b>8:30am Tax help and Preparation with Tax Aide *Previous Sign up Required* - AR</b> <b>20</b> <b>9:00am</b> Walking the Wexford- TH <b>1:00pm</b> Bingo - Location TBD <b>3:00pm</b> Activity Meeting - AR <b>4:00pm</b> Cocktail Social- TH	<b>HAPPY BIRTHDAY, DOE M!</b> <b>21</b> <b>2:00pm</b> Movie Matinee: The Phantom of the Opera - AR <b>7:00pm</b> Movie Matinee: The Phantom of the Opera - AR
<b>10:15am</b> Good Shepherd Virtual Church Service - AR <b>22</b> <b>2:00pm</b> Movie Matinee: The Phantom of the Opera - AR <b>5:00pm</b> Movie Matinee: The Phantom of the Opera - AR <b>5:45pm - Loveland Performing Arts: The French Family Band *Must be an LPA Season Ticket Holder* - ML</b>	<b>HAPPY BIRTHDAY, TOM D!</b> <b>23</b> <b>9:00am</b> Walking the Wexford - TH <b>9:00am</b> Menu Review with Chef Drea- TH <b>10:00am</b> Bocce- AR <b>1:00pm Shopping Trip to King Soopers - ML</b> <b>3:00pm</b> Music and Movement- AR <b>4:00pm</b> Cocktail Social- TH <b>7:00pm</b> Jim's TED Talks: How Great Leaders Inspire Action - AR	<b>9:00am</b> Wii Bowling- AR <b>24</b> <b>10:00am</b> Brain and Balance- AR <b>10:45am Lunch Outing to Black-eyed Pea - ML</b> <b>1:00pm</b> Poker- TH <b>1:00pm</b> Bingo - AR <b>2:30pm</b> Left, Center, Right game - AR <b>2:30pm</b> Traces of the Past History Presentation - AR	<b>8:45am</b> Wednesday Brain Games - AR <b>25</b> <b>9:00am</b> Walking the Wexford - TH <b>9:30am Stepping on Fall Prevention Program - Sign up Required - AR</b> <b>12:30pm</b> BLOOM Laundry - APT <b>1:00pm</b> Book Club - PDR <b>2:00pm</b> Chair Yoga - AR <b>4:00pm</b> Cocktail Social- TH <b>7:00pm</b> Downton Abbey (Season 2) Episode 5 - AR	<b>9:00am</b> Crossword - AR <b>26</b> <b>10:00am</b> Brain and Balance - AR <b>10:45am</b> Trivia- AR <b>1:00pm</b> Poker- TH <b>1:00pm</b> Jim's Culture: Barber of Seville (Figaro) II - AR <b>1:30pm</b> Pray the Rosary Team - PDR <b>3:00pm</b> Happy Hour: Jim Kristoff - TH <b>7:00pm</b> Documentary: Free Climbing in Greenland (Youtube) - AR	<b>9:00am</b> Walking the Wexford - TH <b>27</b> <b>9:00am</b> Bible Study - AR <b>10:00am</b> Pepper Pong - AR <b>1:00pm</b> Bingo- AR <b>2:30pm</b> Left, Center, Right game - AR <b>4:00pm</b> Cocktail Social- TH	<b>2:00pm</b> Movie Matinee: Swing Vote - AR <b>28</b> <b>7:00pm</b> Movie Matinee: Swing Vote - AR
<b>PALM SUNDAY</b> <b>29</b> <b>10:15am</b> Good Shepherd Virtual Church Service - AR <b>2:00pm</b> Movie Matinee: Swing Vote - AR <b>7:00pm</b> Movie Matinee: Swing Vote - AR	<b>9:00am</b> Walking the Wexford- TH <b>30</b> <b>9:00am</b> Menu Review with Chef Drea- TH <b>10:00am</b> Bocce- AR <b>1:00pm Shopping Trip to Walmart (Denver Ave) - ML</b> <b>3:00pm</b> Music and Movement- AR <b>4:00pm</b> Cocktail Social- TH <b>7:00pm</b> Jim's TED Talks: Your Body Language May Shape Who You Are - AR	<b>9:00am</b> Wii Bowling- AR <b>31</b> <b>10:00am</b> Brain and Balance- AR <b>1:00pm</b> Poker- TH <b>1:00pm</b> Bingo - AR <b>2:30pm</b> Left, Center, Right game - AR				

AR - Activity Room  
FR - Fireside Room  
PDR Private Dining Room  
PT - Patio  
ML - Main Lobby  
TH - Town Hall

All activities are subject to change.

## WEXFORD BOOK CLUB

Love to read and have conversations? We welcome you to join The Wexford Book Club! They say there are no faster or firmer friendships than those formed between people who love the same books. **Join us in the Private Dining Room on March, 25th at 1:00pm.**

## DINNER AND A MOVIE

**Join Sam in the Town Hall on Sunday, March 29th at 5:00pm.** There will be a sign up sheet available and a voting slip for the movie. Sign ups for this are required.

## WEXFORD ACTIVITY TRIPS

Please sign up for all trips in the activity book and please be courteous and call if you cannot attend an outing. On the day of the scheduled outing, please meet in the lobby **10 minutes** prior to departure time.

## SHOPPING TRIPS: (MONDAYS AT 1:00 P.M.)

- 3/2 Walmart (65th)
- 3/9 Safeway
- 3/16 Target
- 3/23 King Soopers
- 3/30 Walmart (Denver Ave)

## LOVELAND PERFORMING ARTS

**On Sunday, March 22nd at 5:45pm,** Hailing from Australia, now based in Nashville, this talented family trio takes inspiration from country and western swing icons of the past, as well as performing their own original music.

## BRUNCH OUTING TO FIRST WATCH

**On Wednesday, March 18th at 10:00am,** join us for a brunch outing to our neighborhood First Watch. Start your day right with casual dining brunch! Sign up is required.

## WEXFORD FITNESS

Let's get fit! Don't forget about all the exercise opportunities at The Wexford. Challenge yourself to try something new!

## MUSIC & MOVEMENT WITH HEATHER

**Mondays at 3:00 p.m. in the Activity Room.** Start your week with a fun workout while singing some of your favorite songs and using seasonal props to enhance the exercises.

## WALKING THE WEXFORD

**Every Monday, Wednesday, and Friday at 9:00 a.m.** the Walking Group meets in the West Side Dining Room and begins their walk around the 2nd floor. Join them for a morning walk around Wexford.

## BRAIN & BALANCE WITH DIANE

Work your body and brain **on Tuesdays and Thursdays at 10:00 a.m. in the Activity Room!** This class aims to improve mobility, strength, and balance, while challenging our brain with fun games to encourage memory and thought patterns. All exercises can be done while seated.

## CHAIR YOGA WITH ERIN

"Hi, I am Erin Doty, and I invite you to join me! Since 2016, I have worked with retirement communities, independent and assisted living facilities, senior centers, and memory care and dementia care locations leading movement and mindfulness classes. I am passionate about celebrating seniors and helping them age in place with inspiration and optimism. I offer senior public classes and 1:1 classes to increase confidence, strength mentally and physically, maintain energy, and experience a bright mind and memory."

- 3/11 Neuropathy and Parkinson's with Sound
- 3/25 Chair Yoga

## SERVICES AT THE WEXFORD

### THE WEXFORD SALON

Need a fresh new look? Or want to get your hair styled? The Wexford Salon is just the place for you. Our stylist offers a variety of services at great prices and are located on the first floor of The Wexford. **Feel free to give Sheila a call, 970-581-7861** to find out what she can do for YOU and to book an appointment.

### BLOOM AT HOME LAUNDRY SERVICE

BLOOM at Home, Columbine's Non-Medical Home Care, is pleased to offer an on-site laundry service to our residents. **The cost is \$15.00 for the first load and \$10.00 for additional loads thereafter. Laundry must be placed outside your door by 11:00 a.m.** Please sign up in the activity book if you are interested in this service, as this service is provided weekly every Wednesday.

### FOOT CARE CLINIC

Dr. Mike Thomas, a professional foot care specialist and retired podiatrist is available for your foot care needs! He can provide fingernail and toenail trimmings, callous removal, and other foot care needs. **Feel free to contact Dr. Mike to set up an appointment today at (970) 310-7635.** Each appointment is \$45 and can be paid directly to Dr. Mike. This foot care clinic is for medical purposes and is not a pedicure service. **1st Wednesday of each month (March 4th).** Sign up in the Activity Book.

### SWEETHEART NAILS

Good nails will often solve a lot of problems. **Call or Text Neitha Schneider at 303-710-5577** to schedule a foot massage, toenail trimming, manicure, pedicure and more! There's no better feeling than getting your nails done.

## COLUMBINE BLOOD PRESSURE CLINIC

It's never too early to be thinking about your blood pressure. **Join Scotia Orr - RN with Columbine Poudre Home Care in the Private Dining Room on the 2nd Friday of each month (March 13th) at 1:00 p.m.** for free blood pressure reading and RN consultation.

## LOVELAND PUBLIC LIBRARY

Are you looking for a great book to read? Contact librarian, Teddy Rosario at The Loveland Public Library. They offer a free Home Delivery Service for residents of The Wexford. They have regular-print, large-print, books on CD, cassette-tape books, videos, and other library materials. **Please contact the library at (970)-962-2592 for more information.**

## CONNECT HEARING

Do your hearing aids need to be cleaned or repaired? Connect Hearing is offering monthly hearing aid clinics for Wexford residents. Services include cleanings and minor repairs in house. The location of these clinics are to be determined. **This month's clinic is Wednesday, March 18th at 3:00 p.m. in the Private Dining Room.**

## YOU ARE OUR BEST REFERENCE!

Just a reminder! For each referral that results in a signed annual lease, the resident that recommended Columbine will receive a \$500 discount on one month's rent. **Refer today!**





*Our inaugural show for the Wild Wexford Readers Theater. They performed a skit called "A Slight Misunderstanding"*



*We enjoyed the CSU Avenir Museum of Design and Merchandising! We got to share some of the fun things we had in our pockets!*

