

# Happenings

MARCH 2026



Torino Circle  
Fort Collins, CO  
**970-490-1000**

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Andrew Baker

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## SPRING IS ON THE HORIZON – WE HOPE!

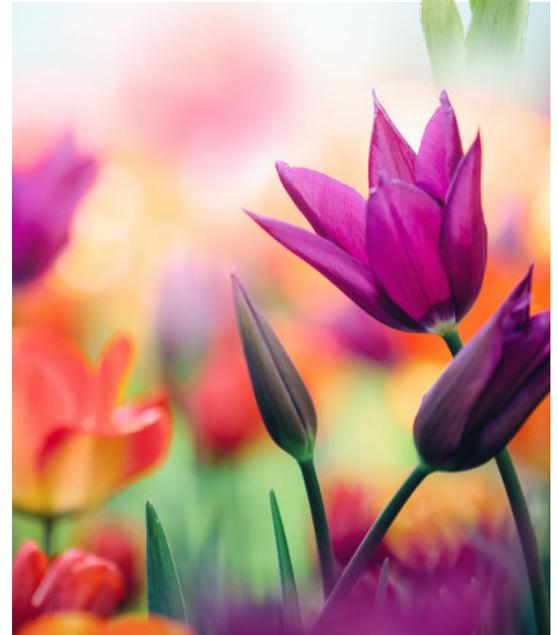
March has arrived, and with it comes one of the most talked-about sayings of the season: will it come in like a lion and go out like a lamb?

For many of us, March truly does begin with a roar. Blustery winds rattle the windows, temperatures can swing from frosty mornings to surprisingly mild afternoons, and the skies seem to change their mood by the hour.

It's a month of movement and transition — winter reluctant to let go, spring gently knocking at the door.

The phrase “in like a lion, out like a lamb” perfectly captures March’s personality. Early in the month, we may see the lion’s strength in gusty winds, late-season snow, or chilly rain. But as the weeks unfold, the lamb often appears — softer sunshine, budding trees, longer daylight, and the welcome signs of new life emerging around us.

March is named for Mars, the Roman god of war, as it was traditionally the time when military campaigns would resume after winter. In fact, in the oldest Roman calendar, March was the first month of the year — a time of fresh beginnings and renewed activity. That sense of renewal still carries through today.



A special highlight of the month arrives around March 20th with the Vernal (Spring) Equinox. On this day, the sun crosses the celestial equator, and we experience nearly equal hours of daylight and darkness. It marks the official beginning of spring — a beautiful reminder that brighter, longer days are ahead.

March invites us to embrace both reflection and anticipation. It's a wonderful time to enjoy cozy indoor gatherings on brisk days and to take refreshing walks when the sun peeks through. As the lion settles down and the lamb takes its place, we can look forward to blooming flowers, warmer afternoons, and all the joys that spring brings.

Here's to a March that roars just enough to remind us how sweet the gentle days of spring can be.

## MARCH IS WOMEN'S HISTORY MONTH

### THE 2026 WOMEN'S HISTORY MONTH THEME IS:

**“Leading the Change: Women Shaping a Sustainable Future.”**

It is a time to celebrate the countless contributions women have made to our history, culture, and society.

Since 1987, this month-long observance has invited us to reflect on the achievements of women whose stories have not always received the recognition they deserve in U.S. history.

The celebration began as a grassroots effort. In 1978, the school district in Sonoma, California launched a week-long Women's History

celebration. Dozens of schools participated, students presented special programs, and hundreds took part in a “Real Woman” essay contest.

The week concluded with a parade in Santa Rosa, California. The enthusiasm quickly spread to communities across the country, laying the foundation for the national observance we recognize today.

In 1980, President Jimmy Carter proclaimed the first week of March as National Women's History Week. The following year, Congress formally established it as a national celebration. Six years later, the observance was expanded to the entire month of March, creating the meaningful tradition we continue to honor.

March 8 is also recognized worldwide as International Women's Day. In 1975, the United Nations began sponsoring this global celebration of women's economic, political, and social achievements.

Throughout March, we celebrate the strength, leadership, and lasting impact of women — past and present — whose courage and dedication continue to shape our communities and inspire future generations



## JUST FOR FUN – FACTS ABOUT MARCH



- ♣ March was once the first month of the year
- ♣ March has two birthstones: aquamarine and bloodstone
- ♣ Two birth flowers: daffodils and jonquils
- ♣ March is the most popular month for both basketball and vasectomies – HAH!
- ♣ The Ides of March led to Caesar's downfall
- ♣ Daylight Saving Time begins, bringing more daylight
- ♣ The Vernal Equinox creates a nearly 50-50 split of day and night

## MEET OUR NEW OFFICE MANAGER – ALYSSA ROBINSON!

I am very pleased to introduce our new Office Manager at the Worthington Front Desk, **Alyssa Robinson!** Alyssa comes to us from AccentCare. Her caring and fun nature is a perfect fit for our community, and she comes with a wealth of knowledge and skills. We are so delighted to have her as a part of our team. **Welcome, Alyssa!**



“Hi everyone! I'm Alyssa Robinson, and I'm the new Office Manager here at The Worthington & Columbine Patio Homes. I'm excited to be part of the team and help support our residents and staff each day. In my free time, I enjoy writing and recording music, photography, and playing outside with my dog. I'm so happy to be here and can't wait to meet you all!”

Don't hesitate to come by and say hello. Alyssa would love to meet you all!

## DAYLIGHT SAVING TIME

### Hooray — it's time for more daylight!

After months of early sunsets and long, dark afternoons, March brings a small but meaningful change that reminds us spring is just around the corner. **On March 8th at 2:00 a.m.**, we “spring ahead” and set our clocks forward one hour.

While we may lose an hour of sleep that first night, we gain something many of us have been missing — brighter evenings filled with golden light. The extra daylight gives us more time to enjoy an evening stroll, visit with neighbors, or simply relax and soak up a little sunshine at the end of the day.



**SPRING FORWARD**  
SET YOUR CLOCKS AHEAD AN HOUR

That added light often brings a boost in mood and energy, helping us gently transition into the new season. It's one of those subtle changes that makes a big difference.

We'll be sure to give everyone a friendly reminder before the time change so no one misses a beat. Here's to longer days and all the promise that comes with them!

## WHAT'S GOIN' ON?

### NEW! GRIEF SUPPORT FOR THOSE WHO HAVE LOST A CHILD

A monthly grief support group is available for anyone who has experienced the profound loss of a child. **This group meets in the Sunroom on the second Tuesday of each month at 6:30 PM.**

The loss of a child is one of life's most difficult and deeply personal hardships. This support group offers a caring, understanding space where participants can share, listen, and find comfort in knowing they are not alone. Coming together can help lighten the burden through shared experiences and mutual support.

The group is led by resident Ruth Billington, who warmly welcomes anyone who feels they may benefit from attending. All discussions are held in strict confidence, ensuring a safe and respectful environment for everyone.

If you have questions or would like more information, please feel free to speak with Denise at the Worthington.



## ROLLERS & STROLLERS

Join the patio home residents every **Wednesday at 10am** as they “Roll ‘n Stroll” around the circle. A great way to get some fresh air and connect with your neighbors. The weather is nice, come out and get some exercise with friends!

## RESKIN MEDICAL VISIT

We're pleased to welcome Tara Arrieta, a wound care specialist with Reskin Medical, **on Monday, March 2nd at 3:30 p.m. In the Worthington Activity Room.**

Tara works with seniors who have concerns related to skin wounds, including pressure injuries (sometimes called pressure or decubitus ulcers) and diabetic-related wounds. Reskin Medical specializes in advanced wound care and treatment, with a focus on promoting healing and improving comfort.

If you or a loved one have questions or would simply like to learn more about prevention and care, we encourage you to attend. This is a wonderful opportunity to receive helpful information from an experienced professional in a supportive setting.

*We hope you'll join us!*



## MARJORIE MORNINGSTAR TRAVELOGUE: RUSSIA

Ready to see the world — no suitcase required? **Join us at The Worthington on Wednesday, March 11th at 2:30 p.m. in the Activity Room** as Marjorie Morningstar takes us on a fascinating journey to Russia.

This engaging cultural presentation offers a closer look at Russia's rich history, meaningful traditions, and everyday life. Whether you enjoy history, have a curiosity about global cultures, or simply appreciate learning something new, this is a wonderful way to spend the afternoon.

Come with curiosity, invite a friend, and enjoy thoughtful conversation and discovery together.

## TORINO CIRCLE LUNCH BUNCH

Please join us this month when Victoria and Steve Benson host our next Lunch Bunch gathering:

*Thursday, March 12th, 2026, at 11:30 a.m.*

**Young's Cafe**  
3307 S. College Avenue  
(parking lot available)

**Lunch menu:** youngscafe.com

**RSVP:** Contact Victoria **no later than Tuesday, March 10**, in person, at (302) 593-2286 or at [s\\_d\\_benson@hotmail.com](mailto:s_d_benson@hotmail.com)

*Carolyn and Glen DeZeeuw have graciously offered to host the next Lunch Bunch on April 9.*

## Please consider hosting our next Lunch Bunch in May or June!

Here is what the host does:

- Choose a restaurant (list available from Ellie Aronow) and contact them about date availability and final headcount deadline.
- Let the restaurant know that the group usually numbers 10-16 people and ask whether they have a separate room. If not, ask if they have a “quieter” spot for our group.
- Ask what table sizes are available. Tables of six or eight usually work best; but tables of four seats have also worked.
- Inquire about parking availability.
- Accept RSVPs in person or via cell phone, text or email (your choice).

**Questions?** Contact Ellie (in person or by phone at 480-993-7910). As coordinator, she will post a Lunch Bunch notice on the community bulletin board, submit information to the Happenings, and send a reminder email.

**Text Ellie to host:** 480-993-7910

## ELDERHAUS - PURPOSE. PRIDE. PRODUCTIVITY.

Join us Friday, March 13th, at 1pm in the Worthington Activity Room for ElderHands Workshop, a program of Elderhaus Adult Day Program, is creating meaningful days for adults living with dementia through hands-on, community-focused projects. Volunteers play a vital role by working alongside participants, providing guidance, companionship, and encouragement. If you are looking for a fulfilling way to stay active and give back, join us for an upcoming presentation with Jenny Langness, Executive Director, to learn how you can be part of something truly impactful.

## NATURALIST KEVIN COOK — PART 3 OF HIS NEW NATURE SERIES

Join Kevin on Thursday, March 12th, at 10:00 AM in the Worthington Activity Room for the 2nd installment of a new, always-popular nature series!

This installment is entitled "Aren't Animals Supposed to Eat Plants?" and he states, "We use "herbivory" to describe eating habits of animals that consume plants, but we don't have a companion term to describe plants that eat animals...even though we have at least six, maybe seven, of them growing in Colorado!"

This unique and thought-provoking presentation is perfect for anyone curious about how nature and humanity shape each other across the Centennial State.

*Don't miss it!*

**Sign-up required!**

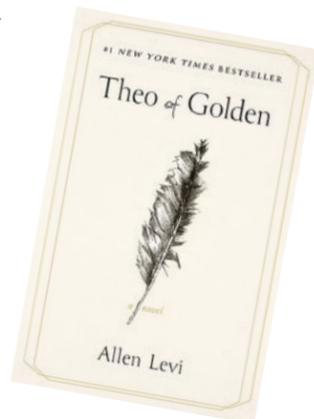
Call 970-490-1000

## THE TORINO CIRCLE WOMEN'S BOOK CLUB

Monday, March 16, 2026, at 10:00 AM

You will find our group gathering in the home of Barb Hagen (#847). Barb will be leading our discussion of the book *Theo Of Golden* by Allen Levi.

Levi's breakout novel is about "a mysterious stranger named Theo, who arrives in Golden, and begins buying portraits from a coffeehouse, returning them to their subjects while weaving stories and changing lives."



## Happy Reading!

Barbara Hagen and Carol Herbert, Co-Organizers

If you are new to our community or would like to join our group, but haven't read the book, join us anyway. We'd enjoy having you there. Any questions about joining, or anything else about the group, please contact Barbara Hagen at (970) 219-9600 or e-mail her at bhagen6NT@gmail.com

## TORINO CIRCLE GENTLEMEN'S BOOK CLUB

### More Than a Book Club – A Time to Connect

Calling all gentlemen of Torino Circle! You're invited to join a new monthly gathering that's not just about reading—it's about sharing, connecting, and enjoying great conversation with fellow neighbors.

Reading the book is optional—your life experience, thoughts, and stories are what truly make the group special. Whether you've read every chapter or just come for the coffee and camaraderie, you'll be warmly welcomed.

**Next Meeting:** Monday, March 16th, 2026

**Time:** 10:00am

**Location:** Home of Frank & Till Tranzow (#853)

**Book:** *The Accidental President* by A.J. Baine

*"The Accidental President"* by A.J. Blaine is centered around the leadership and management of being placed in the Presidency during WWII and being handed the most powerful weapon of that time.

**Please join us!**

**Questions?** Contact Bob Clark at (970) 420-0318

We look forward to seeing you there—bring your thoughts, your stories, and a smile!

## ST. PATRICK'S DAY FUN

### Feeling lucky?

Join us at **The Worthington on Tuesday, March 17th at 1:45 p.m.** for a festive St. Patrick's Day celebration!

Wear your favorite shade of green, bring your Irish spirit, and get ready for an afternoon filled with laughter, music, and a touch of Irish charm. It's the perfect opportunity to gather with friends, share smiles, and create joyful springtime memories.

*We hope you'll join us for this cheerful celebration!*

## GUEST SPEAKER EVENT: ONCE UPON A YEAR WITH JIM WILLARD

Thursday, March 19th, at 11:00 AM

We're excited to welcome back Jim Willard for his popular series, *Once Upon a Year!* **Join us on Thursday, March 19th, at 11:00 AM** for a nostalgic journey through time.

In this engaging program, Jim will take us on a trip down memory lane—exploring notable moments from years past, including highlights in world events, politics, pop culture, music, and entertainment. It's a fascinating and fun look at the decades that shaped our lives.

**This event fills up fast, so sign-ups are required!**

Reserve your spot today by calling 970-490-1000.

Don't miss out on this entertaining and enlightening stroll through history!

## DISPATCHES FROM THE FOREST

Thursday, March 26th at 10:00 a.m.

We're delighted to welcome Tim O'Hara for a special nature program titled "Silent Hunters of the Night – Owls."

Tim holds a bachelor's degree in Natural Resource Management and a master's degree in psychology, bringing both scientific knowledge and engaging storytelling to his presentations. During this program, he'll guide us into the mysterious world of owls — exploring their habits, unique adaptations, and the important role they play in our ecosystem.

If you enjoy nature, wildlife, or learning something new, this program promises to be both educational and inspiring. We look forward to seeing you there!

## TORINO SHARING LIBRARY

The current library stewards are Dan and Kathy Wendland (#827). **You can reach them at 970-377-1235** if you have questions or concerns. Bob Clark (#863) has provided our magazine sharing rack at the library. Thank you to all who donate books and magazines to keep our selection interesting and diverse!



# MAINTENANCE/LANDSCAPING ANNOUNCEMENTS

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## IMPORTANT MAINTENANCE & LANDSCAPING REMINDER:

To ensure your maintenance needs are handled efficiently, **please remember to always call the Worthington Front Desk at (970) 490-1000 to place a work or landscaping order—especially during evenings, weekends, or after hours.**

### A few helpful tips:

- Our maintenance team follows a scheduled list using an app called *Limble* and may not have time to take on additional requests during a visit.
- For the best service, please avoid adding extra tasks in person while they are working in or around your unit.
- To keep everything organized, we kindly ask that you do not email or text work orders to the Administrator, particularly outside of business hours.

**Reminder:** Maintenance is available on-call for emergent needs on weekends and after hours. Some examples of a maintenance emergency include Air conditioning or heat not working, no hot water, water leaks or flooding, and egress-related issues.

**Note:** If your smoke detector is alarming and saying “fire” or “carbon monoxide”, please contact 911, do not contact the front desk.

*Thank you for helping us serve you better  
by following these simple guidelines!*

