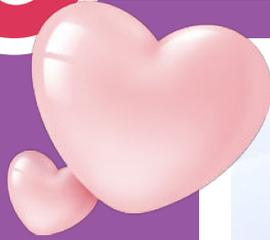


The Winslow

# Happenings

FEBRUARY 2026



## WELCOME TO FEBRUARY!



## FEBRUARY BIRTHDAYS!

- JoAnn Baker - February 9th
- Bob Green - February 12th
- Beverly Moses - February 17th
- Jean Newman - February 19th
- Jane McClellan - February 25th
- Glenn Schmidt - February 26th

909 Centre Avenue  
Fort Collins, Co  
**970-492-6200**

**ADMINISTRATOR**  
Chelsea Irwin

**OFFICE MANAGER**  
Andrea Dunn

**EXECUTIVE CHEF**  
Adam Thomeczek

**WAITSTAFF  
SUPERVISOR**  
Elena Garcia

**HOUSEKEEPING  
SUPERVISOR**  
Sandy Clark

**MAINTENANCE  
SUPERVISOR**  
Randy Hixson

**ACTIVITIES  
DIRECTOR**  
Abby Barbre



## KEVIN COOK PRESENTS: KIND NOT SIZE, A NEST HELPER, AND UNEXPECTED VENOM (AR)

*Tuesday, February 3rd at 1pm*

Slurring names imposes misunderstanding that becomes culturally accepted. And who would expect a snake could help an owl raise its offspring? Speaking of snakes invokes images of venom, but no one associates venom with mammals even though we have one.

## \*DOLLAR TREE OUTING (FL)

*Wednesday, February 4th at 2pm*

One of our outings this month is to the nearby Dollar Tree, where you can get a wide variety of items for cheap! This place is great if you're on a budget. **\*Signing up for this event is required**, as space is limited. Residents must bring their own money.

## MUSIC: SCOTT JENSEN, GUITAR AND SINGING (AR)

*Thursday, February 5th at 1pm*

Scott Jensen is an interactive musician, meaning he comes to sing and play his guitar, but will also include trivia in his act! Scott was recommended by another facility. We hope you can join us!

## MARK SEROUR PRESENTS: EARLY SETTLEMENT ON THOMPSON'S CREEK (AR)

*Friday, February 6th at 2pm*

Mark Serour, a historian, returns to the Winslow this month to continue his presentations about local Colorado lore. This time, he will discuss the early settlers on Thompson's Creek, which is near Carbondale, Colorado. Mark's talks are always interesting, so we hope you can join us!

## \*ICE SCULPTURES IN OLD TOWN SQUARE (FL)

*Friday, February 6th at 5pm*

Winter fun isn't over! Come see ice sculpting by Struckman Sculpture Ice, which begins at 5pm on February 6th. This is an evening activity, which means it occurs during dinner time. Although there is no food or shopping, this is a special ice sculpture event!

## \*PAINTING WITH ANN (AR)

*Monday, February 9th at 1pm*

Ann Bryant will be hosting a painting class in the activities room. This will expand on her prior teachings! No prior experience or attendance is necessary. As always, it is watercolor and mixed medium. We hope to see you there! **\*Please sign up as supplies and space are limited.** No payment required.



## NEW RESIDENT ORIENTATION (AR)

*Tuesday, February 10th at 1pm*

All residents, regardless of status, are encouraged to join us for this event! Here, we will help welcome our new residents, including going over community expectations. Help us make the Winslow a welcoming environment.

## VALENTINE'S DAY GET-TOGETHER (WH)

*Friday, February 13th at 1pm*

Love is in the air, but it isn't just for lovers! Friends, family, pets, everyone can feel the love this time of year. Our Valentine's Day party is a get-together with the ones you love! We will have food and entertainment in the form of a Jazz Band Duo! We hope you'll join us for some swell times with your friends.

## MARDI GRAS CELEBRATION (WH)

*Monday, February 16th at 11am*

This year we celebrate Mardi Gras a day early, complete with New Orleans themed foods and tunes. It should be a lot of fun, so we hope you join us! **Note:** Due to other activities, this event will override our Birthday Celebration for this month. We will still call out our wonderful February birthdays at this event, however. Thank you.

## THE WINSLOW SINGERS: LOVE SONGS (AR)

*Tuesday, February 17th at 1pm*

Sticking with the Valentine's Day theme, this singers will be themed with romance! Any genre, any decade, so long as it is about love in any capacity, it shall be sung! We hope you will join us!

## \*FLOWER ARRANGING (AR)

*Wednesday, February 18th at 2pm*

Join us for a fun and creative flower arranging workshop. Whether you are a beginner or an experienced florist, this hands-on session will allow you to express the art of creating beautiful floral arrangements. It's a great way to unleash your creativity and leave with a lovely arrangement you enjoy. Don't miss out on this enjoyable experience and reserve your spot today! **\*Signing up is required for this event** as supplies and space are limited.

## TALK ON HEALTHY AGING AND AGEING IN PLACE (AR)

*Wednesday, February 25th at 3pm*

We are joined by Katrina, a woman who works with the elderly for a living. She experiences a wide variety of cases and situations, and has become somewhat of an expert on healthy aging. She is collaborating with us to help educate everyone on what healthy aging looks like and requires.

## TECH CLASS WITH CONSTANCE (AR)

*Saturday, February 28th at 2pm*

Constance returns in February to give another presentation about a variety of common technological issues. If you have any questions related to tech, she is the person to ask! We hope to see you there!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10:30am</b> – Senior Fitness w/ Jackie (AR) <b>1</b> <b>11:15am</b> – Virtual Sermons (AR) <b>*1:15pm</b> – Wii Bowling (AR) <b>2pm</b> – Arts and Crafts Club (LSLR) <b>6:15pm</b> – Series: Randy’s Choice (AR)	<b>GROUNDHOG DAY</b> <b>2</b> <b>10am</b> – Virtual Tai Chi Chih (AR) <b>11am</b> – Seated Movement (AR) <b>1-3pm</b> – Bridge Club (WH) <b>3pm</b> – Yoga Therapy (AR) <b>6:15pm</b> – Documentary: The Tale of Silyan (AR)	<b>10am</b> – Kickstart Chair Yoga w/ Sherry (AR) <b>3</b> <b>11am</b> – Stretch and Strengthen w/ Erin (AR) <b>1pm</b> – <b>Kevin Cook Presents: Kind not Size, A Nest Helper, and Unexpected Venom (AR)</b> <b>3pm</b> – Bingo (AR) <b>6:15pm</b> – Series: The Gilded Age (AR)	<b>8:30am</b> – Current Events (AR) <b>4</b> <b>10am</b> – Chair Yoga w/ Danni (AR) <b>11am</b> – The Winslow Writers (LSLR) <b>1pm</b> – Rummikub Club (LSLR) <b>*1:15pm</b> – Wii Bowling (AR) <b>*2pm</b> – <b>Dollar Tree Outing (FL)</b> <b>6:15pm</b> – Movie: Oz the Great and Powerful (AR)	<b>9am</b> – Billiard’s Pool (PT) <b>5</b> <b>10am</b> – Senior Fitness w/ Meredith (AR) <b>11am</b> – Bible Study (PD) <b>1pm</b> – <b>Music: Scott Jensen, Guitar and Singing (AR)</b> <b>3pm</b> – Bingo (AR) <b>6:15pm</b> – Movie: Reception’s Choice (AR)	<b>*9:15am</b> – <b>King Soopers Outing (FL)</b> <b>6</b> <b>10am</b> – Senior Fitness w/ Diane (AR) <b>11:30am</b> – Senior Fitness w/ Jackie (AR) <b>1-3pm</b> – Canasta (LSLR) <b>*1:15pm</b> – Wii Bowling (AR) <b>2pm</b> – <b>Mark Serour Presents: Early Settlement on Thompson’s Creek (AR)</b> <b>3pm</b> – Social Hour (WH) <b>*5pm</b> – <b>Ice Sculptures in Old Town Square (FL)</b> <b>6:15pm</b> – Series: Midsomer Murders (AR)	<b>10am</b> – Senior Fitness (AR) <b>7</b> <b>11am</b> – Mexican Train Dominoes (LSLR) <b>*1:15pm</b> – Wii Bowling (AR) <b>3pm</b> – Kickstart Chair Yoga Therapy w/ Sherry (AR) <b>6:15pm</b> – Movie: London Calling (AR)
<b>10:30am</b> – Senior Fitness w/ Jackie (AR) <b>8</b> <b>11:15am</b> – Virtual Sermons (AR) <b>*1:15pm</b> – Wii Bowling (AR) <b>2pm</b> – Arts and Crafts Club (LSLR) <b>6:15pm</b> – Series: Randy’s Choice (AR)	<b>HAPPY BIRTHDAY JOANN BAKER!</b> <b>9</b> <b>10am</b> – Virtual Tai Chi Chih (AR) <b>11am</b> – Seated Movement (AR) <b>12pm</b> – Roman Catholic Communion (PD) <b>1-3pm</b> – Bridge Club (WH) <b>*1pm</b> – <b>Painting w/ Ann (AR)</b> <b>3pm</b> – Yoga Therapy (AR) <b>6:15pm</b> – Documentary: Discovered by Disaster (AR)	<b>10am</b> – Kickstart Chair Yoga w/ Sherry (AR) <b>10</b> <b>11am</b> – Stretch and Strengthen w/ Erin (AR) <b>1pm</b> – <b>New Resident Orientation (AR)</b> <b>3pm</b> – Bingo (AR) <b>6:15pm</b> – Series: The Gilded Age (AR)	<b>8am</b> – Gentlemen’s Breakfast (PD) <b>11</b> <b>8:30am</b> – Current Events (AR) <b>10am</b> – Chair Yoga w/ Danni (AR) <b>11am</b> – The Winslow Writers (LSLR) <b>1pm</b> – Rummikub Club (LSLR) <b>*1:15pm</b> – Wii Bowling (AR) <b>6:15pm</b> – Movie: Hamilton (AR)	<b>HAPPY BIRTHDAY BOB GREEN!</b> <b>12</b> <b>9am</b> – Billiard’s Pool (PT) <b>10am</b> – Senior Fitness w/ Meredith (AR) <b>11am</b> – Bible Study (PD) <b>*11pm</b> – <b>Lunch Outing: Blue Agave Grill (FL)</b> <b>12pm</b> – Balance and Mobility w/ Erin (AR) <b>3pm</b> – Bingo (AR) <b>6:15pm</b> – Movie: Reception’s Choice (AR)	<b>*9:15am</b> – <b>King Soopers Outing (FL)</b> <b>13</b> <b>10am</b> – Senior Fitness w/ Diane (AR) <b>11:30am</b> – Senior Fitness w/ Jackie (AR) <b>1-3pm</b> – Canasta (LSLR) <b>1pm</b> – <b>Valentine’s Day Get-Together (WH)</b> <b>6:15pm</b> – Series: Midsomer Murders (AR)	<b>VALENTINE’S DAY</b> <b>14</b> <b>10am</b> – Senior Fitness (AR) <b>11am</b> – Mexican Train Dominoes (LSLR) <b>*1:15pm</b> – Wii Bowling (AR) <b>3pm</b> – Kickstart Chair Yoga Therapy w/ Sherry (AR) <b>6:15pm</b> – Movie: Beatles ’64 (AR)
<b>10:30am</b> – Senior Fitness w/ Jackie (AR) <b>15</b> <b>11:15am</b> – Virtual Sermons (AR) <b>*1:15pm</b> – Wii Bowling (AR) <b>2pm</b> – Arts and Crafts Club (LSLR) <b>6:15pm</b> – Series: Randy’s Choice (AR)	<b>PRESIDENT’S DAY</b> <b>16</b> <b>10am</b> – Virtual Tai Chi Chih (AR) <b>11am</b> – <b>Mardi Gras Celebration (WH)</b> <b>1-3pm</b> – Bridge Club (WH) <b>3pm</b> – Yoga Therapy (AR) <b>6:15pm</b> – Documentary: Cleopatra’s Final Secret (AR)	<b>MARDI GRAS HAPPY BIRTHDAY BEVERLY MOSES!</b> <b>17</b> <b>10am</b> – Kickstart Chair Yoga w/ Sherry (AR) <b>11am</b> – Stretch and Strengthen w/ Erin (AR) <b>1pm</b> – <b>The Winslow Singers: Love Songs (AR)</b> <b>3pm</b> – Bingo (AR) <b>6:15pm</b> – Series: The Gilded Age (AR)	<b>ASH WEDNESDAY</b> <b>18</b> <b>8:30am</b> – Current Events (AR) <b>10am</b> – Chair Yoga w/ Danni (AR) <b>11am</b> – The Winslow Writers (LSLR) <b>1pm</b> – Rummikub Club (LSLR) <b>*1:15pm</b> – Wii Bowling (AR) <b>*2pm</b> – <b>Flower Arranging (AR)</b> <b>3pm</b> – Book Club (PD) <b>6:15pm</b> – Movie: Chevalier (AR)	<b>HAPPY BIRTHDAY JEAN NEWMAN!</b> <b>19</b> <b>9am</b> – Billiard’s Pool (PT) <b>10am</b> – Senior Fitness w/ Meredith (AR) <b>11am</b> – Bible Study (PD) <b>*1pm</b> – <b>Trader Joe’s Outing (FL)</b> <b>3pm</b> – Bingo (AR) <b>6:15pm</b> – Movie: Reception’s Choice (AR)	<b>*9:15am</b> – <b>King Soopers Outing (FL)</b> <b>20</b> <b>10am</b> – Senior Fitness w/ Diane (AR) <b>11:30am</b> – Senior Fitness w/ Jackie (AR) <b>1pm</b> – Tim O’Hara Presents: All About Owls (AR) <b>1-3pm</b> – Canasta (LSLR) <b>3pm</b> – Social Hour (WH) <b>6:15pm</b> – Series: Midsomer Murders (AR)	<b>10am</b> – Senior Fitness (AR) <b>21</b> <b>11am</b> – Mexican Train Dominoes (LSLR) <b>*1:15pm</b> – Wii Bowling (AR) <b>3pm</b> – Kickstart Chair Yoga Therapy w/ Sherry (AR) <b>6:15pm</b> – Movie: 10 Things I Hate About You (AR)
<b>10:30am</b> – Senior Fitness w/ Jackie (AR) <b>22</b> <b>11:15am</b> – Virtual Sermons (AR) <b>*1:15pm</b> – Wii Bowling (AR) <b>2pm</b> – Arts and Crafts Club (LSLR) <b>6:15pm</b> – Series: Randy’s Choice (AR)	<b>10am</b> – Virtual Tai Chi Chih (AR) <b>23</b> <b>11am</b> – Seated Movement (AR) <b>12pm</b> – Roman Catholic Communion (PD) <b>1-3pm</b> – Bridge Club (WH) <b>3pm</b> – Yoga Therapy (AR) <b>6:15pm</b> – Documentary: Growing Up Animal (AR)	<b>10am</b> – Kickstart Chair Yoga w/ Sherry (AR) <b>24</b> <b>11am</b> – Stretch and Strengthen w/ Erin (AR) <b>1pm</b> – <b>Resident Input Meeting (AR)</b> <b>3pm</b> – Bingo (AR) <b>6:15pm</b> – Series: The Gilded Age (AR)	<b>HAPPY BIRTHDAY JANE MCCLELLAN</b> <b>25</b> <b>8am</b> – Gentlemen’s Breakfast (PD) <b>8:30am</b> – Current Events (AR) <b>10am</b> – Chair Yoga w/ Danni (AR) <b>11am</b> – The Winslow Writers (LSLR) <b>1pm</b> – Rummikub Club (LSLR) <b>*1:15pm</b> – Wii Bowling (AR) <b>3pm</b> – <b>Talk on Healthy Aging and Aging in Place (AR)</b> <b>6:15pm</b> – Movie: Around The World in 80 Days (2004) (AR)	<b>HAPPY BIRTHDAY GLENN SCHMIDT!</b> <b>26</b> <b>9am</b> – Billiard’s Pool (PT) <b>10am</b> – Senior Fitness w/ Meredith (AR) <b>11am</b> – Bible Study (PD) <b>12pm</b> – Balance and Mobility w/ Erin (AR) <b>*1pm</b> – <b>Walmart Outing (FL)</b> <b>3pm</b> – Bingo (AR) <b>6:15pm</b> – Movie: Reception’s Choice (AR)	<b>*9:15am</b> – <b>King Soopers Outing (FL)</b> <b>27</b> <b>10am</b> – Senior Fitness w/ Diane (AR) <b>11:30am</b> – Senior Fitness w/ Jackie (AR) <b>1-3pm</b> – Canasta (LSLR) <b>1pm</b> – <b>Blood Pressure Clinic (FP)</b> <b>3pm</b> – Social Hour (WH) <b>6:15pm</b> – Series: Midsomer Murders (AR)	<b>10am</b> – Senior Fitness (AR) <b>28</b> <b>11am</b> – Mexican Train Dominoes (LSLR) <b>2pm</b> – <b>Tech Class w/ Constance (AR)</b> <b>3:30pm</b> – Kickstart Chair Yoga Therapy w/ Sherry (AR) <b>6:15pm</b> – Movie: 13 Minutes (AR)

# FEBRUARY 2026

## The Winslow

All activities are subject to change.



## WINSLOW OUTINGS

### \*LUNCH OUTING: BLUE AGAVE GRILL (FL)

*Thursday, February 12th at 12pm*

**This month's lunch outing is to Blue Agave in Old Town!** Nestled underneath the Museum of Art, Blue Agave is a signature staple of the community. Please note that Abby called the restaurant and confirmed that there is a handicap accessible entrance for walkers and wheelchairs. A reservation has been made, however due to sizing at the restaurant, only 8 people are allowed to sign up. **\*Signing up for this event is required,** as space is limited. Residents must bring their own money.

### \*TRADER JOE'S OUTING (FL)

*Thursday, February 19th at 1pm*

Trader Joe's is a grocery chain with a variety of signature items. However, most are not name brand, instead unique and/or local items. If you were wanting a variety from normal grocery shopping, this trip might just be for you. **\*Signing up for this event is required,** as space is limited. Residents must bring their own money.

### \*WALMART OUTING (FL)

*Thursday, February 26th at 1pm*

Join us as we head to Walmart! This is truly the place where you can find anything. And don't worry, we will be going to the Walmart on Mason, which is small enough that you won't get lost. **\*Signing up for this event is required,** as space is limited. Residents must bring their own money.

## SERVICES PROVIDED AT THE WINSLOW

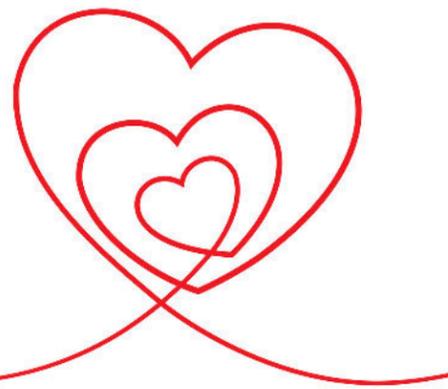
### KELLI MITCHELL AT THE KELLI MITCHELL AT THE WINSLOW BEAUTY SALON:

970-498-2100

Looking for a fresh, new haircut? In need of specialty coloring or just some light touchups? Kelli Mitchell can certainly oblige! Her salon is full service and fully capable of accommodations.

**Reminder:** Please make beauty salon appointments at least one week in advance. Payment is due upon completion of service. **Cash or Check is accepted.**

H A P P Y  
Valentine's  
day



## EXERCISE CLASSES PROVIDED BY THE WINSLOW

### Virtual Tai Chi Chih with Rebecca:

*10:00am on Mondays.*

### Senior Fitness with Jackie:

*11:30am on Fridays, and 10:30am on Sundays.*

### Senior Fitness with Meredith

*10:00am on Thursdays.*

### Senior Fitness with Diane

*10:00am on Fridays.*

### Senior Fitness

*10:00am on Saturdays.*

### Seated Movement

*11:00am on the first, second, and fourth Mondays.*

### Kickstart Chair Yoga Therapy with Sherry:

*10:00am on Tuesdays, 3:00pm on Saturdays.*

### Chair Yoga with Danni

*10:00am on Wednesdays.*

### Yoga Therapy

*3:00pm on Mondays.*

### Balance and Mobility with Erin

*Second and fourth Thursdays of the month at 12:00pm.*

### Stretch and Strengthen with Erin

*11am on Tuesdays.*

For more information about our various classes, please reach out to Abby! Remember to provide any feedback you believe is necessary.

## PODIATRY SERVICES PROVIDED BY MERRIE DURBANO RN

Join us every 3rd Wednesday in the Man Cave for foot care services brought to you by Merrie Durbano! If you cannot reach your toes, and/or have any other nail issues please sign up in the Activity Book for an appointment. **The cost is \$40.00 for a 30-minute session.**



## MOVIES FOR THE MONTH

**February 2, Monday:** The Tale of Silyan - A wounded white storm and a down-on-his-luck farmer form an unlikely bond. Documentary, **PG**, 1h, 21m

**February 4, Wednesday:** Oz the Great and Powerful - A small-time circus magician with dubious ethics finds himself drawn into the epic problems of Oz. Action/Adventure, Fantasy, **PG**, 2h 14m

**February 7, Saturday:** London Calling - After fleeing from a job gone wrong, a down-on-his-luck hit man must babysit the son of a crime boss and show him how to become a man. Comedy, Action, **R**, 1h 55m

**February 9, Monday:** Discovered by Disaster - Exploring how natural events unveil hidden treasures. Docuseries, 40m each

**February 11, Wednesday:** Hamilton - The filmed version of Broadway original "Hamilton" that soars in music and tale. History, musical, **PG-13**, 2h 41m

**February 14, Saturday:** Beatles '64 - Rare footage reveals the Beatles in 1964 at the moment of their worldwide musical breakthrough. Documentary, TV-MA, 1h, 47m

**February 16, Monday:** Cleopatra's Final Secret - One woman's 20-year search for Cleopatra's tomb reveals startling new evidence. Documentary, TV-14, 1h, 7m

**February 18, Wednesday:** Chevalier - Inspired by the incredible untold true story of the 18th century French composer Joseph Bologne. Drama, History, **PG-13**, 1h, 49m

**February 21, Saturday:** 10 Things I Hate About You - Cameron falls for the girl of his dreams, but she is forbidden to date. Comedy/Romance, **PG-13**, 1h, 39m

**February 23, Monday:** Growing up Animal - Magical stories of baby animals on the journey from womb to the wild. Docuseries, **PG**, 50m each

**February 25, Wednesday:** Around the World in 80 Days (2004) - Phileas Fogg tries to beat the clock in a race around the world. Action/Adventure, Comedy, **PG**, 2h

**February 28, Saturday:** 13 Minutes - The largest tornado on record threatens to ravage a small town, leaving residents with only 13 minutes to find shelter, search for loved ones, and fight for their lives. Drama/Thriller, **PG-13**, 1h 48m

## REOCCURRING EVENTS TO NOTE

**Bible Study (PD)**.....Thursdays, 11:00am

**Billiards Pool (3rd Floor PT)** ..... Thursdays, 9:00am

**Bingo (AR)**..... Tuesdays and Thursdays, 3:00pm

**Bridge Club (WH)** ..... Mondays, 1:00pm to 3:00pm

**Current Events w/Abby (AR)**.Every Wednesday at 8:30am

**Documentary Monday (AR)** .....Mondays, 6:15pm

**Gentleman's Breakfast (PD)**.....Every other Wednesday at  
..... 8:00am

**Roman Catholic Communion (PD)** .....2nd and 4th  
..... Monday of the month, 12:00pm

**Rummikub Club (LSLR)**..... Wednesday, 1:00pm

**Canasta (LSLR)** .....Fridays, 1-3pm

**Social Hour (WH)** .....Fridays, 3:00pm

**Virtual Sermons (AR)**..... Sundays, 11:30am

**Wii Golf (AR)** ..... Sundays, 3:30pm

**Wii Bowling (AR)** ..... Wednesdays, Fridays, and Saturday  
.....at 1:30pm

**Writing Group: (LSLR)** .....Wednesdays, 11:00am

**Mexican Train Dominos (LSLR)**.....Saturdays, 11:00am

**Arts and Crafts Club (LSLR)**.....Sundays, 2:00pm

**Movie: Reception's Choice (AR)** ..... Thursdays, 6:15pm

**Series: Randy's Choice (AR)** ..... Sundays, 6:15pm

*\*All activities are subject to change with or without notice*