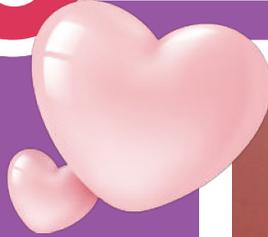
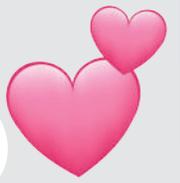


# Happenings

FEBRUARY 2026



900 Centre Avenue  
Fort Collins, CO  
970-495-1000

**ADMINISTRATOR**  
Gina DiGiallonardo  
Ext. 2201

**NURSE**  
Ext. 2202

**SOCIAL SERVICES/  
ADMISSIONS**  
Jessica Maxfield  
Ext. 2217  
Makayla Kremer  
Ext. 2236

**ACTIVITIES**  
Nichole Chase  
Ext. 2230

**DIETARY**  
Cindy Miszczuk  
Ext. 2205

**HOUSEKEEPING/  
LAUNDRY**  
Michele Hanna  
Ext. 2226

**MAINTENANCE**  
Gary Halsey  
Ext. 2228

**FRONT DESKS**  
Commons/ Memory  
Ext. 2200  
Pines  
Ext. 2234



## WELCOME FEBRUARY!

### QUITE THE CANDY CURE!

The popular Valentine’s Day candy, candy hearts, started out as medical lozenges for the throat! Boston-based pharmacist Oliver Chase invented the machine that produced small medical lozenges. When he saw the popularity of these small pop-in medicines, he turned them into candy with cute messages on them.



### ‘X’ WAS ORIGINALLY NOT A SYMBOL FOR KISS

Though we sign off our letters and texts with X’s these days as symbols of kisses, this was not this letter’s original purpose. In medieval times, when people did not know how to sign their names, they would simply sign off with an X. To show their loyalty and affection, they would then kiss the X before sending the letter, leading to the start of “XO”.

## Resident Birthdays

Feb. 6 - Phyllis Boynton  
 Feb. 10 - Norma Borski  
 Feb. 13 - Natalie Carroll  
 Feb. 14 - Michelle Smithdas  
 Feb. 14 - Joyce Hahn  
 Feb. 22 - Joseph Soja  
 Feb. 25 - Patricia Berman

## Staff Birthdays

Feb. 1 - Leah Cayton-Braddock  
 Feb. 8 - Bryanna "Bry" Soja  
 Feb. 14 - Bandana Zimmie  
 Feb. 16 - Nathalie Riggs  
 Feb. 17 - Eva Gomez  
 Feb. 18 - Allie Morford  
 Feb. 19 - Audrey Carter  
 Feb. 20 - Gabrielle Wiedeman  
 Feb. 20 - Angelica Miera  
 Feb. 23 - Mindy Major  
 Feb. 26 - Teresa Martin  
 Feb. 28 - Selene Asebedo  
 Feb. 28 - Amy Lugo

## Staff Anniversaries

4 years - Laura Fiske  
 4 years - Angelica Valle  
 1 year - Fkadu Reta  
 2 years - Ellie Neil  
 1 year - Daniel Valle  
 1 year - Citaly Sanchez  
 2 years - Angelica Miera  
 7 years - Nichole Chase  
 3 years - Gabrielle Wiedeman

## FEBRUARY FUNNIES:

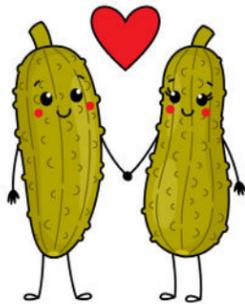
*What's Cupid's favorite band?*

Kiss!



*What did the pickle say to its Valentine?*

You mean a great dill to me!



*What kind of flower should you never give on Valentine's Day?*

A cauliflower!



*What do you call it when two young fish are in love?*

Guppy Love!



## FEBRUARY FACTS:

### LEAP YEAR:

Unlike other months, February can pass without a single full moon. This phenomenon next occurs in 2037! February typically has 28 days, but in leap years, it has 29 days. Leap years occur every four years to help synchronize the calendar year with the solar year!

**Historical Context:** February was originally the last month of the Roman calendar before being moved to its current position as the second month. It was added around 713 BCE by Numa Pompilius, the second king of Rome

## FEBRUARY ACTIVITIES

### FEBRUARY CRAFTS

Activities has several crafts planned for this February including Customized cards, Love Lanterns, Watercolor art, Mardi Gras Masks & more! Come get crafty with Activities!

### MUSICAL PERFORMANCES

We have a plethora of musical performances throughout the month of February for our residents to sing along and smile to including 2 Sound Affects performances, Music with Scott, Senior Serenaders, K.I.S.S, Russell Risma & more!

## MUSCLE MOVEMENT

As we get older, it is so important to move our muscles slowly and intentionally. Join us throughout the month for daily morning exercise, Chair-obics, Pilates with Pals, Walking Club & our "Zen Zone: stretch & unwind" activities to relieve those achy joints! We are offering group sessions all week so pop in and pose with us!

## THERAPY DOG VISITS!

Furry friends make our days brighter, no doubt. We're offering our residents' group therapy sessions every week with some amazing pups! Join us for a doggone good time.

## VALENTINE'S WEEK!

What better way to celebrate love than by being together! New Mercer Commons is hosting a Valentine's Day Celebration (February 13th) & several other activities for our residents to spread the love & laughter. Please join us for crafts, themed libations, treats, door prizes, & a chance to send a little something special to a friend.

*Love is in the air!*

## LOVERS LUNCHEON

*February 12th (all dining rooms)*

In the spirit of the season, New Mercer Commons would like to host an elevated luncheon for our residents to enjoy! Themed cocktails, a specialty dessert & ambiance to make anyone feel fuzzy & warm.

## MARDI GRAS

*February 17th - 2:00pm - CDR*

"Beads & Bling; it's a Mardi Gras Thing!" - New Mercer Activities is hosting our annual Mardi Gras Celebration on February 17th at 2:00pm in CDR. Sing a tune, sip a cocktail\* & savor our beignets, dusted with sweet, powdered sugar. Did someone say prize? Yes! There will be a prize for the best masks & a "luck of the draw" kings cake game so come lucky & as they say in New Orleans - *let the good times roll!*





*Lynn, Lu-Lu, & Isabel at Watercolor Art Therapy.*



*Paint away, ladies!*



*Brian O. - Bless his family!*



*Bobbie C. inspires us to live life with bravery!*



*Don F. showing his wonderful resolution!*



*Diana C. & Marion O. at our NYE Celebration.*



*Mildred W. encourages us to visit the neighbors more often!*



*Patti C. Ringing in the New Year!*