

The Wexford

# Happenings

JANUARY 2026



1515 West 28th St.  
Loveland, CO

**970-667-1900**

## MANAGER

Sam Bonnell

## ACTIVITIES DIRECTOR

Peter Fredo

## CHEF

Drea Hayes

## HOUSEKEEPING SUPERVISOR

Brenda Whisenand

## MAINTENANCE SUPERVISOR

Jim Krenning

## OFFICE MANAGER

Easton Madrid

## SALES REPRESENTATIVE

Danielle Salone



## WEXFORD IN HOUSE ACTIVITIES

Check the activity book in the front lobby for all activities, events, outings and outside services.

## MENU REVIEW WITH CHEF DREA

Have questions about the food offerings on the menu? **Come to the Town Hall at 9:00 a.m. on Mondays** to get your questions answered. Nothing wrong with a little food for thought!

## DIETARY MEETING

Food is the ingredient that binds us together. Join your fellow food enthusiasts of The Wexford **in the Activity Room on Thursday, January 1st at 2:00 p.m.** for the opportunity to give feedback regarding the menu and service.

## COCKTAIL SOCIAL

Enjoy some drinks and social time with friends **in the Town Hall every Monday, Wednesday, and Friday at 4:00pm!**



## COME JOIN READER'S THEATER

Got bit by the acting bug? **Join us on the 1st and 3rd Wednesday of the month (January 7th and January 21st) at 3:30pm in the Activity Room.** No previous acting experience or memorization required, come check it out!



## CELEBRATIONS AT THE WEXFORD

### JANUARY BIRTHDAYS

#### Residents:

Jan. 25 - Don Goss  
Jan. 31 - Sue Trout

#### Staff:

Jan. 3 - Breylin Munsch  
Jan. 7 - Diane Bellamy  
Jan. 8 - Brenda Whisenand

## LEARN HOW TO MAKE AN ORIGAMI CRANE

Join Peter, his mom, and grandmother **on Friday, January 9th** to learn how to make an origami crane! No prior experience is needed. **Please sign up in the Activity Book.**

## WINTER WINE AND CHEESE PARTY

Are you wondering what cheese pairs well with your favorite wine? **Join us on Thursday, January 15th at 6:00pm in the Main Lobby.** The wine choices have been selected by The Hillside Vinyard, and hosted by Premier Insurance Partners. This is a marketing event, open to Wexford residents and the public.

## WEXFORD HOUR OF CULTURE

Hosted by our very own Jim R. and Grace G., **join us on Thursdays at 1:00pm in the Activity Room** to dive deeper into a topic you might not know about! Ranging from lithography to the New World Symphony.

## UNDERSTANDING ADVANCE DIRECTIVES AND HOMECARE

From Touching Hearts at Home and the Aspen Club, we are hosting a class **on Thursday, January 8th at 10:00am.** The class will feature a clear overview of Advance Directives to help prepare for the future, along with the basics of home care, and other questions that you might be curious about. **This is a marketing event, open to Wexford residents and the public.**

## ACTIVITY LEADERS OPEN HOUSE

Curious about what goes on during Brain and Balance or Traces of the Past history presentation? **Come join us in the Activity Room on January 27th at 2:30pm** to get to learn about some of the leaders of our activities!

## MONTHLY ENTERTAINMENT CLASSES

### SOUND AFFECTS MUSIC PROGRAM: ARTISTS TO BE ANNOUNCED.

**Join us in the Town Hall on Thursday, January 8th** for wonderful music programs presented by Sound Affects!

### MUSIC WITH THE OLDIES BUT GOODIES

**Join Skip and Tim in the Town Hall on Thursday, January 15th at 3:00pm** for our guitar and percussion duo!

### MUSIC WITH JIM KRISTOFF

**Join us in the Town Hall on Thursday, January 22nd at 3:00pm.**

### MUSIC WITH SCOTT JENSEN

**Join Scott in the Town Hall on Thursday, January 29th at 3:00pm** to enjoy some of our favorite songs.

## WILDLIFE WINDOW NATURE SERIES BY KEVIN COOK

*Friday, January 2nd at 2:00 p.m. in the Activity Room*

Old age differs among species, but we have trees growing here since before Humanity knew the world was round. We also have a mushroom that produces an interesting toxin plus four species we typically assume should live far, far away.

## TED TALKS

Nourish your brain and learn something new with the TEDx videos. Topics range in sleep, happiness, nutrition, and so much more! **Join us in the Activity Room, Mondays and Thursdays, at 7 p.m.**

**January 5** - 4 things to learn from finishing 4th

**January 12** - Billionaires are exploiting space – here's how we do better

**January 19** - How to host a bipartisan dinner

**January 26** - How flipping your perspective can change your life

## DOWNTON ABBEY

*Wednesdays at 7:00 p.m.*

A chronicle of the lives of the British aristocratic Crawley family and their servants in the early twentieth century.

## TRACES OF THE PAST HISTORY PRESENTATIONS

"Mark Serour, a professional historian by trade, is Maine-born and Colorado-raised. Mark has worked as a historical interpreter for the Friends of Gettysburg (PA), the National Park Service at Fort Laramie, WY, and at Centennial Village over in Greeley. Mark also worked on several museum projects for the Colorado State Historical Society and while with them, served as assistant museum director at the Trinidad History Museum. After the devastating floods of 2013, he was hired as a historic preservationist with FEMA and after that campaign concluded, continued in historic preservation with Pinyon Environmental Inc. in Lakewood."

**Come join us in the Activity Room on January 20th at 2:30pm** to learn more about Colorado history. Stay tuned to hear about the topic for the presentation!

## WEXFORD BOOK CLUB

Love to read and have conversations? We welcome you to join The Wexford Book Club! They say there are no faster or firmer friendships than those formed between people who love the same books. **Join us in the Activity Room on Wednesday, January 28th at 1:00 p.m.**

## DINNER AND A MOVIE

**Join Sam in the Town Hall on Sunday, January 25th at 5:00pm.** There will be a sign up sheet available and a voting slip for the movie. **Sign ups for this are required.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy New Year</p> <p><b>JAN</b></p>	 <p><b>2023</b></p> <p>AR - Activity Room FR - Fireside Room PDR Private Dining Room PT - Patio ML - Main Lobby TH - Town Hall</p>	 <p><b>The Wexford</b></p> <p>All activities are subject to change.</p>		<p><b>NEW YEAR'S DAY</b></p> <p><b>1</b></p> <p>1:00pm Poker- TH 2:00pm Dietary Meeting - AR 7:00pm Documentary: Travel to Costa Rica &amp; Experience Pura Vida (Youtube) - AR</p>	<p><b>2</b></p> <p>9:00am Walking the Wexford- TH 10:00am Seated Beach Volleyball- AR 1:00pm Resident Ran Contract Bridge - TH 1:00pm Bingo - AR <b>2:00pm Kevin Cook Nature Presentation - Old Timer Trees, Poisonous Mushrooms, and Living Out of Place</b> 4:00pm Cocktail Social- TH</p>	<p><b>3</b></p> <p>2:00pm Movie Matinee: The Da Vinci Code - AR 7:00pm Movie Matinee: The Da Vinci Code - AR</p>
<p><b>10:00am Senior Style Exercise- AR</b> <b>2:00pm Movie Matinee: The Da Vinci Code- AR</b> <b>5:00pm Movie Matinee: The Da Vinci Code - AR</b></p>	<p><b>4</b></p> <p>9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea - TH <b>10:00am Wexford Community Meeting - AR</b> <b>1:00pm Shopping trip to Safeway - ML</b> 3:00pm Music Movement- AR 4:00pm Cocktail Social - TH <b>7:00pm TEDx Talks: 4 things to learn from finishing 4th (Youtube) - AR</b></p>	<p><b>5</b></p> <p>9:00am Wii Bowling- AR <b>10:00am Brain and Balance - AR</b> 1:00pm Poker- TH 1:00pm Bingo- AR <b>2:30pm Mind and heart matters at the end of life - AR</b></p>	<p><b>6</b></p> <p>9:00am Walking the Wexford- TH 9:00am Wordle <b>12:30pm BLOOM Laundry - APT</b> 1:00pm Mahjong- TH 3:30pm Wild Wexford Reader's Theater 4:00pm Cocktail Social- TH <b>7:00pm Downton Abbey (Season 1) Episode 1 - AR</b></p>	<p><b>7</b></p> <p>9:00am Walking the Wexford- TH 9:00am Wordle <b>12:30pm BLOOM Laundry - APT</b> 1:00pm Mahjong- TH 3:30pm Wild Wexford Reader's Theater 4:00pm Cocktail Social- TH <b>7:00pm Downton Abbey (Season 1) Episode 1 - AR</b></p>	<p><b>8</b></p> <p>9:00am Crossword - AR <b>10:00am Understanding Advance Directives and Homecare - AR</b> 1:00pm Poker- TH <b>3:00pm Happy Hour: Sound Affects</b> 7:00pm Documentary: Meet the Gladiators of the Lost Colosseum (Youtube) - AR</p>	<p><b>9</b></p> <p>9:00am Walking the Wexford- TH 10:00am Pepper Pong Ping Pong - AR <b>1:00pm Resident Ran Contract Bridge - TH</b> <b>1:00pm Blood Pressure Clinic- PDR</b> <b>1:00pm Bingo- AR</b> <b>2:30pm Come learn how to make an Origami Crane - AR</b></p>
<p><b>10:00am Senior Style Exercise AR</b> <b>2:00pm Movie Matinee: The Way We Were - AR</b> <b>5:00pm Movie Matinee: The Way We Were - AR</b></p>	<p><b>11</b></p> <p>9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea- TH <b>10:00am Bocce - AR</b> <b>1:00pm Shopping Trip to Walmart 65th - ML</b> <b>2:00pm Hymns and Communion - TH</b> <b>3:00pm Music and Movement- AR</b> 4:00pm Cocktail Social- TH <b>7:00pm TEDx Talks: Billionaires are exploiting space—here's how we do better</b></p>	<p><b>12</b></p> <p>9:00am Wii Bowling- AR <b>10:00am Brain and Balance- AR</b> 1:00pm Poker- TH 1:00pm Bingo - AR <b>2:30pm Left, Center, Right game - AR</b></p>	<p><b>13</b></p> <p>9:00am Walking the Wexford- TH 9:00am Wordle <b>11:00am Lunch Outing to Mt Asia One *Sign up required* ML</b> <b>12:30pm BLOOM Laundry - APT</b> 1:00pm Mahjong- TH 2:00pm Chair Yoga 7:00pm Downton Abbey (Season 1) Episode 2 - AR</p>	<p><b>14</b></p> <p>9:00am Walking the Wexford- TH 9:00am Wordle <b>11:00am Lunch Outing to Mt Asia One *Sign up required* ML</b> <b>12:30pm BLOOM Laundry - APT</b> 1:00pm Mahjong- TH 2:00pm Chair Yoga 7:00pm Downton Abbey (Season 1) Episode 2 - AR</p>	<p><b>15</b></p> <p>9:00am Crossword- AR <b>10:00am Brain and Balance- AR</b> 1:00pm Trivia- AR 1:00pm Poker- TH <b>3:00pm Happy Hour: The Oldies but Goodies - TH</b> <b>6:00pm Winter Wine Tasting &amp; Cheese Party</b></p>	<p><b>16</b></p> <p>9:00am Walking the Wexford- TH <b>10:00am Seated Volleyball - AR</b> <b>1:00pm Resident Ran Contract Bridge - TH</b> <b>1:00pm Bingo- AR</b> <b>3:00pm Activity Meeting - AR</b></p>
<p><b>10:00am Senior Style Exercise- AR</b> <b>2:00pm Movie Matinee: Chinatown – AR</b> <b>5:00pm Movie Matinee: Chinatown - AR</b></p>	<p><b>18</b></p> <p>9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea - TH <b>10:00am Pepper Pong- AR</b> <b>1:00pm King Soopers - ML</b> 2:00pm Low Vision Support Group- Lakeview <b>3:00pm Music and Movement- AR</b> 4:00pm Cocktail Social- TH <b>7:00pm TEDx Talks: How to host a bipartisan dinner (Youtube) - AR</b></p>	<p><b>19</b></p> <p>9:00am Wii Bowling- AR <b>10:00am Brain and Balance- AR</b> 1:00pm Poker- TH 1:00pm Bingo - AR <b>2:30pm Traces of the Past History Presentation - AR</b></p>	<p><b>20</b></p> <p>9:00am Walking the Wexford- TH 9:00am Wordle <b>12:30pm BLOOM Laundry - APT</b> 1:00pm Mahjong- TH <b>3:00pm Connect Hearing Clinic - PDR</b> 3:30pm Wild Wexford Readers Theater 4:00pm Cocktail Social- TH 7:00pm Downton Abbey (Season 1) Episode 3 - AR</p>	<p><b>21</b></p> <p>9:00am Walking the Wexford- TH 9:00am Wordle <b>12:30pm BLOOM Laundry - APT</b> 1:00pm Mahjong- TH <b>3:00pm Connect Hearing Clinic - PDR</b> 3:30pm Wild Wexford Readers Theater 4:00pm Cocktail Social- TH 7:00pm Downton Abbey (Season 1) Episode 3 - AR</p>	<p><b>22</b></p> <p>9:00am Crossword - AR <b>10:00am Brain and Balance- AR</b> 1:00pm Trivia- AR 1:00pm Poker- TH <b>3:00pm Happy Hour: Jim Kristoff</b> 7:00pm Documentary: Surviving Largest Tornado Outbreak Ever Recorded (Youtube) - AR</p>	<p><b>23</b></p> <p>9:00am Walking the Wexford- TH <b>10:00am Seated Beach Volleyball - AR</b> <b>1:00pm Resident Ran Contract Bridge - TH</b> <b>1:00pm Bingo- AR</b> <b>4:00pm Cocktail Social- TH</b></p>
<p><b>HAPPY BIRTHDAY, DON G.</b></p> <p><b>10:00am Senior Style Exercise- AR</b> <b>2:00pm Movie Matinee: Citizen Kane - AR</b> <b>5:00pm Movie Matinee: Citizen Kane – AR</b> <b>5:00pm Dinner and a Movie - TH *Sign up required*</b></p>	<p><b>25</b></p> <p>9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea - TH <b>10:00am Bocce - AR</b> <b>1:00pm Shopping Trip to Marshalls - ML</b> 4:00pm Cocktail Social - TH <b>7:00pm TEDx Talks: How flipping your perspective can change your life (Youtube) - AR</b></p>	<p><b>26</b></p> <p>9:00am Wii Bowling- AR <b>10:00am Brain and Balance - AR</b> 1:00pm Poker - TH 1:00pm Bingo - AR <b>2:30pm Activity Leaders Open House - AR</b></p>	<p><b>27</b></p> <p>9:00am Walking the Wexford- TH 9:00am Wordle - AR <b>12:30pm BLOOM Laundry - APT</b> 1:00pm Mahjong- TH 1:00pm Book Club - PDR 2:00pm Chair Yoga - AR 4:00pm Cocktail Social - TH <b>7:00pm - Downton Abbey (Season 1) Episode 4</b></p>	<p><b>28</b></p> <p>9:00am Walking the Wexford- TH 9:00am Wordle - AR <b>12:30pm BLOOM Laundry - APT</b> 1:00pm Mahjong- TH 1:00pm Book Club - PDR 2:00pm Chair Yoga - AR 4:00pm Cocktail Social - TH <b>7:00pm - Downton Abbey (Season 1) Episode 4</b></p>	<p><b>29</b></p> <p>9:00am Crossword - AR <b>10:00am Brain and Balance- AR</b> 1:00pm Trivia- AR 1:00pm Poker- TH <b>3:00pm Happy Hour: Scott Jensen</b> 7:00pm Documentary: Birth of Planet Earth ft. Will Smith (Youtube) - AR</p>	<p><b>30</b></p> <p>9:00am Walking the Wexford- TH <b>10:00am Seated Beach Volleyball - AR</b> <b>1:00pm Resident Ran Contract Bridge - TH</b> <b>1:00pm Bingo- AR</b> <b>4:00pm Cocktail Social- TH</b></p>
						<p><b>31</b></p> <p><b>HAPPY BIRTHDAY, SUE T.</b></p> <p><b>2:00pm Movie Matinee: Driving Miss Daisy - AR</b> <b>7:00pm Movie Matinee: Driving Miss Daisy - AR</b></p>

## WEXFORD ACTIVITY TRIPS

Please sign up for all trips in the activity book and please be courteous and call if you cannot attend an outing. On the day of the scheduled outing, please meet in the lobby 10 minutes prior to departure time.

### SHOPPING TRIPS: (MONDAYS AT 1:00 P.M.)

- January 5 - Safeway
- January 12 - Walmart 65th
- January 19 - King Soopers
- January 26 - Marshalls

### LUNCH AT MT ASIAN ONE

Join us on Wednesday, January 14th at 11:00am to have some wonderful Asian cuisine! Make sure to save room for fried dumplings. **Sign up is required for this outing.**

## WEXFORD FITNESS

Let's get fit! Don't forget about all the exercise opportunities at The Wexford. Challenge yourself to try something new!

### MUSIC & MOVEMENT WITH HEATHER

**Mondays at 3:00 p.m. in the Activity Room.** Start your week with a fun workout class while singing some of your favorite songs and using seasonal props to enhance the exercises.



## WALKING THE WEXFORD

Every Monday, Wednesday, and Friday at 9:00 a.m. the Walking Group meets in the West Side Dining Room and begins their walk around the 2nd floor. Join them for a morning walk around Wexford.

### BRAIN & BALANCE WITH DIANE

Work your body and brain on **Tuesdays and Thursdays at 10:00 a.m. in the Activity Room!** This class aims to improve mobility, strength, and balance, while challenging our brain with fun games to encourage memory and thought patterns. All exercises can be done while seated.

### CHAIR YOGA WITH ERIN

"Hi, I am Erin Doty, and I invite you to join me! Since 2016, I have worked with retirement communities, independent and assisted living facilities, senior centers, and memory care and dementia care locations leading movement and mindfulness classes. I am passionate about celebrating seniors and helping them age in place with inspiration and optimism. I offer senior public classes and 1:1 classes to increase confidence, strength mentally and physically, maintain energy, and experience a bright mind and memory."

January 14 - Chair Yoga

January 28 - To Be Announced

## SERVICES AT THE WEXFORD

### THE WEXFORD SALON

Need a fresh new look? Or want to get your hair styled? The Wexford Salon is just the place for you. Our stylist offers a variety of services at great prices and are located on the first floor of The Wexford. **Feel free to give Sheila a call at 970-581-7861** to find out what she can do for YOU and to book an appointment.

### BLOOM AT HOME LAUNDRY SERVICE

BLOOM at Home, Columbine's Non-Medical Home Care, is pleased to offer an on-site laundry service to our residents. **The cost is \$15.00 for the first load and \$10.00 for additional loads thereafter.** Laundry must be placed outside your door by 11:00 a.m. **Please sign up in the activity book if you are interested in this service, as this service is provided weekly every Tuesday.**

### FOOT CARE CLINIC

Dr. Mike Thomas, a professional foot care specialist and retired podiatrist is available for your foot care needs! He can provide fingernail and toenail trimmings, callous removal, and other foot care needs. **Feel free to contact Dr. Mike to set up an appointment today at (970) 310-7635.** Each appointment is \$45 and can be paid directly to Dr. Mike. This foot care clinic is for medical purposes and is not a pedicure service. **1st Wednesday of each month (January 7th).** Sign up in the Activity Book.

### SWEETHEART NAILS

Good nails will often solve a lot of problems. **Call or Text Neitha Schneider at 303-710-5577** to schedule a foot massage, toenail trimming, manicure, pedicure and more! There's no better feeling than getting your nails done.

## COLUMBINE BLOOD PRESSURE CLINIC

It's never too early to be thinking about your blood pressure. Join Scotia Orr - RN with Columbine Poudre Home Care **in the Private Dining Room on the 2nd Friday of each month (January 9th) at 1:00 p.m.** for free blood pressure reading and RN consultation.

## LOVELAND PUBLIC LIBRARY

Are you looking for a great book to read? Contact librarian, Teddy Rosario at The Loveland Public Library. They offer a free Home Delivery Service for residents of The Wexford. They have regular-print, large-print, books on CD, cassette-tape books, videos, and other library materials. **Please contact the library at (970)-962-2592 for more information.**

## CONNECT HEARING

Do your hearing aids need to be cleaned or repaired? Connect Hearing is offering monthly hearing aid clinics for Wexford residents. Services include cleanings and minor repairs in house. The location of these clinics are to be determined. **This month's clinic is Wednesday, January 21st at 3:00 p.m. in the Private Dining Room.**

## YOU ARE OUR BEST REFERENCE!

**Just a reminder!** For each referral that results in a signed annual lease, the resident that recommended Columbine will receive a \$500 discount on one month's rent. **Refer today!**





*Enjoying some of the festive holiday lights!*



*Thank you to The Studio dance company in Fort Collins for the holiday dance performance!*



*Go Broncos! We celebrated a Broncos win and one step closer to the Super Bowl!*

*Enjoying paint n sip cookie decorating with Chef Drea!*