

New Mercer Commons Happenings

JANUARY 2026



WELCOME JANUARY!

“I LOVE JANUARY!”

I swear am one of six people in the northern hemisphere who doesn't hate January. What's not to like? The holidays are behind and it's months before they have to be thought of again. It could snow, blizzard, otherwise the streets are probably bad, so there's no pressure to leave the house, an introvert's nirvana! There's no yard work to be done yet, tax documents have not arrived. It's a free month! January is named for Janus, the Roman god of gates and doors, of beginnings and transitions. It's a month to be here now and to say, “What's next?”

“THE RESOLUTION WHISPERER”

On January 1st, I wrote down ten resolutions. By January 10th, she had “accidentally” eaten cake three times, skipped the gym twice, and binge-watched an entire series. But instead of feeling guilty, she decided her new resolution was simply: “Be happy, even if the cake wins sometimes.”



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NURSE
Ext. 2202

**SOCIAL SERVICES/
ADMISSIONS**
Jessica Maxfield
Ext. 2217
Makayla Kremer
Ext. 2236

ACTIVITIES
Nichole Chase
Ext. 2230

DIETARY
Cindy Miszczuk
Ext. 2205

**HOUSEKEEPING/
LAUNDRY**
Michele Hanna
Ext. 2226

MAINTENANCE
Gary Halsey
Ext. 2228

FRONT DESKS
Commons/ Memory
Ext. 2200
Pines
Ext. 2234





Resident Birthdays

- Jan. 7 - Joan Miller
- Jan. 9 - Annabelle Simpson
- Jan. 11 - Marjorie Kennedy
- Jan. 14 - Diana Cooper
- Jan. 15 - Guenter Bischof
- Jan. 25 - June Williams
- Jan. 31 - Ruby Dodd

Staff Birthdays

- Jan. 3 - Jemila Yasin
- Jan. 10 - Adrian Bautista
- Jan. 16 - Houston Molitor
- Jan. 22 - Mar Vasquez
- Jan. 29 - Sarah Seib-Azofeifa
- Jan. 31 - Ayelen "Ashe" Irigoyen

Staff Anniversaries

- 19 years - Angela Gallegos
- 11 years - Audrey Ely
- 8 years - Betsy Peterson
- 6 years - Eva Gomez
- 4 years - Sam Beecher
- 4 years - Nori Schakel
- 3 years - Veronica Castillo
- 1 year - Ella Simms

JANUARY FUNNIES:

What do you call a slow skier?
A slope-poke.



What do snowmen eat for lunch?
Ice-burgers.



How do snowmen get information?
They search on the winter-net!



JANUARY FACTS:

ELLIS ISLAND:

Opened on January 1, 1892, processing millions of immigrants. It's famous as the "Island of Hope," but also held prisoners during wartime, and its name comes from merchant Samuel Ellis, and it became a key part of the Statue of Liberty National Monument,

EMANCIPATION

Proclamation: Signed by Lincoln on January 1, 1863.

ALASKA:

Became the 49th U.S. state on January 3, 1959!

NEW YEAR'S DAY:

Celebrated globally, but historically, the new year began in March for centuries!

RECORD-BREAKING:

The most snowballs made in one minute is 22, and was achieved by David Wang in Leavenworth, Washington, United States, on 5 January 2025. David climbed into the mountains until he found the perfect snow for this record title!



JANUARY ACTIVITIES

JANUARY CRAFTS

Activities has several crafts planned for this winter season including baking cookies, Charm bracelets, bookmarks, painting, & more! Come get crafty with Activities!

MUSICAL PERFORMANCES

We have a plethora of musical performances throughout the month of January for our residents to sing along and smile to including Sound Affects performances, Music with Scott, Senior Serenaders, K.I.S.S, Peter & Doti & more performances!

MUSCLE MOVEMENT

As we get older, it is so important to move our muscles slowly and intentionally. Join us throughout the month for daily morning exercise, Chair-obics, Pilates with Pals, Walking Club & our "Zen Zone: stretch & unwind" activities to relieve those achy joints! We are offering group sessions all week so pop in and pose with us!



FRCBA presenting Snow Queen at New Mercer!

THERAPY DOG VISITS!

Furry friends make our days brighter, no doubt. We're offering our residents' group therapy sessions every week with some amazing pups! Join us for a doggone good time.

RESIDENT BIRTHDAY BASH

On January 15th we will be hosting our Resident Birthday Bash for residents who celebrate birthdays this month. Please join us for games, music, & cake as we celebrate YOU!!



Earl H. getting into the Holly-Jolly spirit!



Peter S. rockin' some cool christmas glasses!



1. Beverly & Judy laughing up a storm in their holiday gear!
2. Elizabeth, Norma & Fran playing our Saran wrap prize ball!
3. Elizabeth & Megan in their decked out sweaters!
4. Marge & Renate show off their homemade ornaments!
5. Barb Z. & Jo P. at our Ugly Xmas Sweater Party!
6. Uh oh! dont Tell Santa she escaped! Marion, Jennifer & Sue celebrating at our party.
7. Senior Serenaders Spreading Holiday Cheer to our Residents!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Happy New Year</div> <div>JAN</div>		<div>New Mercer Commons Assisted Living</div> <div>MR - Media Room PDR - Pines Dining Room TR - Therapy room RM - In Room/ apartment CDR - Commons Dining Room PDR - Pines Dining Room LIB - Library CK - Cedar Kitchenette DL - Dogwood Lounge</div>		<div>NEW YEAR'S DAY 1</div> <div>10:30 Exercise</div> <div>2:00 Watercolor Painting - PDR</div> <div>3:30 "Clementine Churchill: Behind Every Great Man is a Great Woman" - MR</div>	<div>9:45 Exercise 2</div> <div>10:30 Farkle! - LIB</div> <div>2:00 Sound Affects Performance! - CDR</div> <div>3:30 Happy Hour! - PDR</div> <div>3:30 Wii-Bowling - LIB</div>	<div>9:45 Exercise 3</div> <div>10:30 Giant Crossword - MR</div> <div>2:00 Movie Matinee & Popcorn Pass: "A League of Their Own" - MR</div> <div>3:30 Manicures</div>
<div>9:45 Exercise 4</div> <div>10:30 Today in History - Coffee & Conversation - PDR</div> <div>2:00 Bingo! - PDR</div> <div>3:30 Walking Club - PDR</div>	<div>9:45 Exercise 5</div> <div>10:30 Bird Feeder Craft! - PDR</div> <div>2:00 Word Games! - PDR</div> <div>3:30 "Nat Geo: Uncovering the Ancient History of The Stone Henge - Lost Cities" - MR</div>	<div>9:45 Exercise 6</div> <div>10:30 T.E.D. Talks - MR</div> <div>1:30 - Rosary - MR</div> <div>2:00 Balloon Volleyball! - PDR</div> <div>3:30 Group Games: Dominoes! - CK</div> <div>3:30 Wii-Bowling - LIB</div>	<div>HAPPY BIRTHDAY JOAN M.! 7</div> <div>10:30 Resident Council Meeting - CDR</div> <div>2:00 Bingo! - CDR</div> <div>3:30 The American Story: Why Frank Lloyd is Americas Best Architect" - MR</div>	<div>9:45 Exercise 8</div> <div>10:30 Hymns with Lynn - CDR</div> <div>2:00 Music with Scott! - CDR</div> <div>3:30 Card Games & Cocoa: Go Fish! -PDR</div>	<div>9:45 Exercise 9</div> <div>10:30 Music Trivia! - PDR</div> <div>2:00 Knitting - for Beginners! - PDR</div> <div>3:30 Poetry Club - MR</div> <div>3:30 Wii-Bowling - LIB</div>	<div>9:45 Exercise 10</div> <div>10:30 Giant Crossword - MR</div> <div>2:00 Movie Matinee & Popcorn Pass: "The Da Vinci Code" - CK</div> <div>3:30 Manicures</div>
<div>9:45 Exercise 11</div> <div>10:30 Today in History - Coffee & Conversation - PDR</div> <div>2:00 Bingo! - PDR</div> <div>3:30 Wordsearch & Wine! - PDR</div>	<div>9:45 Exercise 12</div> <div>10:30 Russell Risma Musical Performance! - CDR</div> <div>11:15 - Communion - MR</div> <div>2:00 "Blind Date with a Book" & Treat Pass!</div> <div>3:30 Pet Therapy! - MR</div> <div>4:00 Stretch & Unwind! - MR</div>	<div>9:45 Exercise 13</div> <div>10:30 "World Tour: Indonesia - The Country That Shouldn't Exist!" - MR</div> <div>1:30 - Rosary - MR</div> <div>2:00 Peter & Doti! - CDR</div> <div>3:30 Wii-Bowling - LIB</div>	<div>HAPPY BIRTHDAY DIANA C.! 14</div> <div>10:30 Senior Serenaders! - CDR</div> <div>2:00 Bingo! - CDR</div> <div>3:30 Ha-Ha-Happy Hour! - LIB</div>	<div>HAPPY BIRTHDAY GUENTER B.! 15</div> <div>9:45 Exercise</div> <div>10:30 Watercolor Painting - LIB</div> <div>2:00 Resident Birthday Bash! -CDR</div>	<div>9:45 Exercise 16</div> <div>10:30 Group Games: Mexican Train! - PDR</div> <div>2:00 Sound Affects Performance! - CDR</div> <div>3:30 Wii-Bowling - LIB</div>	<div>9:45 Exercise 17</div> <div>10:30 Giant Crossword - MR</div> <div>2:00 Movie Matinee & Popcorn Pass: "Becoming" - MR</div> <div>3:30 Manicures</div>
<div>9:45 Exercise 18</div> <div>10:30 Today in History - Coffee & Conversation - PDR</div> <div>2:00 Bingo! - PDR</div> <div>3:30 Walking Club - PDR</div>	<div>9:45 Exercise 19</div> <div>10:30 Poudre Library Book Mobile Visit! - Pines Parking Lot*</div> <div>2:00 Balloon Ball! - PDR</div> <div>3:30 "Nat Geo: Old Testament - Genesis & Exodus Buried Secrets of the Bible" - MR</div>	<div>9:45 Exercise 20</div> <div>10:30 Giant Crossword - LIB</div> <div>1:30 - Rosary - MR</div> <div>2:00 Craft Club - PDR</div> <div>2:00 Music with Kendra! - CDR</div> <div>3:30 Group Games: - PDR</div> <div>3:30 Wii - Bowling - LIB</div>	<div>9:45 Exercise 21</div> <div>10:30 Chocolate Crinkle-Cookie Baking! - PDR</div> <div>2:00 Bingo - CDR</div> <div>3:30 "Can Art Change The World? When Artists Work With Scientists, It Might!" - LIB</div>	<div>9:45 Exercise 22</div> <div>10:30 Hymns with Lynn - CDR</div> <div>2:00 Chair-obics Class! - MR</div> <div>3:15 Book Club - MR</div>	<div>9:45 Exercise 23</div> <div>10:30 Music Trivia! - PDR</div> <div>2:00 Knitting - for Beginners! - PDR</div> <div>3:30 "Portugal - The Extreme End of Europe" - MR</div> <div>3:30 Wii-Bowling - LIB</div>	<div>9:45 Exercise 24</div> <div>10:30 Giant Crossword - MR</div> <div>2:00 Movie Matinee & Popcorn Pass: "The Ron Clark Story" - LIB</div> <div>3:30 Manicures</div>
<div>HAPPY BIRTHDAY JUNE W.! 25</div> <div>9:45 Exercise</div> <div>10:30 Today in History - Coffee & Conversation - PDR</div> <div>2:00 Bingo! - PDR</div> <div>3:30 Wordsearch & Wine! - PDR</div>	<div>9:45 Exercise 26</div> <div>10:30 Creative Writing Club - PDR</div> <div>11:15 - Communion - MR</div> <div>3:30 Pet Therapy! - MR</div> <div>4:00 Stretch & Unwind! - MR</div>	<div>9:45 Exercise 27</div> <div>10:30 Farkle! - PDR</div> <div>1:30 - Rosary - MR</div> <div>2:00 Fall into Fitness: Seated Zumba! - MR</div> <div>3:30 "World Tour: Madagascar - The Strangest Island" - MR</div> <div>3:30 Wii-Bowling - LIB</div>	<div>9:45 Exercise 28</div> <div>10:30 Craft Club: Beginners Embroidery! - PDR</div> <div>2:00 Bingo - CDR</div> <div>3:30 Happy Hour! - PD</div>	<div>9:45 Exercise 29</div> <div>10:30 Watercolor Painting - PDR</div> <div>2:00 Music Trivia! - LIB</div> <div>3:30 The Life & Legacy of JFK" - LIB</div>	<div>9:45 Exercise 30</div> <div>10:30 Group Games: Mexican Train! - PDR</div> <div>2:00 Chair-obics Class! - MR</div> <div>3:30 Short Stories & Snacks! - LIB</div> <div>3:30 Wii-Bowling - LIB</div>	<div>HAPPY BIRTHDAY RUBY D.! 31</div> <div>9:45 Exercise</div> <div>10:30 Giant Crossword - MR</div> <div>2:00 Movie Matinee & Popcorn Pass: "Robin Hood: Prince of Thieves" - MR</div> <div>3:30 Manicures</div>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy New Year JAN		<div><div><div>O - Oak (Morning Activities) P - Pine N - Native Fir (Afternoon Activities) M - Maple</div></div><div><div>New Mercer Commons</div><div>Assisted Living</div><div>MEMORY CARE</div></div></div>		<div><div>NEW YEAR'S DAY</div><div>1</div><div>10:30 Exercise</div><div>2:00 Bingo!</div><div>3:30 Winter Pictionary!</div></div>	<div><div>2</div><div>9:45 Exercise</div><div>10:30 Group Games: You Be the Judge!</div><div>2:00 <i>Sound Affects Musical Performance! - CDR</i></div><div>3:30 Art Hour: Coloring & Classical Music</div></div>	<div><div>3</div><div>9:45 Exercise</div><div>10:30 Reminiscing</div><div>2:00 Balloon Ball</div><div>3:30 Manicure</div></div>
<div><div>4</div><div>9:45 Exercise</div><div>10:30 T.E.D. Talks</div><div>2:00 Walks & 1:1's</div></div>	<div><div>5</div><div>9:45 Exercise</div><div>10:30 Art Therapy – Expressive Painting</div><div>11:15 – Communion - MR</div><div>2:00 Group Games: Paper Foot Races!</div><div>3:30 Pet Therapy Visits with ATD</div></div>	<div><div>6</div><div>9:45 Exercise</div><div>10:30 Pictionary!</div><div>1:30 – Rosary - MR</div><div>2:00 Short Stories for the Soul!</div><div>3:30 Winter Trivia & Treats!</div></div>	<div><div>7</div><div>9:45 Exercise</div><div>10:30 Group Games: Corn Hole!</div><div>2:00 Word Games!</div><div>3:30 Winter Bookmark Craft!</div></div>	<div><div>8</div><div>9:45 Exercise</div><div>10:30 <i>Hymns with Lynn - CDR</i></div><div>2:00 Bingo!</div><div>3:30 <i>“Grizzly 399: Queen of the Tetons – PBS Nature”</i></div></div>	<div><div>9</div><div>HAPPY BIRTHDAY ANNABELLE</div><div>9:45 Exercise</div><div>10:30 Word Games: First Letter, Last Letter</div><div>2:00 Art Hour: Coloring & Classical Music</div><div>3:30 Manicures!</div></div>	<div><div>10</div><div>9:45 Exercise</div><div>10:30 Group Games: Crossword!</div><div>2:00 Balloon Ball!</div><div>3:30 Manicures</div></div>
<div><div>11</div><div>HAPPY BIRTHDAY MARJORIE K.!</div><div>9:45 Exercise</div><div>10:30 Today in History – Coffee & Conversation</div><div>2:00 <i>Movie Matinee & Popcorn Pass: “Hot Frosty”</i></div></div>	<div><div>12</div><div>9:45 Exercise</div><div>10:30 <i>Russell Risma Musical Performance! - CDR</i></div><div>2:00 Group Games: Tabletop Ping Pong!</div><div>3:00 <i>“Nat Geo: Uncovering the Ancient History of the Stone Henge – Lost Cities”</i></div></div>	<div><div>13</div><div>9:45 Exercise</div><div>10:30 Word Scrambles!</div><div>1:30 – Rosary - MR</div><div>2:00 <i>Peter & Doti! – CDR</i></div><div>3:30 Pictionary!</div></div>	<div><div>14</div><div>10:30 <i>Senior Serenaders! - CDR</i></div><div>2:00 Music Trivia!</div><div>3:30 <i>Travel Documentary & Hot Cocoa Pass! - “Madagascar – The Worlds Strangest Island”</i></div></div>	<div><div>15</div><div>9:45 Exercise</div><div>10:30 Bingo!</div><div>2:00 <i>Resident Birthday Party! - CDR</i></div></div>	<div><div>16</div><div>9:45 Exercise</div><div>10:30 Group Games: Reindeer Ring Toss!</div><div>2:00 <i>Sound Affects Musical Performance! - CDR</i></div><div>3:30 <i>“Mongolia: The Empty Empire”</i></div></div>	<div><div>17</div><div>9:45 Exercise</div><div>10:30 Reminiscing</div><div>2:00 Manicures</div><div>3:30 Balloon Ball!</div></div>
<div><div>18</div><div>9:45 Exercise</div><div>10:30 Today in History – Coffee & Conversation</div><div>2:00 Walks & 1:1's</div></div>	<div><div>19</div><div>9:45 Exercise</div><div>10:30 T.E.D. Talks</div><div>11:15 – Communion - MR</div><div>2:00 Art Therapy – Expressive Painting</div><div>3:30 Pet Therapy Visits with ATD</div></div>	<div><div>20</div><div>9:45 Exercise</div><div>10:30 Group Games: Penny Ante!</div><div>1:30 – Rosary - MR</div><div>2:00 Short Stories for the Soul!</div><div>3:30 <i>“Let It Snow! – Go Wild”</i></div></div>	<div><div>21</div><div>9:45 Exercise</div><div>10:30 Winter Door-naments!</div><div>2:00 Hula Hoop Chair-obics Class!</div><div>3:30 Scattergories!</div></div>	<div><div>22</div><div>9:45 Exercise</div><div>10:30 Word Games: Half a Word!</div><div>2:00 Bingo!</div><div>3:30 <i>“Polar Night: Life in the wilderness of the Far North”</i></div></div>	<div><div>23</div><div>9:45 Exercise</div><div>10:30 Group Games: Word Connect</div><div>2:00 Art Hour: Coloring & Classical Music</div><div>3:30 Stretch & Unwind!</div></div>	<div><div>24</div><div>9:45 Exercise</div><div>10:30 Group Games: “Snowball” Fight!</div><div>2:00 Balloon Ball!</div><div>3:30 Manicures</div></div>
<div><div>25</div><div>9:45 Exercise</div><div>10:30 T.E.D. Talks</div><div>2:00 <i>Movie Matinee & Popcorn Pass:</i></div></div>	<div><div>26</div><div>9:45 Exercise</div><div>10:30 Uno!</div><div>2:00 Group Games: Jingo</div><div>3:30 <i>“Nepal: The Most Impossible Country on Earth”</i></div></div>	<div><div>27</div><div>9:45 Exercise</div><div>10:30 Word Games: First Letter, Last Letter</div><div>1:30 – Rosary - MR</div><div>2:00 Balloon Ball!</div><div>3:30 T.E.D. Talks</div></div>	<div><div>28</div><div>9:45 Exercise</div><div>10:15 <i>Music with Kendra! - CDR</i></div><div>2:00 Group Games: Pictionary!</div><div>3:30 Music Trivia!</div></div>	<div><div>29</div><div>9:45 Exercise</div><div>10:30 Bingo!</div><div>2:00 Word Games: First Letter, Last Letter</div><div>3:30 Sugar Cookie Decorating!</div></div>	<div><div>30</div><div>9:45 Exercise</div><div>10:30 Puzzles with pals!</div><div>2:00 Art Hour: Coloring & Classical Music</div><div>3:30 <i>“Your Brain: Perception Deception”</i></div></div>	<div><div>31</div><div>9:45 Exercise</div><div>10:30 Reindeer Ring Toss!</div><div>2:00 Manicures</div><div>3:30 Balloon Ball!</div></div>