

New Mercer Commons

Happenings

JANUARY 2026



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WELCOME JANUARY!

“I LOVE JANUARY!”

I swear am one of six people in the northern hemisphere who doesn't hate January. What's not to like? The holidays are behind and it's months before they have to be thought of again. It could snow, blizzard, otherwise the streets are probably bad, so there's no pressure to leave the house, an introvert's nirvana! There's no yard work to be done yet, tax documents have not arrived. It's a free month! January is named for Janus, the Roman god of gates and doors, of beginnings and transitions. It's a month to be here now and to say, “What's next?”

“THE RESOLUTION WHISPERER”

On January 1st, I wrote down ten resolutions. By January 10th, she had “accidentally” eaten cake three times, skipped the gym twice, and binge-watched an entire series. But instead of feeling guilty, she decided her new resolution was simply: “Be happy, even if the cake wins sometimes.”





JANUARY FUNNIES:

What do you call a slow skier?
A slope-poke.



What do snowmen eat for lunch?
Ice-burgers.



How do snowmen get information?
They search on the winter-net!



Resident Birthdays

Jan. 7 - Joan Miller
Jan. 9 - Annabelle Simpson
Jan. 11 - Marjorie Kennedy
Jan. 14 - Diana Cooper
Jan. 15 - Guenter Bischof
Jan. 25 - June Williams
Jan. 31 - Ruby Dodd

Staff Birthdays

Jan. 3 - Jemila Yasin
Jan. 10 - Adrian Bautista
Jan. 16 - Houston Molitor
Jan. 22 - MarVasquez
Jan. 29 - Sarah Seib-Azofeifa
Jan. 31 - Ayelen "Ashe" Irigoyen

Staff Anniversaries

19 years - Angela Gallegos
11 years - Audrey Ely
8 years - Betsy Peterson
6 years - Eva Gomez
4 years - Sam Beecher
4 years - Nori Schakel
3 years - Veronica Castillo
1 year - Ella Simms

JANUARY FACTS:

ELLIS ISLAND:

Opened on January 1, 1892, processing millions of immigrants. It's famous as the "Island of Hope," but also held prisoners during wartime, and its name comes from merchant Samuel Ellis, and it became a key part of the Statue of Liberty National Monument,

EMANCIPATION

Proclamation: Signed by Lincoln on January 1, 1863.

ALASKA:

Became the 49th U.S. state on January 3, 1959!

NEW YEAR'S DAY:

Celebrated globally, but historically, the new year began in March for centuries!

RECORD-BREAKING:

The most snowballs made in one minute is 22, and was achieved by David Wang in Leavenworth, Washington, United States, on 5 January 2025. David climbed into the mountains until he found the perfect snow for this record title!



JANUARY ACTIVITIES

JANUARY CRAFTS

Activities has several crafts planned for this winter season including baking cookies, Charm bracelets, bookmarks, painting, & more! Come get crafty with Activities!

MUSICAL PERFORMANCES

We have a plethora of musical performances throughout the month of January for our residents to sing along and smile to including Sound Affects performances, Music with Scott, Senior Serenaders, K.I.S.S, Peter & Doti & more performances!

MUSCLE MOVEMENT

As we get older, it is so important to move our muscles slowly and intentionally. Join us throughout the month for daily morning exercise, Chair-obics, Pilates with Pals, Walking Club & our "Zen Zone: stretch & unwind" activities to relieve those achy joints! We are offering group sessions all week so pop in and pose with us!



FRCBA presenting Snow Queen at New Mercer!

THERAPY DOG VISITS!

Furry friends make our days brighter, no doubt. We're offering our residents' group therapy sessions every week with some amazing pups! Join us for a doggone good time.

RESIDENT BIRTHDAY BASH

On January 15th we will be hosting our Resident Birthday Bash for residents who celebrate birthdays this month. Please join us for games, music, & cake as we celebrate YOU!!



Earl H. getting into the Holly-Jolly spirit!



Peter S. rockin' some cool christmas glasses!



1. Beverly & Judy laughing up a storm in their holiday gear!
2. Elizabeth, Norma & Fran playing our Saran wrap prize ball!
3. Elizabeth & Megan in their decked out sweaters!
4. Marge & Renate show off their homemade ornaments!
5. Barb Z. & Jo P. at our Ugly Xmas Sweater Party!
6. Uh oh! dont Tell Santa she escaped! Marion, Jennifer & Sue celebrating at our party.
7. Senior Serenaders Spreading Holiday Cheer to our Residents!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy New Year JAN 22	 2024 MR - Media Room PDR - Pines Dining Room TR - Therapy room RM - In Room/ apartment CDR - Commons Dining Room PDR - Pines Dining Room LIB - Library CK - Cedar Kitchenette DL - Dogwood Lounge	 New Mercer Commons Assisted Living		NEW YEAR'S DAY 10:30 Exercise 2:00 Watercolor Painting - PDR 3:30 "Clementine Churchill: Behind Every Great Man is a Great Woman" - MR	1 9:45 Exercise 10:30 Farkle! - LIB 2:00 Sound Affects Performance! - CDR 3:30 Happy Hour! - PDR 3:30 Wii-Bowling - LIB	2 9:45 Exercise 10:30 Giant Crossword - MR 2:00 Movie Matinee & Popcorn Pass: "A League of Their Own" - MR 3:30 Manicures
9:45 Exercise 10:30 Today in History - Coffee & Conversation - PDR 2:00 Bingo! - PDR 3:30 Walking Club - PDR	4 9:45 Exercise 10:30 Bird Feeder Craft! - PDR 2:00 Word Games! - PDR 3:30 "Nat Geo: Uncovering the Ancient History of The Stone Henge - Lost Cities" - MR	5 9:45 Exercise 10:30 T.E.D. Talks - MR 1:30 - Rosary - MR 2:00 Balloon Volleyball! - PDR 3:30 Group Games: Dominoes! - CK 3:30 Wii-Bowling - LIB	6 HAPPY BIRTHDAY JOAN M.! 10:30 Resident Council Meeting - CDR 2:00 Bingo! - CDR 3:30 The American Story: Why Frank Lloyd is Americas Best Architect" - MR	7 9:45 Exercise 10:30 Hymns with Lynn - CDR 2:00 Music with Scott! - CDR 3:30 Card Games & Cocoa: Go Fish! - PDR	8 9:45 Exercise 10:30 Music Trivial! - PDR 2:00 Knitting - for Beginners! - PDR 3:30 Poetry Club - MR 3:30 Wii-Bowling - LIB	9 9:45 Exercise 10:30 Giant Crossword - MR 2:00 Movie Matinee & Popcorn Pass: "The Da Vinci Code" - CK 3:30 Manicures
9:45 Exercise 10:30 Today in History - Coffee & Conversation - PDR 2:00 Bingo! - PDR 3:30 Wordsearch & Wine! - PDR	11 9:45 Exercise 10:30 Russell Risma Musical Performance! - CDR 11:15 - Communion - MR 2:00 "Blind Date with a Book" & Treat Pass! 3:30 Pet Therapy! - MR 4:00 Stretch & Unwind! - MR	12 9:45 Exercise 10:30 "World Tour: Indonesia - The Country That Shouldn't Exist!" - MR 1:30 - Rosary - MR 2:00 Peter & Dot! - CDR 3:30 Wii-Bowling - LIB	13 HAPPY BIRTHDAY DIANA C.! 10:30 Senior Serenaders! - CDR 2:00 Bingo! - CDR 3:30 Ha-Ha-Happy Hour! - LIB	14 HAPPY BIRTHDAY GUENTER B.! 10:30 Resident Birthday Bash! - CDR 9:45 Exercise 10:30 Watercolor Painting - LIB	15 9:45 Exercise 10:30 Group Games: Mexican Train! - PDR 2:00 Sound Affects Performance! - CDR 3:30 Wii-Bowling - LIB	16 9:45 Exercise 10:30 Giant Crossword - MR 2:00 Movie Matinee & Popcorn Pass: "Becoming" - MR 3:30 Manicures
9:45 Exercise 10:30 Today in History - Coffee & Conversation - PDR 2:00 Bingo! - PDR 3:30 Walking Club - PDR	18 9:45 Exercise 10:30 Poudre Library Book Mobile Visit! - Pines Parking Lot* 2:00 Balloon Ball! - PDR 3:30 "Nat Geo: Old Testament - Genesis & Exodus Buried Secrets of the Bible" - MR	19 9:45 Exercise 10:30 Giant Crossword - LIB 1:30 - Rosary - MR 2:00 Craft Club - PDR 2:00 Music with Kendra! - CDR 3:30 Group Games: - PDR 3:30 Wii - Bowling - LIB	20 9:45 Exercise 10:30 Chocolate Crinkle-Cookie Baking! - PDR 2:00 Bingo - CDR 3:30 "Can Art Change The World? When Artists Work With Scientists, It Might!" - LIB	21 9:45 Exercise 10:30 Hymns with Lynn - CDR 2:00 Chair-obics Class! - MR 3:15 Book Club - MR	22 9:45 Exercise 10:30 Music Trivia! - PDR 2:00 Knitting - for Beginners! - PDR 3:30 "Portugal - The Extreme End of Europe" - MR 3:30 Wii-Bowling - LIB	23 9:45 Exercise 10:30 Giant Crossword - MR 2:00 Movie Matinee & Popcorn Pass: "The Ron Clark Story" - LIB 3:30 Manicures
HAPPY BIRTHDAY JUNE W.! 9:45 Exercise 10:30 Today in History - Coffee & Conversation - PDR 2:00 Bingo! - PDR 3:30 Wordsearch & Wine! - PDR	25 9:45 Exercise 10:30 Creative Writing Club - PDR 11:15 - Communion - MR 3:30 Pet Therapy! - MR 4:00 Stretch & Unwind! - MR	26 9:45 Exercise 10:30 Farkle! - PDR 1:30 - Rosary - MR 2:00 Fall into Fitness: Seated Zumba! - MR 3:30 "World Tour: Madagascar - The Strangest Island" - MR 3:30 Wii-Bowling - LIB	27 9:45 Exercise 10:30 Craft Club: Beginners Embroidery! - PDR 2:00 Bingo - CDR 3:30 Happy Hour! - PD	28 9:45 Exercise 10:30 Watercolor Painting - PDR 2:00 Music Trivia! - LIB 3:30 The Life & Legacy of JFK" - LIB	29 9:45 Exercise 10:30 Group Games: Mexican Train! - PDR 2:00 Chair-obics Class! - MR 3:30 Short Stories & Snacks! - LIB 3:30 Wii-Bowling - LIB	30 HAPPY BIRTHDAY RUBY D.! 9:45 Exercise 10:30 Giant Crossword - MR 2:00 Movie Matinee & Popcorn Pass: "Robin Hood: Prince of Thieves" - MR 3:30 Manicures

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy New Year JAN 22	 O - Oak (Morning Activities) P - Pine N - Native Fir (Afternoon Activities) M - Maple	 New Mercer Commons Assisted Living MEMORY CARE	NEW YEAR'S DAY 10:30 Exercise 2:00 Bingo! 3:30 Winter Pictionary!	1 9:45 Exercise 10:30 Group Games: You Be the Judge! 2:00 Sound Affects Musical Performance! - CDR 3:30 Art Hour: Coloring & Classical Music	2 9:45 Exercise 10:30 Reminiscing 2:00 Balloon Ball 3:30 Manicure	
9:45 Exercise 10:30 T.E.D. Talks 2:00 Walks & 1:1's	4 9:45 Exercise 10:30 Art Therapy – Expressive Painting 11:15 – Communion - MR 2:00 Group Games: Paper Foot Races! 3:30 Pet Therapy Visits with ATD	5 9:45 Exercise 10:30 Pictionary! 1:30 – Rosary - MR 2:00 Short Stories for the Soul! 3:30 Winter Trivia & Treats!	6 9:45 Exercise 10:30 Group Games: Corn Hole! 2:00 Word Games! 3:30 Winter Bookmark Craft!	7 9:45 Exercise 10:30 Hymns with Lynn - CDR 2:00 Bingo! 3:30 "Grizzly 399: Queen of the Tetons - PBS Nature"	8 HAPPY BIRTHDAY ANNABELLE 9:45 Exercise 10:30 Word Games: First Letter, Last Letter 2:00 Art Hour: Coloring & Classical Music 3:30 Manicures!	9 9:45 Exercise 10:30 Group Games: Crossword! 2:00 Balloon Ball! 3:30 Manicures
HAPPY BIRTHDAY MARJORIE K.! 9:45 Exercise 10:30 Today in History – Coffee & Conversation 2:00 Movie Matinee & Popcorn Pass: "Hot Frosty"	11 9:45 Exercise 10:30 Russell Risma Musical Performance! - CDR 2:00 Group Games: Tabletop Ping Pong! 3:00 "Nat Geo: Uncovering the Ancient History of the Stone Henge – Lost Cities"	12 9:45 Exercise 10:30 Word Scrambles! 1:30 – Rosary - MR 2:00 Peter & Doti! - CDR 3:30 Pictionary!	13 10:30 Senior Serenaders! - CDR 2:00 Music Trivia! 3:30 Travel Documentary & Hot Cocoa Pass! - "Madagascar – The Worlds Strangest Island"	14 9:45 Exercise 10:30 Bingo! 2:00 Resident Birthday Party! - CDR	15 9:45 Exercise 10:30 Group Games: Reindeer Ring Toss! 2:00 Sound Affects Musical Performance! - CDR 3:30 "Mongolia: The Empty Empire"	16 9:45 Exercise 10:30 Reminiscing 2:00 Manicures 3:30 Balloon Ball!
9:45 Exercise 10:30 Today in History – Coffee & Conversation 2:00 Walks & 1:1's	18 9:45 Exercise 10:30 T.E.D. Talks 11:15 – Communion - MR 2:00 Art Therapy – Expressive Painting 3:30 Pet Therapy Visits with ATD	19 9:45 Exercise 10:30 Group Games: Penny Ante! 1:30 – Rosary - MR 2:00 Short Stories for the Soul! 3:30 "Let It Snow! – Go Wild"	20 9:45 Exercise 10:30 Winter Door-naments! 2:00 Hula Hoop Chair-obics Class! 3:30 Scattergories!	21 9:45 Exercise 10:30 Word Games: Half a Word! 2:00 Bingo! 3:30 "Polar Night: Life in the wilderness of the Far North"	22 9:45 Exercise 10:30 Group Games: Word Connect 2:00 Art Hour: Coloring & Classical Music 3:30 Stretch & Unwind!	23 9:45 Exercise 10:30 Group Games: "Snowball" Fight! 2:00 Balloon Ball! 3:30 Manicures
9:45 Exercise 10:30 T.E.D. Talks 2:00 Movie Matinee & Popcorn Pass:	25 9:45 Exercise 10:30 Uno! 2:00 Group Games: Jingo 3:30 "Nepal: The Most Impossible Country on Earth"	26 9:45 Exercise 10:30 Word Games: First Letter, Last Letter 1:30 – Rosary - MR 2:00 Balloon Ball! 3:30 T.E.D. Talks	27 9:45 Exercise 10:15 Music with Kendra! - CDR 2:00 Group Games: Pictionary! 3:30 Music Trivia!	28 9:45 Exercise 10:30 Bingo! 2:00 Word Games: First Letter, Last Letter 3:30 Sugar Cookie Decorating!	29 9:45 Exercise 10:30 Puzzles with pals! 2:00 Art Hour: Coloring & Classical Music 3:30 "Your Brain: Perception Deception"	30 9:45 Exercise 10:30 Reindeer Ring Toss! 2:00 Manicures 3:30 Balloon Ball!