

The Worthington *Happenings*

DECEMBER 2025

900 Worthington Circle
Fort Collins, CO
970-490-1000

ADMINISTRATOR
Andrew Baker

**ACTIVITY
DIRECTOR**
Denise Kidd

CHEF
Andrew Daigle

**DINING ROOM
SUPERVISOR**
Venus Ortiz

**ENVIRONMENTAL
SERVICES**
Carlos Medina

OFFICE MANAGER
Sierra Reilly



FELICES FIESTAS TO ALL!

Here at the Worthington we are breaking a little from tradition by having a Feliz Navidad Christmas celebration. We will embrace colorful Christmas trees, pinatas, Nacimientos (nativity scenes) & neighborhood posadas. We will explore wacky rabanos (radishes) and flor toxomoxtle (cornhusks) and flor inmortal (dried flower creations). We will celebrate Las Posadas & Noche de Rabanos along with our regular and traditional events.

Come along for a very festive time by enjoying other Christmas traditions from around the world as well as

welcoming the Winter Solstice. Enjoy all the performers, food, decorations and festivities that the season has for you. Please make sure to sign up & celebrate with us.

The poem on page 2 is a fun take and adaption to the classic poem, "T'was the Night before Christmas" adapted by Chicano Music Legend, Eduardo Guerro. The Night before Christmas, the classic version celebrates its birthday on December 23rd. It was first written by Clement C. Moore in 1837 and has an impact on how we envision Santa Claus. Please join us on December 23rd at 1pm in the Activities room for a showing of the movie that was adapted from the original poem.



*T’was the night before
Christmas
And all through the casa
Mama she was busy
preparing the masa
To make the tamales for the
tamalada
And all the ingredients for
the enchiladas.*

*Papa in the front room with
all the muchachos
Was dancing the mambo &
doing the cha-cha.*

*My brothers & sisters were out in the hall
Listening to Elvis singing Rock-n-Roll.*

*When all of a sudden there came such a racket
I jumped out bed & put on my jacket.
I looked out the window & in front of the house
Was my Uncle Pedro as crazy as a church
mouse.*

*He ran into the casa he grabbed the guitarra
He let out a yell and played Guadalajara.*

*I was starting to wonder as I lay there alone
How old Santa Claus was to visit my home.
With all this noise that would scare him away.
When all of a sudden, I hear someone say,
“Hey Pablo, Chuchito, hey Arriba, Gordito
Jose, get up there you ‘burros’ or you don’t get
any hay.”*

*And then to my wondering eyes did appear
Eight cute little donkeys instead of reindeer.
They pulled a carreta that was full of toys
For all of us little girls & boys.*

*The fat little driver waved his big sombrero
and said, “Merry Christmas Feliz Ano Nuevo”
 (“Happy New Year”) - and then I hear him sing.*

*I am Santa’s Cousin from south of the border.
My name’s Pancho Claus & I bring your order.
I hear him exclaim as he drove past the porches
Merry Christmas to all & to all Buenas Noches!*

– **Pancho Claus**

*Adapted by Chicano Music Legend Eduardo
Guerro, Sung by Irma Garza*

WORTHINGTON HAPPENINGS

TOY FOR TOTS

Join us in providing a much-needed touch of Christmas magic for a child in need. **For the first 3 weeks of December**, we will be collecting toys to donate to the Toy for Tots Program. Toys for Tots is a program run by the United States Marine Corps Reserve. The program was founded in 1947 and has been going strong for the past 76 years. More than 600 million toys have been collected by the program. Please find it in your heart to donate an unused and unwrapped new toy for a child in need. **Please look for the collection bin in the lobby.**

DECKING THE HALLS

Every year, we deck the halls at The Worthington on the first week of December. We invite everyone to meet us in the lobby for treats, eggnog and decorating fun. **We also invite everyone to decorate the entry ways to their apartment with Christmas decorations.** We will have a contest for the best dressed apartment entry way. Andrew, Sierra and Denise will be walking the halls to determine who has the best decorations **and then announcing the winner on Dec. 24th at the Christmas program at 2 pm in the Dining Room.** We also hope that residents will get together and decorate their lounges on each floor.

Remember we have lots of trees to get decorated, and this year, we have a special Feliz Navidad tree in the Dining Room featuring the Mexican Xmas traditions.

CHRISTMAS BUFFET

We are delighted to host our annual Christmas buffet **on Christmas Day from 12:00 pm to 2:00 pm.** This festive meal is one of our favorite traditions—a time to gather, enjoy wonderful holiday dishes, and share the warmth of the season with one another.

Sign-up sheets will soon be placed in your mailbox, so please keep an eye out for them. *You are welcome to invite your family and friends to join you for this special occasion, but it is important that we receive your reservation in time to prepare accordingly.*

We look forward to celebrating with you and hope you’ll join us for a beautiful, delicious Christmas meal filled with joy, good company, and holiday cheer.

PARTY TIME AT THE WORTHINGTON

We will be having many celebrations throughout the holiday season so make sure to mark your calendars for all the festive events.

Dec 3: Deck the Hall party

Dec 11: Mexican Hot Chocolate and Music

Dec 16: Los Posadas party

Dec 19: Birthday Party

Dec 24: Xmas Party

Dec 29: Celebration with Larimer County Gardening Club, Xmas tea

Dec 31: New Year’s Eve Party

We hope to see you at all the events.

FREE GIFT-WRAPPING SERVICES

This year we have a special service that can help you get Xmas on track. Come down and meet the wonderful volunteers, Michelle Schaub and her daughter, they will be on hand to wrap presents for you! They have donated their time and have donated the supplies to help with your Christmas gift giving needs. They have everything on hand to wrap your gifts with beautiful wrappings all for FREE! **The service will be held on Tuesday, December 16th from 2 – 4 pm in the lobby.**

XMAS AROUND THE WORLD

Part 1 Culture: Destination Doc Series

This winter, join us for an immersive journey across the globe as we explore how different cultures celebrate the Christmas season. Part 1 of our Xmas Around the World program focuses on the cultural traditions, festive customs, and everyday practices that make each country’s holiday celebrations unique.

Each Monday at 2:30 PM, we feature a new destination through a curated documentary, followed by light discussion. Together, we’ll look at how communities decorate, cook, gather, and honor the season—both in familiar ways and in ways that may

surprise you. Expect vivid visuals, heartwarming stories, and fascinating insights into how Christmas is shaped by geography, climate, history, and local identity. Come and join us for the fun!

Here are the destinations we are going to:

12/1 – Mexico

12/8 – Russia

12/15 – Ethiopia

12/22 – Ireland

Part 2 Religion: Guided by Rebecca

Part 2 of the series shifts the focus from cultural celebration to the spiritual and religious traditions that shape Christmas across the world. Led by Rebecca, our Chaplin, **on Thursdays** offering explores the deeper origins, meanings, and faith practices behind the season.

Each week at 2:30 PM, you’ll dive into the beliefs, rituals, and histories that have influenced Christmas for centuries. Through discussion, storytelling, and reflective learning, we’ll look at how different regions, denominations, and communities practice the holiday in ways that are meaningful and sacred to them.

XMAS SERVICE WITH REBECCA

Rebecca will be joining us on Tuesday, December 23rd at 11:00 am in the TH to lead a special Christmas Service. This gathering is designed to be non-denominational, welcoming residents of all faiths, backgrounds, and traditions to share in the spirit of the season.

The service will offer a gentle time of reflection, music, and togetherness—an opportunity to pause from the holiday rush and reconnect with the deeper meaning of this time of year. Whether you come seeking comfort, inspiration, or simply a moment of peace among friends, you are warmly invited.

Let this lovely celebration help you begin your holiday with a sense of hope, beauty, and community.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>All activities are subject to change.</div> <div></div>	<div>DR. MIKE IS HERE!</div> <div>9 am Exercise – AR</div> <div>10 am Word Games - AR</div> <div>11 am Cranium Crunches – PDR</div> <div>1:30 pm Tai Chi with Yvonne – AR</div> <div>2:30 pm Xmas Around the World <u>Part 1</u>: Culture: Destination Mexico Doc - AR</div> <div>7 pm Nature Series - AR</div>	<div>9 am Exercise with Erin – AR</div> <div>10 am Current Events – PDR</div> <div>11 am Xmas Songs with Rebecca - TH</div> <div>1:30 pm Making Traditional Xmas Decorations from Mexico– AR</div> <div>2:45 pm Bingo - TH</div>	<div>8:30 am Walmart Run</div> <div>9 am Stretch Video – AR</div> <div>10 am Reader’s Theatre - AR</div> <div>11 am Exercise with Erin – AR</div> <div>1:15 pm Sit Dance with Shari – AR</div> <div>2:15 pm Deck the Halls Party - Lobby</div> <div>7 pm TV Series - AR</div>	<div>9 am Seated Ballet – AR</div> <div>10 am Ambassador’s Meeting – SR</div> <div>11 am Word Spiel - AR</div> <div>11:30 am Out to Lunch: Rio Grande</div> <div>2:30 pm Xmas Around the World <u>Part 2</u>: Religion with Rebecca – AR</div> <div>3:30 pm M and M - TH</div>	<div>9 am King Soopers Run</div> <div>9 am Yoga – AR</div> <div>10 am Coffee and News – PDR</div> <div>11 am Board Games – TH</div> <div>2 pm Classic Xmas Movie - AR</div> <div>7 pm Movie - AR</div>	<div>9 am Exercise with Brynn – AR</div> <div>10 am Bingo – TH</div> <div>11 am Wii Bowling – AR</div> <div>2 pm Movie – AR</div> <div>7 pm Movie - AR</div>
<div>2 pm Movie – AR</div> <div>7 pm Movie – AR</div>	<div>9 am Exercise – AR</div> <div>10 am Word Games - AR</div> <div>11 am Cranium Crunches – PDR</div> <div>1:30 pm Tai Chi with Yvonne – AR</div> <div>2:30 pm Xmas Around the World <u>Part 1</u>: Culture: Destination Russia Doc - AR</div> <div>7 pm Nature Series - AR</div>	<div>9 am Exercise with Erin – AR</div> <div>10 am Current Events – PDR</div> <div>11 am Xmas Songs with Rebecca - TH</div> <div>1:30 pm Making Xmas Cookies with Michelle– AR</div> <div>2:45 pm Bingo - TH</div> <div>6:30 pm Grief support gathering for people who have lost a child - SR</div>	<div>9 am Stretch Video – AR</div> <div>10 am Reader’s Theatre - AR</div> <div>11 am Exercise with Erin – AR</div> <div>1:15 pm Drumming with Shari – AR</div> <div>2:15 pm All About the Poinsettias - AR</div> <div>7 pm TV Series - AR</div>	<div>9 am Seated Ballet – AR</div> <div>10 am Kevin Cook - AR</div> <div>11 am Word Spiel – AR</div> <div>1:30 pm Mexican Hot Chocolate and Cookies - AR</div> <div>2:30 pm Xmas Around the World <u>Part 2</u>: Religion with Rebecca – AR</div>	<div>9 am Yoga – AR</div> <div>10 am Coffee and News – PDR</div> <div>10 am Werner School Choir Entertainment - DR</div> <div>11 am SOAPS Got Talent at the Senior Center</div> <div>1 pm Virgin of Guadalupe Doc - AR</div> <div>7 pm Movie - AR</div>	<div>9 am Exercise with Brynn – AR</div> <div>10 am Bingo – TH</div> <div>11 am Wii Bowling – AR</div> <div>2 pm Movie – AR</div> <div>7 pm Movie - AR</div>
<div>HANUKKAH (1ST DAY)</div> <div>2 pm Movie – AR</div> <div>7 pm Movie – AR</div>	<div>9 am Exercise – AR</div> <div>10 am Word Games - AR</div> <div>11 am Cranium Crunches – PDR</div> <div>1:30 pm Tai Chi with Yvonne – AR</div> <div>2:30 pm Xmas Around the World <u>Part 1</u>: Culture: Destination Ethiopia Doc - AR</div> <div>7 pm Nature Series - AR</div>	<div>9 am Exercise with Erin – AR</div> <div>10 am Current Events – PDR</div> <div>11 am Caroling with Rebecca - TH</div> <div>1:30 pm Los Posadas Party Begins– AR</div> <div>2 – 4 pm Free Gift-Wrapping Service - Lobby</div> <div>2:45 pm Feliz Navidad Bingo - TH</div>	<div>9 am Stretch Video – AR</div> <div>10 am Reader’s Theatre - AR</div> <div>11 am Exercise with Erin – AR</div> <div>1:15 pm Sit Dance with Shari – AR</div> <div>2:15 pm Kohls Xmas Shopping</div> <div>6 pm Xmas Lights Viewing - Lobby</div> <div>7 pm TV Series - AR</div>	<div>TCHAIKOVSKY DAY!</div> <div>9 am Seated Ballet – AR</div> <div>10 am Word Spiel - AR</div> <div>11 am Jim Willard – AR</div> <div>1 pm Nutcracker Ballet - AR</div> <div>2:30 pm Xmas Around the World <u>Part 2</u>: Religion with Rebecca – AR – AR</div> <div>3:30 pm M and M - TH</div>	<div>9 am King Soopers Run</div> <div>9 am Yoga – AR</div> <div>10 am Coffee and News – PDR</div> <div>11 am Board Games – TH</div> <div>2:30 pm Birthday Party - DR</div> <div>7 pm Movie - AR</div>	<div>9 am Exercise with Brynn – AR</div> <div>10 am Bingo – TH</div> <div>11 am Wii Bowling – AR</div> <div>2 pm Movie – AR</div> <div>2:30 pm Winter Solstice Wine Social with Denise – Lobby</div> <div>7 pm Movie - AR</div>
<div>WINTER BEGINS!</div> <div>2 pm Movie – AR</div> <div>7 pm Movie – AR</div>	<div>9 am Exercise – AR</div> <div>10 am Word Games - AR</div> <div>11 am Cranium Crunches – PDR</div> <div>1:30 pm Tai Chi with Yvonne – AR</div> <div>2:30 pm Xmas Around the World <u>Part 1</u>: Culture: Destination Ireland Doc - AR</div> <div>7 pm Nature Series - AR</div>	<div>TWAS THE NIGHT BEFORE XMAS DAY!</div> <div>9 am Exercise with Erin – AR</div> <div>10 am Current Events – PDR</div> <div>11 am Xmas Service with Rebecca - TH</div> <div>1 pm Twas the Night Before Xmas Movie– AR</div> <div>2 pm Learn about Noche de Radishes - AR</div> <div>2:45 pm Bingo - TH</div>	<div>CHRISTMAS EVE</div> <div>9 am Stretch Video – AR</div> <div>10 am Reader’s Theatre - AR</div> <div>11 am Exercise with Erin – AR</div> <div>2 pm Xmas Party - Lobby</div> <div>7 pm Xmas Movie - AR</div>	<div>CHRISTMAS DAY</div> <div>12 pm – 2 pm Christmas Buffet</div> <div>7 pm Movie - AR</div>	<div>9 am Yoga – AR</div> <div>10 am Coffee and News – PDR</div> <div>11 am Board Games – TH</div> <div>2 pm Movie - AR</div> <div>7 pm Movie - AR</div>	<div>9 am Exercise with Brynn – AR</div> <div>10 am Bingo – TH</div> <div>11 am Wii Bowling – AR</div> <div>2 pm Movie – AR</div> <div>7 pm Movie - AR</div>
<div>2 pm Movie – AR</div> <div>7 pm Movie – AR</div>	<div>9 am Exercise – AR</div> <div>10 am Word Games - AR</div> <div>11 am Cranium Crunches – PDR</div> <div>1:30 pm Tai Chi with Yvonne – AR</div> <div>2:30 pm Gardening New Years Eve Party with Larimer County - AR</div> <div>7 pm Nature Series - AR</div>	<div>9 am Exercise with Erin – AR</div> <div>10 am Current Events – PDR</div> <div>11 am Hymns with Rebecca – TH</div> <div>1:30 pm Townhall Meeting - TH</div> <div>2:45 pm Bingo - TH</div>	<div>NEW YEAR’S EVE</div> <div>9 am Stretch Video – AR</div> <div>10 am Reader’s Theatre - AR</div> <div>11 am Exercise with Erin – AR</div> <div>1:15 pm Sit Dance with Shari – AR</div> <div>2 pm New Year’s Party - TH</div> <div>7 pm Holiday Movie - AR</div>	<div><div><div>December</div><div>The Worthington</div></div><div></div></div>		

THANK YOU, RESIDENTS

A heartfelt thank you to every resident who contributed to our Larimer County Food Bank collection for Thanksgiving. Your generosity turned into an impressive, overflowing haul—one that we proudly delivered to help restock their shelves just in time for the holiday season.

Because of you, families in our community will have food on their tables, comfort in their homes, and a little more peace during a time that can be difficult for many. The Food Bank staff expressed deep gratitude for the donation, noting how meaningful it is when neighbors step up to support neighbors.

Thank you for giving, for caring, and for making a real difference. Your kindness doesn’t just fill boxes... it fills hearts. **Also, thanks for contributing to the Employee food boxes, they were greatly appreciated.**

WORTHINGTON
SPECIAL ACTIVITIES

OUT TO LUNCH: RIO GRANDE

Please join us for a Mexican lunch celebration at Fort Collins’ famous Mexican restaurant The Rio Grande. The Rio Grande has been calling Old Town Fort Collins home since 1986. The Rio is a vibrant Mexican venue serving generous plates of classic fare and margaritas in a festive interior. Come and help us get our Mexican Christmas off to a wonderful start **on Thursday December 4th at 11:30am. PLEASE sign up for the trip as seats get full fast!**

SOAPS GOT TALENT

Get ready for an afternoon of entertainment and community spirit! We will be attending the Fort Collins Senior Center for this year’s Winter S.O.A.P. Troupe Show **on Friday, December 12th at 1:30 pm.**

The S.O.A.P. Troupe—short for Senior Outreach and Performance—is known for putting on lively, heartfelt, and humorous productions created entirely by local seniors. This year’s show will feature a delightful mix of musical numbers, comedy skits, storytelling, and playful surprises that highlight the creativity of the performers.

Come enjoy the warmth and laughter of the season as our neighboring seniors take the stage and share their talents. It’s a wonderful chance to support fellow performers, enjoy an afternoon out, and soak in the holiday cheer.

The van will leave the Worthington lobby at 1:15 pm, so please be ready a few minutes early to ensure we arrive in plenty of time to find good seats at the Senior Center.

Join us for fun, music, and community connection at this spirited winter event!

MAKING XMAS COOKIE WITH
MICHELLE (SOUS CHEF) AND
XMAS BAUBLES WITH DENISE

Christmas in all parts of the world is a time to deck the halls, serve wonderful treats, and spend quality time with friends and family. We are attempting to do all these wonderful things here at the Worthington. **Join us on Tuesday, December 2nd at 1:30 pm in the Activities Room.**

We will be making fun, bright, colorful and authentic Mexican Christmas ornaments for our Dining Room tree. Join us in using traditional items such as tin, crepe paper and dried flowers to make beautiful traditional ornaments.

Then on the following Tuesday, Dec 9th, join us at 1:30 pm in the AR to create wonderful cookie treats. Michelle, our Sous Chef, will be helping you with this project.

KEVIN COOK

Kevin will be at the Worthington for his 12th installment of his Colorado Nature series, “Colography: The Nitty-Gritty Colorado.” This installment is entitled “***This Place Colorado.***” As he states it, “An abstractly defined geographic place, Colorado offers a surprising diversity of landscapes, lifescapes, and waterscapes. Each scape sustains its own interwoven communities of plants and animals so each community bears identity of its own. Together, they define the character of the place we call home.” **Please come and join the experience on December 11th at 10 am.** Also remember our

fun guy, Jim Willard, will be here **the following Thursday at 11 am** to take you down memory lane with music, facts and trivia of years gone by. **Join him in the AR, it’s always a blast.**

TRIPS IN DECEMBER

Wednesday, Dec 3rd at 8:30 am – Walmart Run

Thursday, Dec 4th at 11:30 am – Out to Lunch: Rio Grande

Friday, Dec 5th at 9 am – King Soopers Run

Friday, Dec 12th at 11 am – SOAPs Got Talent at the Senior Center

Wednesday, Dec 17th at 2:15 pm – Kohls Xmas Shopping

Wednesday, Dec 17th at 6 pm - Xmas Lights Viewing

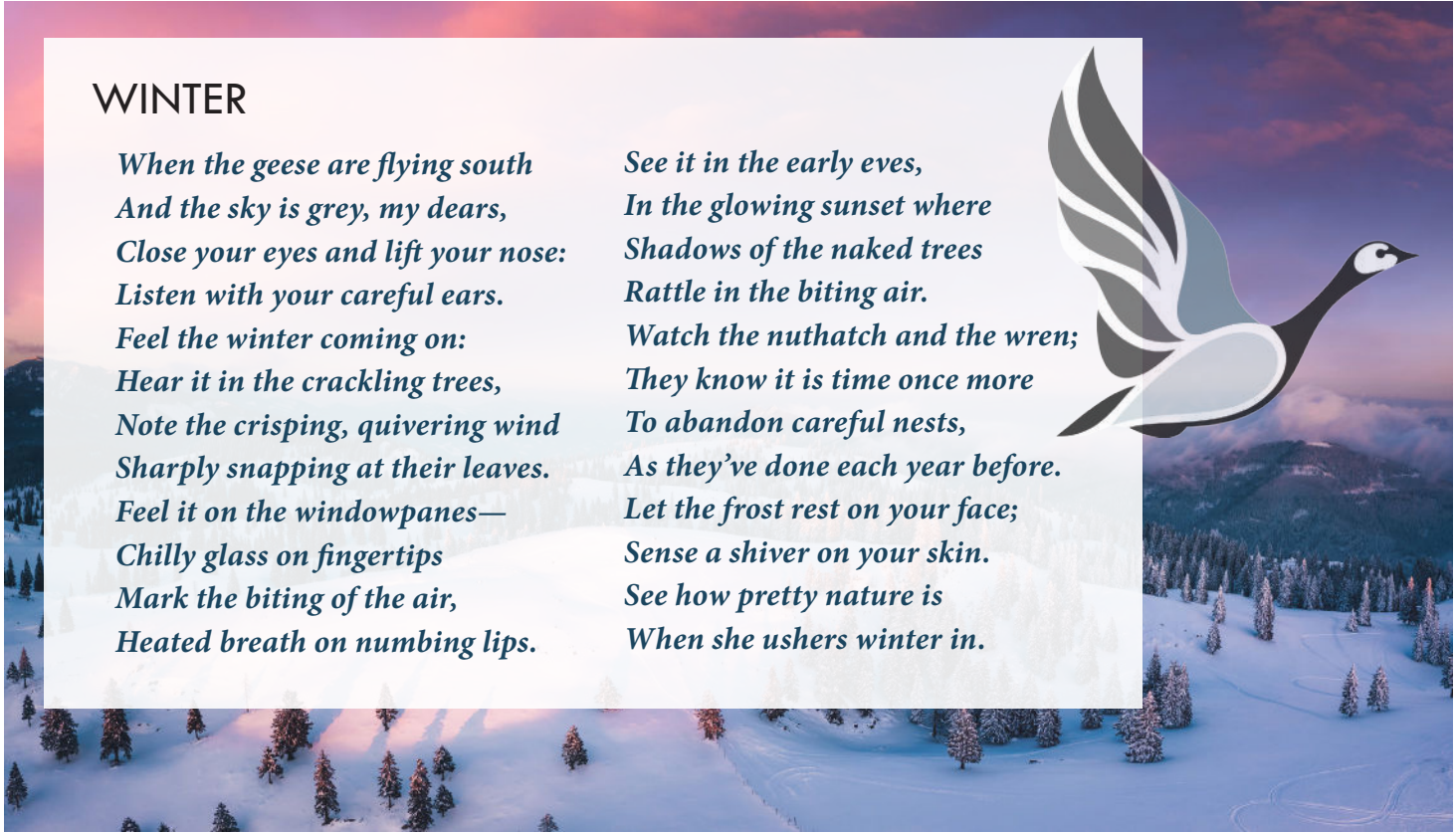
Friday, Dec 19th at 9 am – King Soopers Run

WINTER SOLSTICE WINE SOCIAL
WITH DENISE

Celebrate the turning of the year with Denise at our Winter Solstice Wine Social, **taking place on Saturday, December 20th at 2:30 PM in the cozy glow of The Worthington lobby.** The space will be transformed with soft winter lighting, gentle seasonal décor, and a warm, welcoming atmosphere—perfect for enjoying a relaxing afternoon together. Guests can savor a selection of wines, light refreshments, and festive treats while mingling with neighbors and friends.

The Winter Solstice, occurring each year in late December, marks the shortest day and the longest night. It’s a centuries-old symbol of renewal, a moment when the darkness begins to lift and daylight slowly begins to return. Many cultures view this time as a pause for reflection, gratitude, and the quiet hope of brighter days ahead.

Join us Saturday at 2:30 PM to raise a glass, embrace the peaceful beauty of the season, and welcome the return of the light in good company as the poem below states.





1. and 2. Flintstone Halloween party
3. Irene looks at Veterans cards
4. Veteran's Breakfast
5. Larimer County garden club project
6. Readers Theatre group
7. A trip out for lunch
8. A trip to Csu Dance concert
9. Music from Valentine city chorus
10. Alisa's 20th anniversary at The Worthington