

The Wexford Happenings

DECEMBER 2025



1515 West 28th St.
Loveland, CO
970-667-1900

MANAGER

Sam Bonnell

ACTIVITIES DIRECTOR

Peter Fredo

CHEF

Drea Hayes

HOUSEKEEPING SUPERVISOR

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MAINTENANCE SUPERVISOR

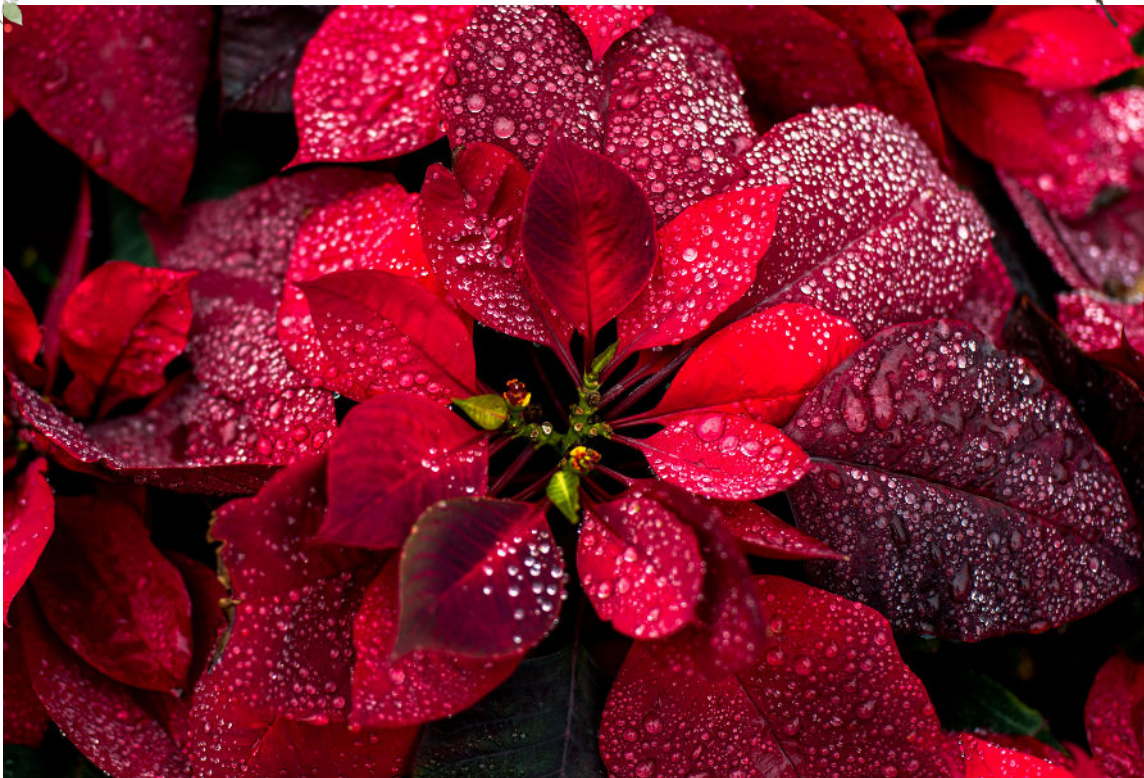
Jim Krening

OFFICE MANAGER

Easton Madrid

SALES REPRESENTATIVE

Danielle Salone



MENU REVIEW WITH CHEF DREA

Have questions about the food offerings on the menu? **Come to the Town Hall at 9:00am on Mondays** to get your questions answered. Nothing wrong with a little food for thought!

BUILD YOUR OWN HOT CHOCOLATE

Join us on Tuesday, December 2 at 3:00pm to make your perfect hot cocoa! Add peppermint or marshmallows, or whatever makes your hot chocolate perfect. **We will be in the Activity Room, with some outside with weather permitting.**

COME JOIN READER'S THEATER

Got bit by the acting bug? Join us on the 1st and 3rd Wednesday of the month (**December 3rd and December 17th**) at **2:00pm in the Activity Room**. No previous acting experience or memorization required, come check it out!

DIETARY MEETING

Food is the ingredient that binds us together. Join your fellow food enthusiasts of The Wexford **in the Activity Room on Thursday, December 4th at 2:00pm** for the opportunity to give feedback regarding the menu and service.





CELEBRATIONS
AT THE
WEXFORD

DECEMBER
BIRTHDAYS

Residents:

Dec 1 - Roberta Steinwachs

Dec 9 - Jean Eads

Dec 9 - Russell Beers

Dec 10 - Doug Franklin

Dec 25 - Faye Barber

Dec 28 - Verona Skabo

Dec 30 - Vern Hanson

Staff:

Dec - 24 Sedeane Garza

WEXFORD HOUR OF
CULTURE

Hosted by our very own Jim R. and Grace G., **join us on Thursdays at 1:00pm in the Activity Room** to dive deeper into a topic you might not know about! Ranging from lithography to the New World Symphony.

COCKTAIL SOCIAL

Enjoy some drinks and social time with friends **in the Town Hall every Monday, Wednesday, and Friday at 4:00pm!**

CHRISTMAS TREE
ORNAMENT DECORATING

Come decorate some Christmas tree ornaments with us **on December 9 at 3:00pm in the Activity Room.** Different ornament designs, such as a stocking, mitten, or reindeer!

RESIDENT CHRISTMAS
PARTY

“Christmas is a day of meaning and traditions, a special day to spend in the warm circle of family and friends.” **Join us on December 19th at 4:00pm in the Town Hall.** Come for drinks, friendship, and visit from our friend from the North Pole!

BUILD YOUR OWN
GINGERBREAD HOUSE!

Let your creative juices flow **on Tuesday, December 16th** to make your own gingerbread house! Have you always wanted a two-story house, or maybe ranch style? Let your architectural side run free!

NEW YEARS PARTY

Come celebrate the new year with us on December 31st at 3:00pm in the Town Hall! More information to come soon. Keep an ear and an eye out for more information!

MONTHLY
ENTERTAINMENT/
CLASSES:

SOUND AFFECTS MUSIC
PROGRAM: ARTISTS TO BE
ANNOUNCED.

Join us in the Town Hall on Thursday, December 4th for wonderful music programs presented by Sound Affects!

MUSIC WITH SCOTT
JENSON

Join Scott in the Town Hall on Thursday, December 11th at 3:00pm for a performance of all our favorite songs!

MUSIC WITH THE HIP
BONES

Join The Hip Bones, a trombone quartet, in the Town Hall on Thursday, December 18th at 3:00pm for a jazzy holiday Happy Hour performance.

TED TALKS

Nourish your brain and learn something new with the TEDx videos. Topics range in sleep, happiness, nutrition, and so much more! **Join us in the Activity Room, Mondays and Thursdays, at 7:00pm**

December 1 - How “Big Mail” is sabotaging the postal service

December 8 - How nanoparticles could help medication reach the brain

December 15 - How can we make India’s roads less deadly?

December 22 - Why you should share your embarrassing stories

December 29 - The secrets and science of mental toughness

WEXFORD BOOK CLUB

Love to read and have conversations? We welcome you to join The Wexford Book Club! They say there are no faster or firmer friendships than those formed between people who love the same books. **Join us in the Activity Room on Wednesday, December 31st at 1:00pm.**

WEXFORD ACTIVITY
TRIPS

Please sign up for all trips in the activity book and please be courteous and call if you cannot attend an outing. On the day of the scheduled outing, **please meet in the lobby 10 minutes prior to departure time.**

SHOPPING TRIPS:
(Mondays at 1:00pm)

December 1 - Dollar Tree

December 8 - Walmart (Denver Ave)

December 15 - King Soopers

December 22 - Target

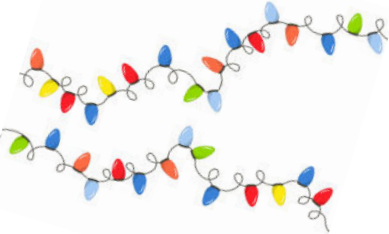
December 29 - Sprouts

DINNER AT EL CIELO

Join us on Wednesday, December 10th at 5:00pm for a dinner outing El Cielo Mexican Restaurant! Make sure to make room for their margaritas and fajitas!

HOLIDAY LIGHTS SCENIC
DRIVE

Make sure to bring your holiday cheer on December 16th at 6:30pm. We will be driving around Loveland and view the local holiday decorations and displays! Sign-ups for this will be in the Activity Book.



WEXFORD FITNESS

Let’s get fit! Don’t forget about all the exercise opportunities at The Wexford. Challenge yourself to try something new!

MUSIC & MOVEMENT WITH
HEATHER

Mondays at 3:00pm in the Activity Room. Start your week with a fun workout class while singing some of your favorite songs and using seasonal props to enhance the exercises.

WALKING THE WEXFORD

Every Monday, Wednesday, and Friday at 9:00am the Walking Group meets in the West Side Dining Room and begins their walk around the 2nd floor. Join them for a morning walk around Wexford.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>All activities are subject to change.</div> <div>AR - Activity Room FR - Fireside Room PDR Private Dining Room PT - Patio ML - Main Lobby TH - Town Hall</div>	HAPPY BIRTHDAY, ROBERTA S! 9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea - TH 10:00am Wexford Community Meeting - AR 1:00pm <i>Dollar Tree* - ML</i> 3:00pm Music Movement- AR 4:00pm Cocktail Social- TH 7:00pm TEDx Talks: How “Big Mail” is sabotaging the postal service (Youtube) - AR	9:00am Wii Bowling- AR 10:00am Brain and Balance- AR 1:00pm Poker- TH 1:00pm Bingo - AR 3:00pm Make Your Own Hot Chocolate!	9:00am Walking the Wexford - TH 9:00am Wordle 10:00am Advent Bible Study - AR 12:30pm BLOOM Laundry - APT 1:00pm Mahjong- TH 3:30pm Reader’s Theater 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 9) Episodes 2 & 3- AR	9:00am Crossword - AR 10:00am Brain and Balance - AR 10:45am Trivia- AR 1:00pm Poker- TH 1:00pm Wexford Hour of Culture - AR 2:00pm Dietary Meeting - AR 3:00pm <i>Happy Hour: Sound Affects- TH</i> 7:00pm Documentary: Typhoon Terror: Surviving Hagibis (Youtube) - AR	9:00am Walking the Wexford- TH 10:00am Seated Beach Volleyball- AR 1:00pm Bingo - AR 2:00pm Kevin Cook Nature Presentation 4:00pm <i>Cocktail Social- TH</i>	10:00am Grace and Frankie (Season 7) Episodes 3 & 4 - AR 2:00pm Movie Matinee A Walk in the Woods - AR 7:00pm Movie Matinee: A Walk in the Woods - AR
10:00am Senior Style Exercise- AR 2:00pm Movie Matinee: A Walk in the Woods - AR 5:00pm Movie Matinee: A Walk in the Woods - AR	9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea - TH 10:00am Boccia 1:00pm <i>Walmart (Denver Ave) – ML</i> 2:00pm Hymns and Communion - TH 3:00pm Music Movement- AR 4:00pm <i>Cocktail Social - TH</i> 7:00pm TEDx Talks: How nanoparticles could help medication reach the brain (Youtube) - AR	HAPPY BIRTHDAY JEAN E AND RUSSELL B! 9:00am Wii Bowling- AR 10:00am Brain and Balance- AR 1:00pm Poker- TH 1:00pm Bingo- AR 3:00pm <i>Christmas Tree Ornament Decorating - AR</i>	HAPPY BIRTHDAY, DOUG F! 9:00am Walking the Wexford - TH 9:00am Wordle 10:00am Advent Bible Study - AR 12:30pm BLOOM Laundry- APT 1:00pm Mahjong- TH 2:00pm Paint n Sip with Chef Drea - AR 4:00pm Cocktail Social- TH 5:00pm <i>Dinner Outing to El Cielo *Sign up required* - ML</i> 7:00pm As Time Goes By (Season 9) Episodes 4 & 5 - AR	9:00am Crossword - AR 10:00am Brain and Balance - AR 10:45am Trivia- AR 1:00pm Poker- TH 1:00pm Wexford Hour of Culture 3:00pm <i>Happy Hour: Scott Jenson</i> 7:00pm Documentary: Stanley Tucci’s Tuscany Trek (Youtube) - AR	9:00am Walking the Wexford- TH 10:00am Pepper Pong Ping Pong - AR 1:00pm Blood Pressure Clinic- PDR 1:00pm Bingo- AR	10:00am Grace and Frankie (Season 7) Episode 5 & 6 2:00pm Movie Matinee: White Christmas- AR 7:00pm Movie Matinee: White Christmas - AR
HAPPY FIRST NIGHT OF HANUKKAH! 10:00am Senior Style Exercise - AR 2:00pm Movie Matinee: White Christmas 5:00pm Movie Matinee: White Christmas - AR	9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea- TH 10:00am Pepper Pong - AR 1:00pm <i>Shopping Trip to King Soopers- ML</i> 2:00pm Low Vision Support Group- Lakeview 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH 7:00pm TEDx Talks: How can we make India’s road’s less deadly (Youtube) - AR	9:00am Wii Bowling- AR 10:00am Brain and Balance- AR 1:00pm Poker- TH 1:00pm Bingo – AR 3:00pm <i>Gingerbread House Making/Decorating</i> 6:30pm <i>Christmas Lights Drive by – Sign Up Required</i>	9:00am Walking the Wexford - TH 9:00am Wordle 10:00am <i>Christmas Hymns with Rebecca - TH</i> 12:30pm BLOOM Laundry - APT 1:00pm Mahjong- TH 1:00pm Chair Yoga 3:30pm Reader’s Theater 3:00pm Connect Hearing Clinic - PDR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 10) Episode 1 & 2 - AR	9:00am Crossword- AR 10:00am Brain and Balance- AR 10:45am Trivia- AR 1:00pm Poker- TH 1:00pm Wexford Hour of Culture 3:00pm <i>Happy Hour: The Hip Bones - TH</i> 7:00pm Documentary: Rome’s Sunken Secrets – Lost Treasures of Rome (Youtube) - AR	9:00am Walking the Wexford- TH 10:00am Seated Volleyball - AR 1:00pm Bingo- AR 2:00pm Visit to Mackinac Island: Travel Presentation 3:30pm Activity Meeting - AR 4:00pm <i>Resident Holiday Party - TH</i>	10:00am Grace and Frankie (Season 7) Episodes 7 & 8 - AR 2:00pm Movie Matinee: How the Grinch Stole Christmas - AR 7:00pm Movie Matinee: How the Grinch Stole Christmas - AR
10:00am Senior Style Exercise- AR 2:00pm Movie Matinee: How the Grinch Stole Christmas – AR 5:00pm Movie Matinee: How the Grinch Stole Christmas- AR	9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea- TH 10:00am Boccia- AR 1:00pm <i>Shopping Trip to Target- ML</i> 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH 7:00pm TEDx Talks: Why you should share your embarrassing stories (Youtube) - AR	9:00am Wii Bowling- AR 10:00am Brain and Balance- AR 1:00pm Poker- TH 1:00pm Bingo – AR	9:00am Walking the Wexford - TH 9:00am Wordle 10:00am Christmas Candlelight Service - TH 12:30pm BLOOM Laundry - APT 1:00pm Mahjong - TH 4:00pm Cocktail Social - TH	MERRY CHRISTMAS! HAPPY BIRTHDAY, FAYE B! 2:00pm Movie Matinee Miracle on 34th St – AR 7:00pm Movie Matinee Miracle on 34th St - AR	9:00am Walking the Wexford- TH 10:00am Come Try Pepper Pong - AR 1:00pm Bingo- AR 4:00pm <i>Cocktail Social - TH</i>	10:00am Grace and Frankie (Season 7) Episodes 9 & 10 - AR 2:00pm Movie Matinee: The Natural - AR 7:00pm Movie Matinee: The Natural - AR
HAPPY BIRTHDAY, VERONA S! 10:00am Senior Style Exercise- AR 2:00pm Movie Matinee: The Natural - AR 5:00pm Movie Matinee: The Natural- AR	9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea - TH 10:00am Boccia - AR 1:00pm <i>Shopping Trip to Sprouts- ML</i> 4:00pm Cocktail Social - TH 7:00pm TEDx Talks: The secrets and science of mental toughness (Youtube) - AR	HAPPY BIRTHDAY, VERN H! 9:00am Wii Bowling- AR 10:00am Brain and Balance – AR 1:00pm Poker - TH 1:00pm Bingo - AR	HAPPY NEW YEAR! 9:00am Walking the Wexford- TH 9:00am Wordle - AR 10:00am Morning Bible Study - AR 12:30pm BLOOM Laundry - APT 1:00pm Mahjong- TH 1:00pm Book Club - PDR 3:00pm <i>New Years Party! - TH</i> *COCKTAIL SOCIAL CANCELLED*	<div>The Wexford</div> <div>December</div>		



BRAIN & BALANCE WITH DIANE

Work your body and brain on Tuesdays and Thursdays at 10:00am in the Activity Room! This class aims to improve mobility, strength, and balance, while challenging our brain with fun games to encourage memory and thought patterns. All exercises can be done while seated.

YOGA CLASSES WITH ERIN DOTY

Hi, I am Erin Doty, and I invite you to join me! Since 2016, I have worked with retirement communities, independent and assisted living facilities, senior centers, and memory care and dementia care locations leading movement and mindfulness classes. I am passionate about celebrating seniors and helping them age in place with inspiration and optimism. I offer senior public classes and 1:1 classes to increase confidence, strength mentally and physically, maintain energy, and experience a bright mind and memory.

December 17 - Chair Yoga

SPIRITUAL CARE AT THE WEXFORD

CHATTING WITH CHAPLAIN REBECCA

A chaplain is like a leader or teacher; however, a chaplain's biggest gift is to be present and just listen. **Join our very own Chaplain Rebecca in the Activity Room or Town Hall on Wednesday's at 10:00am** for some fellowship.

IN NEED OF A LITTLE SUPPORT?

Our chaplain, Rebecca McFee, is available every Wednesday afternoon for personal visits. You might consider a chaplain visit to talk about grief, decisions you need to make, family issues, and other spiritual and emotional support. She is also available to pray with you. If you wish to have a visit, we will now have a sign-up sheet in the sign-up book. You can also contact Rebecca directly at **Rebecca.mcfee@columbinehealth.com**. All visits are free and confidential.

HYMNS AND COMMUNION

Provided by Mountain View Presbyterian Church **in the Town Hall, Monday, December 8th at 2:00pm.**

SERVICES AT THE WEXFORD

THE WEXFORD SALON

Need a fresh new look? Or want to get your hair styled? The Wexford Salon is just the place for you. Our stylist offers a variety of services at great prices and are located on the first floor of The Wexford. **Feel free to give Sheila a call at 970-581-7861** to find out what she can do for YOU and to book an appointment.

BLOOM AT HOME LAUNDRY SERVICE

BLOOM at Home, Columbine's Non-Medical Home Care, is pleased to offer an on-site laundry service to our residents. **The cost is \$15.00 for the first load and \$10.00 for additional loads thereafter.** Laundry must be placed outside your door by 11:00am. Please sign up in the activity book if you are interested in this service, as **this service is provided weekly every Tuesday.**

FOOT CARE CLINIC

Dr. Mike Thomas, a professional foot care specialist and retired podiatrist is available for your foot care needs! He can provide fingernail and toenail trimmings, callous removal, and other foot care needs. **Feel free to contact Dr. Mike to set up an appointment today at (970) 310-7635.** Each appointment is \$45 and can be paid directly to Dr. Mike. This foot care clinic is for medical purposes and is not a pedicure service. 1st Wednesday of each month (**December 3rd**). Sign up in the Activity Book.

SWEETHEART NAILS

Good nails will often solve a lot of problems. **Call or Text Neitha Schneider at 303-710-5577** to schedule a foot massage, toenail trimming, manicure, pedicure and more! There's no better feeling than getting your nails done.

COLUMBINE BLOOD PRESSURE CLINIC

It's never too early to be thinking about your blood pressure. Join Scothia Orr - RN with Columbine Poudre Home Care **in the Private Dining Room** on the 2nd Friday of each month (**December 12th**) **at 1:00pm** for free blood pressure reading and RN consultation.

LOVELAND PUBLIC LIBRARY

Are you looking for a great book to read? Contact librarian, Teddy Rosario at The Loveland Public Library. They offer a free Home Delivery Service for residents of The Wexford. They have regular-print, large-print, books on CD, cassette-tape books, videos, and other library materials. **Please contact the library at (970)-962-2592 for more information.**

CONNECT HEARING

Do your hearing aids need to be cleaned or repaired? Connect Hearing is offering monthly hearing aid clinics for Wexford residents. Services include cleanings and minor repairs in house. The location of these clinics are to be determined. **This month's clinic is Wednesday, December 17th at 3:00pm in the private dining room.**





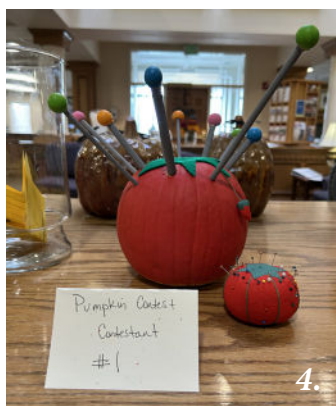
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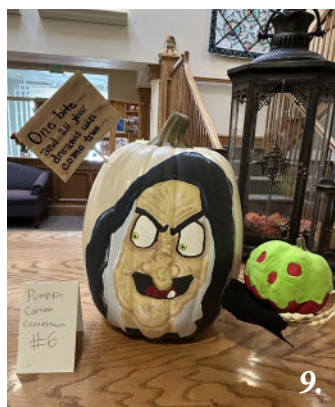
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1. Getting our hands dirty with an easy salad recipe with Chef Drea.
2., 3. Happy Halloween from the Wexford.
4., 5., 6., 7., 8., 9. Our staff showing off their wonderful artistic skills
10., 11. Letting our creativity flow with our pumpkin decorating activity.
12., 13. Shakin' up the holidays craft with Brenda, Mary, and Diane!
14. We are loving our new segment, Wexford Hour of Culture!