

The Wexford Happenings

NOVEMBER 2025

1515 West 28th St.
Loveland, CO
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Easton Madrid

**SALES
REPRESENTATIVE**
Danielle Salone



WEXFORD IN HOUSE ACTIVITIES

Check the activity book in the front lobby for all activities, events, outings and outside services.

MENU REVIEW WITH CHEF DREA

Have questions about the food offerings on the menu? **Come to the Town Hall at 9:00 a.m. on Mondays** to get your questions answered. Nothing wrong with a little food for thought!

CRAFT WITH DIANE, MARY, AND BRENDA – SHAKIN’ UP THE HOLIDAYS!

Join some of the housekeeping team **in the Activity Room on Thursday, November 13th at 2:00pm** to make

decorative salt and pepper shakers! Sign up in the Activity Book for planning and supplies.

DIETARY MEETING

Food is the ingredient that binds us together. Join your fellow food enthusiasts of The Wexford **in the Activity Room on Tuesday, November 4th at 1:00 p.m.** for the opportunity to give feedback regarding the menu and service.

COCKTAIL SOCIAL

Enjoy some drinks and social time with friends in the Town Hall **every Monday, Wednesday, and Friday at 4:00pm!**





CELEBRATIONS
AT THE
WEXFORD

NOVEMBER
BIRTHDAYS

Residents:

Nov 3 - Bob Hess

Nov 12 - Nancy Loveland

Nov 13 - Jim Robb

Staff:

Nov 2 - Mya Carlson

Nov 23 - August Hinson

Nov 28 - Marla Stonecipher

Nov 29 - Amelia Pett

VETERANS DAY

Join us in thanking all of those who have served in the armed forces, by connecting in the Activity Room on November 11th at 3:30pm for a showing of Fighting Spirit: A Combat Chaplain's Journey. The movie follows a young former Army chaplain who embarks upon a unique journey that's inspired by the extraordinary, often untold stories of the chaplain heroes who came before him.



COLORING PAGES

Join us in the activity room for some relaxation and coloring. According to the National Institute of Health, with certain types of coloring, the group tested felt more positive emotions, such as calming down, feeling at ease, satisfaction, and reports of feeling good (Koo et al., 2020).

November 7 at 1:00pm

November 14 at 1:00pm

November 21 at 1:00pm

MONTHLY
ENTERTAINMENT/
CLASSES:

SOUND AFFECTS MUSIC
PROGRAM: ARTISTS TO BE
ANNOUNCED.

Join us in the Town Hall on Thursday, November 6th for wonderful music programs presented by Sound Affects!

MUSIC WITH JERRY KUTA

Join Jerry in the Town Hall on Thursday, November 13th at 3:00pm for a performance of all our favorite songs from the 50s and 60s!

MUSIC WITH THE REX AND GUY

Join Rex and Guy, in the Town Hall on Thursday, November 20th at 3:00pm for a performance from one of our favorite duos!

TED TALKS

Nourish your brain and learn something new with the TEDx videos. Topics range in sleep, happiness, nutrition, and so much more! Join us in the Activity Room, Mondays and Thursdays, at 7 p.m.

November 3 - Why we are giving AI too much credit

November 10 - Why kindness is an essential leadership competency

November 17 - The hidden physics of life

November 24 - How privacy can save your life

GRACE AND FRANKIE

Enjoy this highly recommended show on Saturdays at 10:00 a.m. in the activity room! Each week we will show a different episode.

Finding out that their husbands are not just work partners but have also been romantically involved for the last twenty years, two women with an already strained relationship try to cope with the circumstances together.

AS TIME GOES BY

Wednesdays at 7:00 p.m.

The Korean War, and a long lost letter, separate the lives of young lovers Jean Pargetter and Lionel Hardcastle, whose paths cross again by happenstance.

PBS COLORADO
EXPERIENCE SCHEDULE

Thursdays at 1:30 p.m.

November 20 - Saving Hartman Castle

November 27 - Camp Hale

WEXFORD BOOK CLUB

Love to read and have conversations? We welcome you to join The Wexford Book Club! They say there are no faster or firmer friendships than those formed between people who love the same books. Join us in the Activity Room on Friday, November 28th at 12:45 p.m.



WEXFORD ACTIVITY
TRIPS

Please sign up for all trips in the activity book and please be courteous and call if you cannot attend an outing. On the day of the scheduled outing, please meet in the lobby 10 minutes prior to departure time.

SHOPPING TRIPS:

Mondays at 1:00 p.m.

November 3 - Dollar Tree

November 10 - Safeway

November 17 - Walmart
(Denver Ave)

November 24 - King Soopers

LOVELAND MUSEUM

Join us on Tuesday, November 4th at 2:30am for outing to the Loveland Museum! New exhibits featured, such as The Experimental Frontier *Contains flickering lights*, and the Loveland Art Studio Preview Exhibition.

LOVELAND PERFORMING
ARTS CONCERT

On Sunday, November 16th at 5:45pm, Loveland Performing Arts presents Katie McMahon's Celtic Celebration! Featuring vocals, harp, fiddle, and dancing, and has toured the world delighting audiences. Well known as the original soloist in Riverdance, McMahon's voice was described by the Irish Times as "poetry, perfection and purity". Must be a Loveland Performing Arts Ticket holder, or purchase tickets at the doors if available.

LUNCH AT MCGRAFF'S
AMERICAN GRILL

Join us on Wednesday, November 19th at 11:00am for a perfect brunch/lunch outing! Sign up is required for this outing.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER				AR - Activity Room FR - Fireside Room PDR Private Dining Room PT - Patio ML - Main Lobby TH - Town Hall  		10:00am Grace and Frankie (Season 6) Episodes 6 & 7 - AR 1 2:00pm Movie Matinee Where The Crawdads Sing- AR 7:00pm Movie Matinee: A Where the Crawdads Sing - AR
10:00am Senior Style Exercise- AR 2 2:00pm Movie Matinee: A Where the Crawdads Sing - AR 5:00pm Movie Matinee: A Where the Crawdads Sing - AR	HAPPY BIRTHDAY, BOB H! 3 9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea - TH 10:00am Wexford Community Meeting - AR 1:00pm <i>*Shopping Trip to Dollar Tree* - ML</i> 3:00pm Music Movement- AR 4:00pm Cocktail Social - TH 7:00pm TEDx Talks: Why we're giving AI too much credit (Youtube) - AR	9:00am Wii Bowling- AR 4 10:00am Brain and Balance - AR 1:00pm Poker- TH 1:00pm Dietary Meeting - AR 1:45pm Bingo - AR 2:30pm <i>*Trip to the Loveland Museum - ML- Sign up Required*</i>	HAPPY ANNIVERSARY, JIM AND ARLENE H! 5 9:00am Walking the Wexford- TH 10:00am Morning Bible Study- AR 12:30pm BLOOM Laundry - APT 1:00pm Mahjong- TH 3:30pm Wordle- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 7) Episodes 7 & (Season 8) Episode 1 - AR	9:00am Crossword - AR 6 10:00am Brain and Balance - AR 10:45am Trivia- AR 1:00pm Poker- TH 2:00pm The Health Benefits of Yoga 3:00pm Happy Hour: Sound Affects- TH 7:00pm Jane Goodall: Discussing Chimpanzee Behavior (Youtube) - AR	9:00am Walking the Wexford - TH 7 10:00am Seated Beach Volleyball- AR 1:00pm Coloring Pages - AR 2:00pm Kevin Cook Nature Presentation 3:30pm Easy Recipes with Chef Drea 4:00pm Cocktail Social- TH	10:00am Grace and Frankie (Season 6) Episode 8 & 9 8 2:00pm Movie Matinee: Sayonara- AR 7:00pm Movie Matinee: Sayonara - AR
10:00am Senior Style Exercise- AR 9 2:00pm Movie Matinee: Sayonara 5:00pm Movie Matinee: Sayonara	9:00am Walking the Wexford - TH 10 9:00am Menu Review with Chef Drea- TH 10:00am Come Try Pepper Pong - AR 1:00pm <i>Shopping Trip to Safeway- ML</i> 2:00pm Hymns and Communion - TH 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH 7:00pm TEDx Talks: Why kindness is an essential leadership competency (Youtube) - AR	HAPPY VETERANS DAY! 11 9:00am Wii Bowling- AR 10:00am Brain and Balance - AR 1:00pm Poker- TH 1:00pm Game Hour - AR 1:45pm Bingo- AR 3:00pm Left Center Right Game- AR 3:30pm Movie Showing: Fighting Spirit: A Combat Chaplain's Journey	HAPPY BIRTHDAY, NANCY L! 12 9:00am Walking the Wexford - TH 12 10:00am Morning Bible Study- AR 12:30pm BLOOM Laundry - APT 1:00pm Mahjong- TH 2:00pm Chair Yoga 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 8) Episode 2 & 3 - AR	HAPPY BIRTHDAY, JIM R! 13 9:00am Crossword- AR 13 10:00am Brain and Balance- AR 10:45am Trivia- AR 1:00pm Poker- TH 2:00pm Craft with Brenda, Mary, and Diane: Shakin' Up the Holidays- AR 3:00pm Happy Hour: Jerry Kuta- TH 7:00pm Documentary: Ramses the Great: Empire Builder (Youtube)- AR	9:00am Walking the Wexford- TH 14 10:00am Come Try Cornhole Baseball - AR 1:00pm Blood Pressure Clinic- PDR 1:00pm Coloring pages 1:45pm Bingo- AR 3:00pm A visit to Norway, land of fiords: Travel Presentation 4:00pm Cocktail Social- TH	10:00am Grace and Frankie (Season 6) Episodes 10 & 11 - AR 15 2:00pm Movie Matinee: Marjorie Morningstar - AR 7:00pm Movie Matinee: Marjorie Morningstar - AR
10:00am Senior Style Exercise- AR 16 2:00pm Movie Matinee: Marjorie Morningstar – AR 5:00pm Movie Matinee: Marjorie Morningstar- AR 5:45pm <i>Loveland Performing Art's Concert – ML & Must be an LPA season ticket holder*</i>	9:00am Walking the Wexford- TH 17 9:00am Menu Review with Chef Drea- TH 10:00am Boccia- AR 1:00pm <i>*Walmart (Denver 65th) *- ML</i> 2:00pm Low Vision Support Group - Lakeview Commons 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH 7:00pm TEDx Talks: The hidden physics of life (Youtube) - AR	9:00am Wii Bowling- AR 18 10:00am Brain and Balance- AR 1:00pm Poker- TH 1:45pm Bingo – AR 3:00pm Traces of the Past History Presentation - AR	9:00am Walking the Wexford - TH 19 10:00am Morning Bible Study - AR 11:00am <i>*Lunch at McGraff's - Sign Up Required* - ML</i> 12:30pm BLOOM Laundry - APT 1:00pm Mahjong- TH 2:00pm Chair Yoga – AR 3:00pm Connect Hearing Clinic- PDR 3:30pm Wordle- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 8) Episodes 4 & 5 - AR	9:00am Crossword- AR 20 10:00am Brain and Balance - AR 10:45am Trivia- AR 1:00pm Poker- Th 1:30pm PBS CO Experience: Weapons to Wildlife - AR 3:00pm Happy Hour: Rex and Guy 7:00pm Documentary: Uncovering Hitler's Killer Rocket – Buried Secrets of WW2 (Youtube) - AR	9:00am Walking the Wexford- TH 21 10:00am Come Try Pepper Pong - AR 1:00pm Coloring Pages - AR 1:45pm Bingo- AR 3:30pm Activity Meeting - AR 4:00pm Cocktail Social- TH	10:00am Grace and Frankie (Season 6) Episodes 12 & 13 - AR 22 2:00pm Movie Matinee: The King Lion - AR 7:00pm Movie Matinee: The Lion King- AR
10:00am Senior Style Exercise- AR 23 2:00pm Movie Matinee: The Lion King - AR 5:00pm Movie Matinee: The Lion King - AR	9:00am Walking the Wexford - TH 24 9:00am Menu Review with Chef Drea - TH 10:00am Boccia - AR 1:00pm <i>*Shopping Trip to King Soopers* - ML</i> 3:00pm Music and Movement - AR 4:00pm Cocktail Social - TH 7:00pm TEDx Talks: How privacy can save your life (Youtube) - AR	9:00am Wii Bowling- AR 25 10:00am Brain and Balance – AR 1:00pm Poker - TH 1:45pm Bingo - AR	9:00am Walking the Wexford - TH 26 10:00am Thanksgiving Worship Service - AR 12:30pm BLOOM Laundry - APT 1:00pm Mahjong- TH 2:00pm Chair Yoga and Tech Tutorial 3:30pm Wordle- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 8) Episodes 6 & Season 9 Episode 1 - AR	HAPPY THANKSGIVING!! 27 7:00am Macy's Thanksgiving Day Parade – AR 2:00pm A Charlie Brown Thanksgiving – AR	9:00am Walking the Wexford- TH 28 10:00am Seated Beach Volleyball - AR 1:00pm Coloring Pages - AR 1:45pm Bingo- AR 4:00pm Cocktail Social- TH	10:00am Grace and Frankie (Season 6) Episodes 12 & 13 - AR 29 2:00pm Movie Matinee: Our Vines Have Tender Grapes - AR 7:00pm Movie Matinee: Our Vines Have Tender Grapes - AR
10:00am Senior Style Exercise- AR 30 2:00pm Movie Matinee: Our Vines Have Tender Grapes – AR 5:00pm: Dinner and a Movie (sign up required) - TH 5:00pm Movie Matinee: Our Vines Have Tender Grapes - AR	2025				All activities are subject to change. The Wexford	



WEXFORD FITNESS

Let's get fit! Don't forget about all the exercise opportunities at The Wexford. Challenge yourself to try something new!

MUSIC & MOVEMENT WITH HEATHER

Mondays at 3:00 p.m. in the Activity Room. Start your week with a fun workout class while singing some of your favorite songs and using seasonal props to enhance the exercises.

WALKING THE WEXFORD

Every Monday, Wednesday, and Friday at 9:00 a.m. the Walking Group meets in the West Side Dining Room and begins their walk around the 2nd floor. Join them for a morning walk around Wexford.

BRAIN & BALANCE WITH DIANE

Work your body and brain on Tuesdays and Thursdays at 10:00 a.m. in the Activity Room! This class aims to improve mobility, strength, and balance, while challenging our brain with fun games to encourage memory and thought patterns. All exercises can be done while seated.

YOGA CLASSES WITH ERIN DOTY

Hi, I am Erin Doty, and I invite you to join me! Since 2016, I have worked with retirement communities, independent and assisted living facilities, senior centers, and memory care and dementia care locations leading movement and mindfulness classes. I am passionate about celebrating seniors and helping them

age in place with inspiration and optimism. I offer senior public classes and 1:1 classes to increase confidence, strength mentally and physically, maintain energy, and experience a bright mind and memory.

November 12 - Chair Yoga

November 26 - Chair Yoga and Tech Tutorial

SPIRITUAL CARE AT THE WEXFORD

CHATTING WITH CHAPLAIN REBECCA

A chaplain is like a leader or teacher; however, a chaplain's biggest gift is to be present and just listen. **Join our very own Chaplain Rebecca in the Activity Room or Town Hall on Wednesday's at 10:00 a.m.** for some fellowship.

IN NEED OF A LITTLE SUPPORT?

Our chaplain, Rebecca McFee, is available every Wednesday afternoon for personal visits. You might consider a chaplain visit to talk about grief, decisions you need to make, family issues, and other spiritual and emotional support. She is also available to pray with you. If you wish to have a visit, we will now have a sign-up sheet in the sign-up book. Or, you can also contact Rebecca directly at Rebecca.mcfee@columbinehealth.com. All visits are free and confidential.

HYMNS AND COMMUNION

Provided by Mountain View Presbyterian Church **in the Town Hall, Monday, November 10th at 2:00 p.m.**

SERVICES AT THE WEXFORD

THE WEXFORD SALON

Need a fresh new look? Or want to get your hair styled? The Wexford Salon is just the place for you. Our stylist offers a variety of services at great prices and are located on the first floor of The Wexford. **Feel free to give Sheila a call at 970-581-7861** to find out what she can do for YOU and to book an appointment.

BLOOM AT HOME LAUNDRY SERVICE

BLOOM at Home, Columbine's Non-Medical Home Care, is pleased to offer an on-site laundry service to our residents. **The cost is \$15.00 for the first load and \$10.00 for additional loads thereafter.** Laundry must be placed outside your door by 11:00 a.m. Please sign up in the activity book if you are interested in this service, as this service is provided weekly every Tuesday.

FOOT CARE CLINIC

Dr. Mike Thomas, a professional foot care specialist and retired podiatrist is available for your foot care needs! He can provide fingernail and toenail trimmings, callous removal, and other foot care needs. Feel free to contact **Dr. Mike to set up an appointment today at (970) 310-7635. Each appointment is \$45 and can be paid directly to Dr. Mike.** This foot care clinic is for medical purposes and is not a pedicure service. **1st Wednesday of each month (November 5th).** Sign up in the Activity Book.

SWEETHEART NAILS

Good nails will often solve a lot of problems. **Call or Text Neitha Schneider at 303-710-5577** to schedule a foot massage, toenail trimming, manicure, pedicure and more! There's no better feeling than getting your nails done.

COLUMBINE BLOOD PRESSURE CLINIC

It's never too early to be thinking about your blood pressure. Join Scothia Orr - RN with Columbine Poudre Home Care **in the Private Dining Room on the 2nd Friday of each month (November 14th) at 1:00 p.m.** for free blood pressure reading and RN consultation.

LOVELAND PUBLIC LIBRARY

Are you looking for a great book to read? Contact librarian, Teddy Rosario at The Loveland Public Library. They offer a free Home Delivery Service for residents of The Wexford. They have regular-print, large-print, books on CD, cassette-tape books, videos, and other library materials. **Please contact the library at (970)-962-2592 for more information.**

CONNECT HEARING

Do your hearing aids need to be cleaned or repaired? Connect Hearing is offering monthly hearing aid clinics for Wexford residents. Services include cleanings and minor repairs in house. The location of these clinics are to be determined. **This month's clinic is Wednesday, November 19th at 3:00 p.m. in the private dining room.**



Founder and Owner Bob Wilson came to share a few words about The Wexford and Lakeview Commons.



Staff and residents participating in our Spirit Week: Jersey/sports day, Patriotic Day, and Pajama day!



The Wexford staff celebrating 30 years at our Homecoming Hoedown.



Our Homecoming King and Queen, Don Henricks and Beth Juleskusky.



The residents partying with our new Happy Hour Duo, Oldies but Goodies!



The Wexford enjoying the Loveland Concert Band