New Mercer Commons NOVEMBER

900 Centre Avenue Fort Collins, CO 970-495-1000

ADMINISTRATOR Gina DiGiallonardo Ext. 2201

NURSE Ext. 2202

SOCIAL SERVICES/ **ADMISSIONS**

Jessica Maxfield Ext. 2217 Makayla Kremer Ext. 2236

ACTIVITIES

Nichole Chase Ext. 2230

DIETARY

Cindy Miszczuk Ext. 2205

HOUSEKEEPING/ **LAUNDRY**

Michele Hanna Ext. 2226

MAINTENANCE

Gary Halsey Ext. 2228

FRONT DESKS

Commons/ Memory Ext. 2200 Pines Ext. 2234





NOVEMBER BRINGS FALL WEATHER AND THANKSGIVING!

BUTTER WATCH OUT! -

"We get that turkey shaped butter every year for Thanksgiving and one year my youngest referred to it as his new pet, for some reason. At the end of the meal, as we were clearing the table, my stepdad's eyes got huge and he started pointing and stammering "the pet! THE PET!"

...because our dog, our actual pet, had just casually walked past the table and ate the entire darn butter turkey in one bite before anyone at the table could stop him! (don't worry, He was fine!)"

BURN THE ROLLS -

"Our mom is notorious for burning the rolls. Everything else will be perfect, but she always puts the rolls in last. Every year, we forget them until the tell-tale smell of "what's burning?". For years, we tried to convince her to put them in with something else, so when she takes out the other side, she will remember them. Nope, they must go in last and all alone by themselves.

So, our standard greeting on holidays is to walk in the door and say, "What's burning?" The response is always, "Just the rolls." We joke it isn't really a holiday unless the rolls are scorched!



Resident **Birthdays**

Nov 5 - Linda Strickland Nov 16 - Phyllis "Jo" Parker Nov 20 - Bobby Dorris Nov 23 - Claire Paulson Nov 29 - Judy Daharsh Nov 30 - Fran Howerton

Staff Birthdays

Nov 3 - Michele Hanna Nov 5 - Daniel Valle Nov 14 - Elizabeth Carroll Nov 22 - Fatima Avalos Nov 25 - Selam Berhe Nov 28 - Fkadu Reta

Staff **Anniversaries**

Bandana Zimmie - 22 yrs Gary Halsey - 9 yrs Selam Berhe - 3 yrs Shelly Bernat - 5 yrs Jennifer Barbier - 3 yrs

NOVEMBER FUNNIES & FACTS:

Why did the Mashed Potatoes cross the road?

To get to the other sides!



What did the turkey say to the turkey hunter?



Why do pilgrims' pants always fall down?

Because they wear their belt buckles on their hats!



How many cooks does it take to stuff a turkey?

Only one, but you have to really squeeze him in there!



NOVEMBER ACTIVITIES

THANKSGIVING DAY **SERVICE**

New Mercer Commons will be having a Thanksgiving Day service at 9:45am led by Peter Strening in the Commons Dining Room. Afterwards, activities will be passing out goodie bags door to door to show our gratitude for our residents! Be sure to gobble-gobble them up!

NOVEMBER CRAFTS

Activities has several crafts planned for November including fall ornaments, bookmarks, painting, & making custom Thanksgiving cards. Come get crafty!

MUSICAL PERFORMANCES

We have a plethora of musical performances throughout the month of November for our residents to sing along and smile to including 2 Sound Affects performances, Music with Scott, Senior Serenaders, K.I.S.S, Peter & Doti & more!

MUSCLE MOVEMENT

As we get older, it is so important to move our muscles slowly and intentionally. Join us throughout the month for daily morning exercise, Chair-obics, Pilates with Pals, Walking Club & our "Zen Zone: stretch & unwind" activities to relieve those achy joints! We are offering group sessions all week so pop in and pose with us!

THERAPY DOG VISITS!

Furry friends make our days brighter, no doubt. We're offering our residents' group therapy sessions every week with some amazing pups! Join us for a doggone good time.

RESIDENT BIRTHDAY BASH

On November 20th we will be hosting our Resident Birthday Bash for residents who celebrate birthdays in November. Please join us for games, music, & cake as we celebrate YOU!

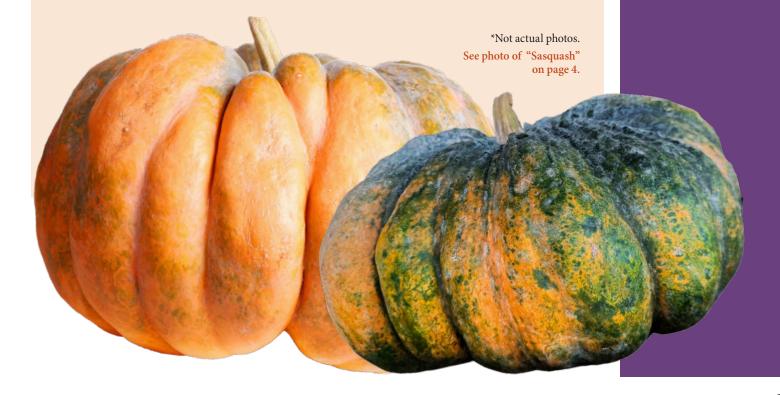
"SASQUASH"

Brad Bledsoe, of Fort Collins, Colorado took home second place, with a 2123.5 pound giant name "Sasquash", winning \$6000.

Bledsoe's winning pumpkin also happened to be a very pretty pumpkin and was awarded the coveted **Howard Dill award** by the judges for an extra \$500.

Bledsoe missed breaking his own Colorado State record by 67 pounds. Bledsoe said, "It was worth driving the two days here, it was a ton of fun. Based on its shape, I thought my pumpkin would be heavier. It wasn't until we lifted it to load that I realized it was concave underneath giving us an idea it would go light to estimated weight measurements. I'm actually known in Colorado for growing ugly pumpkins, so it feels really good to finally have a pretty one!"

An enormous pumpkin nicknamed "Fordzilla," grown by Russ Pugh, of Eugene, Oregon, weighed in at 2,204.5 pounds to take the \$15,000 first place prize in one of North America's most prestigious pumpkin contests, the National Pumpkin Weigh Off at Bishop's Pumpkin Farm in Wheatland, California.





SASQUASH came in 2nd place & was grown right here in Fort Collins!



Don F. & Barb Z. working hard!



Jo painting away!



Poudre Library brings Evie to New Mercer to create library cards and offer a diverse selection of books for



Residents get crafty during our Puzzle Piece Pumpkin craft!



Residents LOVED making Halloween Charm Bracelets together.



Strike a pose, Renate!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		ER		O - Oak (Morning Activities) P - Pine N - Native Fir (Afternoon Activities) M - Maple		9:45 Exercise 10:30 Group Crossword Puzzles 2:00 Balloon Volleyball! 3:30 Manicure
9:45 Exercise 10:30 Today in History – Coffee & Conversation 2:00 Walks & 1:1's	9:45 Exercise 10:30 – Wisdom Study 2:00 Balloon Ball! 3:00 "Caramelo"	9:45 Exercise 10:30 Bananagrams 1:30 – Rosary - MR 2:00 Craft Club 3:30 Group Games: Guess the Word	9:45 Exercise 10:30 Fall Scattergories! 2:00 Puzzles with Pals! 3:30 Books a la Carte	9:30 Roman Catholic Mass - MR 10:30 Bingo! 2:00 Team Turkey Throw! 3:30 Pictionary	9:45 Exercise 7 10:30 Group Games 2:00 Sound Affects Musical Performance! - CDR 3:30 Art Hour: Coloring & Classical Music	9:45 Exercise 10:30 Reminiscing 2:00 Balloon Ball! 3:30 Manicures
9:45 Exercise 10:30 Hot Topics Discussion Group 2:00 Movie Matinee & Popcorn Pass: "Are You There God? It's Me, Maragaret."	9:45 Exercise 10:30 Scattergories! 11:15 - Communion - MR 2:00 Balloon Ball! 3:30 Pet Therapy Visits with ATD	VETERANS DAY 9:45 Exercise 10:30 "Veterans Day: a Celebration of Our Nation's Military Branches" 1:30 - Rosary - MR 2:00 Peter & Doti! - CDR 3:30 Veterans Day Celebration! - CDR	10:30 Senior Serenaders! - CDR 2:00 Hula Hoop Chair-obics! 3:30 Musical Memory Trivia!	9:45 Exercise 10:30 Hymns with Lynn - CDR 2:00 Music with Scott! - CDR 3:30 "Icebound: The Greatest Dog Story Ever"	9:45 Exercise 10:30 Worship - CDR 2:00 Art Hour: Coloring & Classical Music 3:30 Manicures!	9:45 Exercise 10:30 Group Crossword Puzzles 2:00 Balloon Volleyball! 3:30 Manicures
9:45 Exercise 10:30 Today in History - Coffee & Conversation 2:00 Walks & 1:1's	9:45 Exercise 10:30 – Wisdom Study 2:00 Art Hour: Coloring & Classical Music 3:00 "The Penguin Lessons"	9:45 Exercise 10:30 Bananagrams 1:30 - Rosary - MR 2:00 Card Making Club 3:30 Trivia & Treats!	9:45 Exercise 10:30 Turkey Toss! 2:00 Musical Memory Trivia! 3:30 Books a la Carte	HAPPY BIRTHDAY BOBBY D.! 9:45 Exercise 10:30 Turkey Scavenger Hunt 2:00 Resident Birthday Party! - CDR 3:30 "Raiders of the Lost Art: The Hunt For Faberge Eggs"	9:45 Exercise 10:30 Group Games: Pictionary! 2:00 Sound Affects Musical Performance! - CDR 3:30 Apple Cider & Short Stories!	9:45 Exercise 10:30 Reminiscing 2:00 Balloon Ball! 3:30 Manicures
9:45 Exercise 10:30 Hot Topics Discussion Group 2:00 Movie Matinee & Popcorn Pass: "Parenthood"	9:45 Exercise 10:30 "Stuff the Turkey" Game! 11:15 - Communion - MR 2:00 Balloon Ball! 3:30 Pet Therapy Visits with ATD	9:45 Exercise 10:30 Gratitude Dice Game! 1:30 - Rosary - MR 2:00 Craft Club! 3:30 T.E.D. Talks	9:30 Exercise 10:15 Music with Kendra! - CDR 2:00 "Roll a Turkey" - Craft 3:30 "A Charlie Brown Thanksgiving"	THANKSGIVING DAY 9:45 Thanksgiving Service & Goodie Bag Pass! - CDR	9:45 Exercise 10:30 Farkle 2:00 Art Hour: Coloring & Classical Music 3:30 Manicures	HAPPY BIRTHDAY JUDY D.! 9:45 Exercise 10:30 Group Crossword Puzzles 2:00 Balloon Volleyball! 3:30 Manicures
9:45 Exercise 10:30 Today in History - Coffee & Conversation 2:00 Walks & 1:1's	202			All activities are subject to change.	New Merce Memory Care	r Commons

