

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER				All activities are subject to change.  		9:00 News & Coffee, LE-2 10:00 Seated Yoga, DR-1 1:30 Wii Bowling, LE-2 2:00 Adult Coloring Pages, LE-1 3:00 Hot Tea Social, LE-2 4:30 Gin Rummy, LE-2 5:00 Lotion Hand Massage, DR-1 6:30 Garden Club, LE-2 7:00 Uno, LE-2
Broncos Game @ 11:00AM 9:30 News & Coffee, LE-2 10:30 Sunday Devotional, DR-2 1:30 Gin Rummy, LE-1 2:00 Sunday Movie & Popcorn, LE-2 3:30 Hot Chocolate Social, LE-1 4:30 Garden Club, LE-2 5:00 Lotion Hand Massage, LE-2 6:30 Craft-Christmas Card Making, LE-2 7:00 Dominoes, LE-2	9:00 News & Coffee, LE-2 9:30 Catholic Rosary, LE-12 10:30 Seated Stretching, DR-2 1:30 Wii Bowling 2:15 Music with Bob, DR-1 4:30 Craft- I'm Thankful For, LE-2 5:00 Shoulder Massage, LE-1 6:30 Wii Bowling, LE-2 7:00 Yahtzee, LE-2	9:30 Amy & Bentlee, LE-2 10:30 Fun & Fit, DR-1 1:30 Gin Rummy, LE-2 2:15 Bible Study with Rebecca, LE-2 3:00 Hot Cocoa Social, LE-2 4:30 Name That Tune, DR-1 5:00 Hot Towel Massage, DR-1 6:30 Garden Club, LE-2 7:00 Uno, LE-2	9:00 News & Coffee, LE-2 10:30 Deep Breathing exercise, DR-2 1:30 Wii Bowling, LE-2 2:00 Music with Dr. Rizma, DR-1 4:30 Hot Tea Social, LE-2 5:00 Lotion Hand Massage, DR-2 6:30 Fun Facts about Pumpkin Pie, LE-2 7:00 Gin Rummy, LE-2	Broncos Game @ 6:15PM 9:00 News & Coffee, LE-2 10:00 Catholic Mass, LE-1 1:30 Gin Rummy, LE-2 2:00 Manicure, DR-2 2:15 Neighborhood Meeting, LE-2 4:30 Popcorn Social, LE-2 5:00 Shoulder Massage, DR-1 6:30 Garden Club, LE-2 7:00 Wii Bowling, LE-2	9:00 News & Coffee, LE-2 10:30 Seated Stretching, DR-2 1:30 Wii Bowling, LE-2 2:00 Shopping Trip to Dollar Store 2:30 Bingo, DR-1 4:30 Hot Cocoa Social, LE-2 5:00 Hot Towel Massage, DR-2 6:30 Adult Coloring Pages, LE-2 7:00 Scrabble, LE-2	9:00 News & Coffee, LE-2 10:00 Seated Yoga, DR-1 1:30 Wii Bowling, LE-2 2:00 Adult Coloring Pages, LE-1 3:00 Hot Tea Social, LE-2 4:30 Gin Rummy, LE-2 5:00 Lotion Hand Massage, DR-1 6:30 Garden Club, LE-2 7:00 Uno, LE-2
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Broncos Game @ 6:20PM 9:30 News & Coffee, LE-2 10:30 Sunday Devotional, DR-2 1:30 Gin Rummy, LE-1 2:00 Sunday Movie & Popcorn, LE-2 3:30 Hot Chocolate Social, LE-1 4:30 Garden Club, LE-2 5:00 Lotion Hand Massage, LE-2 6:30 Craft-Christmas Card Making, LE-2 7:00 Dominoes, LE-2	9:00 News & Coffee, LE-2 9:30 Catholic Rosary, LE-12 10:30 Seated Stretching, DR-2 1:30 Wii Bowling 2:30 Bingo, DR-1 4:30 Craft- I'm Thankful For, LE-2 5:00 Shoulder Massage, LE-1 6:30 Wii Bowling, LE-2 7:00 Yahtzee, LE-2	9:30 Amy & Bentlee, LE-2 10:30 Fun & Fit, DR-1 1:30 Gin Rummy, LE-2 2:15 Bible Study with Rebecca, LE-2 3:00 Hot Cocoa Social, LE-2 4:30 Name That Tune, DR-1 5:00 Hot Towel Massage, DR-1 6:30 Garden Club, LE-2 7:00 Uno, LE-2	9:00 News & Coffee, LE-2 10:30 Deep Breathing exercise, DR-2 1:00 Shopping Trip to Walmart 1:30 Wii Bowling, LE-2 2:30 Bingo, DR-2 4:30 Hot Tea Social, LE-2 5:00 Lotion Hand Massage, DR-2 6:30 Fun Facts about Thanksgiving, LE-2 7:00 Gin Rummy, LE-2	9:00 News & Coffee, LE-2 10:00 Catholic Mass, LE-1 1:30 Gin Rummy, LE-2 2:00 Manicure, DR-2 4:30 Popcorn Social, LE-2 5:00 Shoulder Massage, DR-1 6:30 Garden Club, LE-2	9:00 News & Coffee, LE-2 11:00 Food Committee, LE-2 1:30 Wii Bowling, LE-2 2:30 Bingo, DR-1 4:30 Hot Cocoa Social, LE-2 5:00 Hot Towel Massage, DR-2 6:30 Adult Coloring Pages, LE-2 7:00 Scrabble, LE-2	9:00 News & Coffee, LE-2 10:00 Seated Yoga, DR-1 1:30 Wii Bowling, LE-2 2:00 Adult Coloring Pages, LE-1 3:00 Hot Tea Social, LE-2 4:30 Gin Rummy, LE-2 5:00 Lotion Hand Massage, DR-1 6:30 Garden Club, LE-2 7:00 Uno, LE-2
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9:30 Music & Movement 10:30 Sunday Devotional 1:30 Puzzle Time 2:00 TV & Snack 4:00 Balloon Ball 4:30 Hot Towel Massage 6:00 Adult Coloring Pages 7:00 Essential Oil and Relaxing Music 2	9:30 Fun & Fit 10:30 Make Over Day 1:30 Name that Tune 2:00 Baking Group and Snack Time 4:00 TV Time 4:30 Lotion Hand massage 6:00 Short Story Reading 7:00 Essential Oil and Relaxing Music 3	9:30 Balloon Ball 10:30 Manicure 1:30 Bingo 2:00 Snack Time 4:00 Thanksgiving Collage 4:30 Shoulder Massage 6:00 TV Time 7:00 Essential Oil and Relaxing Music 4	9:30 Adult Coloring Pages 10:30 Make Over Day 1:30 TV Time 2:00 Snack Time 4:00 Noodle Balloon Ball 4:30 Hot Towel Massage 6:00 Favorite Music 7:00 Essential Oil and Relaxing Music 5	9:30 Fun & Fit Exercise 10:30 Manicure 1:30 Bingo 2:00 Snack Time 4:00 Who Am I? 4:30 Lotion Hand Massage 6:00 Tv Time 7:00 Essential Oil and Relaxing Music 6	9:30 Music & Movement 10:00 Music with Bob P. 1:30 Adult Coloring Pages 2:00 Tea and Snack time 4:00 Thanksgiving Collage 4:30 Shoulder Massage 6:00 Short Story Time 7:00 Essential Oil and Relaxing Music 7	9:30 Fun & Fit Exercise 10:30 Manicure 1:30 Make Over Day 2:00 Snack Time 4:00 Craft- Holiday Card 4:30 Hot Towel Massage 6:00 TV Time 7:00 Essential Oil and Relaxing Music 8
9:30 Music & Movement 10:30 Sunday Devotional 1:30 Puzzle Time 2:00 TV & Snack 4:00 Balloon Ball 4:30 Hot Towel Massage 6:00 Adult Coloring Pages 7:00 Essential Oil and Relaxing Music 9	9:30 Fun & Fit 10:30 Make Over Day 1:30 Name that Tune 2:00 Baking Group and Snack Time 4:00 TV Time 4:30 Lotion Hand massage 6:00 Short Story Reading 7:00 Essential Oil and Relaxing Music 10	9:30 Balloon Ball 10:30 Manicure 1:30 Bingo 2:00 Snack Time 4:00 Thanksgiving Collage 4:30 Shoulder Massage 6:00 TV Time 7:00 Essential Oil and Relaxing Music 11	9:30 Adult Coloring Pages 10:30 Make Over Day 1:30 TV Time 2:00 Snack Time 4:00 Noodle Balloon Ball 4:30 Hot Towel Massage 6:00 Favorite Music 7:00 Essential Oil and Relaxing Music 12	9:30 Fun & Fit Exercise 10:30 Manicure 1:30 Bingo 2:00 Snack Time 4:00 Who Am I? 4:30 Lotion Hand Massage 6:00 Tv Time 7:00 Essential Oil and Relaxing Music 13	9:30 Music & Movement 10:30 Make Over Day 1:30 Adult Coloring Pages 2:00 Tea and Snack time 4:00 Thanksgiving Collage 4:30 Shoulder Massage 6:00 Short Story Time 7:00 Essential Oil and Relaxing Music 14	9:30 Fun & Fit Exercise 10:30 Manicure 1:30 Make Over Day 2:00 Snack Time 4:00 Craft- Holiday Card 4:30 Hot Towel Massage 6:00 TV Time 7:00 Essential Oil and Relaxing Music 15
9:30 Music & Movement 10:30 Sunday Devotional 1:30 Puzzle Time 2:00 TV & Snack 4:00 Balloon Ball 4:30 Hot Towel Massage 6:00 Adult Coloring Pages 7:00 Essential Oil and Relaxing Music 16	9:30 Fun & Fit 10:30 Make Over Day 1:30 Name that Tune 2:00 Baking Group and Snack Time 4:00 TV Time 4:30 Lotion Hand massage 6:00 Short Story Reading 17	9:30 Balloon Ball 10:30 Manicure 1:30 Bingo 2:00 Snack Time 4:00 Thanksgiving Collage 4:30 Shoulder Massage 6:00 TV Time 7:00 Essential Oil and Relaxing Music 18	9:30 Adult Coloring Pages 10:30 Make Over Day 1:30 TV Time 2:00 Snack Time 4:00 Noodle Balloon Ball 4:30 Hot Towel Massage 6:00 Favorite Music 7:00 Essential Oil and Relaxing Music 19	9:30 Fun & Fit Exercise 10:30 Manicure 1:30 Bingo 2:00 Snack Time 4:00 Who Am I? 4:30 Lotion Hand Massage 6:00 Tv Time 7:00 Essential Oil and Relaxing Music 20	9:30 Music & Movement 10:30 Make Over Day 1:30 Adult Coloring Pages 2:00 Tea and Snack time 4:00 Thanksgiving Collage 4:30 Shoulder Massage 6:00 Short Story Time 7:00 Essential Oil and Relaxing Music 21	9:30 Fun & Fit Exercise 10:30 Manicure 1:30 Make Over Day 2:00 Snack Time 4:00 Craft- Holiday Card 4:30 Hot Towel Massage 6:00 TV Time 7:00 Essential Oil and Relaxing Music 22
9:30 Music & Movement 10:30 Sunday Devotional 1:30 Puzzle Time 2:00 TV & Snack 4:00 Balloon Ball 4:30 Hot Towel Massage 6:00 Adult Coloring Pages 23	9:30 Fun & Fit 10:30 Make Over Day 1:30 Name that Tune 2:00 Baking Group and Snack Time 4:00 TV Time 4:30 Lotion Hand massage 6:00 Short Story Reading 7:00 Essential Oil and Relaxing Music 24	9:30 Balloon Ball 10:30 Manicure 1:30 Bingo 2:00 Snack Time 4:00 Thanksgiving Collage 4:30 Shoulder Massage 6:00 TV Time 7:00 Essential Oil and Relaxing Music 25	9:30 Adult Coloring Pages 10:30 Make Over Day 1:30 TV Time 2:00 Snack Time 4:00 Noodle Balloon Ball 4:30 Hot Towel Massage 6:00 Favorite Music 7:00 Essential Oil and Relaxing Music 26	THANKSGIVING 9:30 Fun & Fit Exercise 10:30 Manicure 1:30 Bingo 2:00 Snack Time 4:00 Who Am I? 4:30 Lotion Hand Massage 6:00 TV Time 7:00 Essential Oil and Relaxing Music 27	9:30 Music & Movement 10:30 Make Over Day 1:30 Adult Coloring Pages 2:00 Tea and Snack time 4:00 Thanksgiving Collage 4:30 Shoulder Massage 6:00 Short Story Time 7:00 Essential Oil and Relaxing Music 28	9:30 Fun & Fit Exercise 10:30 Manicure 1:30 Make Over Day 2:00 Snack Time 4:00 Craft- Holiday Card 4:30 Hot Towel Massage 6:00 TV Time 7:00 Essential Oil and Relaxing Music 29
9:30 Music & Movement 10:30 Sunday Devotional 1:30 Puzzle Time 2:00 TV & Snack 4:00 Balloon Ball 4:30 Hot Towel Massage 6:00 Adult Coloring Pages 7:00 Essential Oil and Relaxing Music 30	2025				Lemay Avenue Health & Rehab SECURE UNIT	