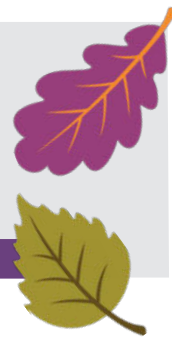


Centre Avenue Health & Rehab Facility

Happenings

NOVEMBER 2025



815 Centre Avenue
Fort Collins, CO
970-494-2140

ADMINISTRATOR

Clinton Dale

DIRECTOR OF NURSING

Jordyn Pim

OFFICE MANAGER

Jackie Avitia

ACTIVITY DIRECTOR

Elizabeth Bringhurst

ADMISSIONS DIRECTOR

Christine Vandenhoff

REGISTERED DIETICIAN

Tina Jones

ENVIRONMENTAL SERVICES

Tara Mattaliano

RESIDENT COUNCIL PRESIDENT

Ellen J.

INTERIM OMBUDSMAN

Sari Obendorf



CHANGES AT CENTRE AVE!

We have seen a lot of changes in October! We learned of the acquisition of our facility by a new company, Cottonwood. The Columbine founder, Bob Wilson, started Columbine 55 years ago, and we are grateful for the legacy and reputation for quality senior care he's established in Northern Colorado. The residents suggested making a thank you card for him in October's resident council. While we hope to keep life for the residents as consistent as possible through this transition, one change is that we will no longer have our dear chaplain, Peter, working with us. Peter's last service with Centre residents will be Thanksgiving morning, so please come wish him a farewell! He has been a rock of support for many residents over the years here and we are so grateful for his time. Our activities director, Lizzy, is in the

process of figuring out what future spiritual support will look like under Cottonwood, and we will relay the changes to the residents as soon as we can! All of this news was in the midst of a Covid outbreak that spread quickly and resulted in a third of the second floor being on isolation, and many staff out as well. Ellen advised in her roll as resident council president for residents to "try to be patient and kind with longer call light wait times" in times where outbreaks hit, as the staff try their best to get everyone's needs met. Residents and staff alike both rose to meet this challenge with compassion and grace.

One other change of note is that Tara, our housekeeping supervisor, is out on FMLA leave. Kristin Nichols is our interim housekeeping supervisor in the meantime. Kristin is a stellar CNA, usually on the first floor, and is known for her trademark funky socks that she wears with her scrubs!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER				All activities are subject to change. 		DAY OF THE DEAD1 9am Morning News 9:30am Stretch and Strengthen 10:30am Day of the Dead Trivia and Games 2pm “All Creatures Great and Small” Watch Party
ALL SOULS DAY2 9am Morning News 9:30am Stretch and Strengthen 10:30am Streaming Sunday Services 1:30pm Root Beer Float Social	9am Morning News3 9:30am Stretch and Strengthen 10:30am Dia De Los Muertos Ofrenda Group 10:30am Aromatherapy 1:30pm Wisdom Study Group with Peter 6pm Movie Night: Hocus Pocus II (Family/Holiday)	9am Morning News4 9:30am Stretch and Energize 10:30am Bingo 1:30pm Pet Therapy (2nd Floor) 1:30pm Brain Games/Trivia Packets 2pm Manicures (LTC) 3pm Catholic Communion Room Visits	9am Morning News5 9:30am Chair Yoga 10:30am Senior Serenaders 10:30am Pet Therapy (1st Floor) 1pm Book Cart (1st Floor) 1:30pm Real Talk with Catherine	9am Morning News6 9:30am Stretch and Energize 10:30am Charlie Brown Thanksgiving Social with the Rivendell School 1:30pm Painting Club	9am Morning News7 9:30am Stretch and Energize 10:30am Creative Arts 1pm Book Cart (2nd Floor) 2:30pm November Birthday Celebration with Uno, Dos, Tracz	9am Morning News8 9:30am Stretch and Strengthen 10:30am Variety Brain Games 2pm “All Creatures Great and Small” Watch Party
9am Morning News9 9:30am Stretch and Strengthen 10:30am Streaming Sunday Services 1:30pm Games and Open Rec	9am Morning News10 9:30am Stretch and Energize 10:30am Violin Duet Group 1:30pm Communion with Peter 6pm Movie Night: Matilda (Family)	VETERAN’S DAY11 9am Morning News 9:30am Stretch and Energize 10:30am Bingo 1:30pm Pet Therapy (2nd Floor) 2pm Veteran’s Day Trivia and Stories 3pm Catholic Communion Room Visits	9am Morning News12 9:30am Chair Yoga 10:30am Real Talk with Catherine 10:30am Pet Therapy (1st Floor) 1pm Book Cart (1st Floor) 1:30pm Manicures (LTC)	9am Morning News13 9:30am Stretch and Energize 10:30am Resident Council 2:30pm Ice Cream Social with Josh Long	9am Morning News14 9:30am Stretch and Energize 9:15am “Wizard of Oz” at the Lincoln Center (LTC only, space limited) 10:15am Sing-A-Long with Kendra Hansen 2pm Memorial Service 3:30pm Rosary 3pm Book Cart (2nd Floor)	9am Morning News15 9:30am Stretch and Strengthen 10:30am Variety Brain Games 2pm “All Creatures Great and Small” Watch Party
9am Morning News16 9:30am Stretch and Strengthen 10:30am Streaming Sunday Services 1:30pm Games and Open Rec	9am Morning News17 9:30am Stretch and Strengthen 10:30am Aromatherapy 10:30am Book Club 1:30pm Happy Hour with Musical Guest from Sound Affects 6pm Movie Night: Little Women	9am Morning News18 9:30am Stretch and Energize 10:30am Bingo 1:30pm Pet Therapy (1st Floor) 2pm Manicures (LTC) 3pm Catholic Communion Room Visits	9am Morning News19 9:30am Chair Yoga 10:30am Real Talk with Catherine 10:30am Pet Therapy (2nd Floor) 1pm Book Cart (1st Floor) 2pm Painting Club	9am Morning News20 9:30am Stretch and Energize 10:30am Giant Crossword 1:30pm Brain Games/Trivia Packets 1:30pm Ornament Making Group	9am Morning News21 9:15am Stretch and Energize 10:30am Spa Day 1:30pm Record Listening Party with Eleshba 3pm Book Cart (2nd Floor)	9am Morning News22 9:30am Stretch and Strengthen 10:30am Thanksgiving Bran Games 2pm “All Creatures Great and Small” Watch Party
9am Morning News23 9:30am Stretch and Strengthen 10:30am Streaming Sunday Services 1:30pm Gratitude Tree	9am Morning News24 9:30am Stretch and Strengthen 10:30am Painting Club 10:30am Aromatherapy 1:30pm Bible Devotional with Peter 6pm Movie Night: Sister Act III	9am Morning News25 9:30am Stretch and Energize 10:30am Bingo 1:30pm Pet Therapy (2nd Floor) 2pm Manicures (LTC) 3pm Catholic Communion Room Visits	9am Morning News26 9:30am Chair Yoga 10:30am Real Talk with Catherine 10:30am Gratitude Songs with Susan 1pm Book Cart (1st Floor) 2pm Turkey Hunt!	THANKSGIVING27 9am Morning News 9:30am Turkey Trot Workout! 10:30am Thanksgiving Farewell Service with Peter	9am Morning News28 9:30am Stretch and Energize 10:30am Social Hour with Therapy Cat, Lulu! 1pm Book Cart (2nd Floor) 1:30pm Movie Matinee: Home Alone!	9am Morning News29 9:30am Stretch and Strengthen 10:30am Variety Brain Games 2pm “All Creatures Great and Small” Watch Party
9am Morning News30 9:30am Stretch and Strengthen 10:30am Streaming Sunday Services 1:30pm Games and Open Rec	2025				Centre Avenue Health & Rehab	

HOLIDAYS AT CENTRE AVENUE

Residents, staff, and members of the community will be able to shop for gifts at our annual **Holiday Bazaar on 12/12!** We will have handmade art, gourmet baked goods and food, as well as gently used items for sale, all benefitting the resident council fund and activities departments for supplies. **As a special service for residents, the activities staff will also wrap any presents they buy for others.** We all know how much grandchildren love having something to rip into!

BIRTHDAYS FOR THE MONTH

We just have one long-term care birthday this month, for **Tom on the 18th!** Make sure to wish him a happy birthday when you see him and **come to our December birthday celebration with cupcakes and music by Uno, Dos, Tracz on the 7th!**



Staff enjoyed a “Wellness Month” in August. Here’s a few enjoying the art therapy vision boarding workshop presented by Catherine and the Activities department! Other staff events included healthy food carts from dietary, a wellness bingo card made by Jess, a sugar scrub workshop hosted by D’Shaynna, and raffle prizes for those who participated.



Our bake sale to raise money for Alzheimer’s research was popular!



Residents loved our last fast food order-in at Burger King! Anticipate another one for December!



Joan celebrated her 90th birthday on 10/16 with her family! We love Joan’s creativity as a multi-talented artist and her dry humor.