

# The Worthington *Happenings*

OCTOBER 2025



900 Worthington Circle  
Fort Collins, CO  
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## THE MONTH OF OCTOBER HAS ARRIVED!

The month of October has arrived, bringing with it crisp air and brilliant colors. Leaves are turning shades of red and gold, drifting gently to the ground. Pumpkins of every size and shape fill porches, fields, and markets—just waiting to be carved into festive faces. We are glad to celebrate the 10th month of the year with trips to see the colors and visit the elk bugling, with walks to enjoy the crisp fall days, with crafts to embrace the fun season, and with fossils and dinosaurs to enlighten ourselves to what came before.

October is here in all its glory—let's savor every moment it offers.

## WELCOME OCTOBER

*The month is October.*

*The air is turning cold.*

*The leaves are all changing  
to red and to gold.*

*We see many pumpkins,  
all sizes and shapes.*

*We can't wait to get one  
and carve it a face!*

- Unknown

THE DINOSAUR ALPHABET

Harry Man

Ankylosaurus is dressed in armor,  
Baryonyx likes his fish,  
Coelophysis is quick to strike but  
Dacentrurus has to swish.

Edmontosaurus is big and scary,  
Fruitadens is small and wary.  
Gorgosaurus chomps her meat,  
Hadrosaurus nibbles leaves.

Iguanodon has one big thumb.  
Jinzhou-saurus likes to run.  
Kritosaurus smells the best.  
Limaysaurus has a  
LoooOOooooOOOonnnnnnnnnngggggggggggggg  
neck.

Megalosaurus is always first.  
Nanosaurus farts and burps.  
Oviraptors steal your eggs.  
Pangetotan stomps about on big BIG BIG BIG  
LEGS!  
ssssshhhhhh!

Quaesitosaurus can hear us too!  
Regnosaurus is too cool for school.  
Stegosaurus has spines that are big and tough.  
T. rex wants to eat you up!

Utahraptor smooths his crest.  
Velociraptor patrols the nest.  
Wulagasaurus quacks like a duck.  
Xenoceratops has three horns, and a fourth—just for  
luck.

Yinlong was an ancient lizard as big as you!  
Zephyrosaurus likes to fly, fly, Please Zephyrosaurus,  
can we fly too?

Megalosaurus was the first dinosaur to be named. In fact, it was named before the word “dinosaur” had even been invented! This was back in 1824, the same year as Beethoven’s famous ninth symphony was first performed.

Yinlong was discovered in China, and its name means “hidden dragon.”

Join us all month long for all things dinosaur and fossil! We will have many events on the calendar that pertain to our theme, including a trunk show from CSU from their Anthropology and Geography Department.

Retired CSU professor of paleontology will be here for a talk on prehistoric man on October 15th at 2:30pm.

Also, remember that we always have a fun time with Halloween, and this year is no different! **To get into our dinosaur theme, we are going to embrace the Flintstones for our Halloween fun.** What better than a prehistoric family to help us celebrate? **We would love for everyone to dress up and have fun on Halloween Day!** Think



of a Flintstone or dinosaur-related costume or idea and wear it to the party. We have a jam-packed fun month, and we hope that you take the time to join us!

10 FACTS ABOUT DINOSAURS & FOSSILS

1. Dinosaur means “terrible lizard.”

2. Some were chicken-sized, like Microraptor.

3. Fossils include bones, teeth, and even poop!

4. Many dinos, like Velociraptor, had feathers.

5. Colorado is famous for fossil sites like Dinosaur Ridge.

6. Saur Poseidon had a neck 40 feet long.

7. Some species laid eggs in huge colonies.

8. Fossils take millions of years to form.

9. Dinosaurs vanished 66 million years ago.

10. Crocodiles and turtles are “living fossils.”

WORTHINGTON  
SPECIAL FEATURES

ALZHEIMER’S FUNDRAISING &  
WALK UPDATE

We want to thank everyone who participated in some capacity in the Alzheimer’s Fundraising cause in September. The Pasta Bar fundraiser was successful, as well as the Purple Passion Parlor and Violet Monster Collection bin! **As of this writing, we have collected over \$2,000 at the Worthington and the Effort is still continuing until the Alzheimer’s Walk on Sunday, October 5th.** We will let you know at the October Townhall meeting what exactly marked the final tallies. You are a wonderful and giving community and we appreciate your kindness & generosity.

Due to people that have a giving heart, the Alzheimer’s Society and the medical community have made huge strides in the understanding and treatment of this dreadful disease. **Again, thank you! The world needs more of you!**

RESIDENT CORNER: NEWS FROM  
THE RESIDENTS

We always welcome any news or communication from our residents and welcome any item or news that they would like to add to the newsletter, as long as the piece of information is submitted for editing by the 15th of each month and is written out in letter form, it can be added to the newsletter.

This month the following two items were submitted and requested to be added:

Keep Informed:

News is swirling around us so fast it is hard to keep up. There are two activities at the Worthington designed to help you keep abreast and engaged:

- **Current Events** (10:00 am Tuesdays PDR)
- **Coffee and News** (10:00 am Fridays PDR)

These group meetings provide opportunities for lively discussion and sharing information about news occurring in our community, state, country, and world. These meetings are informal, allowing individual residents to participate and gain information and perspectives on important news happenings of the day. There is no formal program,

rather attendees select topics and guide the discussion. Varying opinions, perspectives, and points of view are encouraged. Join one or both groups to broaden your knowledge and share your thoughts about what is happening.

You are welcome to join us!

**Residents are planning to participate in a vigil at the corner of Shields and Centre Ave. on Saturday, October 18, 2025, starting at 10:00 am.** There will be sign-making materials **at 10:00 am. on Friday, October 17, at the “Coffee and News” meeting in the PDR** where individual residents can express their concerns and/or opinions on a sign. It is expected that others in the community may join with residents in expressing their First Amendment Right. Here is your chance to be more directly involved in shaping our county’s future.

HAIRSTYLIST & MANICURIST

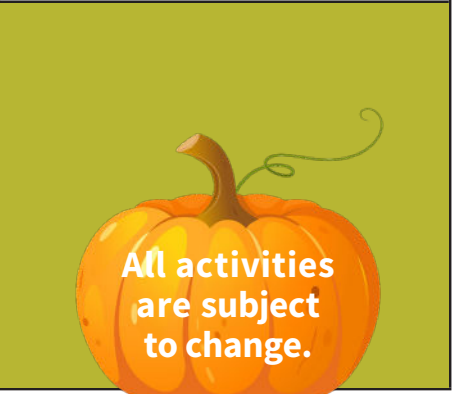
Please remember that the Worthington has a salon on premises and that a hairstylist and manicurist visit the building on a weekly basis. Information on salon times as well as contact information are posted on the salon door. We highly recommend with winter approaching that you consider staying at the Worthington to have these errands completed in house at the Worthington. Come down and try out the services and see what you think!

LARIMER COUNTY- ALZHEIMER’S  
WALK

The Walk to End Alzheimer’s is held annually in more than 600 communities nationwide. It is the world’s largest fundraiser for Alzheimer’s care, support and research. Since 1989 the Association has been mobilizing Americans to walk for the cause. Because of the Walk’s fundraising efforts there have been strides in the understanding & prevention of the disease.

Here locally the Alzheimer’s Walk has been successful in our community in raising large sums of money over the years. Our local Walk will take place on Sunday, October 5th at CSU Stadium & starting at CSU Stadium & continuing through the campus.

Anyone can join our Worthington team. **As of this writing, the community has achieved 57% of its goal for \$292,000. It has received \$167,305 in donations** and is hoping by walking time to raise the entire goal. We are a great community, and we thank everyone who has supported the Columbine/Worthington team.

| Sunday                                                                               | Monday                                                                                                                                                                                                                                                           | Tuesday                                                                                                                                                                                                                             | Wednesday                                                                                                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                  | Friday                                                                                                                                                                                                                                                                            | Saturday                                                                                                                                                                                          |
|--------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|     |                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                     | <b>8:30 am Walmart Run</b> <b>1</b><br><b>9 am</b> Stretch Video – AR<br><b>10:30 am Senior Serenaders - DR</b><br><b>11 am</b> Exercise with Erin – AR<br><b>1:15 pm</b> Drumming with Shari – AR<br><b>2:30 pm</b> When Dinosaurs Ruled Doc - AR<br><b>7 pm</b> TV Series - AR | <b>9 am</b> Yoga – AR <b>2</b><br><b>10 am Ambassador's Meeting - SR</b><br><b>11:30 am – 2 pm Out to Lunch: Buffalo Wild Wings</b><br><b>2:30 pm</b> Great Courses with Rebecca – AR<br><b>3:30 pm</b> M and M – TH<br><b>6:30 pm</b> Prayer Group - PDR | <b>9 am</b> Exercise with Diane – AR <b>3</b><br><b>10 am</b> Coffee and News – PDR<br><b>10 am</b> Walk with Andrew<br><b>11 am</b> Word Spiel – AR<br><b>1:30pm</b> Deconstruct garden Party – SR<br><b>2:30pm</b> Garden Club<br><b>7 pm</b> Movie - AR                        | <b>9 am</b> Exercise with Brynn – AR <b>4</b><br><b>10 am</b> Bingo – TH<br><b>11 am</b> Wii Bowling – AR<br><b>2 pm</b> Movie – AR<br><b>7 pm</b> Movie - AR                                     |
| <b>ALZHEIMER'S WALK</b> <b>5</b><br><b>2 pm</b> Movie – AR<br><b>7 pm</b> Movie – AR | <b>DR. MIKE IS HERE!</b> <b>6</b><br><b>9 am</b> Tai Chi Chih – AR<br><b>10 am</b> Hangman – TH<br><b>11 am</b> Brain Games – PDR<br><b>1:30 pm</b> Tai Chi with Yvonne – AR<br><b>2:30 pm</b> Modern Dinosaur Series Doc - AR<br><b>7 pm</b> Nature Series - AR | <b>9 am</b> Exercise with Erin – AR <b>7</b><br><b>10 am</b> Current Events – PDR<br><b>11 am</b> Hymn and Parables – AR<br><b>2-5 pm Elk Bugling Trip</b><br><b>2:45 pm</b> Bingo - TH                                             | <b>9 am-3:30 pm Flu Clinic - AR</b> <b>8</b><br><b>9 am</b> Stretch Video – TH<br><b>10 am</b> Life on Our Planet Doc - TH<br><b>11 am</b> Exercise with Erin – TH<br><b>1:15 pm</b> Sit Dance with Shari – TH<br><b>2:30 pm</b> Fossil Craft - TH<br><b>7 pm</b> TV Series - AR | <b>9 am</b> Yoga – AR <b>9</b><br><b>10 am Kevin Cook - AR</b><br><b>11am</b> Paint Pumpkins – TH<br><b>2-4 pm Garden Sweet Farm Trip</b><br><b>2:30 pm</b> Great Courses with Rebecca – AR<br><b>6:30 pm</b> Prayer Group - PDR                          | <b>9 am King Soopers Trip</b> <b>10</b><br><b>9 am</b> Exercise with Diane – AR<br><b>10 am</b> Coffee and News – PDR<br><b>11 am</b> Word Spiel - AR<br><b>2 pm</b> Rocky Horror Picture Show Musical - AR<br><b>7 pm</b> Movie - AR                                             | <b>9 am</b> Exercise with Brynn – AR <b>11</b><br><b>10 am</b> Bingo – TH<br><b>11 am</b> Wii Bowling – AR<br><b>2 pm</b> Movie – AR<br><b>7 pm</b> Movie - AR                                    |
| <b>2 pm</b> Movie – AR <b>12</b><br><b>7 pm</b> Movie – AR                           | <b>9 am</b> Tai Chi Chih – AR <b>13</b><br><b>10 am</b> Crossword – TH<br><b>11 am</b> Brain Games – PDR<br><b>1:30 pm</b> Tai Chi with Yvonne – AR<br><b>2:30 pm</b> Modern Dinosaur Series Doc - AR<br><b>7 pm</b> Nature Series - AR                          | <b>9 am</b> Exercise with Erin - AR <b>14</b><br><b>10 am</b> Current Events – PDR<br><b>11 am</b> Hymn and Parables – AR<br><b>1:30 pm Mark Serour: History Talk - AR</b><br><b>2:45 pm</b> Bingo – TH                             | <b>9 am</b> Stretch Video – AR <b>15</b><br><b>10 am</b> Life on Our Planet Doc - AR<br><b>11 am</b> Exercise with Erin – AR<br><b>1:15 pm</b> Drumming with Shari – AR<br><b>2:30 pm Fossils Talk - AR</b><br><b>7 pm</b> TV Series - AR                                        | <b>9 am</b> Yoga – AR <b>16</b><br><b>10 am</b> Painting Pumpkins Craft - AR<br><b>11 am Jim Willard - AR</b><br><b>2:30 pm</b> Great Courses with Rebecca – AR<br><b>3:30 pm</b> M and M – TH<br><b>6:30 pm</b> Prayer Group - PDR                       | <b>8am</b> Men's Breakfast -PDR <b>17</b><br><b>9 am</b> Exercise with Diane – AR<br><b>10 am</b> Coffee and News – PDR<br><b>10 – 11 am Blood Pressure Clinic - Galleria</b><br><b>11 am</b> Word Spiel - AR<br><b>2 pm</b> Peter Pan The Musical - AR<br><b>7 pm</b> Movie - AR | <b>9 am</b> Exercise with Brynn – AR <b>18</b><br><b>10 am</b> Bingo – TH<br><b>11 am</b> Wii Bowling – AR<br><b>2 pm</b> Movie – AR<br><b>2:30 pm</b> Wine Social - TH<br><b>7 pm</b> Movie - AR |
| <b>2 pm</b> Movie – AR <b>19</b><br><b>7 pm</b> Movie – AR                           | <b>9 am</b> Tai Chi Chih – AR <b>20</b><br><b>10 am</b> Hangman – TH<br><b>11 am</b> Brain Games – PDR<br><b>1:30 pm</b> Tai Chi with Yvonne – AR<br><b>2:30 pm</b> Modern Dinosaur Series Doc – AR<br><b>7 pm</b> Nature Series - AR                            | <b>REPTILE AWARENESS DAY!</b> <b>21</b><br><b>9 am</b> Exercise with Erin – AR<br><b>10 am</b> Current Events – PDR<br><b>11 am</b> Hymn and Parables – AR<br><b>1:30 pm</b> American Reptile Doc - AR<br><b>2:45 pm</b> Bingo - TH | <b>9 am</b> Stretch Video – AR <b>22</b><br><b>10 am</b> Life on Our Planet Doc - AR<br><b>11 am</b> Exercise with Erin – AR<br><b>1:15 pm</b> Sit Dance with Shari – AR<br><b>2:30 pm League of Women Voters - TH</b><br><b>7 pm</b> TV Series - AR                             | <b>9 am</b> Yoga – AR <b>23</b><br><b>10 – 12:30 pm Bucces Trip</b><br><b>1:30 pm</b> Jeopardy - TH<br><b>2:30 pm</b> Great Courses with Rebecca – AR<br><b>6:30 pm</b> Prayer Group - PDR                                                                | <b>9 am King Soopers Trip</b> <b>24</b><br><b>9 am</b> Exercise with Diane – AR<br><b>10 am</b> Coffee and News – PDR<br><b>11 am</b> Word Spiel – AR<br><b>2 pm</b> Birthday Party - DR<br><b>7 pm</b> Movie - AR                                                                | <b>9 am</b> Exercise with Brynn – AR <b>25</b><br><b>10 am</b> Bingo – TH<br><b>11 am</b> Wii Bowling – AR<br><b>2 pm</b> Movie – AR<br><b>7 pm</b> Movie - AR                                    |
| <b>2 pm</b> Movie – AR <b>26</b><br><b>7 pm</b> Movie – AR                           | <b>9 am</b> Tai Chi Chih – AR <b>27</b><br><b>10 am</b> Crossword – TH<br><b>11 am</b> Brain Games – PDR<br><b>1:30 pm</b> Tai Chi with Yvonne – AR<br><b>2:30 pm</b> Modern Dinosaur Series Doc – AR<br><b>7 pm</b> Nature Series – AR                          | <b>9 am</b> Exercise with Erin – AR <b>28</b><br><b>10 am</b> Current Events – PDR<br><b>11 am</b> Hymn and Parables – AR<br><b>1:30 pm</b> Book Club - PDR<br><b>2:45 pm</b> Bingo - TH                                            | <b>9 am</b> Stretch Video – AR <b>29</b><br><b>10 am</b> Life on Our Planet Doc - AR<br><b>11 am</b> Exercise with Erin – AR<br><b>1:15 pm</b> Drumming with Shari – AR<br><b>2:30 pm</b> Colorado Experience Magic Mountains Doc - AR<br><b>7 pm</b> TV Series - AR             | <b>9 am</b> Yoga – AR <b>30</b><br><b>11 am Walk at Fossil Creek Park</b><br><b>1:30 pm Townhall Meeting - TH</b><br><b>2:30 pm</b> Great Courses with Rebecca – AR<br><b>6:30 pm</b> Prayer Group - PDR                                                  | <b>HALLOWEEN!</b> <b>31</b><br><b>9 am</b> Exercise with Diane – AR<br><b>10 am</b> Coffee and News – PDR<br><b>11 am</b> Word Spiel - AR<br><b>2 pm Halloween Party - Lobby</b><br><b>7 pm</b> Movie - AR                                                                        |                                                                                                              |



# SPECIAL EVENTS

## SENIOR SERENADERS

We are delighted to once again welcome the Senior Serenaders to the Worthington! This wonderful chorus of talented senior singers will be joining us **on Wednesday, October 1st at 10:30 a.m.** to fill our halls with music and joy.

The Senior Serenaders are made up of singers from across the community, including residents of the Worthington and Patio Homes. Their uplifting voices and heartfelt performance are always a highlight of the season. **Come join us for this special event—you won't want to miss it!**

## OUT TO LUNCH

Did you know that we go out to lunch on the first Thursday of each month? It's a great chance to enjoy good food, conversation, and the company of friends. Sign up and join us! This month, **on Thursday, October 2nd at 11:30 am, we will be heading to Buffalo Wild Wings.** Not only do they have their famous wings, but they also offer a wide variety of options including chicken sandwiches, wraps, burgers, salads, and more. The menu is reasonably priced and has something for everyone.

We'd love to see you there for a laid-back meal filled with laughter, fellowship, and delicious food. **Don't miss out—come join us!**



## A TRIP TO MEHAFFEY PARK

Join Andrew for a special early October outing to Loveland's newest city park, MehaFFEY Park in South Loveland is a beautiful park that is designed to look like the neighboring landscape. All using concrete, it is a unique find and fun to take a walk through. We'll be taking a gentle walk together, enjoying both exercise and conversation. Whether you're interested in nature, fresh air, or simply a chance to socialize outside, this trip is a wonderful way to spend a fall day. **Join us on October 3rd at 10am.**—sign up early so we know to expect you!

## SPECIAL TRIPS

- **October 1st at 8:30 am** – Walmart Run
- **October 2nd at 11:30 am** – Out to Lunch: Buffalo Wild Wings
- **October 3rd at 10 am** – Walk with Andrew
- **October 7th at 2 pm** – Elk Bulging Trip
- **October 9th at 2 pm** – Garden Sweet Farm Trip
- **October 10th at 9 am** – King Soopers Trip
- **October 23rd at 10 am** – Bucces Trip
- **October 24th at 9 am** - King Soopers Trip
- **October 30 at 11 am** – Walk at Fossil Creek Park

## DINOSAUR & FOSSIL MONTH

October is designated Dinosaur & Fossil Month therefore, we are going to explore the subjects all month long. Join us for The Modern Dinosaur series **on Mondays at 2:30 pm** and When Dinosaurs Ruled the Planet **on Wednesday.** Both programs are very informative with modern day science painting a more realistic picture as to what came before man.

We also have arranged for a trunk show from CSU Anthropology & Geography Department. Come and see us along with crafts and other fossil fun. Look at the calendar and see what fits your schedule and come join us. There is SO MUCH FUN in learning!



## FLU CLINIC

**The Worthington will be hosting a Flu Clinic on Wednesday, October 8th from 9am – 3:00pm in the Activities Room.** You can receive a free flu shot with most insurances! Please sign consent forms, bring your IDs and insurance cards when you come for your shot. Unfortunately, Kaiser Insurance will not be accepted. For people with that insurance, you will have to make other arrangements.

## MARK SEROUR – HISTORIAN

Join us for a special presentation with local historian Mark Serour, owner of Fort Collins History Tours. Mark has spent years uncovering the fascinating stories that shaped Northern Colorado, from its pioneer days to the growth of the vibrant community we know today.

Mark is a true storyteller—his talks bring history to life, weaving together colorful characters, surprising events, and little-known facts about our region. Residents always enjoy his visits, and we are delighted to welcome him back to the Worthington. Don't miss this chance to learn more about the history right outside our doors! **Please sign up to reserve your spot for Tuesday, October 14th at 1:30 pm in the Townhall.**

## LEAGUE OF WOMEN VOTERS

**We are pleased to welcome the League of Women Voters to the Worthington on Wednesday, October 22nd at 2:30 PM in the Town Hall.** This highly respected nonpartisan organization has been dedicated to voter education and civic engagement for over 100 years, helping citizens stay informed and confident at the polls.

During their visit, League members will discuss the important topics and measures that will appear on the upcoming November ballot. This presentation is a great opportunity to learn more, ask questions, and connect with others who care about our community's future. Whether you are a seasoned voter or new to the process, you'll come away with valuable knowledge and confidence. **Everyone is welcome—bring your curiosity, your questions, and your commitment to being an informed voter.** Together, let's make sure our voices are heard!

## HALLOWEEN PARTY

It's that spooky time of year again, and we're excited to invite you to our Annual Halloween Party on Friday, **October 31st at 2:00 PM here at the Worthington.**

This year's theme is extra fun—**The Flintstones!** What better way to celebrate Halloween than with everyone's favorite prehistoric family, right alongside our October focus on dinosaurs and fossils?

We encourage everyone to dress up in costume—whether you want to be Fred, Wilma, Barney, Betty, Pebbles, Dino, or even create your own Stone Age character! Dinosaur-inspired costumes are also welcome and will fit right in with the festivities. The afternoon will be filled with laughter, music, games, and plenty of treats to enjoy. We'll also have decorations that transform our space into a Bedrock-style party, so come ready to step back in time.

Halloween at the Worthington is always a highlight of the year, and we can't wait to see the creativity and fun everyone brings. **Mark your calendars, gather your costumes, and join us for a yabba-dabba-delightful celebration!**





*Men's breakfast  
tablescape*



*Celebrating  
National  
Chocolate  
Milkshake  
Day at the  
Union*



*Rescue  
animals  
came to  
visit*



*Jean celebrates national  
Bow Day*



*Having fun with Bow tie day*



*A walk at City park*



*A visit from the donkeys*



*A picnic at Bobcat Ridge*



*A picnic at  
City park*

