

The Winslow Happenings

OCTOBER 2025



909 Centre Avenue
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Chelsea Irwin

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OCTOBER CHILLS AND THRILLS

Autumn is in full swing now in the month of October. Please join us as we celebrate Oktoberfest with our Hearty Heritage Hour and special Social Hour, have a month long Harry Potter Halloween Marathon (complete with popcorn and drinks), pumpkin decorating, and our Golden 90s Tea Party. Oh, and don't forget our Halloween Party and Trick or Treat Street!



OCTOBER BIRTHDAYS!

Marti Dean - **October 1st**
Barbara Jackson - **October 2nd**
Phyllis Reichert - **October 2nd**
Paul Schairer - **October 3rd**
Marion Sullivan - **October 5th**
Vern Reichert - **October 5th**
Pat Wu - **October 12th**
Sylvia Farinelli - **October 16th**
Pat Blackis - **October 17th**
Arlene Murray - **October 17th**
Linda Heigold - **October 19th**
Homer Davison - **October 20th**
Wilma Ziegman - **October 27th**
Fran Green - **October 29th**
Dorothy Antrim - **October 31st**



*ESTES PARK OUTING (FL)

Thursday, October 2nd at 1pm

It's that time of year again! Join us as we take a trip into the mountains to experience the beauty of Autumn at its peak. We will venture into Estes Park, with a designated time to stop, get out, and enjoy the fresh mountain air.

*WALK TO END ALZHEIMER'S (FL)

Saturday, October 5th at 12pm

The official Walk to End Alzheimer's will be the first Saturday of October at noon. If you wish to participate, please sign up. We will get you transportation to CSU's Canvas Stadium.



*PENNY WAR WINNER PIZZA PARTY (AR)

Monday, October 6th at 12:30pm

Congratulations to the winning floor! Remember, this was all in good fun, and the proceeds will go to the Alzheimer's Association. Please sign up so we know how many pizzas to order!

HEARTY HERITAGE HOUR: GERMANY (AR)

Wednesday, October 8th at 12:30pm

Join us as we explore the country of Germany, with a concentration on Oktoberfest! We will be serving beer, and our Chef Scott will make some delightful German dishes.

SPECIAL SOCIAL HOUR: OKTOBERFEST (WH)

Friday, October 10th at 3pm

Organized like a normal Social Hour event, this one will feature German beer and appetizers. It's the cherry on top for our Oktoberfest week!

ARTS AND CRAFTS CLUB

Saturday, October 11th at 2:15pm

Bring-your-own project, community-based event. Here, you can talk about what strategies you have learned in the creative field you bring, or anything else! It's truly a time to visit with neighbors and friends while doing something fun. Have nothing to bring? Don't worry, we can supply paper, pencils, coloring pages, or a variety of other things. No need to sign up.

DICK MYHRE PRESENTS: SIX SUMMERS IN ALASKA (AR)

Monday, October 13th and Thursday, October 23rd at 1pm

Our resident Dick Myhre will be presenting about his time in Alaska. There will be two dates for the same presentation. This way, it is easier for residents to accommodate time if they wish to join us.



*LUNCH OUTING: VERN'S PLACE (FL)

Tuesday, October 14th at 11am

This month, we will be venturing to Vern's Place, a much requested local restaurant that has something for every occasion. From eggs to burgers to fish, you can find just about whatever your stomach desires! *Signing up is required, and residents will be responsible for covering their own expenses during this outing.

*PAINTING WITH ANN (AR)

Tuesday, October 14th at 1:30pm

Ann Bryant will be hosting a painting class in the activities room. This will expand on her prior teachings, this time the medium being acrylic.*Please sign up as supplies and space are limited. No payment required.

*HALLOWEEN PUMPKIN DECORATING (AR)

Wednesday, October 15th at 2:30pm

Join us as we get ready for Halloween by decorating pumpkins! These pumpkins will be small enough to place on your table, but big enough to decorate. Although we won't be carving them, we will be able to paint, color, or otherwise decorate however you like!

MEDICARE/MEDICAID WORKSHOP (AR)

Thursday, October 16th at 1pm

Professionals will be in to explain anything and everything about Medicare and Medicaid. Any questions you have, they will be in to answer.

THE WINSLOW SINGERS: SPOOKY SEASON (AR)

Tuesday, October 21st at 1pm

Boo! This month's Winslow Singers is Halloween themed! Monster Mash by Bobby Pickett, Thriller by Michael Jackson, join us for some good, ol' fashioned spooky times!

*FLOWER ARRANGING (AR)

Wednesday, October 23rd at 3pm

Join us for a fun and creative flower arranging workshop. Whether you are a beginner or an experienced florist, this hands-on session will allow you to express the art of creating beautiful floral arrangements. It's a great way to unleash your creativity and leave with a lovely arrangement you enjoy. Don't miss out on this enjoyable experience and reserve your spot today! *Signing up is required for this event as supplies and space are limited.

CSU CHAMBER ORCHESTRA PERFORMANCE (AR)

Thursday, October 23rd at 6pm

We are fortunate to be joined by a CSU Chamber Orchestra for this evening. They are volunteering for us, and are excited to meet and play for you! They will be set up in the Activity Room after dinner, so feel free to listen from the lobby.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> </div>			<div> HAPPY BIRTHDAY MARTHA DEAN! 1 8:30am - Current Events (AR) 10am - Chair Yoga w/ Danni (AR) 11am - Writing Group (LSLR) 1pm - Rummikub Club (LSLR) *1:15pm - Wii Bowling (AR) 6:15pm - Movie Night: Red Tails (AR) </div>	<div> HAPPY BIRTHDAY BARBARA JACKSON AND PHYLLIS REICHERT! 2 9am - Billiards Pool (PT) 10am - Senior Fitness w/ Meredith AR) 11am Bible Study (PD) *1:00pm - <i>Estes Park Outing (FL)</i> 3pm Bingo (AR) 6:15pm - Movie: Reception's Choice (AR) </div>	<div> HAPPY BIRTHDAY PAUL SCHAIRER! 3 *9:15am - <i>King Soopers (FL)</i> 10am - Senior Fitness with Dianne (AR) 1-3pm - Canasta (LSLR) *1:15pm - Wii Bowling (AR) 3pm - Social Hour (WH) 6:15pm - Series: Midsomer Murders (AR) </div>	<div> 10am - Senior Fitness (AR) 4 11am - Mexican Train Dominos (LSLR) *1:15pm - Wii Bowling (AR) 3pm - Kickstart Chair Yoga Therapy with Sherry: YouTube (AR) 6:15pm - Halloween Marathon: Harry Potter and the Sorcerer's Stone (AR) </div>
<div> HAPPY BIRTHDAY MARION SULLIVAN AND VERN REICHERT! 5 10:30am - Senior Fitness with Jackie (AR) 11:15am - Virtual Sermons (AR) *12pm - <i>Walk to End Alzheimer's (FL)</i> *1:15pm - Wii Bowling (AR) *3:30pm - Wii Golf (AR) 6:15pm - Halloween Marathon: Harry Potter and the Chamber of Secrets (AR) </div>	<div> 10am - Virtual Tai Chi Chih with Rebecca (AR) 6 11am - Yoga Therapy (AR) *12:30pm - <i>Penny War Winner Pizza Party! (AR)</i> 1-3pm Bridge Club (WH) 3pm - Seated Ballet (AR) 6:15pm - Documentary: African Cats (AR) </div>	<div> 10am - Kickstart Chair Yoga Therapy with Sherry: YouTube (AR) 7 11am - Senior Fitness with Jackie (AR) 11:15am - Wisdom Study with Peter: St. Francis (PWH) 3pm Bingo (AR) 6:15pm - Series: The Gilded Age (AR) </div>	<div> 8am - Gentleman's Breakfast (PD) 8 8:30am - Current Events (AR) 10am - Chair Yoga w/ Danni (AR) 11am - Writing Group (LSLR) 12:30pm - <i>Hearty Heritage Hour: Germany (AR)</i> 1pm - Rummikub Club (LSLR) *1:15pm - Wii Bowling (AR) 6:15pm - Movie Night: Dances with Wolves (AR) </div>	<div> 9am - Billiards Pool (PT) 9 10am - Senior Fitness w/ Meredith AR) 11am Bible Study (PD) 12pm - Balance and Mobility w/ Erin (AR) 1:30pm - <i>New Resident Orientation (AR)</i> 3pm Bingo (AR) 6:15pm - Movie: Reception's Choice (AR) </div>	<div> *9:15am - <i>King Soopers (FL)</i> 10 10am - Senior Fitness with Dianne (AR) 1-3pm - Canasta (LSLR) *1:15pm - Wii Bowling (AR) 3pm - <i>Special Social Hour: Oktoberfest! (WH)</i> 6:15pm - Series: Midsomer Murders (AR) </div>	<div> 10am - Senior Fitness (AR) 11 11am - Mexican Train Dominos (LSLR) *1:15pm - Wii Bowling (AR) 2:15pm - <i>Arts and Crafts Club (AR)</i> 3pm - Kickstart Chair Yoga Therapy with Sherry: YouTube (AR) 6:15pm - Halloween Marathon: Harry Potter and the Prisoner of Azkaban (AR) </div>
<div> HAPPY BIRTHDAY PAT WU! 12 10:30am - Senior Fitness with Jackie (AR) 11:15am - Virtual Sermons (AR) *1:15pm - Wii Bowling (AR) *3:30pm - Wii Golf (AR) 6:15pm - Halloween Marathon: Harry Potter and the Goblet of Fire (AR) </div>	<div> COLUMBUS DAY 13 10am - Virtual Tai Chi Chih with Rebecca (AR) 11am - Yoga Therapy (AR) 12pm - Roman Catholic Communion (PD) 1-3pm Bridge Club (WH) 3pm - Seated Ballet (AR) 1pm - <i>Dick Myhre Presents: Six Summers in Alaska (AR)</i> 6:15pm - Documentary: America's Heart & Soul (AR) </div>	<div> 10am - Kickstart Chair Yoga Therapy with Sherry: YouTube (AR) 14 11am - Senior Fitness with Jackie (AR) *11am - <i>Lunch Outing: Vern's Place (FL)</i> 11:15am - Wisdom Study with Peter: World Animal Day (WH) *1:30pm - <i>Painting W/ Ann (AR)</i> 3pm Bingo (AR) 6:15pm - Series: The Gilded Age (AR) </div>	<div> 8:30am - Current Events (AR) 15 10am - Chair Yoga w/ Danni (AR) 11am - Writing Group (LSLR) 1pm - Rummikub Club (LSLR) *1:15pm - Wii Bowling (AR) *2:30pm - <i>Halloween Pumpkin Decorating! (AR)</i> 3:30pm - Book Club (PD) 6:15pm - Movie Night: Canyon River (AR) </div>	<div> HAPPY BIRTHDAY SYLVIA FARINELLI! 16 9am - Billiards Pool (PT) 10am - Senior Fitness w/ Meredith AR) 11am Bible Study (PD) 1pm - <i>Medicare / Medicaid Workshop (AR)</i> 3pm Bingo (AR) 6:15pm - Movie: Reception's Choice (AR) </div>	<div> HAPPY BIRTHDAY PAT BLACKIS AND ARLENE MURRAY! 17 *9:15am - <i>King Soopers (FL)</i> 10am - Senior Fitness with Dianne (AR) 1-3pm - Canasta (LSLR) *1:15pm - Wii Bowling (AR) 3pm - Social Hour (WH) 6:15pm - Series: Midsomer Murders (AR) </div>	<div> 10am - Senior Fitness (AR) 18 11am - Mexican Train Dominos (LSLR) *1:15pm - Wii Bowling (AR) 3pm - Kickstart Chair Yoga Therapy with Sherry: YouTube (AR) 6:15pm - Halloween Marathon: Harry Potter and the Order of the Phoenix (AR) </div>
<div> HAPPY BIRTHDAY LINDA HEIGOLD! 19 10:30am - Senior Fitness with Jackie (AR) 11:15am - Virtual Sermons (AR) *1:15pm - Wii Bowling (AR) *3:30pm - Wii Golf (AR) 6:15pm - Halloween Marathon: Harry Potter and the Half-Blood Prince (AR) </div>	<div> HAPPY BIRTHDAY HOMER DAVISON! 20 10am - Virtual Tai Chi Chih with Rebecca (AR) 11am - <i>October Birthday Party! (WH)</i> 1-3pm Bridge Club (WH) 3pm - Darts (AR) 6:15pm - Documentary: The Vanishing Prairie (AR) </div>	<div> 10am - Kickstart Chair Yoga Therapy with Sherry: YouTube (AR) 21 10:30am - Communion (PD) 11am - Senior Fitness with Jackie (AR) 11:15am - Wisdom Study with Peter: United Nations Day (WH) 1pm - <i>The Winslow Singers: Spooky Season (AR)</i> 3pm Bingo (AR) 6:15pm - Series: The Gilded Age (AR) </div>	<div> 8am - Gentleman's Breakfast (PD) 22 8:30am - Current Events (AR) 10am - Chair Yoga w/ Danni (AR) 11am - Writing Group (LSLR) 1pm - Rummikub Club (LSLR) *1:15pm - Wii Bowling (AR) *3pm - <i>Flower Arranging (AR)</i> 6:15pm - Movie Night: We Bought a Zoo (AR) </div>	<div> 9am - Billiards Pool (PT) 23 10am - Senior Fitness w/ Meredith AR) 11am Bible Study (PD) 12pm - Balance and Mobility w/ Erin (AR) 1pm - <i>Dick Myhre Presents: Six Summers in Alaska (AR)</i> 3pm Bingo (AR) 6:00pm - <i>CSU Chamber Orchestra Performance (AR)</i> 6:15pm - Movie: Reception's Choice (AR) </div>	<div> *9:15am - <i>King Soopers (FL)</i> 24 10am - Senior Fitness with Dianne (AR) 1-3pm - Canasta (LSLR) *1:15pm - Wii Bowling (AR) 3pm - Social Hour (WH) 6:15pm - Series: Midsomer Murders (AR) </div>	<div> 10am - Senior Fitness (AR) 25 11am - Mexican Train Dominos (LSLR) *1:15pm - Wii Bowling (AR) 3pm - Kickstart Chair Yoga Therapy with Sherry: YouTube (AR) 6:15pm - Halloween Marathon: Harry Potter and the Deathly Hallows Part 1 (AR) </div>
<div> 10:30am - Senior Fitness with Jackie (AR) 26 11:15am - Virtual Sermons (AR) *1:15pm - Wii Bowling (AR) *3:30pm - Wii Golf (AR) 6:15pm - Halloween Marathon: Harry Potter and the Deathly Hallows Part 2 (AR) </div>	<div> HAPPY BIRTHDAY WILMA ZIEGMAN! 27 10am - Virtual Tai Chi Chih with Rebecca (AR) 11am - Yoga Therapy (AR) 12pm - Roman Catholic Communion (PD) 1-3pm Bridge Club (WH) 3pm - Seated Ballet (AR) 6:15pm Documentary: The Devil's Climb (AR) </div>	<div> 10am - Kickstart Chair Yoga Therapy with Sherry: YouTube (AR) 28 11am - Senior Fitness with Jackie (AR) 11:15am - Wisdom Study with Peter: Forgiveness - Corrie Ten Boom (WH) 1:00pm - <i>Resident Input Meeting (AR)</i> 3pm Bingo (AR) 6:15pm - Series: The Gilded Age (AR) </div>	<div> HAPPY BIRTHDAY FRAN GREEN! 29 8:30am - Current Events (AR) 10am - Chair Yoga w/ Danni (AR) 11am - Writing Group (LSLR) 1pm - Rummikub Club (LSLR) *1:15pm - Wii Bowling (AR) 6:15pm - Movie Night: Hocus Pocus (AR) </div>	<div> 9am - Billiards Pool (PT) 30 10am - Senior Fitness w/ Meredith AR) 11am Bible Study (PD) 1pm - <i>Golden 90s Tea Party (WH)</i> 3pm Bingo (AR) 6:15pm - Movie: Reception's Choice (AR) </div>	<div> HAPPY HALLOWEEN! HAPPY BIRTHDAY DOROTHY ANTRIM! 31 *9:15am - <i>King Soopers (FL)</i> 10am - Senior Fitness with Dianne (AR) 1-3pm - Canasta (LSLR) 1pm - <i>The Winslow Halloween Party, Costume Contest, and Trick or Treat Street! (AR)</i> 6:15pm - Series: Midsomer Murders (AR) </div>	<div> </div>



GOLDEN 90S TEA PARTY (WH)

Thursday, October 30th at 1pm

Attention all residents 90 and older! This is your day! Please join us for a delightful tea party, meant to celebrate you! We will have a guest harpist, a variety of teas and petitefours, so be prepared to feel pampered like you deserve.

THE WINSLOW HALLOWEEN PARTY, TRICK OR TREAT STREET, AND COSTUME CONTEST!

Friday, October 31st at 1pm

Happy Halloween! To celebrate this year, we have some amazing things set up for you! First, you, the resident, will be the trick-or-treater. The employees will be passing out candy! Stop by our offices, empty apartments, etc. to get some treats! We will be providing a map at the front desk so you know where to go! Afterwards, please join us in the Activity Room for our Halloween Party, where we will be serving spooky cocktails and snacks. But wait, there's more! We will be hosting a costume contest! The resident with the best costume gets a \$20 gift card to the place of their choice, while the two runners up get a free Starbucks drink of their choice!



SERVICES PROVIDED AT THE WINSLOW

Kelli Mitchell at The Winslow Beauty Salon: 970-498-2100

Looking for a fresh, new haircut? In need of specialty coloring or just some light touchups? Kelli Mitchell can certainly oblige! Her salon is full service and fully capable of accommodations.

Reminder: Please make beauty salon appointments at least one week in advance. **Payment is due upon completion of service. Cash or Check is accepted.**

EXERCISE CLASSES PROVIDED AT THE WINSLOW!

Virtual Tai Chi Chih with Rebecca:
10:00am on Mondays.

Senior Fitness with Jackie:
11:00am on Tuesdays, and 10:30am on Sundays.

Senior Fitness with Meredith
10:00am on Wednesdays.

Senior Fitness with Diane
10:00am on Fridays

Senior Fitness
11:00am on Mondays, 10:00am on Saturdays

Kickstart Chair Yoga Therapy with Sherry:

10:00am on Tuesdays, 3:00pm on Saturdays.

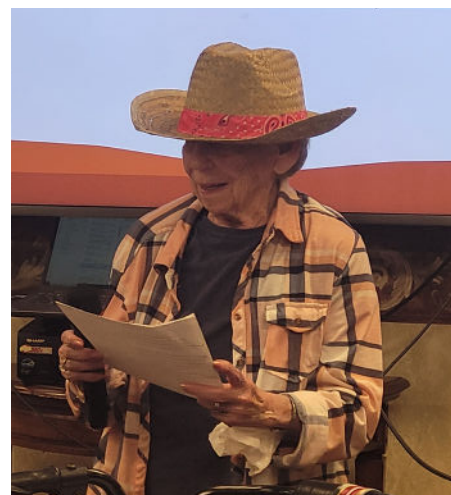
Chair Yoga with Danni
9:00am on Thursdays.

Balance and Mobility with Erin:
Second and fourth Thursdays of the month at 12:00pm.

For more information about our various classes, please reach out to Abby! Remember to provide any feedback you believe is necessary.



Dave, Lillie, Chelsea, Kathy - Western Singers



Phyllis Beck - Western Singers

Podiatry Services Provided by Merrie Durbano RN

Join us every 3rd Wednesday in the Man Cave for foot care services brought to you by Merrie Durbano!

If you cannot reach your toes, and/or have any other nail issues please sign up in the Activity Book for an appointment. **The cost is \$40.00 for a 30-minute session.**



Joel Lamoreux - Western Singers



Winslow - Western Singers



Marti Dean - Western Singers

MOVIES FOR THE MONTH

Wednesday, Oct 1: Red Tails - An ace squadron of African American pilots fight racism and the Nazis to fly their way into history during World War II. Action/Drama, **PG-13**

Saturday, Oct 4: Harry Potter and the Sorcerer's Stone - On his 11th birthday, Harry Potter finds out that he is a wizard and is invited to attend Hogwarts School of Witchcraft and Wizardry. Fantasy, **PG**

Sunday, Oct 5: Harry Potter and the Chamber of Secrets - The Chamber of Secrets has been opened! Young wizard Harry Potter and his friends try to uncover a dark force that is terrorizing Hogwarts. Fantasy, **PG**

Monday, Oct 6: African Cats - An epic true story set against the backdrop of one of the wildest places on Earth, African Cats captures the real-life love, humor, and determination of the majestic kings of the savanna. Documentary, **G**

Wednesday, Oct 8: Dances with Wolves - This follows a Civil War soldier who finds himself as a member of the Lakota Sioux Indian Tribe. Action/Drama

Saturday, Oct 11: Harry Potter and the Prisoner of Azkaban - Harry Potter's life is in danger once more as dangerous wizard Sirius Black has escaped from Azkaban Prison and is heading to Hogwarts.

Sunday, Oct 12: Harry Potter and the Goblet of Fire - Signs of Voldemort's return emerge as Harry's friends help him prepare for a tournament with Europe's best student wizards. Fantasy, **PG-13**

Monday, Oct 13: America's Heart & Soul - From the Vermont dairy farmer, to the blind mountain climber, to the father and son marathon runners, their inspiring stories are as different as can be---passionate, colorful, courageous, funny and touching. Documentary, **PG**

Wednesday, Oct 15: Canyon River - Impassable mountains, unforgiving weather and the treachery of friends confront a rancher driving a herd of breeding cattle from Oregon to Wyoming. Action/Drama

Saturday, Oct 18: Harry Potter and the Order of the Phoenix - When a new professor's methods leave Hogwarts unprepared to right the rising tide of evil, Harry teaches students how to defend against the dark arts. Fantasy, **PG-13**

Sunday, Oct 19: Harry Potter and the Half-Blood Prince - Dumbledore tries to prepare Harry for the final battle with Voldemort while Death Eaters wreak havoc on both Muggle and Wizard worlds. Fantasy, **PG**

Monday, Oct 20: The Vanishing Prairie - The American prairie. A wondrous expanse teeming with life and vitality before the march of civilization all but destroyed it. Disney photographers use ingenious and innovative techniques to capture the magic of nature, still persevering on the American prairie. Documentary, **G**

Wednesday, Oct 22: We Bought a Zoo - A single dad tries to give his family a fresh start by moving to a home situated in the middle of a zoo. Comedy, **PG**

Saturday, Oct 25: Harry Potter and the Deathly Hallows (Part One) - Harry, Ron, and Hermione leave Hogwarts behind on a dangerous mission to destroy the Horcruxes, the secrets to Voldemort's power and immortality. Fantasy, **PG-13**

Sunday, Oct 26: Harry Potter and the Deathly Hallows (Part Two) - The time has come, the fate foretold in the prophecy draws near: the confrontation to the death between Harry Potter and Lord Voldemort. Fantasy, **PG-13**

Monday, Oct 27: The Devil's Climb - Alex Honnold and Tommy Caldwell are two of the greatest rock climbers of all time — and best friends. Together, they set off on an epic adventure, cycling 2,500 miles en route to a daring climb of the Devils Thumb, a legendary 9,000-foot Alaskan peak surrounded by old-growth rainforest. Tommy is recovering from a career-threatening injury, making the expedition's success uncertain. Documentary, Action/Adventure, **TV-14**

Wednesday, Oct 29: Hocus Pocus - Pranksters conjure up three wild witches from seventeenth century Salem for a night of zany fun and comic chaos. Comedy/Fantasy, **PG**

Tues Series: The Gilded Age

Fri Series: Midsomer Murders

REOCCURRING EVENTS TO NOTE

Bible Study (PD).....Thursdays, 11:00am
Billiards Pool (3rd Floor PT) Thursdays, 9:00am
Bingo (AR)..... Tuesdays and Thursdays, 3:00pm
Bridge Club (WH) Mondays, 1:00pm to 3:00pm
Communion (PD)..... Tuesday, June 17 at 10:30am
Current Events w/Abby (AR).Every Wednesday at 8:30am
Documentary Monday (AR)Mondays, 6:15pm
Gentleman's Breakfast (PD).....Every other Wednesday at 8:00am
Roman Catholic Communion (PD)2nd and 4th Monday of the month, 12:00pm
Rummikub Club (LSLR)..... Wednesday, 1:00pm
Canasta (LSLR)Fridays, 1-3pm
Social Hour (WH)Fridays, 3:00pm
Virtual Sermons (AR)..... Sundays, 11:30am
Wii Golf (AR) Sundays, 3:30pm
Wii Bowling (AR) Wednesdays, Fridays, and Saturdayat 1:30pm
Wisdom Study with Peter (WH) Tuesdays, 11:15am
Writing Group: (LSLR) Wednesdays, 11:00am
Mexican Train Dominos (LSLR).....Saturdays, 11:00am

**All activities are subject to change with or without notice*