

The Wexford Happenings

OCTOBER 2025



1515 West 28th St.
Loveland, CO
970-667-1900

MANAGER

Sam Bonnell

ACTIVITIES DIRECTOR

Peter Fredo

CHEF

Drea Hayes

HOUSEKEEPING SUPERVISOR

Brenda Whisenand

MAINTENANCE SUPERVISOR

Jim Krening

OFFICE MANAGER

Easton Madrid

SALES REPRESENTATIVE

Danielle Salone



MENU REVIEW WITH CHEF DREA

Have questions about the food offerings on the menu? **Come to the Town Hall at 9:00 a.m. on Mondays** to get your questions answered. Nothing wrong with a little food for thought!

DIETARY MEETING

Food is the ingredient that binds us together. Join your fellow food enthusiasts of The Wexford **in the Activity Room on Tuesday, October 7th at 1:00 p.m.** for the opportunity to give feedback regarding the menu and service.

COCKTAIL SOCIAL

Enjoy some drinks and social time with friends **in the Town Hall every Monday, Wednesday, and Friday at 4:00pm!**

HOMECOMING HOEDOWN

Happy 30th Birthday to The Wexford and Happy 25th Birthday to Lakeview Commons! Come join us in the Dining Room **on Saturday, October 18th at 2:00pm** to join in on the fun birthday celebrations. There will be games set up outside or in the Activity Room (weather dependent), along with light snacks and Happy Birthday Cupcakes.



CELEBRATIONS AT THE WEXFORD

OCTOBER BIRTHDAYS

Residents:

Oct. 4 – Martin Browne
Oct. 10 – Beth Juleskusky
Oct. 12 – Jessie Hanson
Oct. 12 – Julie Mueller
Oct. 23 – Pat Coleman
Oct. 27 – Carla Anderson
Oct. 27 – Shirley Ackerman
Oct. 30 – Diane Klein
Oct. 31 – Jody Jacobshagen

Staff:

Oct. 13 – Lori Blake
Oct. 19 – Mary Richmond
Oct. 27 – Tami Apodaca

RESIDENT ANNIVERSARIES

Oct. 3 – Bob and Diane Hess
Oct. 21 – Vern and
Jessie Hanson

MONTHLY ENTERTAINMENT/ CLASSES:

SOUND AFFECTS MUSIC PROGRAM: ARTISTS TO BE ANNOUNCED.

Join us in the Town Hall on Thursday,
October 2nd for wonderful music
programs presented by Sound Affects!

MUSIC WITH STEVE MANSHEL

Join Steve in the Town Hall on
Thursday, October 9th to hangout and
listen to some good ole tunes!

MUSIC WITH THE OLDIES BUT GOODIES

Join Skip and Tim in the Town Hall
on Thursday, October 16th at 3:00pm
for our guitar and percussion duo!

MUSIC WITH JERRY KUTA

Join Jerry in the Town Hall on
Thursday, October 23rd at 3:00pm for
a performance of all our favorite songs
from the 50s and 60s!

MUSIC WITH JIM KRISTOFF

Join us in the Town Hall on Thursday,
October 30th at 3:00pm



DIVING INTO DOCUMENTARIES

Watching a documentary is about
discovering, being open, learning and
following your curiosity.

Join us in the Activity Room,
Mondays and Thursdays, at 7 p.m. for
the following documentaries.

Oct. 6: How It's Made: The Clothes We
Wear

Oct. 9: Origins of Maya Civilization

Oct. 13: John Ward, Pirate Ruler

Oct. 16: Ryan Reynolds Introduces
Animal 'Superheroes'

Oct. 20: Shark Beach with Chris
Hemsworth

Oct. 23: Buried Secrets of World War 2

Oct . 27: Secrets of Pompeii's Dead

Oct. 30: Curse of the Bayou - Atlas of
Cursed Places

Grace and Frankie

Enjoy this highly recommended show
on Saturdays at 10:00 a.m. in the
activity room! Each week we will show
a different episode.

Finding out that their husbands are
not just work partners but have also
been romantically involved for the
last twenty years, two women with an
already strained relationship try to cope
with the circumstances together.

As Time Goes By

The Korean War, and a long lost letter,
separate the lives of young lovers Jean
Pargetter and Lionel Hardcastle, whose
paths cross again by happenstance.

PBS Colorado Experience Schedule *Thursdays at 1:30 p.m.*

October 2 - Palisade peaches

October 9 - NORAD

October 16 - Glen Eyrie Castle

October 23 - The Hotel That Built
Durango

October 30 - Ghost Towns

WEXFORD BOOK CLUB

Love to read and have conversations?
We welcome you to join The Wexford
Book Club! They say there are no
faster or firmer friendships than those
formed between people who love the
same books. Join us in the Activity
Room on Friday, October 31st at
12:45 p.m.

WEXFORD ACTIVITY TRIPS

Please sign up for all trips in the
activity book and please be courteous
and call if you cannot attend an
outing. On the day of the scheduled
outing, please meet in the lobby 10
minutes prior to departure time.

SHOPPING TRIPS:

Mondays at 1:00 p.m.

October 6 - Dollar Tree

October 13 - King Soopers

October 20 - Marshalls

October 27 - Walmart
(Denver Ave)

LOVELAND PERFORMING ARTS CONCERT

On Sunday, October 5th at 5:45pm,
Loveland Performing Arts presents
The Suits! Four gentlemen, four
great decades of popular music.
This dynamic quartet performs

your favorite hit tunes from the 50's
through the 80's. Must be a Loveland
Performing Arts Ticket holder,
or purchase tickets at the doors if
available.

LOVELAND CONCERT BAND

Join the Loveland Concert Band in
their first performance of the concert
season! The theme for this fall concert
is Pageantry. The show is on Sunday,
October 12th at 3:00pm.

LUNCH AT PERKINS RESTAURANT AND BAKERY

Join us on Wednesday, October 15th
at 11:30am for a perfect brunch/
lunch outing! Make sure to save room
for some of their famous pie slices.
Sign up is required for this outing.

THURSDAY NIGHT MOVIES AT THE LONGMONT MUSEUM

On spooky Thursday, October 23rd
at 7:00pm, After Theatre Company
is performing the recreation of "War
of the Worlds" 1938 radio script!
"War of the Worlds" originally aired
nationwide, directed and narrated
by Orson Welles. Presented in the
style of live news bulletins, many
listeners believed a real Martian
invasion was taking place. Please
check the Activity Binder for more
information!

WEXFORD FITNESS

Let's get fit! Don't forget about all
the exercise opportunities at The
Wexford. Challenge yourself to try
something new!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00am Footcare Clinic - APT 9:00am Walking the Wexford - TH 10:00am Morning Bible Study- AR 12:30pm BLOOM Laundry - APT 1:00pm Mahjong- TH 2:00pm Chair Yoga - AR 3:30pm Wordle- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 6) Episodes 4 & 5 - AR	9:00am Crossword- AR 10:00am Brain and Balance - AR 10:45am Trivia- AR 1:00pm Poker- TH 1:00pm Coloring pages - AR 3:00pm Happy Hour: Sound Affects- TH 7:00pm PBS CO Experience: Palisade Peaches (Youtube) - AR	HAPPY ANNIVERSARY BOB & DIANE H!! 9:00am Walking the Wexford - TH 10:00am Seated Beach Volleyball- AR 1:00pm Billiards Club- AR 3:30pm Easy Recipes- AR 4:00pm Cocktail Social- TH	HAPPY BIRTHDAY, MARTIN B! 10:00am Grace and Frankie (Season 5) Episodes 11 & 12 - AR 2:00pm Movie Matinee: A Streetcar Named Desire- AR 7:00pm Movie Matinee: A Streetcar named Desire - AR
10:00am Senior Style Exercise- AR 2:00pm Movie Matinee: A Streetcar named Desire - AR 5:00pm Movie Matinee: A Streetcar named Desire - AR 5:45pm <u>*Loveland Performing Arts Concert – ML</u> <u>*Must be an LPA Season Ticket Holder*</u>	9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea - TH 10:00am Wexford Community Meeting - AR 1:00pm Billiards Club - AR 1:00pm <u>*Shopping Trip to Dollar Tree* - ML</u> 2:00pm Hymns and Communion - TH 3:30pm Cornhole - AR 4:00pm Cocktail Social- TH 7:00pm Documentary: How It's Made: The Clothes We Wear (Youtube)- AR	9:00am Wii Bowling- AR 10:00am Brain and Balance- AR 1:00pm Poker- TH 1:00pm Dietary Meeting - AR 1:45pm Quarter Bingo- AR 3:00pm Left Center Right Game- AR	9:00am Walking the Wexford - TH 10:00am Morning Bible Study - AR 12:30pm BLOOM Laundry - APT 1:00pm Mahjong- TH 2:00pm Increase Awareness and Sensation for Neuropathy and Parkinsons- AR 3:30pm Wordle- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 6) Episodes 6 & 7 - AR	9:00am Crossword- AR 10:00am Brain and Balance - AR 10:45am Trivia- AR 1:00pm Poker- TH 1:30pm PBS CO Experience: NORAD (Youtube)- AR 3:00pm Happy Hour: Steve Manshel- TH 7:00pm Documentary: The Origins of Maya Civilization (Youtube) - AR	HAPPY BIRTHDAY, BETH J! 9:00am Walking the Wexford- TH 10:00am Seated Beach Volleyball- AR 1:00pm Billiards Club- AR 1:00pm Blood Pressure Clinic - PDR 1:45pm Quarter Bingo- AR 4:00pm Cocktail Social- TH	HAPPY BIRTHDAY, JESSIE H! 10:00am Grace and Frankie (Season 5) Episode 13 & (Season 6) Episode 1 - AR 2:00pm Movie Matinee: The Addams Family- AR 7:00pm Movie Matinee: The Addams Family- AR
HAPPY BIRTHDAY, JULIE M! 10:00am Senior Style Exercise - AR 2:00pm Movie Matinee: The Addams Family 3:00pm Loveland Concert Band 5:00pm Movie Matinee: The Addams Family 5:00pm Dinner and A Movie (Sign Up Required) - TH	9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea- TH 10:00am Bocchia- AR 1:00pm Billiards Club- AR 1:00pm <u>*Shopping Trip to King Soopers)- ML</u> 2:00pm Low Vision Support Group- Lakeview Commons 3:00pm Music and Movement - AR - CANCELED 4:00pm Cocktail Social- TH 7:00pm Documentary: John Ward, Pirate Ruler (Youtube) - AR	9:00am Wii Bowling- AR 10:00am Brain and Balance- AR - Cancelled 1:00pm Poker- TH 1:00pm Left Center Right Game- AR 1:45pm Quarter Bingo- AR 3:30pm Travel Presentation: Antarctica - AR	9:00am Walking the Wexford - TH 10:00am Morning Bible Study- AR 11:30am <u>*Brunch at Perkins - ML</u> 12:30pm BLOOM Laundry - APT 1:00pm Mahjong- TH 3:30pm Wordle- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 7) Episode 1 & 2 - AR	9:00am Crossword- AR 10:00am Brain and Balance- AR - Cancelled 10:45am Trivia- AR 1:00pm Poker- TH 1:30pm PBS CO Experience: Glen Eyrie Castle (Youtube) - AR 3:00pm Happy Hour: The Oldies but Goodies- TH 7:00pm Documentary: Ryan Reynolds Introduces Animal ‘Superzeroes’ (Youtube)- AR	HAPPY BIRTHDAY, DONNA C! 9:00am Walking the Wexford - TH 10:00am Seated Beach Volleyball- AR 1:00pm Billiards Club- AR 1:45pm Quarter Bingo- AR 3:30pm Activity Meeting - AR 4:00pm Cocktail Social- TH	10:00am Grace and Frankie (Season 6) Episodes 2 & 3 - AR 2:00pm Homecoming Hoedown Birthday Celebration with Wex and LVC 2:00pm Movie Matinee: October Sky - AR 7:00pm Movie Matinee: October Sky - AR
10:00am Senior Style Exercise- AR 2:00pm Movie Matinee: October Sky- AR 5:00pm Movie Matinee: October Sky- AR	9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea- TH 10:00am Bocchia- AR 1:00pm Billiards Club- AR 1:00pm <u>*Shopping Trip to Marshalls- ML</u> 3:00pm Music and Movement - AR 4:00pm Cocktail Social- TH 7:00pm Documentary: Shark Beach with Chris Hemsworth (Youtube)	HAPPY ANNIVERSARY, VERN AND JESSIE H! 9:00am Wii Bowling- AR 10:00am Brain and Balance- AR 1:00pm Poker- TH 1:45pm Quarter Bingo - AR	HAPPY BIRTHDAY, JANE F! 9:00am Walking the Wexford- TH 10:00am Morning Bible Study- AR 12:30pm BLOOM Laundry - APT 1:00pm Mahjong- TH 2:00pm Chair Yoga - AR 3:00pm Connect Hearing Clinic - PDR 3:30pm Wordle- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 7) Episodes 3 & 4 - AR	HAPPY BIRTHDAY, PAT C! 9:00am Crossword- AR 10:00am Brain and Balance- AR 10:45am Trivia- AR 1:00pm Poker- Th 1:30pm PBS CO Experience: The Hotel That Built Durango - AR 3:00pm Happy Hour: Jerry Kuta 7:00pm Documentary: The Buried Secrets of World War 2 (Youtube) - AR 7:00pm <u>Thursday Nights @ The Longmont Museum – War of the Worlds 1938 Radio Broadcast - ML</u>	HAPPY BIRTHDAY, ARDLENE K! 9:00am Walking the Wexford- TH 10:00am Seated Beach Volleyball- AR 1:00pm Billiards Club- AR 1:45pm Quarter Bingo- AR 3:30pm - AR 4:00pm Cocktail Social- TH	10:00am Grace and Frankie (Season 6) Episodes 4 & 5 - AR 2:00pm Movie Matinee: The Nightmare Before Christmas - AR 7:00pm Movie Matinee: The Nightmare Before Christmas- AR
10:00am Senior Style Exercise- AR 2:00pm Movie Matinee: The Nightmare Before Christmas - AR 5:00pm Movie Matinee: The Nightmare Before Christmas- AR	9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea - TH 10:00am Bocchia - AR 1:00pm Billiards Club - AR 1:00pm <u>*Shopping Trip to Walmart (Denver Ave) - ML</u> 3:00pm Music and Movement - AR 4:00pm Cocktail Social - TH 7:00pm Documentary: Secrets of Pompeii’s Dead (Youtube)- AR	9:00am Wii Bowling- AR 10:00am Brain and Balance - AR 1:00pm Poker - TH 1:45pm Quarter Bingo - AR 3:30pm Halloween Pumpkin Painting - AR	9:00am Walking the Wexford- TH 10:00am Morning Bible Study- AR 12:30pm BLOOM Laundry - APT 1:00pm Mahjong- TH 3:30pm Wordle- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 7) Episodes 5 & 6 - AR	HAPPY BIRTHDAY, DIANE K! 9:00am Crossword- AR 10:00am Brain and Balance- AR 10:45am Trivia- AR 1:00pm Poker- Th 1:30pm PBS CO Experience: Ghost Towns - AR 3:00pm Happy Hour: Jim Kristoff- TH 7:00pm Curse of the Bayou – Atlas of Cursed Places (Youtube) - AR	HAPPY BIRTHDAY, JODY J! HAPPY HALLOWEEN! 9:00am Walking the Wexford - TH 10:00am Morning Bible Study - AR 12:30pm BLOOM Laundry - APT 12:45 Book club - PDR 1:00pm Mahjong- TH 3:30pm Wordle- AR 4:00pm Cocktail Social- TH	



MUSIC & MOVEMENT WITH HEATHER

Mondays at 3:00 p.m. in the Activity Room. Start your week with a fun workout class while singing some of your favorite songs and using seasonal props to enhance the exercises.

WALKING THE WEXFORD

Every Monday, Wednesday, and Friday at 9:00 a.m. the Walking Group meets in the West Side Dining Room and begins their walk around the 2nd floor. Join them for a morning walk around Wexford.

BRAIN & BALANCE WITH DIANE

Work your body and brain on Tuesdays and Thursdays at 10:00 a.m. in the Activity Room! This class aims to improve mobility, strength, and balance, while challenging our brain with fun games to encourage memory and thought patterns. All exercises can be done while seated.

CHAIR YOGA WITH ERIN

"Hi, I am Erin Doty, and I invite you to join me!" Since 2016, I have worked with retirement communities, independent and assisted living facilities, senior centers, and memory care and dementia care locations leading movement and mindfulness classes. I am passionate about celebrating seniors and helping them age in place with inspiration and optimism. I offer senior public classes and 1:1 classes to increase confidence, strength mentally and physically, maintain energy, and experience a

bright mind and memory.

October 1 - Chair Yoga

October 8 - Increasing awareness and sensation for neuropathy and Parkinsons

October 22 - Balance and Mobility

SPIRITUAL CARE AT THE WEXFORD

CHATTING WITH CHAPLAIN REBECCA

A chaplain is like a leader or teacher; however, a chaplain's biggest gift is to be present and just listen. **Join our very own Chaplain Rebecca in the Activity Room or Town Hall on Wednesday's at 10:00 a.m.** for some fellowship.

IN NEED OF A LITTLE SUPPORT?

Our chaplain, Rebecca McFee, is available every Wednesday afternoon for personal visits. You might consider a chaplain visit to talk about grief, decisions you need to make, family issues, and other spiritual and emotional support. She is also available to pray with you. **If you wish to have a visit, we will now have a sign-up sheet in the sign-up book.** Or, you can also contact Rebecca directly at Rebecca.mcfee@columbinehealth.com. All visits are free and confidential.

HYMNS AND COMMUNION

Provided by Mountain View Presbyterian Church in the Town Hall, **Monday, October 6th at 2:00 p.m.**

SERVICES AT THE WEXFORD

THE WEXFORD SALON

Need a fresh new look? Or want to get your hair styled? The Wexford Salon is just the place for you. Our stylist offers a variety of services at great prices and are located on the first floor of The Wexford. **Feel free to give Sheila a call at 970-581-7861** to find out what she can do for YOU and to book an appointment.

BLOOM AT HOME LAUNDRY SERVICE

BLOOM at Home, Columbine's Non-Medical Home Care, is pleased to offer an on-site laundry service to our residents. **The cost is \$15.00 for the first load and \$10.00 for additional loads thereafter. Laundry must be placed outside your door by 11:00 a.m.** Please sign up in the activity book if you are interested in this service, as this service is provided weekly every Tuesday.

FOOT CARE CLINIC

Dr. Mike Thomas, a professional foot care specialist and retired podiatrist is available for your foot care needs! He can provide fingernail and toenail trimmings, callous removal, and other foot care needs. **Feel free to contact Dr. Mike to set up an appointment today at (970) 310-7635. Each appointment is \$45 and can be paid directly to Dr. Mike.** This foot care clinic is for medical purposes and is not a pedicure service. **1st Wednesday of each month (October 1st).** Sign up in the

Activity Book.

SWEETHEART NAILS

Good nails will often solve a lot of problems. **Call or Text Neitha Schneider at 303-710-5577 to schedule a foot massage, toenail trimming, manicure, pedicure and more!** There's no better feeling than getting your nails done.

COLUMBINE BLOOD PRESSURE CLINIC

It's never too early to be thinking about your blood pressure. Join Scothia Orr - RN with Columbine Poudre Home Care **in the Private Dining Room on the 2nd Friday of each month (October 10th) at 1:00 p.m.** for free blood pressure reading and RN consultation.

LOVELAND PUBLIC LIBRARY

Are you looking for a great book to read? Contact librarian, Teddy Rosario at The Loveland Public Library. They offer a free Home Delivery Service for residents of The Wexford. They have regular-print, large-print, books on CD, cassette-tape books, videos, and other library materials. **Please contact the library at (970)-962-2592 for more information.**

CONNECT HEARING

Do your hearing aids need to be cleaned or repaired? Connect Hearing is offering monthly hearing aid clinics for Wexford residents. Services include cleanings and minor repairs in house. The location of these clinics are to be determined. **This month's clinic is Wednesday, October 22nd at 3:00 p.m. in the private dining room.**



*The stars came out tonight to enjoy our **Purple Gala fundraiser** for The Walk To End Alzheimer's*

