



*How beautiful are Renate & Teresa with their bouquets.*



*Renate & Nichole during our BYO Bouquet activity.*



*Beverly & Renate at Go Fish!*



*Marge, Jo & Renate playing Go Fish!*



*Hula Hoop Chair-obics to keep our bodies movin'.*



*Residents relaxing during Watercolor Painting.*

# New Mercer Commons Happenings

SEPTEMBER 2025

900 Centre Avenue  
Fort Collins, CO  
**970-495-1000**

**ADMINISTRATOR**  
Gina DiGiallonardo  
Ext. 2201

**NURSE**  
Ext. 2202

**SOCIAL SERVICES/  
ADMISSIONS**  
Jessica Maxfield  
Ext. 2217  
Makayla Kremer  
Ext. 2236

**ACTIVITIES**  
Nichole Chase  
Ext. 2230

**DIETARY**  
Cindy Mischczuk  
Ext. 2205

**HOUSEKEEPING/  
LAUNDRY**  
Michele Hanna  
Ext. 2226

**MAINTENANCE**  
Gary Halsey  
Ext. 2228

**FRONT DESKS**  
Commons/ Memory  
Ext. 2200  
Pines  
Ext. 2234



## SEPTEMBER-HARVEST MONTH

September is named for the Latin word for “seven,” as it was the seventh month in the ancient Roman calendar, despite being the ninth month today. January and February were later added to the calendar, shifting September to the ninth month, but it retained its original name! It’s known as “Harvest Month,” marking the autumnal equinox in the Northern Hemisphere and featuring traditions like the Harvest Moon.





## Resident Birthdays

Mary Coberly - Sept. 5  
Lenore Diem - Sept. 6  
Patti Cobb - Sept. 7  
George Robinson - Sept. 10  
Mary Ann Swardson - Sept. 10  
Geraldine Masten - Sept. 11  
Janice Beyer - Sept. 12  
Eleanor Sharritt - Sept. 14  
John Williams - Sept. 17  
Dawn Larmer - Sept. 23  
Charlotte Giles - Sept. 27  
Judith Verduga - Sept. 28  
Kathryn Swanson - Sept. 29

## Staff Birthdays

Audrey Ely - Sept. 2  
Cindy Meszaczuk - Sept. 2  
Gina Digiallondo - Sept. 9  
Crystal Sotelo - Sept. 15  
Ella Simms - Sept. 15  
Mike Conlon - Sept. 21  
Tania Palomino - Sept. 20  
Makayla Kraemer - Sept. 23  
Caroline Lichtfus - Sept. 23  
Shawna Domingues - Sept. 25  
Rose Benson - Sept. 27  
Tommy Valesque - Sept. 28

## Staff Anniversaries

Marshelle Carrol - 6 yrs  
Nicole Kalstein - 6 yrs  
Tania Palomino - 6 yrs  
Shawna Dominguez - 2 yrs

## SEPTEMBER FUNNIES & FACTS:

*Why did the apple pie go to the dentist?*  
Because it needed a filling!



*Why shouldn't you tell a secret in a cornfield?*  
Because the corn is all ears!



*What do lumberjacks shout at the start of fall?*  
Sep-timberrrrrr!

*Why did the scarecrow win a Nobel Prize?*  
He was outstanding in his field.



*How do leaves get from place to place?*  
Autumn-mobiles.

*What happened to the football player who went blind?*  
He became a referee!



## SEPTEMBER BIRTHSTONE

The birthstone for September is the sapphire, and the aster and morning glory are its birth flowers! Those born in September are either Virgos (August 23 – September 22) or Libras (September 23 – October 22.)

## SEPTEMBER HOLIDAYS

We all know that Labor Day is in September, but did you know that September also has a few little known holidays? Among these are National Grandparent Day, National Cheese Pizza Day, and National Drink-a-Beer Day! (We'll cheers to all three!)

## SEPTEMBER ACTIVITIES

### ICE CREAM SOCIAL & SILENT AUCTION

September 19th at 2pm

This September 19th New Mercer Commons invites residents, family and staff alike to our “*Walk to End Alzheimer's*” Ice Cream Social & Silent Auction Fundraiser! Laugh with peers while you enjoy an ice cream sundae, play games, & place bids on hand crafted gift baskets & items donated with love from local businesses. Its for a great cause!



## MUSICAL PERFORMANCES

We have a plethora of musical performances throughout the month of September for our residents to sing along and smile to including 2 Sound Affects performances, Music with Scott, Senior Serenaders, K.I.S.S, Peter & Doti & more!

## MUSCLE MOVEMENT

As we get older, it is so important to move our muscles slowly and intentionally. Join us throughout the month for daily morning exercise, Chair-obics, Pilates with Pals, Walking Club & our “Zen Zone: stretch & unwind” activities to relieve those achy joints! We are offering group sessions all week so pop in and pose with us!



Renate N. whipping up some paper beads! how creative!

## THERAPY DOG VISITS!

Furry friends make our days brighter, no doubt. We're offering our residents' group therapy sessions every week with some amazing pups! Join us for a doggone good time.

## RESIDENT BIRTHDAY BASH


On September 18th we will be hosting our Resident Birthday Bash for residents who celebrate birthdays in September. Please join us for games, music, & cake as we celebrate YOU!





Arnold palmer spreading smiles at Pet Therapy!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
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	<b>NATIONAL GRANDPARENTS DAY</b> <b>7</b> 9:45 Exercise - MR 10:30 Today in History – Coffee & Conversation - PDR 2:00 Bingo! - PDR 3:30 Walking Club	9:45 Exercise - LIB <b>8</b> 10:30 <i>Russell Risma Musical Performance! – CDR</i> 11:15 – Communion - MR 2:00 Balloon Volleyball! – CDR 3:30 Manicules – LIB -OR- 3:30 Pet Therapy! - MR 4:00 Stretch & Unwind - MR	9:45 Exercise - LIB <b>9</b> 10:30 Craft Club! - PDR 1:30 – <b>Rosary</b> - MR 2:00 <i>Peter &amp; Doti! – CDR</i> 3:30 “Menorca Biosphere Reserve -The Wild Heart of the Mediterranean” - MR 3:30 Wii-Bowling – LIB	<b>HAPPY BIRTHDAY GEORGE R.!</b> <b>10</b> 10:30 <i>Senior Serenaders! - CDR</i> 2:00 Bingo! - CDR 3:30 Happy Hour! - PDR	<b>HAPPY BIRTHDAY GERALDINE M.!</b> <b>11</b> 9:45 Exercise - LIB 10:30 <i>Hymns with Lynn - CDR</i> 2:00 <i>Music with Scott! - CDR</i> 3:30 <i>“Hedda Hopper: The Rise of Hollywood’s First Gossip Queen” - LIB</i>	<b>HAPPY BIRTHDAY JANICE B.!</b> <b>12</b> 9:45 Exercise - LIB 10:30 Wisdom Study - MR 2:00 Art Hour: Painting with Pinot! - PDR 3:30 Wii-Bowling – LIB 3:30 Poetry Club - MR	9:45 Exercise - LIB <b>13</b> 10:30 Giant Crossword - MR 2:00 <i>Movie Matinee &amp; Popcorn Pass: “The Cheap Detective” - MR</i> 3:30 Manicules
	9:45 Exercise - MR <b>14</b> 10:30 Today in History – Coffee & Conversation - PDR 2:00 Bingo! - PDR 3:30 Wordsearch & Wine! – PDR	9:45 Exercise - LIB <b>15</b> 10:30 Creative Writing Club – PDR 2:00 Balloon Ball! - PDR 3:30 Manicules – LIB – OR- 3:30 <i>“The Race to Reverse the River: A Chicago Story</i>	9:45 Exercise - LIB <b>16</b> 10:30 Giant Crossword - MR 1:30 – <b>Rosary</b> - MR 2:00 Moving with Trivia! - MR 3:30 Wii-Bowling – LIB	<b>HAPPY BIRTHDAY J. DAVE W.!</b> <b>17</b> 9:45 Exercise - LIB 10:30 Farkle - PDR 2:00 Bingo! – CDR 3:30 Art Club: “Andy Warhol – Why Was He So Different?” -MR	9:45 Exercise – LIB <b>18</b> 10:30 Watercolor Painting - PDR 2:00 <i>Resident Birthday Bash! - CDR</i> 3:15 Book Club! - MR	9:45 Exercise - LIB <b>19</b> 10:30 Worship - CDR 2:00 <i>Ice Cream Social &amp; Silent Auction! - CDR</i>	9:45 Exercise – LIB <b>20</b> 10:30 Giant Crossword - MR 2:00 <i>Movie Matinee &amp; Popcorn Pass: “Good Will Hunting” - MR</i> 3:30 Manicules
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<b>HAPPY BIRTHDAY JUDY V.!</b> <b>28</b> 9:45 Exercise - MR 10:30 Today in History – Coffee & Conversation - PDR 2:00 Bingo! - PDR 3:30 Wordsearch & Wine! – PDR	<b>HAPPY BIRTHDAY KATHRYN S.!</b> <b>29</b> 9:45 Exercise - MR 10:30 Creative Writing Club - PDR 2:00 Balloon Ball! – PDR 3:30 “Hunt for the Oldest DNA” - MR	<b>30</b> 9:45 Exercise - MR 10:30 Giant Crossword - MR 1:30 – <b>Rosary</b> - MR 2:00 Patio Pilates! - MR 3:30 Card Games: Uno! - PDR				<div>New Mercer Commons Assisted Living</div> <div>PINES</div> <div><div>MR - Media Room PDR - Pines Dining Room TR - Therapy room RM - In Room/ apartment CDR - Commons Dining Room</div><div>PDR - Pines Dining Room LIB - Library CK - Cedar Kitchenette DL - Dogwood Lounge</div></div>	



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	<b>NATIONAL GRANDPARENTS DAY!</b> <b>7</b> <b>9:45</b> Exercise <b>10:30</b> Today in History – Coffee & Conversation <b>2:00 Movie Matinee &amp; Popcorn Pass: “The Fundamentals of Caring”</b>	<b>9:45</b> Exercise <b>8</b> <b>10:30 Russell Risma Musical Performance! – CDR</b> <b>11:15 – Communion - MR</b> <b>2:00</b> Balloon Ball! <b>3:30</b> Scattergories!	<b>9:45</b> Exercise <b>9</b> <b>10:30</b> Bananagrams! <b>1:30 – Rosary - MR</b> <b>2:00 Peter &amp; Doti! - CDR</b> <b>3:30</b> Patio Games with Pals!	<b>HAPPY BIRTHDAY MARY ANNE S.!</b> <b>10</b> <b>10:30 Senior Serenaders! - CDR</b> <b>2:00</b> Puzzles with Pals! <b>3:30</b> Musical Memory Trivia!	<b>9:45</b> Exercise <b>11</b> <b>10:30 Hymns with Lynn - CDR</b> <b>2:00 Music with Scott! – CDR</b> <b>3:30</b> Bingo!	<b>9:45</b> Exercise <b>12</b> <b>10:30</b> Group Games: Blurt! <b>2:00</b> Art Hour: Coloring & Country Music <b>3:30</b> Walking Club
<b>HAPPY BIRTHDAY ELEANOR S.!</b> <b>14</b> <b>9:45</b> Exercise <b>10:30</b> Hot Topics Discussion Group <b>2:00 Movie Matinee &amp; Popcorn Pass: “The Cheap Detective”</b>	<b>9:45</b> Exercise <b>15</b> <b>10:30 – Wisdom Study</b> <b>2:00</b> Senior Shape: Seated Strengthening Class! <b>3:30</b> Pet Therapy Visits with ATD	<b>9:45</b> Exercise <b>16</b> <b>10:30</b> T.E.D. Talks - Discussion Group <b>1:30 – Rosary - MR</b> <b>2:00</b> Card Making Club <b>3:30 “The Vanderbilts Who Lost Everything”</b>	<b>9:45</b> Exercise <b>17</b> <b>10:30</b> Group Games: Corn Hole! <b>2:00</b> Hula Hoop Chair-obics! <b>3:30</b> Musical Memory Trivia!	<b>9:45</b> Exercise <b>18</b> <b>10:30</b> Bingo <b>2:00 Resident Birthday Party! - CDR</b> <b>3:30 “The Boys of ‘36”</b>	<b>9:45</b> Exercise <b>19</b> <b>10:30</b> Worship - CDR <b>2:00 Ice Cream Social &amp; Silent Auction! - CDR</b>	<b>9:45</b> Exercise <b>20</b> <b>10:30</b> Group Crossword Puzzles <b>2:00</b> Balloon Volleyball! <b>3:30</b> Manicures
<b>9:45</b> Exercise <b>21</b> <b>10:30</b> Today in History – Coffee & Conversation <b>2:00 Movie Matinee &amp; Popcorn Pass: “Journey to the Center of the Earth”</b>	<b>AUTUMNAL EQUINOX</b> <b>22</b> <b>9:45</b> Exercise <b>10:30</b> Group Games: Farkle! <b>11:15 – Communion - MR</b> <b>2:00</b> Art Therapy <b>3:30</b> Scattergories!	<b>9:45</b> Exercise <b>23</b> <b>10:30</b> Card Games: Uno! <b>1:30 – Rosary - MR</b> <b>2:00 “Tricky Dick &amp; The Man in Black: A Johnny Cash Story”</b> <b>3:30</b> Patio Games with Pals!	<b>9:30</b> Exercise <b>24</b> <b>10:15 Music with Kendra! - CDR</b> <b>2:00</b> Musical Memory Trivia! <b>3:30</b> Books a la Carte	<b>9:45</b> Exercise <b>25</b> <b>10:30 Hymns with Lynn! - CDR</b> <b>2:00</b> Bingo! <b>3:30 “Teddy Roosevelt – A Cowboys Ride to the White House”</b>	<b>9:45</b> Exercise <b>26</b> <b>10:30</b> Group Games: Pictionary! <b>2:00</b> Art Hour: Coloring & Classical Music <b>3:30</b> Puzzles with Pals!	<b>9:45</b> Exercise <b>27</b> <b>10:30</b> Reminiscing <b>2:00</b> Balloon Ball! <b>3:30</b> Manicures
<b>9:45</b> Exercise <b>28</b> <b>10:30</b> Hot Topics Discussion Group <b>2:00 Movie Matinee &amp; Popcorn Pass: “Where the Track Ends”</b>	<b>9:45</b> Exercise <b>29</b> <b>10:30 – Wisdom Study</b> <b>2:00</b> Balloon Ball! <b>3:30</b> Pet Therapy Visits with ATD	<b>9:45</b> Exercise <b>30</b> <b>10:30</b> T.E.D. Talks - Discussion Group <b>1:30 – Rosary - MR</b> <b>2:00</b> Card Making Club <b>3:30</b> Short Stories & Snacks!				<b>New Mercer Commons Assisted Living</b> <b>MEMORY CARE</b> <div>           O - Oak (Morning Activities)            P - Pine            N - Native Fir (Afternoon Activities)            M - Maple         </div>