

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 All activities are subject to change.	LABOR DAY 9:30 Fun & Fit Exercise 1 10:30 Catholic Rosary, LE-1 1:30 Manicure 2:00 Baking Group- Snack Time – Cookies 4:00 Balloon Ball 5:00 Lotion Hand massage 6:00 TV Time 7:00 Lavander Oil and Relaxing Music	9:30 Bingo 2 10:30 Seated Stretching 1:30 painting Group 2:00 Snack & TV time 4:00 Music & Movement 5:00 Hot Towel Massage 6:00 Resident’s Favorite Songs 7:00 Lavander Oil and Relaxing Music	9:30 Balloon Ball 3 10:30 Make over Day 1:30 Connect 4 2:00 Baking Group- Snack Time – Cookies 4:00 Adult Coloring Pages 5:00 Shoulder Massage 6:00 TV Time 7:00 Lavander Oil and Relaxing Music	9:30 Fun & Fit Exercise 4 10:30 Name this Animal 1:30 Music & Movement 2:00 Snack Time 4:00 TV Time 5:00 Lotion Hand Massage 6:00 Short Story Time 7:00 Lavander Oil and Relaxing Music	9:30 Balloon ball 5 10:00 Music with Bob P. 1:30 Adult Coloring Pages 2:00 Snack Time 4:00 Puzzle time 5:00 Hot Towell Hand Massage 6:30 TV Time 7:00 Lavander Oil and Relaxing Music	9:30 Fun & Fit Exercise 6 10:30 Manicure 1:30 TV Time 2:00 Snack Time 4:00 Balloon Ball 5:00 Lotion Hand Massage 6:30 Adult Coloring pages 7:00 Lavander Oil and Relaxing Music
	9:30 Adult Coloring pages 7 10:30 Sunday Devotional, DR-2 1:30 Lotion Massage 2:00 Snack & Music 4:00 TV Time 5:00 Shoulder Massage 6:00 Puzzle 7:00 Lavander Oil and Relaxing Music	9:30 Fun & Fit Exercise 8 10:30 Catholic Rosary, LE-1 1:30 Manicure 2:00 Music with Bob P, DR-1 2:00 Baking Group- Snack Time – Cookies 4:00 Balloon Ball 5:00 Lotion Hand massage 6:00 TV Time 7:00 Lavander Oil and Relaxing Music	9:30 Bingo 9 10:30 Seated Stretching 1:30 painting Group 2:00 Snack & TV time 4:00 Music & Movement 5:00 Hot Towel Massage 6:00 Resident’s Favorite Songs 7:00 Lavander Oil and Relaxing Music	9:30 Balloon Ball 10 10:30 Make over Day 1:30 Connect 4 2:00 Baking Group- Snack Time – Cookies 4:00 Adult Coloring Pages 5:00 Shoulder Massage 6:00 TV Time 7:00 Lavander Oil and Relaxing Music	9:30 Fun & Fit Exercise 11 10:30 Name this Animal 1:30 Music & Movement 2:00 Snack Time 4:00 TV Time 5:00 Lotion Hand Massage 6:00 Short Story Time 7:00 Lavander Oil and Relaxing Music	9:30 Balloon ball 12 10:00 Music with Bob P. 1:30 Adult Coloring Pages 2:00 Snack Time 4:00 Puzzle time 5:00 Hot Towell Hand Massage 6:30 TV Time 7:00 Lavander Oil and Relaxing Music
	9:30 Adult Coloring pages 14 10:30 Sunday Devotional, DR-2 1:30 Lotion Massage 2:00 Snack & Music 4:00 TV Time 5:00 Shoulder Massage 6:00 Puzzle 7:00 Lavander Oil and Relaxing Music	9:30 Fun & Fit Exercise 15 10:30 Catholic Rosary, LE-1 1:30 Manicure 2:00 Baking Group- Snack Time – Cookies 4:00 Balloon Ball 5:00 Lotion Hand massage 6:00 TV Time 7:00 Lavander Oil and Relaxing Music	9:30 Bingo 16 10:30 Seated Stretching 1:30 painting Group 2:00 Snack & TV time 4:00 Music & Movement 5:00 Hot Towel Massage 6:00 Resident’s Favorite Songs 7:00 Lavander Oil and Relaxing Music	9:30 Balloon Ball 17 10:30 Make over Day 1:30 Connect 4 2:00 Baking Group- Snack Time – Cookies 4:00 Adult Coloring Pages 5:00 Shoulder Massage 6:00 TV Time 7:00 Lavander Oil and Relaxing Music	9:30 Fun & Fit Exercise 18 10:30 Name this Animal 1:30 Music & Movement 2:00 Snack Time 4:00 TV Time 5:00 Lotion Hand Massage 6:00 Short Story Time 7:00 Lavander Oil and Relaxing Music	9:30 Balloon ball 19 10:00 Music with Bob P. 1:30 Adult Coloring Pages 2:00 Snack Time 4:00 Puzzle time 5:00 Hot Towell Hand Massage 6:30 TV Time 7:00 Lavander Oil and Relaxing Music
	9:30 Adult Coloring pages 21 10:30 Sunday Devotional, DR-2 1:30 Lotion Massage 2:00 Snack & Music 4:00 TV Time 5:00 Shoulder Massage 6:00 Puzzle 7:00 Lavander Oil and Relaxing Music	9:30 Fun & Fit Exercise 22 10:30 Catholic Rosary, LE-1 1:30 Manicure 2:00 Baking Group- Snack Time – Cookies 4:00 Balloon Ball 5:00 Lotion Hand massage 6:30 TV Time 7:00 Lavander Oil and Relaxing Music	9:30 Bingo 23 10:30 Seated Stretching 1:30 painting Group 2:00 Snack & TV time 4:00 Music & Movement 5:00 Hot Towel Massage 6:00 Resident’s Favorite Songs 7:00 Lavander Oil and Relaxing Music	9:30 Balloon Ball 24 10:30 Make over Day 1:30 Connect 4 2:00 Baking Group- Snack Time – Cookies 4:00 Adult Coloring Pages 5:00 Shoulder Massage 6:00 TV Time 7:00 Lavander Oil and Relaxing Music	9:30 Fun & Fit Exercise 25 10:30 Name this Animal 1:30 Music & Movement 2:00 Snack Time 4:00 TV Time 5:00 Lotion Hand Massage 6:00 Short Story Time 7:00 Lavander Oil and Relaxing Music	9:30 Balloon ball 26 10:00 Music with Bob P. 1:30 Adult Coloring Pages 2:00 Snack Time 4:00 Puzzle time 5:00 Hot Towell Hand Massage 6:30 TV Time 7:00 Lavander Oil and Relaxing Music
	9:30 Adult Coloring pages 28 10:30 Sunday Devotional, DR-2 1:30 Lotion Massage 2:00 Snack & Music 4:00 TV Time 5:00 Shoulder Massage 6:00 Puzzle 7:00 Lavander Oil and Relaxing Music	9:30 Fun & Fit Exercise 29 10:30 Catholic Rosary, LE-1 1:30 Manicure 2:00 Baking Group- Snack Time – Cookies 4:00 Balloon Ball 5:00 Lotion Hand massage 6:00 TV Time 7:00 Lavander Oil and Relaxing Music	9:30 Bingo 30 10:30 Seated Stretching 1:30 painting Group 2:00 Snack & TV time 4:00 Music & Movement 5:00 Hot Towel Massage 6:00 Resident’s Favorite Songs 7:00 Lavander Oil and Relaxing Music			Lemay Avenue Health & Rehab SECURE UNIT