

# Happenings

SEPTEMBER 2025

815 Centre Avenue  
Fort Collins, CO  
970-494-2140

**ADMINISTRATOR**

Clinton Dale

**DIRECTOR  
OF NURSING**

Jordyn Pim

**OFFICE MANAGER**

Jackie Avitia

**ACTIVITY DIRECTOR**

Elizabeth Bringham

**ADMISSIONS  
DIRECTOR**

Christine Vandenhoff

**REGISTERED  
DIETICIAN**

Tina Jones

**ENVIRONMENTAL  
SERVICES**

Tara Mattaliano

**RESIDENT COUNCIL  
PRESIDENT**

Ellen J.

**INTERIM  
OMBUDSMAN**

Sari Obendorf



*Outdoor wheelchair walks  
have been lively lately!*

## HAPPY FALL, Y'ALL!

Please join us for our fall festival on 9/26, our big annual Alzheimer's Foundation fundraiser! We will have food, live music, face painting, pumpkin painting, animals, games, vendors, and a dunk tank! Activities there will cost a few dollars each for members of the community, Columbine staff, and resident family members. However, except for face painting and the food truck, activities there will be free for Columbine residents!

## OTHER ACTIVITIES ANNOUNCEMENTS:

- Labor Day is on 9/1, when we recognize and honor the hard-working people in our lives! As we do with several holidays throughout the year, we will only be holding morning activity programming, to give our staff and the residents time to celebrate the day with their families.
- Our beloved chicks will go back to their farm on 9/3. We've enjoyed having them here, and the residents have shared many of their fond memories about having chickens in our time getting to see them hatch and grow!

- We will be selling candy bars by reception all month to raise money for the Alzheimer's Foundation!



- Our monthly outing is planned, weather pending, for 9/24 to the Spring Creek Gardens. Due to limited space, this activity is for long-term care patients only! Family members of the residents going are also welcome to attend, but would need to cover their own admission cost.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <b>All activities are subject to change.</b>	<b>LABOR DAY</b> <b>9am</b> Morning News <b>9:30am</b> Stretch and Strengthen <b>10:30am</b> Labor Day Trivia, Treats, and Reminiscing <b>1</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Energize <b>10:30am</b> Bingo <b>1:30pm</b> Pet Therapy (2nd Floor) <b>2pm</b> Manicures (LTC) <b>3pm</b> Catholic Communion Room Visits <b>4:30pm</b> Dinner Music with Donna <b>2</b>	<b>CHICKS RETURNING HOME!</b> <b>9am</b> Morning News <b>9:30am</b> Chair Yoga <b>10:30am</b> Real Talk with Catherine <b>10:30am</b> Pet Therapy (1st Floor) <b>1pm</b> Book Cart (1st Floor) <b>1:30pm</b> Painting Club <b>3</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Energize <b>10:30am</b> Creative Arts <b>1:30pm</b> Brain Games/Trivia Packets <b>1:30pm</b> Outdoor Wheelchair Walks (2nd Floor) <b>4</b>	<b>9am</b> Morning News <b>9:30am</b> Exercise and Games! <b>10:30am</b> Book Club <b>1:30</b> Rosary Group <b>2pm</b> Outdoor Wheelchair Walks (1st Floor) <b>3pm</b> Book Cart (2nd Floor) <b>5</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Strengthen <b>10:30am</b> Giant Crossword <b>2pm</b> “All Creatures Great and Small” Watch Party <b>6</b>	
	<b>HAPPY GRANDPARENTS DAY!</b> <b>9am</b> Morning News <b>9:30am</b> Stretch and Strengthen <b>10:30am</b> Streaming Sunday Services <b>1:30pm</b> Reminiscing Group: Grandchildren Pictures and Stories! <b>7</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Strengthen <b>10:30am</b> Bible Devotional with Peter <b>10:30am</b> Aromatherapy <b>1:30pm</b> Wisdom Study Group <b>6pm</b> Movie Night: The Fortune Cookie (Comedy) <b>8</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Energize <b>10:30am</b> Bingo <b>1:30pm</b> Pet Therapy (2nd Floor) <b>2pm</b> Manicures (LTC) <b>3pm</b> Catholic Communion Room Visits <b>9</b>	<b>9am</b> Morning News <b>9:30am</b> Chair Yoga <b>10:30am</b> Real Talk with Catherine <b>10:30am</b> Pet Therapy (1st Floor) <b>1pm</b> Book Cart (1st Floor) <b>1:30pm</b> Outdoor Wheelchair Walks (2nd Floor) <b>10</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Energize <b>10:30am</b> Resident Council <b>1:30pm</b> Brain Games/Trivia Packets <b>2:30pm</b> Ice Cream Social with Josh Long <b>11</b>	<b>9am</b> Morning News <b>9:30am</b> Exercise and Games! <b>10:15am</b> Sing-A-Long with Kendra Hansen <b>1:30pm</b> Outdoor Wheelchair Walks (1st Floor) <b>2pm</b> Social Hour with Therapy Cat, Lulu! <b>3pm</b> Book Cart (2nd Floor) <b>12</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Strengthen <b>10:30am</b> Jeopardy <b>2pm</b> “All Creatures Great and Small” Watch Party <b>13</b>
	<b>9am</b> Morning News <b>9:30am</b> Stretch and Strengthen <b>10:30am</b> Streaming Sunday Services <b>1:30pm</b> Games and Open Rec <b>14</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Energize <b>10:30am</b> Outdoor Wheelchair Walks (2nd Floor) <b>10:30am</b> Aromatherapy <b>1:30pm</b> Monthly Birthday Celebration with Music by Alysia Kraft <b>6pm</b> Movie Night: Twister (Thriller) <b>15</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Energize <b>10:30am</b> Bingo <b>1:30pm</b> Pet Therapy (2nd Floor) <b>2pm</b> Manicures (LTC) <b>3pm</b> Catholic Communion Room Visits <b>16</b>	<b>9am</b> Morning News <b>9:30am</b> Chair Yoga <b>10:30am</b> Real Talk with Catherine <b>10:30am</b> Pet Therapy (1st Floor) <b>1pm</b> Book Cart (1st Floor) <b>1:30m</b> Painting Club <b>17</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Energize <b>10:30am</b> Music with Susan <b>1:30pm</b> Brain Games/Trivia Packets <b>2pm</b> Creative Arts <b>18</b>	<b>9am</b> Morning News <b>9:30am</b> Exercise and Games! <b>10:30am</b> Brain Game: “Finish This Phrase!” <b>1:30pm</b> Outdoor Wheelchair Walks (1st Floor) <b>3pm</b> Book Cart (2nd Floor) <b>19</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Strengthen <b>10:30am</b> Giant Crossword <b>2pm</b> “All Creatures Great and Small” Watch Party <b>20</b>
	<b>9am</b> Morning News <b>9:30am</b> Stretch and Strengthen <b>10:30am</b> Streaming Sunday Services <b>1:30pm</b> Games and Open Rec <b>21</b>	<b>Fall Equinox</b> <b>9am</b> Morning News <b>9:30am</b> Stretch and Strengthen <b>10:30am</b> Aromatherapy <b>10:30am</b> Communion with Peter <b>1:30pm</b> Outdoor Wheelchair Walks (2nd Floor) <b>6pm</b> Movie Night: Sister Act I <b>22</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Energize <b>10:30am</b> Bingo <b>1:30pm</b> Pet Therapy (1st Floor) <b>2pm</b> Manicures (LTC) <b>3pm</b> Catholic Communion Room Visits <b>23</b>	<b>9am</b> Morning News <b>9:30am</b> Chair Yoga <b>10:30am</b> Real Talk with Catherine <b>10:30am</b> Pet Therapy (2nd Floor) <b>1pm</b> Book Cart (1st Floor) <b>1:30pm Spring Creek Garden Outing (LTC only- space limited!)</b> <b>24</b>	<b>9am</b> Morning News <b>9:30am</b> Catholic Mass <b>10:15am</b> Stretch and Energize <b>1:30pm</b> Painting Club <b>25</b>	<b>9am</b> Morning News <b>9:15am</b> Stretch and Energize <b>11am-3pm Fall Festival! Come for crafts, face painting, a dunk tank, food, games, vendors, and live music from “Uno, Dos, Tracz!”</b> <b>26</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Strengthen <b>10:30am</b> Jeopardy <b>2pm</b> “All Creatures Great and Small” Watch Party <b>27</b>
	<b>9am</b> Morning News <b>9:30am</b> Stretch and Strengthen <b>10:30am</b> Streaming Sunday Services <b>1:30pm</b> Watermelon and Summer Trivia! <b>28</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Strengthen <b>10:30am</b> Aromatherapy <b>10:30am</b> National Coffee Day Social and Trivia <b>1:30pm</b> Outdoor Wheelchair Walks (2nd Floor) <b>6pm</b> Movie Night: Sister Act 2 <b>29</b>	<b>9am</b> Morning News <b>9:30am</b> Stretch and Energize <b>10:30am</b> Bingo <b>1:30pm</b> Pet Therapy (2nd Floor) <b>2pm</b> Manicures (LTC) <b>3pm</b> Catholic Communion Room Visits <b>30</b>				<b>Centre Avenue</b> Health & Rehab





1.



3.



4.

2.

1. Mary, Ly, Ellen, and Louise went on an outing to the Farm at Lee Martinez Park.
2. Meet our chicks! Some of them have multiple names.
3. Fran shakes hands with our therapy cat, Lulu
4. Dolores delights in painting!

## SEPTEMBER BIRTHDAYS

Please join us to celebrate our September birthdays on **September 15th** with cupcakes and live music by Alysia Kraft! We only have one long-term care birthday for this month, **Colleen W.**, so make sure to wish her the best when you see her! We will also recognize rehab patient birthdays at the celebration.

## HONORING ALL THE GRANDPARENTS OUT THERE!

**Grandparents Day falls on September 7th this year.** Residents are welcome to join our reminiscing group that day, where all are invited to tell their best stories about being a grandparent and bring pictures of their adorable grandchildren! Some of the stories may also be featured in our next newsletter!