

The Wexford Happenings

AUGUST 2025

1515 West 28th St.
Loveland, CO
970-667-1900

MANAGER
Sam Bonnell

ACTIVITIES DIRECTOR
TBA

CHEF
Drea Hayes

**HOUSEKEEPING
SUPERVISOR**
Brenda Whisenand

**MAINTENANCE
SUPERVISOR**
Jim Krening

OFFICE MANAGER
Easton Madrid



WEXFORD IN HOUSE ACTIVITIES

Check the activity book in the front lobby for all activities, events, outings and outside services.

MENU REVIEW WITH CHEF DREA

Have questions about the food offerings on the menu? **Come to the Dining Room at 9:00 a.m. on Mondays** to get your questions answered. Nothing wrong with a little food for thought!

DIETARY MEETING

Food is the ingredient that binds us together. **Join your fellow food enthusiasts of The Wexford in the Activity Room on Tuesday, August 5th at 1:00 p.m.** for the opportunity to give feedback regarding the menu and service.

CRAFT WITH DIANE, MARY, AND BRENDA

Join some of the housekeeping team in the activity room on Thursday, August 14th at 2:00pm to make some tea light jars with beautifully pressed flowers!

COCKTAIL SOCIAL

Enjoy some drinks and social time with friends in the Town Hall every Monday, Wednesday, and Friday! Each month will feature a new menu.





CELEBRATIONS
AT THE
WEXFORD

AUGUST
BIRTHDAYS

Residents:

Aug. 1 - DeLores Dodge
Aug. 7 - Jane Noll
Aug. 16 - Fran Forsch
Aug. 17 - Eileen Packard
Aug. 17 - Cindy Reeves
Aug. 21 - Jean Porter
Aug. 31 - Dennis Coleman

Staff:

Aug. 3 - Easton Madrid
Aug. 22 - Drea Hayes
Aug. 31 - Ryan LeRoux

MONTHLY
ENTERTAINMENT/
CLASSES:

WILDLIFE WINDOW
NATURE SERIES BY KEVIN
COOK

*Friday, August 1st at 2:00 p.m. in the
Activity Room*

The Collected
Many wildlife species in Colorado
bear names of people who first
recognized them as previously
unknown. Engelmann Spruce
and Parry Primrose honor the
achievements of two giants in botany;
others like them contributed much
as well. Their collections allow us to
compare then with now.

**MUSIC WITH STEVE
MANSHELL**
Welcome Steve back to The Wexford
by joining us **in the town hall on
Thursday, August 7th at 3:00pm** for
some rockin’ music on the guitar!

MUSIC WITH SOUND
AFFECTS: ARTIST(S) TO BE
ANNOUNCED

**Join us in the town hall on
Thursday, August 14th at 3:00pm**
for an enjoyable performance from a
Sound Affects artist!

MUSIC WITH KELSO KELLY
**Join us in the town hall on August
21st at 3:00pm** for some rock, pop,
and western favorites on the guitar!

MUSIC WITH JERRY KUTA
Jerry plays music you can all sing
to! **Join him in the town hall on
Thursday, July 10th at 3:00pm** for
all of your favorites from the 50s and
60s.

TRAVEL PRESENTATION:
DENMARK AND SWEDEN

Join Marjorie Morningstar of
Morningstar Photos **in the Activity
Room on Monday, August 5th at
3:30pm** for a presentation about
traveling through Denmark and
Sweden.

TRAVEL ADVISING
PRESENTATION:
OPPORTUNITIES AND TIPS
FOR SUCCESSFUL TRAVEL

Join Noelle, a travel advisor, **in the
activity room on Tuesday, August
12th at 3:30pm** for a presentation on
the best travel opportunities right
now!

TECHNOLOGY TUTORIAL
PRESENTATION

Do you ever have difficulty using your
smart phone, tablet, or computer?
Join Erin Doty in the activity room
on Friday, August 29th at 2:00pm for
a tutorial on how to get the best use
out of your devices, as well as a time
for you to get any specific questions
answered. This is a wonderful
opportunity to learn some new tips
and tricks!

DIVING INTO DOCUMENTARIES
Watching a documentary is about discovering,
being open, learning and following your
curiosity. Join us in the Activity Room, Mondays
and **Thursdays, at 7 p.m. for the following
documentaries.**
This month’s theme is ECOSYSTEMS AND
CLIMATE CHANGE!

- Aug. 4** - Secrets of the Forest
- Aug. 7** - The Pollinators, Bees, Food
Supply, and Environment
- Aug. 11** - The Hidden World of Plants,
Survival and Evolution
- Aug. 14** - The Stream, Ecosystem in
Jeopardy
- Aug. 18** - Extreme Weather, Facing a
New Reality
- Aug. 21** - Climate Change, 10 Most
Impacted Places
- Aug. 25** - Climate Change, Averting
Catastrophe
- Aug. 28** - Climate Change on Trial

GRACE AND FRANKIE
Enjoy this highly recommended show **on
Saturdays at 10:00 a.m. in the activity room!**
Each week we will show a different episode.
*Finding out that their husbands are not just work
partners but have also been romantically involved
for the last twenty years, two women with an
already strained relationship try to cope with the
circumstances together.*

AS TIME GOES BY
Wednesdays at 7:00 p.m.
The Korean War, and a long lost letter, separate
the lives of young lovers Jean Pargetter and
Lionel Hardcastle, whose paths cross again by
happenstance.

**PBS COLORADO EXPERIENCE
SCHEDULE**
Thursdays at 1:30 p.m.
Aug. 7 - Living Unhoused (Part 1)
Aug. 21 - The Great Pueblo Flood
Aug. 28 - Lost and Preserved in
Colorado Springs

WEXFORD BOOK CLUB
Love to read and have conversations? We
welcome you to join The Wexford Book
Club! They say there are no faster or firmer
friendships than those formed between people
who love the same Looks. **Join us in the Fireside
Room on Wednesday, August 27th at 1:00 p.m.**

WEXFORD ACTIVITY TRIPS
Please sign up for all trips in the activity book and
please be courteous and call if you cannot attend an
outing. On the day of the scheduled outing, **please
meet in the lobby 10 minutes prior to departure
time.**

SHOPPING TRIPS:
Mondays at 1:00 p.m.
Aug. 4 - Walmart (65th Street)
Aug. 11 - King Soopers
Aug. 18 - Dollar Tree
Aug. 27 - Sprouts

NORTH LAKE TRAIN RIDE
Enjoy a relaxing train ride through North Lake Park
across the street, **on Friday, August 1st at 3:30pm.**
The cost of this ride is \$1.00 per person. Please sign
up in the activity binder to join!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|---|--|
|  | | | | | Happy Birthday, DeLores D! 1 9:00am Walking the Wexford- TH 10:00am Seated Beach Volleyball - AR 1:00pm Billiards Club- AR 2:00pm Kevin Cook Nature Presentation- AR 3:30pm <u>*North Lake Park Train Ride- ML</u> 4:00pm Cocktail Social- TH | 10:00am Grace and Frankie (Season 4) Episodes 6 & 7- AR 2 2:00pm Movie Matinee: South Pacific- AR 7:00pm Movie Matinee: South Pacific- AR |
| 10:00am Senior Style Exercise- AR 3 2:00pm Movie Matinee: South Pacific- AR 5:00pm Movie Matinee: South Pacific- AR | 9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea- TH 4 10:00am Wexford Community Meeting - AR 1:00pm Billiards Club- AR 1:00pm <u>*Shopping Trip to Walmart (65th Street)- ML</u> 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH 7:00pm Documentary: Secrets of the Forest (NOVA PBS)- AR | 9:00am Wii Bowling- AR 5 10:00am Brain and Balance - AR 1:00pm Poker- TH 1:00pm Left Center Right Game- AR 1:45pm Quarter Bingo- AR 3:30pm Travel Presentation: Denmark and Sweden- AR | 9:00am Footcare Clinic- APT 6 9:00am Walking the Wexford- TH 10:00am Morning Bible Study- AR 12:30pm BLOOM Laundry- APT 1:00pm One on One Time with Chaplain (Sign Up Required)- PDR 1:00pm Mahjong- TH 3:30pm Wordle- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 5) Episodes 2 & 3- AR | Happy Birthday, Jane N! 7 9:00am Crossword- AR 10:00am Brain and Balance- AR 10:45am Trivia- AR 1:00pm Poker- TH 1:30pm PBS CO Experience: Living Unhoused (Part 1)- AR 3:00pm Happy Hour: Steve Manshell - TH 7:00pm Documentary: The Pollinators, Bees, Food Supply, and Environment (Full Documentary)- AR | 9:00am Walking the Wexford - TH 8 10:00am Seated Beach Volleyball- AR 1:00pm Blood Pressure Clinic - PDR 1:00pm Billiards Club- AR 1:45pm Quarter Bingo- AR 4:00pm Cocktail Social- TH | 10:00am Grace and Frankie (Season 4) Episodes 8 & 9- AR 9 2:00pm Movie Matinee: The Secret, Dare to Dream- AR 7:00pm Movie Matinee: The Secret, Dare to Dream- AR |
| 10:00am Senior Style Exercise- AR 10 2:00pm Movie Matinee: The Secret, Dare to Dream- AR 5:00pm Movie Matinee: The Secret, Dare to Dream- AR 5:00pm Dinner and A Movie (Sign up Required) - TH | 9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea- TH 11 10:00am Boccia- AR 1:00pm Billiards Club- AR 1:00pm <u>*Shopping Trip to King Soopers- ML</u> 2:00pm Hymns and Communion- TH 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH 7:00pm Documentary: The Hidden World of Plants, Survival and Evolution (SLICE Science)- AR | 9:00am Wii Bowling- AR 12 10:00am Brain and Balance - AR 1:00pm Poker- TH 1:00pm Left Center Right Game - AR 1:45pm Quarter Bingo- AR 3:30pm Travel Advising Presentation: Opportunities and Tips for Successful Travel- AR | 9:00am Walking the Wexford- TH 13 10:00am Morning Bible Study - AR 12:30pm BLOOM Laundry- APT 1:00pm One on One Time with Chaplain (Sign Up Required)- PDR 1:00pm Mahjong- TH 2:00pm Chair Yoga- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 5) Episodes 4 & 5- AR | 9:00am Crossword- AR 14 10:00am Brain and Balance- AR 10:45am Trivia- AR 1:00pm Poker- TH 2:00pm Craft with Diane, Mary, and Brenda- AR 3:00pm Happy Hour: Sound Affects- TH 7:00pm Documentary: The Stream, Ecosystem in Jeopardy (Documentary- Nature)- AR | 9:00am Walking the Wexford- TH 15 10:00am Seated Beach Volleyball- AR 1:00pm Billiards Club- AR 1:45pm Quarter Bingo- AR 3:30pm Activity Meeting- AR 4:00pm Cocktail Social- TH | Happy Birthday, Fran F! 16 10:00am Grace and Frankie (Season 4) Episodes 10 & 11- AR 2:00pm Movie Matinee: Big Eyes- AR 7:00pm Movie Matinee: Big Eyes- AR |
| Happy Birthday, Eileen P! 17 Happy Birthday, Cindy R! 10:00am Senior Style Exercise- AR 2:00pm Movie Matinee: Big Eyes- AR 5:00pm Movie Matinee: Big Eyes- AR | 9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea- TH 18 10:00am Boccia- AR 1:00pm Billiards Club- AR 1:00pm <u>*Shopping Trip to Dollar Tree- ML</u> 2:00pm Low Vision Support Group - Lakeview Commons 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH 7:00pm Documentary: Extreme Weather, Facing a New Reality (Seed)- AR | 9:00am Wii Bowling- AR 19 10:00am Brain and Balance- AR 1:00pm Poker- TH 1:45pm Quarter Bingo- AR 3:00pm Left Center Right Game- AR | 9:00am Walking the Wexford- TH 20 10:00am Morning Bible Study- AR 10:00am <u>*Trip to Horse Palace Swan Ranch- ML</u> 12:30pm BLOOM Laundry- APT 1:00pm One on One Time with Chaplain (Sign Up Required)- PDR 1:00pm Mahjong- TH 3:00pm Connect Hearing Clinic- PDR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 5) Episodes 6 & 7- AR | Happy Birthday, Jean P! 21 9:00am Crossword- AR 10:00am Brain and Balance- AR 10:45am Trivia- AR 1:00pm Poker- TH 1:30pm PBS CO Experience: The Great Pueblo Flood- AR 3:00pm Happy Hour: Kelso Kelly- TH 7:00pm Documentary: Climate Change, 10 Most Impacted Places (Alluring Planet)- AR | 9:00am Walking the Wexford- TH 22 10:00am Seated Beach Volleyball- AR 1:00pm Billiards Club- AR 1:45pm Quarter Bingo- AR 3:30pm Summer Brain Games- AR 4:00pm Cocktail Social- TH | 10:00am Grace and Frankie (Season 4) Episodes 12 & 13- AR 23 2:00pm Movie Matinee: The Lion in Winter- AR 7:00pm Movie Matinee: The Lion in Winter- AR |
| 10:00am Senior Style Exercise- AR 24 2:00pm Movie Matinee: The Lion in Winter- AR 5:00pm Movie Matinee: The Lion in Winter- AR | 9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea- TH 25 10:00am Boccia- AR 1:00pm Billiards Club- AR 1:00pm <u>*Shopping Trip to Sprouts- ML</u> 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH 7:00pm Documentary: Climate Change, Averting Catastrophe (DW Documentary)- AR | 9:00am Wii Bowling- AR 26 10:00am Brain and Balance- AR 1:00pm Poker- TH 1:45pm Quarter Bingo- AR 3:00pm Left Center Right Game- AR | 9:00am Walking the Wexford- TH 27 10:00am News and Coffee with Rebecca- AR 12:30pm BLOOM Laundry- APT 1:00pm One on One Time with Chaplain (Sign Up Required)- PDR 1:00pm Mahjong- TH 1:00pm Book Club- FR 2:00pm Chair Yoga- AR 3:30pm Wordle- FR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 5) Episodes 2 & 3- AR | 9:00am Crossword- AR 28 10:00am Brain and Balance- AR 10:45am Trivia- AR 1:00pm Poker- TH 1:30pm PBS CO Experience: Lost and Preserved in Colorado Springs- AR 3:00pm Happy Hour: Jerry Kuta- TH 7:00pm Documentary: Climate Change on Trial (BBC World Service)- AR | 9:00am Walking the Wexford- TH 29 10:00am Seated Beach Volleyball- AR 11:30pm <u>*Picnic at Mehaffey Park- ML</u> 1:00pm Billiards Club- AR 2:00pm Technology Tutorial (Smart phones, TVs, Computers, ect.)- AR 4:00pm Cocktail Social- TH | 10:00am Grace and Frankie (Season 5) Episodes 1 & 2- AR 30 2:00pm Movie Matinee: Grease- AR 7:00pm Movie Matinee: Grease- AR |
| Happy Birthday, Dennis C! 31 10:00am Senior Style Exercise- AR 2:00pm Movie Matinee: Grease- AR 5:00pm Movie Matinee: Grease- AR | <div>The Wexford</div> | | | <div>All activities are subject to change.</div> |  | |

TRIP TO HORSE PALACE SWAN RANCH

Sign up in the activity binder to join us for a trip to Cheyenne’s newest casino! **We will be going on Wednesday, August 20th at 10:00am** and spend most of the day there. We will be getting lunch once we arrive at the casino and be back in time for dinner at The Wexford.

PICNIC AT MEHAFFEY PARK

It’s that time of year for our annual fried chicken picnic at the park! **Sign up in the activity binder to join us on Friday, August 29th.** Multiple trips will be provided with the activity bus, but carpooling is still encouraged so we can get as many people as possible to the park. Gluten free options will be available.

WEXFORD FITNESS

Let’s get fit! Don’t forget about all the exercise opportunities at The Wexford. Challenge yourself to try something new!

MUSIC & MOVEMENT WITH HEATHER

Mondays at 3:00 p.m. in the Activity Room.
Start your week with a fun workout class while singing some of your favorite songs and using seasonal props to enhance the exercises.

WALKING THE WEXFORD

Every Monday, Wednesday, and Friday at 9:00a.m.
the Walking Group meets in the West Side Dining Room and begins their walk around the 2nd floor. Join them for a morning walk around Wexford.

BRAIN & BALANCE

SHE’S BACK!!! Let’s welcome Diane back to The Wexford by joining her **in the activity room every Tuesday and Thursday at 10:00am** for an exercise class that strengthens both your brain and your body.

CHAIR YOGA WITH ERIN

Join Erin in the activity room **on Wednesday, July 9th and 23rd** for a chair yoga class with just the right amount of challenge!

SPIRITUAL CARE AT THE WEXFORD

CHATting WITH CHAPLAIN REBECCA

A chaplain is like a leader or teacher; however, a chaplain’s biggest gift is to be present and just listen. Join our very own Chaplain Rebecca **in the Activity Room or Town Hall on Wednesday’s at 10:00 a.m.** for some fellowship.

IN NEED OF A LITTLE SUPPORT?

Our chaplain, Rebecca McFee, **is available every Wednesday afternoon** for personal visits. You might consider a chaplain visit to talk about grief, decisions you need to make, family issues, and other spiritual and emotional support. She is also available to pray with you. If you wish to have a visit, we will now have a sign-up sheet in the sign-up book. Or, you can also contact Rebecca directly at Rebecca. **mcfee@columbinehealth.com.** All visits are free and confidential.

HYMNS AND COMMUNION

Provided by Mountain View Presbyterian Church **in the Town Hall, Monday, August 11th at 2:00p.m.**

SERVICES AT THE WEXFORD

THE WEXFORD SALON

Need a fresh new look? Or want to get your hair styled? The Wexford Salon is just the place for you. Our stylist offers a variety of services at great prices and are located on the first floor of The Wexford. **Feel free to give Sheila a call at 970-581-7861** to find out what she can do for YOU and to book an appointment.

BLOOM AT HOME LAUNDRY SERVICE

BLOOM at Home, Columbine’s Non-Medical Home Care, is pleased to offer an on-site laundry service to our residents. **The cost is \$15.00 for the first load and \$10.00 for additional loads thereafter. Laundry must be placed outside your door by 11:00 a.m.** Please sign up in the activity book if you are interested in this service, as this service is provided weekly every Tuesday.

FOOT CARE CLINIC

Dr. Mike Thomas, a professional foot care specialist and retired podiatrist is available for your foot care needs! He can provide fingernail and toenail trimmings, callous removal, and other foot care needs. **Feel free to contact Dr. Mike to set up an appointment today at (970) 310-7635. Each appointment is \$45 and can be paid directly to Dr. Mike.** This foot care clinic is for medical purposes and is not a pedicure service. 1st Wednesday of each month **(August 6th).** Sign up in the Activity Book.

SWEETHEART NAILS

Good nails will often solve a lot of problems. **Call or Text Neitha Schneider at 303-710-5577** to schedule a foot massage, toenail trimming, manicure, pedicure and more! There’s no better feeling than getting your nails done.

COLUMBINE BLOOD PRESSURE CLINIC

It’s never too early to be thinking about your blood pressure. Join Scothia Orr - RN with Columbine Poudre Home Care **in the Private Dining Room on the 2nd Friday of each month (August 8th) at 1:00 p.m.** for free blood pressure reading and RN consultation.

LOVELAND PUBLIC LIBRARY

Are you looking for a great book to read? Contact librarian, Teddy Rosario at The Loveland Public Library. They offer a free Home Delivery Service for residents of The Wexford. They have regular-print, large-print, books on CD, cassette-tape books, videos, and other library materials. **Please contact the library at (970)-962-2592 for more information.**

CONNECT HEARING

Do your hearing aids need to be cleaned or repaired? Connect Hearing is offering monthly hearing aid clinics for Wexford residents. Services include cleanings and minor repairs in house. The location of these clinics are to be determined. **This month’s clinic is Wednesday, August 20th at 3:00 p.m. in the private dining room.**

4th of July Party.





Loveland concert band.



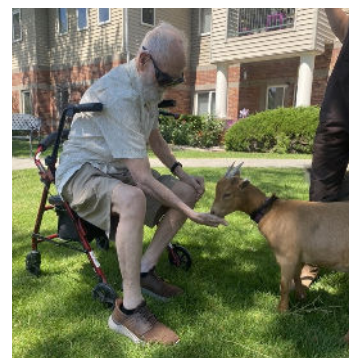
Bunco party.



Happy hour dancing.



50s dress up day.



*Summer social -
Feeding goats and
goat yoga.*



*Summer social -
PIE IN
THE FACE!!*



Summer social - Donkeys.

