



Elizabeth C. reading folk tales at our Camp New Mercer S'mores & Outdoors Campsite event!



Emily J. sharing spooky campfire stories at Camp New Mercer.



Senior Serenaders singing patriotic songs for our residents for the 4th!



Mariann S. & her grand daughter at our BYO Bouquet Activity.



Renate N. showing off her lovely new bouquet!



Judy D. & her granddaughters building bouquets



together!



900 Centre Avenue Fort Collins, CO 970-495-1000

ADMINISTRATOR Gina DiGiallonardo Ext. 2201

NURSE Ext. 2202

SOCIAL SERVICES/

ADMISSIONS Jessica Maxfield Ext. 2217 Makayla Kremer Ext. 2236

ACTIVITIES

Nichole Chase Ext. 2230

DIETARY

Cindy Miszczuk Ext. 2205

HOUSEKEEPING/ **LAUNDRY**Michele Hanna

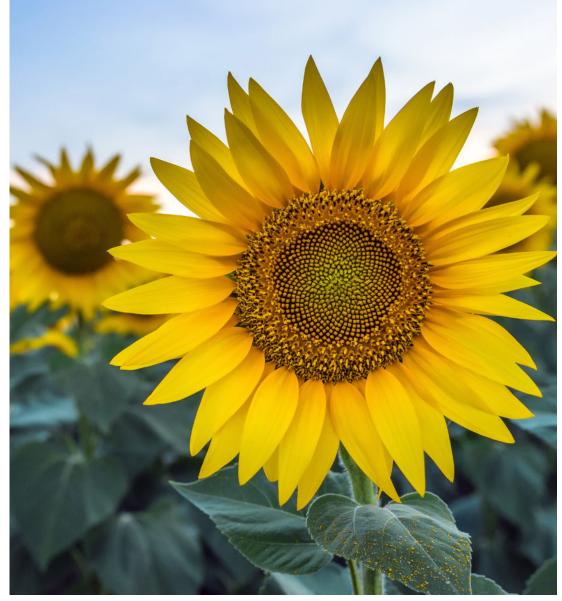
Ext. 2226

MAINTENANCE Gary Halsey Ext. 2228

FRONT DESKS

Commons/ Memory Ext. 2200





AUGUST FUN FACTS

August was named after the Roman Emperor Augustus Caesar. August is associated with the harvest season & has two birth flowers (gladiolus and poppy). The gladiolus is a vibrant and multi-colored flower that represents generosity,

the strength of character, and deep sincerity. In contrast, the poppy symbolizes imagination, eternal sleep, and oblivion. August also has two zodiac signs (Leo and Virgo). The astrological sign of Leo is in effect from July 23 through August 22, while Virgo is in effect from August 23 to September 22.



Resident **Birthdays**

Aug. 7 - Carol Mitchell Aug. 8 - Evelyn Fowler Aug. 10 - Marge Brodahl Aug. 13 - Carole Dimmick Aug. 13 - Mark Foster Aug. 16 - Sarah Nelson Aug. 16 - Fred Winkler Aug. 21 - Barbara Zwiefka Aug. 24 - Newton Reimer Aug. 28 - Gerry McDuffee Aug. 31 - Bev Harrison

Staff Birthdays

Aug. 6 - Jennifer Stonecipher Aug. 8 - Charlie Tabusao Aug. 11 - Citaly Sanchez Aug. 20 - Hannah Martinez Aug. 18 - Max Holder Aug. 22 - Kaily Murray Aug. 22 - Caitlin Davidson Aug. 22 - Rena Dalrymple Aug. 25 - Kara Kain Aug. 27 - Maria Gomez

Staff **Anniversaries**

15 years - Melinda Ford 9 years - Crystal Sotelo 16 years - Michele Hanna 2 years - Hillary Martinez

AUGUST FUNNIES & FACTS:

What do you call a Poodle at the beach in August?

A hot dog!



Why do hurricanes make good comedians?

Because their punchlines always blow you away!

What did the ocean say to the beach at the end of summer?



Can a frog jump higher than the average tent?

Of course, tents can't jump!



What do you call a group of grizzlies telling jokes?



"THE ORIGIN OF THE SANDWICH: AUGUST 6, 1762"

The first sandwich was allegedly made on August 6, 1762, and was given the Lord of Sandwich's name. The dish consisted of meat placed between two slices of bread, which he requested because he was in the middle of a gambling game and did not want to interrupt it!

QUIRKY CELEBRATIONS IN **AUGUST**

August is home to several unusual celebrations, and here are a few of our favorites. On August 3rd, people across the nation celebrate National Watermelon Day.



August 10th is designated as National Lazy Day. Another notable celebration is on August 16th, known as National Roller Coaster Day.

Finally, August 28th is dedicated to all things fancy, as it's National Bow Tie Day.

AUGUST ACTIVITIES

MUSICAL PERFORMANCES

We have a plethora of musical performances throughout the month of August for our residents to sing along and smile to including 2 Sound Affects performances, Music with Scott, Senior Serenaders, K.I.S.S, Peter & Doti & more!

MUSCLE MOVEMENT

As we get older, it is so important to move our muscles slowly and intentionally. Join us throughout the month for daily morning exercise, Chair-obics, Pilates with Pals, Walking Club & our "Zen Zone: stretch & unwind" activities to relieve those achy joints! We are offering group sessions all week so pop in and pose with us!

THERAPY DOG VISITS!

Furry friends make our days brighter, no doubt. We're offering our residents' group therapy sessions every week with some amazing pups! Join us for a doggone good time.



Wayne N. at Pet Therapy with Arkham!

RESIDENT BIRTHDAY BASH

On August 21st we will be hosting our Resident Birthday Bash for residents who celebrate birthdays in August. Please join us for games, music, & cake as we celebrate YOU!



Stella C. showing off her flowers.



Ruth & Judy Cheering for a hole in one!

