Torino Circle Fort Collins, CO 970-490-1000

**ADMINISTRATOR** Andrew Baker

> OFFICE MANAGER Sierra Reilly

**ENVIRONMENTAL SERVICES DIRECTOR** Carlos Medina

**MAINTENANCE ASSISTANT** Samuel Medina





### HAPPY BIRTHDAY COLORADO!

#### Let's Celebrate the Centennial State!

Did you know that Colorado celebrates its birthday on August 1st? That's right our beautiful state became the 38th state to join the Union on August 1, 1876, exactly 100 years after the signing of the Declaration of Independence. That special timing earned Colorado the nickname: The Centennial State.

Colorado's name comes from the Spanish word colorado, meaning "red"—a reference to the reddish silt carried by the Colorado River as it winds through our famous red rock canyons.

We live in a truly elevated place! Colorado boasts the highest average elevation of any state in the U.S.—about 6,800 feet above sea level. Our capital city, Denver, is known as the Mile High City for good reason—it sits at exactly 5,280 feet above sea level.

But that's not all that makes Colorado special. Our state is home to:

- The highest paved road in North America
- The world's highest suspension bridge, located at the stunning Royal
- Over 1,000 mountain peaks higher than 10,000 feet
- 54 majestic "fourteeners"—mountain peaks over 14,000 feet!

And here's a fun musical fact: The breathtaking view from Pikes Peak inspired the iconic song America the Beautiful, written by Katherine Lee Bates after a visit to the summit.

Running right down the center of our great state is the Continental Divide—the only one of its kind in the world—making Colorado a true geographical wonder.

Colorado is more than just mountains and mile-high cities; it's a state rich in history, natural beauty, and community spirit. So let's take a moment this August 1st to celebrate all the things we love about calling Colorado home.

Happy Birthday, Colorado! Onward American



#### RESIDENT SHOWCASE – MEET MARGE GLICK IN #821!

Choosing to move into a Columbine patio home feels like coming full circle in my life's journey—a journey that began in Denver, where I was born. Just a couple of years later, my father accepted a job in Cody, Wyoming, and our family spent the next ten years in what I remember as an idyllic place to grow up.

In junior high, we relocated once again—this time to Spokane, Washington. Living in a city opened up new opportunities: cheering for our high school teams during citywide tournaments, participating in competitive girls' sports, and discovering the joy of skiing in winter.

After high school, I attended the University of Oregon, where I earned my B.A. in Sociology—somewhere between parties, classes, and plenty of extracurricular activities. My next stop was Washington, D.C., where I began a government job and, more importantly, met my husband, who was completing his tour of duty in Army Intelligence.

Once married, I began my life as a "trailing spouse," moving wherever his career took us. We started in New York, where our daughter was born, and then relocated to Portland, Oregon, where we added a son to the family. After a few years, we moved briefly to Minneapolis, and then again to Connecticut—both short but memorable stays. Our next move was the most adventurous: three years in Paris,

France. I learned enough French to communicate with local mechanics and the DMV—important milestones! On the lighter side, I joined a small group from the American Women's Club, and together we hired a young American chef to give us private cooking lessons. It was a delicious way to embrace the culture.

When our time in Paris came to an end, we returned to the U.S. and settled into a more traditional lifestyle. As the kids became more independent, I decided to go back to school, earning an M.A. in Counseling from Fairfield University, which led to a role supporting adult learners there. Eventually, I pursued a doctorate in Adult Education at Columbia while continuing my work.

With our children now grown and living in Jackson, Wyoming, my husband and I eventually followed them west after retirement. We embraced the mountain lifestyle—golfing, skiing, and volunteering at the hospital, the music festival, the library, and a therapeutic riding center.

As life unfolded, both of our children relocated with their own families, and after my husband passed away, I found myself alone in a large house. Wanting to be closer to some family once again, I chose Fort Collins as my new home—and the Columbine patio community as the perfect place to begin this next chapter.

#### JULY SPECIAL HOLIDAYS & DATES

#### August 1 (Friday)

Colorado Day, International Beer Day, National Girlfriends Day, World Lung Cancer Day

#### August 2 (Saturday)

National Ice Cream Sandwich Day

#### August 3 (Sunday)

Friendship Day

#### August 4 (Monday)

National Chocolate Chip Cookie Day, Coast Guard Birthday

#### August 7 (Thursday)

Purple Heart Day

#### **August 8 (Friday)**

International Cat Day

#### August 9 (Saturday)

National Book Lovers Day

#### August 12-13 (Tuesday & Wednesday)

Peak of the Perseid Meteor Shower

#### August 15 (Friday)

National Relaxation Day

#### August 16 (Saturday)

National Rum Day

#### August 21 (Thursday)

Senior Citizens Day

#### August 26 (Tuesday)

National Cherry Popsicle Day

#### August 30 (Saturday)

National Toasted Marshmallow Day

## COME MEET OUR NEW HAIRSTYLIST – CRYSTAL FROST!

We're excited to welcome Crystal Frost to The Worthington Salon! Just a short walk from your Patio Home!

Give her a try—you'll be glad you did! Open Tues, Wed & Thurs 10am – 4pm To book your appointment, call: 970-461-0063 Walk-Ins Accepted! Crystal brings over 30 years of hairstyling experience, with many of those years dedicated to working with seniors. Her warm personality and skilled touch are sure to make you feel right at home in the salon chair.

Crystal is also the proud owner of Serenity Hair Design in Loveland and is now accepting appointments right here in our community.

# WHAT'S GOIN'

## WALK TO END ALZHEIMER'S KICKOFF PARTY – JOIN THE FUN!

Wednesday, August 6th | 2:30 PM | Worthington Activities Room

We're excited to kick off our fundraising efforts for the Walk to End Alzheimer's with an afternoon that's part informational, part inspirational, and 100% fun!

Join us in the Activities Room at 2:30 PM on Wednesday, August 6th to hear from Angel Hoffman, Director of Community Engagement the Alzheimer's Association. Angel will share the latest updates on Alzheimer's and dementia research, as well as why events like the Walk—and your support—matter so much in the fight against this devastating disease.

You'll also learn what our building has planned from August through October to support the cause and how you can get involved. This is a fundraising competition between the different communities and companies of Columbine Health Systems!

After the presentation, head to the lobby for a lively reception featuring delicious refreshments, entertainment, and a special door prize drawing!

Let's come together, raise awareness, and have a great time for a great cause.

We hope to see you there!

2 Columbine Patio Homes | August 2025 Columbine Patio Homes | August 2025



## DONATIONS NEEDED FOR **OUR PURPLE PASSION** PARLOR!

#### Support the Alzheimer's Cause with Your Generosity!

As part of our ongoing support for the Walk to End Alzheimer's, we're bringing back a beloved tradition our Purple Passion Parlor, a special gift shop and auction hosted right here in the Galleria throughout the month of September.

The shop will feature a variety of items for sale and for raffle, with all proceeds going toward Alzheimer's awareness and research. But first—we need your help!

We're now collecting donations of new or gently used items, preferably purple (or with a purple theme), to help stock our shop. Think of items such as:

- Scarves
- Wall décor
- Quilts
- Knick-knacks
- Giftable goods, games, puzzles and unique treasures

If it's pretty, purple, and in good condition, it's perfect for the cause!

Please drop off your donated items at the front desk or bring them directly to Denise. Your thoughtful contribution will help make this year's fundraiser a meaningful—and memorable—success.

Thank you for supporting a cause close to all of our hearts.

## MAH JONGG GROUP **FORMING**

Would you be interested in learning and playing?

We are forming a group!

Contact us for more information:

#### **Judy Putnam**

839 Torino judy.putnam60@gmail.com 830-333-3171

#### Michele McClellan

833 Torino Cir. chaiteam3@gmail.com 970-218-5026

## REBECCA MCFEE -**CHAPLAIN'S ACTIVITIES**

Rebecca McFee's class schedule will continue this August as follows:

• Tuesdays at 11am: Hymns & **Parables** 

Rebecca's beloved Hymn Sing has been refreshed! Now called "Hymns and Parables," this session will include both music and spiritual storytelling. The time slot has been expanded to allow for deeper exploration and reflection.

• Thursdays at 2:30 p.m.: Native **Americans of North America Series** 

This engaging educational series will continue through August 14th in the Worthington Activity Room.

#### **ROLLERS & STROLLERS**

Join the patio home residents **every** Wednesday at 10am as they "Roll 'n Stroll" around the circle. A great way to get some fresh air and connect with your neighbors. The weather is nice, come out and get some exercise with friends!

## ICE CREAM SOCIAL! -817 TORINO CIRCLE

The Bensons will be hosting an August Ice Cream Social in their driveway **on** Sunday, August 10th at 10am. Please bring a chair! See you there!

## TORINO CIRCLE DISCUSSION **GROUP**

Please join us Monday, August 11th at 10am for our monthly Discussion Group!

Hostess: Victoria Benson **Address:** 817 Torino Circle Phone: 302-593-2286

## **DISCOVER "LIFESCAPES AND** ANTHROSCOPES" — PART 8 OF KEVIN'S NATURE SERIES

Join Kevin on August 14th, at 10:00 am in the Worthington Activity **Room** for the 8th installment of his always-popular nature series! This year's theme, "Colography: The Nitty-Gritty Colorado," offers a fun and fascinating blend of Colorado's natural history and human impact on the landscape.

This unique and thought-provoking presentation is perfect for anyone curious about how nature and humanity shape each other across the Centennial State.

DON'T MISS IT!

Sign-up required! Call 970-490-1000

## TORINO CIRCLE LUNCH **BUNCH – AUGUST HOST NEEDED!**

Calling all lunch lovers! Our next Torino Circle Lunch Bunch gathering is scheduled for:

Thursday, August 14th, 2025 11:30 a.m. Restaurant - To Be Determined

We're currently looking for a resident volunteer to host and organize this month's outing. Hosting is simple and a great way to stay connected with neighbors!

#### The Host Will:

- Choose and reserve a restaurant
- Take lunch RSVPs from fellow residents
- Call the restaurant 2–3 days before the lunch with the final headcount

#### **Communication Tips:**

- Post lunch details on the community bulletin board
- Send a reminder email (optional)
- Submit information to Happenings by the 20th of the prior month

This monthly activity is rotated among residents, so if you haven't had a turn in a while—or would like to try it for the first time—now's your chance!

Let's keep the tradition going—great food, great conversation, and great company!

Please contact Mary or Bob Clark if you're interested in hosting:

Mary or Bob Clark (970) 420-0318 (call or text) Email: mclark1440@gmail.com



## **BLOOD PRESSURE CLINIC -**FREE MONTHLY CHECK-UP!

Did you know that The Worthington offers a monthly Blood Pressure Clinic for residents? This free service is provided by the caring nurses and CNAs from Columbine Health and is a great way to stay on top of your health.

When: Every third Friday of the month, from 10:00 a.m. to 11:00 a.m.

Where: Worthington Galleria Coffee Shop

Next Clinic: Friday, August 15th, 2025

This clinic is free and open to all patio home residents. Stop by for a quick check-in and a friendly hello!

### THE TORINO CIRCLE **WOMEN'S BOOK CLUB**

This month, we will be meeting on Monday, August 18th, 2025, at 10:00PM at the home of Victoria Benson (#817). Victoria will be leading us in the discussion of An Unfinished Love Story: A Personal History Of The Sixties by Doris Kerns Goodwin. "Doris Kerns Goodwin, one of America's most beloved historians, artfully weaves together biography, memoir, and history. She takes you along on the emotional journey she and her husband, Richard (Dick) Goodwin embark upon in the last years of his life." Many of us will remember our youth of the '60's as we read along with what Doris Kerns Goodwin shares with us.

Barbara Hagen and Carol Herbert, Co-Organizers

If you are new to our community or would like to join our group, but haven't read the book, join us anyway. We'd enjoy having you there. Any questions about joining, or anything else about the group, **please contact** Barbara Hagen at (970) 219-9600 or e-mail her at bhagen6NT@gnail.com

## **NEW! TORINO CIRCLE** GENTLEMEN'S BOOK CLUB

#### More Than a Book Club - A Time to Connect

Calling all gentlemen of Torino Circle! You're invited to join a new monthly gathering that's not just about reading—it's about sharing, connecting, and enjoying great conversation with fellow neighbors.

Reading the book is optional—your life experience, thoughts, and stories are what truly make the group special. Whether you've read every chapter or just come for the coffee and camaraderie, you'll be warmly welcomed.

#### **Next Meeting:**

Monday, August 18th, 2025

Time: 10:00 a.m. **Location:** Home of Dan

Wendland #827

**Book:** The Tunnels of Cu Chi by Tom Marigold & John Penycate

#### **Questions? Contact Bob Clark at** (970) 420-0318

We look forward to seeing you there—bring your thoughts, your stories, and a smile!

## **GUEST SPEAKER EVENT:** ONCE UPON A YEAR WITH JIM WILLARD

Thursday, August 21st, at 11:00 AM

We're excited to welcome back Jim Willard for his popular series, Once Upon a Year! Join us on Thursday, August 21st, at 11:00 AM for a nostalgic journey through time.

In this engaging program, Jim will take us on a trip down memory lane—exploring notable moments from years past, including highlights in world events, politics, pop culture, music, and entertainment. It's a fascinating and fun look at the decades that shaped our lives.

This event fills up fast, so sign-ups are required! Reserve your spot today by calling 970-490-1000.

Don't miss out on this entertaining and enlightening stroll through history!

## MONTHLY MEN'S **BREAKFAST**

Friday, August 29thw at 8:00 AM

Start your morning off right! Join the men of our community for our Monthly Men's Breakfast on Friday, August 29th, at 8:00 AM in the Worthington Private Dining Room.

Enjoy a hearty breakfast, hot coffee, and meaningful conversation in great company. It's a perfect way to kick off the day—relaxed, social, and satisfying.

We look forward to seeing you there!

Sign-up required! Call 970-490-1000

#### TORINO SHARING LIBRARY

Thank you to all who donate books for the sharing library and all the Torino Circle residents who enjoy reading the varied selections! A new addition to the library book box is a rack on the side to hold magazines that our residents might be willing to share after they've finished reading them. Bob Clark will monitor the rack to make sure it stays neat and appropriately current.

Your Library Stewards, Kathy and Dan Wendland

Our current Stewards for the library are Dan & Kathy Wendland #827

Contact them at 970-377-1235 with any, contributions, questions or concerns.

Thank you, Dan & Kathy!



#### **IMPORTANT MAINTENANCE &** LANDSCAPING REMINDER:

To ensure your maintenance needs are handled efficiently, please remember to always call the Worthington Front Desk at (970) 490-1000 to place a work or landscaping order—especially during evenings, weekends, or after hours.

#### A few helpful tips:

- Our maintenance team follows a scheduled list using an app called Limble and may not have time to take on additional requests during a visit.
- For the best service, please avoid adding extra tasks in person while they are working in or around your unit.
- To keep everything organized, we kindly ask that you do not email or text work orders to the Administrator, particularly outside of business hours.

Reminder: Maintenance is available on-call for emergent needs on weekends and after hours. Some examples of a maintenance emergency include Air conditioning or heat not working, no hot water, water leaks or flooding, and egress-related issues. Note: If your smoke detector is alarming and saying "fire" or "carbon monoxide", please contact 911, do not contact the front desk.

Thank you for helping us serve you better by following these simple guidelines!

#### WINDOW WASHING

We are getting a final date on window washing for the community. This may not be until the end of August, but hopefully sooner. Please stay tuned for an email soon. Thank you for your continued patience.

For all maintenance/landscaping requests, concerns, complaints, or any further questions, Please call The Worthington front desk at (970) 490-1000



