

Columbine Commons *Happenings*

AUGUST 2025

1475 Main Street
Windsor, CO 80550
970-449-5540

MEET OUR DEPARTMENT HEADS:

ADMINISTRATOR
Becki Seimers

OFFICE MANAGER
Vickie Nelson

OFFICE COORDINATOR
Christina Ridgeway

DIRECTOR OF NURSING
Megan Gallegos, RN

**ALF NURSE CLINICAL
COORDINATOR**
Jennie Brown

ACTIVITY DIRECTOR
Kimberly Albro

**SOCIAL SERVICES &
ADMISSIONS DIRECTOR**
Stephanie Curtis

**HOUSEKEEPING
SUPERVISOR**
Ashley Smith

HOUSEKEEPING ALF
Audra Asmussen

MAINTENANCE
Travis Sills

DIETARY SUPERVISOR
Tracy Rohrig, RD

EXECUTIVE CHEF
Jason Prentis



THE DOG DAYS OF SUMMER!

AUGUST AND THE DOG DAYS OF SUMMER!

In July we started celebrating our monthly birthdays. Going forward, the second Friday of the month is a birthday celebration at Happy Hour! August 28th is our Luau! We will be celebrating a week of Hawaiian themed activities and events, finishing with a very special guest to entertain us Friday, August 29th. Don't forget that if you need money from your PFA, to get that on banker's hours, M-F 8-4.

RESIDENTS CELEBRATING BIRTHDAYS THIS MONTH

Happy Birthday to:

August 3 – Barbara M.

August 11 – Dale S.

August 12 – Janet S.

August 12 – Randy S.

August 19 – Karen D.

August 20 – Syvilla D.

August 27 – Linda M.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>AUGUST</div><div>2025</div></div>					<div><div>9:30am</div>Exercise with Airballs (AR)<div>10:45am</div>Crosswords (AR)<div>2:30pm</div>Happy Hour and Entertainment with Sound Affects (ALF)<div>1</div></div>	<div><div>9:30am</div>Chair Yoga (AR)<div>10:30am-12pm</div>Glasses Cleaned at Front Desk<div>10:30am</div>Wii Bowling (AR)<div>2pm</div>Bingo (DR)<div>3:30pm</div>Jeopardy(AR)<div>2</div></div>
<div><div>HAPPY BIRTHDAY BARBARA M!</div><div>9:30am</div>Sunday Stretch (AR)<div>9:30am</div>Catholic Communion (PDR)<div>10:30am</div>Courtyard Cornhole (CY)<div>1:30pm</div>Worship Service (DR)<div>2:30pm</div>Sunday Mingle (DR)<div>3</div></div>	<div><div>9:30am</div>Exercise with Weights (AR)<div>10:45am</div>Crosswords (AR)<div>1:15pm</div>Pinochle (AR)<div>3pm</div>Horanch Petting Zoo (CY)<div>3:30pm</div>Color for Calm (AR)<div>4</div></div>	<div><div>9:30am</div>Morning Exercise (AR)<div>10:45am</div>Wii Bowling (AR)<div>11:00am</div>Lunch outing to Shopey's Pizza (Lobby)<div>2pm</div>Bingo (DR)<div>3:30pm</div>Conversations with Joann(AR)<div>5</div></div>	<div><div>Chaplain On-Site</div><div>9:30am</div>Catholic Rosary (PDR)<div>9:30am</div>Exercise with Weights (AR)<div>10am</div>Bible Study with Peter (AR)<div>1pm</div>Learn to play Hearts! (AR)<div>3pm</div>Acrylic Paint by Number (AR)<div>6</div></div>	<div><div>9:30am</div>Balance Exercise (AR)<div>10:45am</div>Crosswords (AR)<div>1:00pm</div>Devorah the Therapy Dog(AR)<div>2pm</div>Bingo (DR)<div>3:30pm</div>Farkle (AR)<div>7</div></div>	<div><div>9:30am</div>Exercise with Airballs (AR)<div>10:00</div>Crosswords (AR)<div>2:30pm</div>Happy Hour, Resident Monthly Birthdays Celebration (ALF)<div>3pm</div>Donkey Visit! (CY)<div>8</div></div>	<div><div>9:30am</div>Chair Yoga (AR)<div>10:30am-12pm</div>Glasses Cleaned at the Front Desk<div>10:30am</div>Wii Bowling (AR)<div>2pm</div>Bingo (DR)<div>3:30pm</div>Jeopardy (AR)<div>9</div></div>
<div><div>9:30am</div>Catholic Communion (PDR)<div>10:30am</div>Coffee and Good News (Lobby)<div>1:30pm</div>Worship Service (DR)<div>2:30pm</div>Sunday Mingle (DR)<div>10</div></div>	<div><div>HAPPY BIRTHDAY DALE S!</div><div>9:30</div>Exercise with Weights (AR)<div>10:45am</div>Crosswords (AR)<div>2pm</div>Resident Council (DR)<div>3:00pm</div>left Right Center *Bring Dimes (DR)<div>11</div></div>	<div><div>HAPPY BIRTHDAY JANET S!</div><div>HAPPY BIRTHDAY RANDY S!</div><div>9:30am</div>Morning Exercise (AR)<div>9:45</div>Music Therapy with Travis (SNF)<div>10:45am</div>Wii Bowling (AR)<div>11:45</div>Take Out Tuesday, Chick Fil A<div>2pm</div>Bingo (DR)<div>3:30pm</div>UNO!<div>12</div></div>	<div><div>Chaplain On-Site</div><div>9:30am</div>Catholic Rosary (PDR)<div>9:30am</div>Exercise with Weights (AR)<div>10am</div>Bible Study with Peter (AR)<div>1pm</div>Hearts! (AR)<div>2:30pm</div>Art Therapy with Emily (AR)<div>13</div></div>	<div><div>10am</div>Exercise with DANA! (CY weather permitting)<div>10:45am</div>Wii Bowling (AR)<div>1:30</div>Clearview Library (AR)<div>2pm</div>Bingo (DR)<div>3:30pm</div>Conversations with Kimberly (AR)<div>14</div></div>	<div><div>9:30am</div>Exercise with Airballs (AR)<div>10:45am</div>Crosswords (AR)<div>2:30pm</div>Entertainment and Happy Hour with Uno, Dos, Tracz (ALF)<div>15</div></div>	<div><div>9:30am</div>Chair Yoga(AR)<div>10:30am-12pm</div>Glasses Cleaned at Front Desk<div>10:30am</div>Wii Bowling (AR)<div>2pm</div>Bingo (DR)<div>3:30pm</div>Jeopardy (AR)<div>16</div></div>
<div><div>9am</div>Sunday Stretch (AR)<div>9:30am</div>Catholic Communion (PDR)<div>10:30am</div>Courtyard Cornhole (CY)<div>1:30pm</div>Worship Service (DR)<div>2:30pm</div>Sunday Mingle (AR)<div>17</div></div>	<div><div>9:30am</div>Exercise with Weights (AR)<div>10:45am</div>Crosswords (AR)<div>1:30pm</div>Pinochle (AR)<div>3pm</div>Blackjack (DR)<div>18</div></div>	<div><div>HAPPY BIRTHDAY KAREN D!</div><div>9:30am</div>Exercise (AR)<div>10:45am</div>Wii Bowling (AR)<div>2pm</div>Bingo (DR)<div>3:30pm</div>Conversations with Joann (AR)<div>19</div></div>	<div><div>HAPPY BIRTHDAY SVILLA D!</div><div>NO Chaplain On- Site</div><div>9:30am</div>Catholic Rosary (PDR)<div>9:30am</div>Exercise with Weights (AR)<div>10:30</div>Coffee walk to Starbucks (Lobby)<div>1pm</div>Hearts! (AR)<div>2:30pm</div>Jeopardy (AR)<div>20</div></div>	<div><div>9:30am</div>Finding Balance Exercise (AR)<div>10:45am</div>Wii Bowling (AR)<div>2pm</div>Bingo (DR)<div>3:30pm</div>Farkle (AR)<div>21</div></div>	<div><div>9:30am</div>Exercise with Airballs (AR)<div>10:45am</div>Crosswords (AR)<div>1:30pm</div>Entertainment and Happy Hour with Kendra (SNF)<div>22</div></div>	<div><div>9:30am</div>Chair Yoga(AR)<div>10:30am-12pm</div>Glasses Cleaned at Front Desk<div>10:45am</div>Wii Bowling (AR)<div>2pm</div>Bingo (DR)<div>3:30pm</div>Jeopardy (AR)<div>23</div></div>
<div><div>HAWAII WEEK BEGINS!</div><div>9am</div>Sunday Stretch (AR)<div>9:30am</div>Catholic Communion (PDR)<div>10:30am</div>Coffee and Good News (Lobby)<div>1:30pm</div>Worship Service (DR)<div>2:30pm</div>Travelogue with Lacey *HAWAII EDITION (DR)<div>24</div></div>	<div><div>9:30am</div>Exercise with Weights (AR)<div>10:45am</div>Crosswords (AR)<div>1:30pm</div>Pinochle (AR)<div>3pm</div>Left Right Center (DR) *Bring Dimes<div>25</div></div>	<div><div>8:30am</div>Walmart Outing (lobby)<div>9:30am</div>Morning Exercise (AR)<div>10am</div>MEMORY CAFE theme: County Fairs (SNF)<div>10:45am</div>Wii Bowling (AR)<div>2pm</div>Bingo (DR)<div>3:30pm</div>UNO!<div>26</div></div>	<div><div>HAPPY BIRTHDAY LINDA M! No Chaplain On- Site</div><div>9:30am</div>Catholic Rosary (PDR)<div>9:30am</div>Exercise with Weights (AR)<div>10:30am</div>Wheelchair/Walker Decorating Hawaiian Style<div>2:30</div>Jeopardy (AR)<div>27</div></div>	<div><div>9:30am</div>Finding Balance Exercise (AR)<div>10:45am</div>Wii Bowling (AR)<div>11:30am</div>– Luau BBQ (CY and DR)<div>2pm</div>Bingo (DR)<div>28</div></div>	<div><div>9:30am</div>Exercise with Airballs (AR)<div>10:45am</div>Crosswords (AR)<div>2:30pm</div>Entertainment and Happy Hour with Special Guest! (ALF)<div>29</div></div>	<div><div>9:30am</div>Chair Yoga(AR)<div>10:30am-12pm</div>Glasses Cleaned at Front Desk<div>10:45am</div>Wii Bowling (AR)<div>2pm</div>Bingo (DR)<div>3:30pm</div>Jeopardy (AR)<div>30</div></div>
<div><div>9am</div>Sunday Stretch (AR)<div>9:30am</div>Catholic Communion (PDR)<div>10:30am</div>Courtyard Cornhole (CY)<div>1:30pm</div>Worship Service (DR)<div>2:30pm</div>Sunday Mingle<div>31</div></div>	<div><div>Columbine Commons</div><div>Assisted Living</div><div>Green - Outings • Purple - Entertainment • Red - Special Activity</div></div>					<div><div>All activities are subject to change.</div></div>



SHELLY'S BEAUTY BAR

Shelly's Beauty Bar is open
Tuesday – Friday,
9:00 a.m. – 3:00 p.m.

To schedule an
appointment with Shelly
please call
(970) 388-1144 or speak
with a staff member.
Prices are listed below.

SERVICES

Women's Haircut - \$25

Men's Haircut - \$20

Blow Dry / Iron Curl - \$25

Shampoo & Set (rollers) -
\$25

Shampoo & Blow Dry - \$15

Hairstyle Touchup - \$15

Perm - \$55, \$75, \$95

Color - \$50, \$70, \$90

Manicure - \$24
(\$20 without polish)

Polish Change - \$15

Fingernail Trim & File - \$10

Pedicure - \$35
(\$30 without polish)

Toenail Clip & File - \$15

Bang Trim - \$10

Beard Trim - \$5

Makeup - \$25

OUTINGS, SIGN-UP'S, AND SPECIAL EVENTS

*Don't forget to sign up early for Outings
in the binder on the Information Table
just outside of the Activities Room!*

- **Tuesday, August 5th** – Lunch outing to Shoppey's Pizza. Meet in the Lobby at 11am
- **Tuesday, August 12th** – Take Out Tuesday this month is Chick Fil A Please sign your name in the binder and Kimberly will be around to collect your order and payment by 3pm Monday, August 11th.
- **Tuesday, August 26th** – Walmart Outing! Please sign your name in the binder. We will meet in the lobby at 8:30am. We have room for two wheelchairs and three ambulatory residents.

SUNDAY WORSHIP SERVICE -

With community volunteers is held at 1:30pm in the Assisted Living Dining Room followed by Sunday Social at 2:30pm. Catholic Rosary is at 9:30 am Wednesday mornings in the private dining room. Communion is 9:30 am every Sunday in the private dining room.

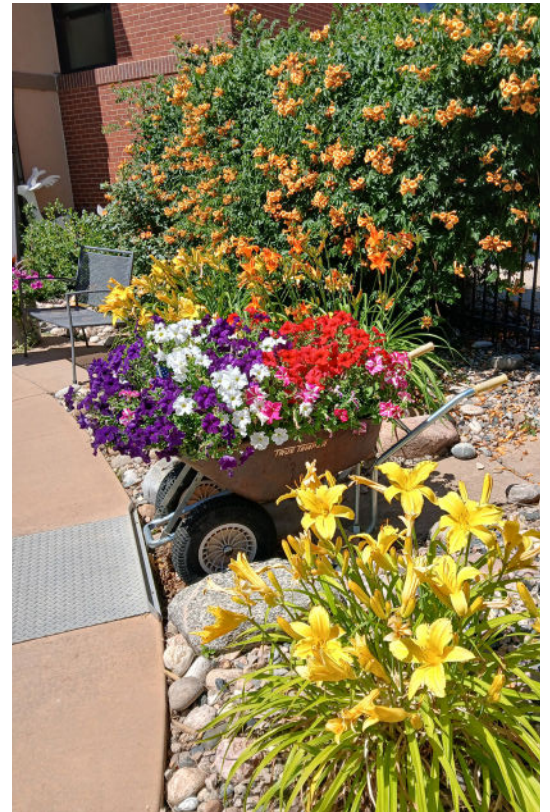
CLEARVIEW LIBRARY BOOK CHECKOUT

The Clearview Library will be here August 14th and Thursday, August 28th. The books will be brought into the Activity Room. If you are interested in joining this service, please let Kimberly know.

MONTHLY CRACK UP:

**Why is the calendar scared every
year in August?**

Because it's about to fall!



Courtyard flowers are a sight to see!