

Centre Avenue Health & Rehab Facility

Happenings

AUGUST 2025

815 Centre Avenue
Fort Collins, CO
970-494-2140

ADMINISTRATOR
Clinton Dale

**DIRECTOR
OF NURSING**
Jordyn Pim

OFFICE MANAGER
Jackie Avitia

ACTIVITY DIRECTOR
Elizabeth Bringhurst

**ADMISSIONS
DIRECTOR**
Christine Vandenhoff

**REGISTERED
DIETICIAN**
Tina Jones

**ENVIRONMENTAL
SERVICES**
Tara Mattaliano

**RESIDENT COUNCIL
PRESIDENT**
Ellen J.

**INTERIM
OMBUDSMAN**
Sari Obendorf



ANIMALS AT CENTRE AVE!

Center is participating in the "Hatch-A-Chick program," with eggs and an incubator just delivered on 7/30! The chicks are estimated to hatch around 8/20 and will be picked up on 9/3, where they will go back to live on the farm they came from! We hope that seeing these cute chicks will bring back fond memories from many of our residents who grew up around chickens and other farm animals. Residents will even get to choose names for the chicks.

We got our new school of fish just before the start of school in our community! The residents have reported wanting more fish for months now. As of the writing of this newsletter, our new school of tetras are still in the quarantine tank and doing well. They will be moved to the new tank during the first week of August. We appreciate your patience in this process!

AUGUST ANNOUNCEMENTS

Ellen J. is our new Resident Council President! We are grateful to Dot for her time serving in the role and excited to have Ellen in the role. She is compassionate, sassy, has work experience as a nurse in the skilled nursing environment, and most importantly is passionate about the wellbeing of other residents at Centre!

The new person to go to with business office manager concerns, like making withdrawals from your trust, is Jackie Avitia. Her office is downstairs by the front desk.

Our current ombudsman is Sari Obendorf. She introduced herself at the July resident council. The ombudsman is a third party advocate who residents can reach out to if they have any serious concerns that have not been resolved by other measures, like talking to your social worker here.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>AUGUST</div><div>2025</div></div>					<div><div>9am Morning News</div><div>9:30am Stretch and Energize</div><div>10:30am Outdoor Wheelchair Walks (1st Floor)</div><div>1:30 Rosary Group</div><div>3pm Book Cart (2nd Floor)</div></div> <div>1</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Jeopardy</div><div>2pm “All Creatures Great and Small” Watch Party</div></div> <div>2</div>
<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Streaming Sunday Services</div><div>1:30pm Painting Club</div></div> <div>3</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Outdoor Wheelchair Walks (2nd Floor)</div><div>10:30am Aromatherapy</div><div>1:30pm Grief Reminiscing Group with Peter</div><div>6pm Movie Night: The Sandlot (family/comedy)</div></div> <div>4</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Energize</div><div>10:30am Bingo</div><div>1:30pm Pet Therapy (2nd Floor)</div><div>1:30pm Brain Games/Trivia Packets</div><div>2pm Manicures (LTC)</div><div>3pm Catholic Communion Room Visits</div></div> <div>5</div>	<div><div>9am Morning News</div><div>9:30am Chair Yoga</div><div>10:30am Real Talk with Catherine</div><div>10:30am Pet Therapy (1st Floor)</div><div>1pm Book Cart (1st Floor)</div><div>2:30pm Trivia and Treats Group: Hatch-The-Chicken Presentation</div></div> <div>6</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Energize</div><div>10:30am Creative Arts</div><div>1:30pm Bible Devotional with Peter</div></div> <div>7</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Energize</div><div>10:15am Sing-A-Long with Kendra Hansen</div><div>1:30pm Outdoor Wheelchair Walks (1st Floor)</div><div>3pm Book Cart (2nd Floor)</div></div> <div>8</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Jeopardy</div><div>2pm “All Creatures Great and Small” Watch Party</div></div> <div>9</div>
<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Streaming Sunday Services</div><div>1:30pm Reminiscing Group</div></div> <div>10</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Energize</div><div>10:30am Outdoor Wheelchair Walks (2nd Floor)</div><div>10:30am Aromatherapy</div><div>2pm Communion with Peter</div><div>6pm Movie Night: Moonrise Kingdom (comedy/romance)</div></div> <div>11</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Energize</div><div>10:30am Bingo</div><div>1:30pm Pet Therapy (2nd Floor)</div><div>2pm Manicures (LTC)</div><div>3pm Catholic Communion Room Visits</div></div> <div>12</div>	<div><div>9am Morning News</div><div>9:30am Chair Yoga</div><div>10:30am Real Talk with Catherine</div><div>10:30am Pet Therapy (1st Floor)</div><div>1pm Book Cart (1st Floor)</div><div>1:15pm Outing to the Museum (LTC Only- space limited)</div></div> <div>13</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Energize</div><div>10:30am Resident Council</div><div>2:30pm Ice Cream Social with Josh Long</div></div> <div>14</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Energize</div><div>10:30am Creative Arts</div><div>1:30pm Outdoor Wheelchair Walks (1st Floor)</div><div>3pm Book Cart (2nd Floor)</div></div> <div>15</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Jeopardy</div><div>2pm “All Creatures Great and Small” Watch Party</div></div> <div>16</div>
<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Streaming Sunday Services</div><div>1:30pm Games and Open Rec</div></div> <div>17</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Aromatherapy</div><div>10:30am Outdoor Wheelchair Walks (2nd Floor)</div><div>1:30pm Happy Hour with Music by Alysia Kraft</div><div>6pm Movie Night: Send Me No Flowers (romance/comedy)</div></div> <div>18</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Energize</div><div>10:30am Bingo</div><div>1:30pm Pet Therapy (1st Floor)</div><div>2pm Manicures (LTC)</div><div>3pm Catholic Communion Room Visits</div></div> <div>19</div>	<div><div>9am Morning News</div><div>9:30am Chair Yoga</div><div>10:30am Real Talk with Catherine</div><div>10:30am Pet Therapy (2nd Floor)</div><div>1pm Book Cart (1st Floor)</div><div>2pm Painting Club</div></div> <div>20</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Energize</div><div>10:30am Music with Susan</div><div>1:30pm Brain Games/Trivia Packets</div><div>1:30pm Creative Arts</div></div> <div>21</div>	<div><div>9am Morning News</div><div>9:15am Stretch and Energize</div><div>10:30am Outdoor Wheelchair Walks (1st Floor)</div><div>2:30pm August Birthday Celebration with Uno, Dos, Tracz</div><div>3pm Book Cart (2nd Floor)</div></div> <div>22</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Jeopardy</div><div>2pm “All Creatures Great and Small” Watch Party</div></div> <div>23</div>
<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Streaming Sunday Services</div><div>1:30pm Reminiscing Group</div></div> <div>24</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Aromatherapy</div><div>11:30am Summer Sack Lunch Picnic (LTC Only)</div><div>2:00pm Music Bingo</div><div>6pm Casino Night!</div></div> <div>25</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Energize</div><div>10:30am Animal-Themed Giant Crossword with Special Guests for National Dog Day!</div><div>1:30pm Pet Therapy (2nd Floor)</div><div>2pm Manicures (LTC)</div><div>3pm Catholic Communion Room Visits</div></div> <div>26</div>	<div><div>9am Morning News</div><div>9:30am Chair Yoga</div><div>10:30am Real Talk with Catherine</div><div>10:30am Pet Therapy (1st Floor)</div><div>1pm Book Cart (1st Floor)</div><div>2pm Painting Club</div></div> <div>27</div>	<div><div>9am Morning News</div><div>9:30am Catholic Mass</div><div>10:15am Stretch and Energize</div><div>1:30pm Bingo</div></div> <div>28</div>	<div><div>9am Morning News</div><div>9:15am Stretch and Energize</div><div>10:30am Outdoor Wheelchair Walks (1st Floor)</div><div>2pm Creative Arts</div><div>3pm Book Cart (2nd Floor)</div></div> <div>29</div>	<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Jeopardy</div><div>2pm “All Creatures Great and Small” Watch Party</div></div> <div>30</div>
<div><div>9am Morning News</div><div>9:30am Stretch and Strengthen</div><div>10:30am Streaming Sunday Services</div><div>1:30pm Painting Club</div></div> <div>31</div>	<div><div>Centre Avenue</div><div>Health & Rehab</div></div>			<div><div>All activities are subject to change.</div></div> <div></div>		



1. *"We had a KFC fried chicken picnic at the sculpture garden by New Mercer! The even was a hit, so we will be planning another one!"*
2. *"Residents loved having the 'Senior Serenaders' come and sing them patriotic songs for July 4th. They also recognized the veterans in attendance, and activities passed out cupcakes and cookies themed to fit the holiday!"*
3. *"Shirley asks to go outside whenever possible, and always expresses appreciation for the warm sunlight."*
4. *"Dolores focuses on the her landscape in Painting Club."*

PIANO UPGRADE

Donna Brown, one of our volunteers who has been playing the piano in the dining room for the residents for years, was kind enough to donate an electric piano to our facility. One of our nurses, Alexis, organized some of our CNAs to help with the pickup. We are grateful to everyone involved in getting the new piano, as our old one was having trouble staying in tune!

HAPPY BIRTHDAY, AUGUST BABIES!

Join us for our August birthday celebration on 8/22 with treats and live music! Also, don't forget to say something nice to our birthday babies when you see them. Here's a list of our long-term care upcoming birthdays.

August 2 - Jan W.

August 3 - Jeannine M.

August 12 - Bob

August 14 - Ellen J.

August 15 - Ly

August 17 - Jane W.

August 17 - Betty J.

August 21 - Sylvia

August 23 - Nancy G.

August 2 - Roger

August 30 - "D" S.