The Worthington

900 Worthington Circle Fort Collins, CO **970-490-1000** 

> ADMINISTRATOR Andrew Baker

> > ACTIVITY DIRECTOR Denise Kidd

**CHEF** Andrew Daigle

DINING ROOM SUPERVISOR Venus Ortiz

HOUSEKEEPING SUPERVISOR Bernice Quiroz

MAINTENANCE SUPERVISOR Carlos Medina

**OFFICE MANAGER** Sierra Reilly





#### HELLO JUNE!

It's *Gnome Sweet Gnome* month for the first summer month of the year. Because June is designated Gnome and Garden Month, we are going to explore all things Garden. Let's have fun learning about the best gardens in the world, along with traveling to some great gardens in our area. We will also explore the Celtic origins of Fairies, the German and European origins of Gnomes along with doing craft projects that fit our theme.

We will respect our flag this month because Flag Day is on June 14th with a ceremony to dispose of our old flag properly (ceremony performed by an Ault police officer); and watch a documentary on the importance of our flag and its meaning. We also have a performer coming to sing patriotic songs. Remember that Father's Day is this month so we will be honoring all the dads at the Worthington with a delicious meal.

Summer also begins this month on June 20th, and we will be hosting a fun Jazz Combo band that day! Also, June is Audible Appreciation month, and we will celebrate with a mystery podcast every Friday at 11 am called Perplexity. You can listen about some of the biggest mysteries in history and be amazed. Also, Book Club will be doing an audible book entitled, "The Last Garden in England." You may downland and listen to your own copy or you can join others every Tuesday at 2:30 pm in AR to listen to the Worthington copy. If you prefer you can obtain a hard copy of the book.

We hope that you will join us for all the fun in June! It is always great to see new faces!



#### RIDE TO END ALZHEIMER'S – JUNE 8TH, 2025

#### There is still time to give to The Ride!

Also, on Sunday June 8th, the 75mile ride will leave Canvas Stadium at 7:15am and come right up Centre Avenue! If you happen to be out for an early morning walk, you might be able to catch me riding by!

There is a QR code below that will take you to our donation page. You may also go to act.alz.org/goto/hiyatoots OR you may pick up donation forms at the Worthington Front Desk.

Together, we can all help in the fight to cure Alzheimer's Disease.

**UPDATE:** We can now add my sister, Karen Baker to the list of riders! She will also be riding my mom's bike!





#### GARDEN GNOME AND FAIRY HISTORY

The undeniable alure of having quiet helpers in the garden has a very long history. In fact, these helpers date back to the 2nd Century A.D when Rome Emperor Hadrian had hermits living throughout his villa. This idea again caught hold in 18th century England when Wealthy landowners would hire persons to be an "ornamental hermit" in their garden.

Historians believe that these crazes paved the road for Gnome love in Britian. The emergence of this ceramic garden elfin offered a cheaper and more humane concept for garden décor. Then it became popular again in the 20th century. During this century the Gnomes were mass produced in German factories. Later in 1976, the enormously successful book titled, "Gnomes," emerged detailing the life of the Gnome and how Gnomes dabbled in herbal medicine, built awesome earthen homes, and had wonderful fantastical lives. This book also claimed that Gnomes are 7 x stronger than humans and live to be around 400 years old and greet each other by rubbing noses together.

Fairies, elves, and other magical garden dwellers have a long and varied history evolving from nature spirits and pagan deities. The origins are traced back to various cultures, including Celtic, Germanic and Slavic folklore with influences from Greek, Persian, and other mythologies.

In the Celtic folklore which we will explore further; fairies known as the Aos Si in Irish mythology were originally considered remnants of ancient gods, deeply connected to nature and the land. They were and are believed to inhabit mounds or hills known as fairy forts and disturbing these places would bring bad luck! Join us all month long to explore these garden inhabitants.

# WELCOME TO NEW RESIDENTS!

We would like to welcome all the new faces here at the Worthington which have arrived in the last few months and weeks. We are glad that you are here! Please join us for all the things on our calendar. If you have any questions on how things work, please do not hesitate to ask! If you have any suggestions or needs, please feel free to convey these to us! We really do hope that you join us for all the fun here at the building. The more the merrier!

## FATHER'S DAY!

Father's Day is a holiday honoring one's father as well as fatherhood, paternal bonds, and the influence of fathers in society. This day is held on the 3rd Sunday of the month of June in the US. It is also held on various dates across the world. The US version of Father's Day was started in the state of Washington by Sonora Smart Dodd in 1910.

The roots of Father's Day can be traced back centuries, starting with the Catholic Church and spreading across Eastern and Western Europe; with the holiday being commemorated in different ways. Here at the Worthington, we would like to wish our wonderful fathers as very wonderful Father's Day, and we would like them to **join us for a special dinner on June 15th at regular mealtime hours.** 



# SPECIAL FEATURES AT THE WORTHINGTON

# MONDAY IS GARDEN BEAUTIFUL DAY!

Join us every Monday afternoon in June to enjoy wonderful Garden programs that feature the world's most beautiful gardens; and other programs featuring nature and fauna. We also have other fun garden projects, crafts, and ideas throughout the calendar that We hope you will find the time to attend.

We love a good garden at the Worthington and welcome you to our back patio where our Garden Club maintains beautiful flower beds and vegetable beds. Please come and enjoy the back patio and garden areas! If you are interested in helping with Garden Club duties, please inform Denise and she will get you started. Also, this month there are many garden-inspired trips that you are welcome to attend.

# GARDEN THEMED FUN TO EXPLORE:

**Monday, June 2nd at 2:30 pm** – 20 most beautiful Gardens in the World Doc

Tuesday, June 3rd at 1:30 pm - Gnome Craft

**Friday, June 6th at 2 pm** – Secret Garden Movie with Drinks and Snacks

**Monday, June 9th at 2:30 pm** – 15 Most Incredible Bird Nests Doc

**Thursday, June 11th at 11 am** – Floral Melodies with Flower Arranging

**Monday, June 16th at 2:30 pm** – Around the World, 80 Gardens N. Europe Doc

**Monday, June 23rd at 2:30 pm** – Oasis in Your Backyard: Secrets of Beautiful Gardens Doc

**Tuesday, June 24th at 1:30 pm** – Fairies and their Celtic Origins Doc

**Monday, June 30th at 2:30 pm** – Artwork Among the Leaves Doc

# TAILOR FIT DAY

Wednesday, June 4th is designated Tailor Fit Day. The day is held annually to honor tailors across the United States. We are having a discussion how WWII Sewing Circles supported the war effort. Immediately following that discussion, we are showing the movie, "The Dressmaker". An awesome book that has turned into a great film.

The Dressmaker tells the story of a glamorous woman who returns to her small town in Rural Australia and uses her sewing machine for haute couture style to transform the local women and exact sweet revenge on those who did her wrong! Enjoying the movie while having some great snacks should make for a very enjoyable afternoon. **Make sure to come to the Activities Room at 2pm to enjoy both programs.** 

## BLACK COW DAY FUN!

#### Do you know what a Black Cow is? Well let me tell you....

They are actually root beer floats. In some parts of the country, they are referred to as Brown Cow when chocolate ice cream is added instead of vanilla. You could also have a purple or orange cow if you would prefer grape or orange soda instead of root beer. Well, **on June 10th at 1:30 pm,** we are going celebrate Black Cow Day with floats, cow trivia and a fun filled cow Documentary! **Please sign up for the fun!** 

# FLORAL MELODIES WITH FLOWER ARRANGING

We are going to have fun on June 12th at 11 am making floral arrangements while having a great sing-along featuring songs with a floral theme. It will be great lively fun, and you get to take home a lovely floral arrangement at the end. You need to sign up for this event. PLEASE sign up so we can have the right number of supplies!



Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2 pm</b> Movie – AR <b>7 pm</b> Movie - AR	1	DR. MIKE IS HERE! 9 am Tai Chi Chih – AR 10 am Hangman – TH 11 am Brain Games – TH 1:30 pm Quiddler – AR 2:30 pm 20 Most Beautiful Gardens in the World Doc – AR 7 pm Nature Series - AR	<ul> <li>9 am Exercise with Erin _ AR</li> <li>10 am Current Events - PDR</li> <li>11 am Hymn Sing - TH</li> <li>1:30 pm Gnome Craft - AR</li> <li>2:30 -4:30 pm Audible: The Last Garden in England - AR</li> <li>2:45 pm Bingo - TH</li> </ul>	<ul> <li>TAILOR FIT DAY!</li> <li>8:30 am Walmart Run</li> <li>9 am Exercise Video – AR</li> <li>10 am Word Spiel – AR</li> <li>11 am Exercise with Erin – AR</li> <li>1:15 pm Sit Dance with Shari – AR</li> <li>2 pm WWII Sewing Circles Discussion – AR</li> <li>2:30 pm Dressmaker the Movie – AR</li> <li>7 pm TV Series - AR</li> </ul>	<ul> <li>9 am Yoga - AR</li> <li>10 am Ambassador's Meeting - SR</li> <li>11:30 am Out to Lunch: Back Porch Café</li> <li>1:30 pm Wii Bowling - AR</li> <li>2:30 pm Great Courses with Rebecca - AR</li> <li>3:30 pm M &amp; M - TH</li> </ul>	8:45 am King Soopers Run 9 am Exercise – AR 10 am Current Events – TH 11 am Perplexity: A Mystery Podcast – AR 2 pm – 4 pm Secret Garden Movie with Drinks and Snacks – AR 6 pm Play in the Park 7 pm Movie - AR	9 am Exercise – AR 10 am Bingo – TH 11 am Wii Bowling – AR 2 pm Movie – AR 7 pm Movie - AR
<b>2 pm</b> Movie – AR <b>7 pm</b> Movie - AR	8	<ul> <li>9 am Tai Chi Chih – AR</li> <li>10 am Crossword – TH</li> <li>11 am Brain Games – TH</li> <li>1:30 pm Quiddler – AR</li> <li>2:30 pm 15 Most Incredible Bird Nests Doc – AR</li> <li>7 pm Nature Series - AR</li> </ul>	<ul> <li>9 am Exercise with Erin 10 <ul> <li>AR</li> </ul> </li> <li>10 am Current Events – PDR</li> <li>11 am Hymn Sing – TH</li> <li>1:30 pm Black Cow Day Fun <ul> <li>AR</li> </ul> </li> <li>2:30 -4:30 pm Audible: The Last Garden in England <ul> <li>AR</li> </ul> </li> <li>2:45 pm Bingo - TH</li> </ul>	<ul> <li>9 am Exercise Video – AR 11</li> <li>10 am Word Spiel – AR</li> <li>11 am Exercise with Erin – AR</li> <li>1:15 pm Drumming with Shari – AR</li> <li>2:30 pm History Program: Loveland Historical Society presents Mary Elitch - AR</li> <li>7 pm TV Series - AR</li> </ul>	<ul> <li>9 am Yoga - AR</li> <li>10 am Kevin Cook - AR</li> <li>11 am Floral Melodies with Flower Arranging - AR</li> <li>1:30 pm Wii Bowling - AR</li> <li>2:30 pm Great Courses with Rebecca - AR</li> <li>3:30 pm Adult Coloring on Balcony</li> </ul>	<ul> <li>9 am Exercise - AR</li> <li>10 am Current Events</li> <li>- TH</li> <li>11 am Perplexity: A Mystery Podcast - AR</li> <li>11:30 am US Flag Doc - AR</li> <li>2:30 pm Scott Jenson to Perform FD and Patriotic Entertainment - DR</li> <li>7 pm Movie - AR</li> </ul>	FLAG DAY! 14 9 am Exercise – AR 10 am Bingo – TH 11 am Wii Bowling – AR 2 pm Movie – AR 7 pm Movie - AR
<b>Father's Day!</b> 2 pm Movie – AR 7 pm Movie - AR	15	<ul> <li>9 am Tai Chi Chih – AR</li> <li>10 am Hangman – TH</li> <li>11 am Brain Games – TH</li> <li>1:30 pm Quiddler – AR</li> <li>2:30 pm Around the World 80 Gardens N. Europe Doc – AR</li> <li>7 pm Nature Series - AR</li> </ul>	<ul> <li>INTERNATIONAL VIOLIN 17 DAY!</li> <li>9 am Exercise with Erin – AR</li> <li>10 am Current Events – PDR</li> <li>11 am Hymn Sing – TH</li> <li>1:30 pm The Secrets of the Violin and Stravinsky Life Docs – AR</li> <li>2:30 -4:30 pm Audible: The Last Garden in England – AR</li> <li>2:45 pm Bingo - TH</li> </ul>	<ul> <li>9 am Exercise Video - AR 18</li> <li>10 am Word Spiel - AR 18</li> <li>11 am Exercise with Erin - AR</li> <li>1:15 pm Sit Dance with Shari - AR</li> <li>2:30 pm Marjorie Morning star: Maine - AR</li> <li>3:30 pm Scenic Ride</li> <li>7 pm TV Series - AR</li> </ul>	JUNETEENTH! 19 9 am Yoga – AR 10 am Jeopardy - TH 11 am Jim Willard - AR 1 pm-4 pm Cheyenne Botanical Gardens Trip 2:30 pm Great Courses with Rebecca – AR 3:30 pm M & M - TH	SUMMER BEGINS! 20 8:45 am King Soopers 20 Run 9 am Exercise – AR 10 am Current Events – TH 11 am Perplexity: A Mystery Podcast – AR 2:30 pm Kristen Daniel Jazz Combo Entertainment - DR 7 pm Movie - AR	9 am Exercise – AR 21 10 am Bingo – TH 11 am Wii Bowling – AR 2 pm Movie – AR 2:30 pm Wine Social - TH 7 pm Movie - AR
<b>2 pm</b> Movie – AR <b>7 pm</b> Movie - AR	22	<ul> <li>9 am Tai Chi Chih – AR</li> <li>10 am Crossword – TH</li> <li>11 am Brain Games – TH</li> <li>1:30 pm Quiddler – AR</li> <li>2:30 pm Oasis in Your Back</li> <li>Yards: Secrets of Beautiful Gardens Doc – AR</li> <li>7 pm Nature Series - AR</li> </ul>	<ul> <li>9 am Exercise with Erin - AR</li> <li>10 am Current Events - PDR</li> <li>11 am Hymn Sing - TH</li> <li>1 pm - 3pm Walk with Andrew</li> <li>1:30 pm Fairies and Their Celtic Origins Doc - AR</li> <li>2:30 -4:30 pm Audible: The Last Garden in England - AR</li> <li>2:45 pm Bingo - TH</li> </ul>	<ul> <li>9 am Exercise Video - AR 25</li> <li>10 am Word Spiel - AR</li> <li>11 am Exercise with Erin - AR</li> <li>1:15 pm Drumming with Shari - AR</li> <li>2:30 pm Book Club - PDR</li> <li>7 pm TV Series - AR</li> </ul>	<ul> <li>9 am Yoga - AR 26</li> <li>10 am Townhall Meeting - TH</li> <li>11 am Benson Sculpture Garden Trip</li> <li>1:30 pm Wii Bowling - AR</li> <li>2:30 pm Great Courses with Rebecca - AR</li> <li>3:30 pm M &amp; M - TH</li> </ul>	<ul> <li>8 am Men's Breakfast - PDR</li> <li>9 am Exercise – AR</li> <li>10 am Current Events – TH</li> <li>11 am Perplexity: A Mystery Podcast – AR</li> <li>2:30 pm Birthday Party - DR/ TH</li> <li>7 pm Movie - AR</li> </ul>	9 am Exercise – AR 28 10 am Bingo – TH 11 am Wii Bowling – AR 2 pm Movie – AR 7 pm Movie - AR
2 pm Movie – AR 7 pm Movie - AR	29	<ul> <li>9 am Tai Chi Chih – AR</li> <li>9:30 am – 12 pm Jax and The Exchange Shopping Trip</li> <li>1:30 pm Quiddler – AR</li> <li>2:30 pm Artwork Among the Leaves Doc – AR</li> <li>7 pm Nature Series - AR</li> </ul>	The Worth	ington			2025 HELLO VER





#### SECRET GARDEN MOVIE

Friday, June 6th in sticking with our garden theme we are going to show the wonderful movie, "The Secret Garden", from 2- 4 pm in the **AR.** We will be serving delightful afternoon mocktails with garden snacks for the show. The Secret Garden is a delightful story about an orphaned girl that gets sent to her uncle's estate only to discover a magical garden hidden on the grounds. The movie is based on a novel first published in 1911. Please sign up so we are sure to have enough goodies for all.

#### LOVELAND HISTORICAL SOCIETY PRESENTS MARY **ELITCH**

Come to the Activities Room on June 11th at 2:30 pm to enjoy the real-life recreation of Colorado Historical figure Mary Elitch. Mary Elitch Long was one of the original owners of Elitch Gardens in Denver. She was the first woman to own and manage a zoo being the first zoo between Chicago and the West Coast. She was one of the first women to own and operate a theatre. She also authored children's books. Mary was inducted into the Colorado Women's Hall of Fame in 1996. Come to the AR to see a member from the Loveland Historical Society dressed as Mary Elitch as she relays the life of Mary to us. It will be a great educational and fun event.

# **KEVIN COOK**

Kevin will be at the Worthington for his 6th installment of his Colorado Nature series, "Colography: The Nitty-Gritty Colorado." This installment is entitled "Lifescapes and Anthroscopes." Kevin would say

about this: "Life inside Colorado differs from place to place. Precipitation and temperature determine which plants live where; and plant communities determine which animals live where. Human activity imposes changes to which only some wildlife can adapt, making Colorado a checkerboard of lifescapes and anthroscapes." Please come and join the experience on June 12th at 10 am.

### **GREAT COURSES WITH** REBECCA

Rebecca, the Chaplin, will be back **on** Thursday afternoon at 2:30 pm in the Activity Room to continue her Great Course class on Native Americans of North America. Rebecca would love for you to join her for these great discussions:

Thursday, June 5th at 2:30 pm - The Indian Wars of the Far West

Thursday, June 12th at 2:30 pm -Assimilation and Allotment

Thursday, June 19th at 2:30 pm -American Indians and the Law

Thursday, June 26th at 2:30 pm – The Ghost Dance and Peyote Road

#### MARJORIE MORNINGSTAR -TRAVELOGUE TO MAINE

Come join our favorite traveler, Majorie Morningstar as she takes you on her adventure to Maine. Marjorie combines history, lore and great firsthand knowledge of the places she visits in her presentations. This month is sure to be fun. Please sign up for the presentation on June 18th at 2:30 pm in the AR.

## WINE SOCIAL

Please come on Saturday, June 21st for the Wine Social hosted by Venus at 2:30 pm in the Townhall. Come and break up the weekend monotony with a cocktail, appetizer, and conversation. Venus hopes that you all come and enjoy yourself. Please sign up so that she knows how many to set up for.

#### OUT TO LUNCH: BACK PORCH CAFÉ

Please come and join us for our monthly outing for lunch. This month we are going to Back Porch Café. At the Back Porch Cafe, we take pride in delivering to our guests our own homemade bread, cinnamon rolls, biscuits, pies, and quiches from our bakery. In addition, our famous Back Porch House Coffee is flamed at the table, a sugar, cinnamon and nutmeg rimmed glass with a shot of Kahlua, a shot of Galiano, a large dalop of Lewes Dairy whipping cream and our equal exchange coffee. The outing is planned for Thursday, June 5th at 11:30 am. Sign up quickly, so there is room on the van!

# **TRIPS IN JUNE**

Wednesday, June 4th at 8:30 am – Walmart Run Thursday, June 5th at 11:30 am - Out to Lunch: Back

Porch Café Friday, June 6th at 8:45 am – King Soopers Run

Wednesday, June 18th at 3:30 pm – Scenic Ride

Thursday, June 19th at 1 pm - Cheyenne Botanical Gardens Trip

Friday, June 20th at 8:45 am – King Soopers Run

Tuesday, June 24th at 1 pm – Walk with Andrew

Thursday, June 26th at 11 am – Benson Sculpture Garden Trip

Monday, June 30th at 9:30 am – Jax and the Exchange Shopping Trip

> Gulley Greenhouse trip.

# PODCAST AND AUDIBLE FOR THE MONTH

## PERPLEXITY: A MYSTERY PODCAST

Ever heard a story that left you so perplexed you had to hear more? That's exactly why Kaydra started this podcast. From true crime to paranormal, from dark history to weird science, Kaydra's got you covered! It is dedicated to all mysterious things! From true crime, to cults, to paranormal, and to psychology. Come and join the mystery fun every Friday at 11 am.

### THE LAST GARDEN IN ENGLAND **AUDIBLE**

From the author of the international bestseller The Light Over London and The Whispers of War comes a poignant and unforgettable tale of five women living across three different times whose lives are all connected by one very special garden in the book audible, The Last Garden in England. Please come and join us every Tuesday in the AR at 2:30 pm. This is the monthly book for book club. You can download on your own, join us in the AR to listen or get a paperback copy, if wanted.

Our clematis is already flowering.





Garden is blooming.

















- 1. Book garden.
- Decoupage fun.
   Derby hats.

- More decoupage fun.
   Dina's 33rd anniversary at The Worthington.
- 6. Carl and Tucker posing for the calendar.
- 7. Drawing class.
- 8. Worthington girls.
- 9. Shirley's quilting.

