1385 Main Street Windsor, CO 970-460-5005

#### MEET OUR DEPARTMENT HEADS

MANAGER Anna VonDreele

**ACTIVITIES DIRECTOR** Cori Allen

**OFFICE MANAGER** Kim Palmer

> CHEF Glenn Stoll

WAITSTAFF **SUPERVISOR** Danielle Neal

HOUSEKEEPING **SUPERVISOR** Julie Williamson

MAINTENANCE **SUPERVISOR Jeff Thomas** 





JULY 2025

enings

#### INDEPENDENCE DAY

#### TICKLE YOUR FUNNY BONE

The Windsor

All my fingers were injured by 4th of July fireworks. My closest friends say that they can't count on me anymore.

#### THE PARADE BEGINS

Drums resound on Main Street bright, Children cheer in morning light. With every step, a tribute paid To patriots bold, not dismayed. Baton twirlers spin with grace, *Marching bands* keep steady pace. The crowd stands still as colors pass, A quiet pride, both deep and vast.

#### **DID YOU KNOW?**

Betsy Ross is known for possibly sewing the first American flag; however, no official documentation confirms this story. It's possible her husband's uncle—a signer of the Declaration of Independence—recommended her for the task. We know she certainly made many flags. A receipt dated May 29, 1777, confirms that she was paid by the Pennsylvania State Navy Board to make flags for their ships.

### CELEBRATE CANADA: JULY 1ST

#### LINES WRITTEN ON THE BANKS OF THE OTTAWA

Published in 1900 Here let me linger in the vale, Where in the sweet and sunny weather The creek goes winding down the dale, And banks are green with fern and heather. I would not change this tranquil mood To be the city's hurrying minion; The voice of this green solitude Is better than a king's dominion.

> — Archibald Lampman, Canadian poet

#### DID YOU KNOW?

Canada is known for having the largest population of moose in the world. Four subspecies live in every province and territory of Canada except Prince Edward Island. The moose is considered a symbol of Canada and is featured on Ontario's provincial coat of arms. Moose enjoy munching on the leaves of deciduous trees and aquatic plants. They are excellent swimmers, which not only helps them cool down on hot summer days but also allows them to escape black flies.

#### SUMMER HUMOR

Did you hear about the dog who wears a swimsuit?

Apparently, it looks quite fetching.



Why don't seashells take baths? Because they wash up on the beach.



## What do you get when you cross an elephant and a fish?

Swimming trunks.



What happens when ice cream gets angry?

It has a meltdown.



#### GARDEN TOUR

*Tuesday the 1st at 11AM (AR)* 

This was a huge hit last year. We will check our local residents' patios who would like to showcase their flowers, vegetables and plants. Please join us!

#### 4TH OF JULY

*Friday the 4th at 10AM and 1PM (The Lakes)* 

Enjoy cornhole and or snow cones at the Lakes patio if you need to get out a bit. At night enjoy the fireworks on the north patio.

#### ICE CREAM SOCIAL

*Tuesday the 8th at 11AM (DR)* 

Please join us for Ice Cream. We will have banana splits again this year. Yummy!

# MARGE'S TRAVEL PRESENTATION

*Tuesday the 15th at 11AM (AR)* 

Marge our well-traveled presenter who would like to share the trip she took to Antarctica. Please come and listen to her travels and have the opportunity to share your travel experiences.

#### SUMMER PARTY

*Wednesday the 16th at 3:30PM (AR)* 

We will have Piña Coladas and a Hawaiian themed bingo to welcome Summertime. Please come and enjoy this lighthearted party.

#### CHRISTMAS PARTY

*Tuesday the 22nd at 11AM (DR)* 

We will have a funny gift exchange and enjoy some Christmas goodies in July. Why not? This is a tradition many hold when they don't want to travel back to the Midwest or other cold places, in the Winter, to spend the holidays with family. They'd much rather celebrate in July! Wear Christmas attire please.

#### MUSICAL ACTS

*Fridays at 3pm (DR)* Mike - **July 11th** Pat and Sue - **July 18th** Kendra - **July 25th** 

# OUTINGS –

**Black Bear Den** *Friday the 11th at 11:15AM* 

**Sala Thai** *Friday the 25th at 11:15AM* 

#### USUAL SUSPECTS:

**Foot and Toenail Clinic** *Monday the 7th 2:30PM-4:30PM* 

Audiologist Visits Monday August 4th 12:30-1:30PM (PDR)

\*please sign up at the front desk for podiatry and audiology

#### **BIRTHDAYS!**

July 5 – Glenn July 9- Patty July 20 – Margaret July 21– Cori July 25 – Andrea

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All activities are subject to change.	<ul> <li>10AM- Walking Group (Outside)</li> <li>11AM- Garden Tour (AR)</li> <li>1PM- Carol Burnett or Other Comedians (AR)</li> <li>3PM- Quarter Bingo (AR)</li> <li>6:15PM Golf the Card Game (AR)</li> </ul>	<ul> <li>10:30AM- Shopping Outing-Safeway *please sign up</li> <li>10:30AM- Rosary (PDR)</li> <li>1PM- Scrabble (Sunroom)</li> <li>3:30PM – Wisdom Study with Peter /Devotional (AR)</li> <li>6:15PM- Netflix TV Series: This is Us (AR)</li> </ul>	<ul> <li>10AM- HaSfit Exercise (AR)</li> <li>11AM- Left Right Center (AR)</li> <li>1PM – Painting Class (AR)</li> <li>2PM- Wii Bowling (AR)</li> <li>6:15PM- Dominoes (AR)</li> </ul>	4TH OF JULY 10AM- Cornhole (The Lakes Patio) Or 4th of July Parade (AR) 1PM- Snow cone for the 4th of July (The Lakes Patio) 6:15PM-Netflix Movie: K-9 (AR) 8:30PM Watch Fireworks (North Patio)	Glenn's Birthday! 5 10AM Wii Golf (AR) 1PM Sequence (DR) 3PM- Wii Bowling (AR) 6:15PM- You Tube Movie: Take Me Home: The John Denver Story (AR)
9:30AM Ed Young You Tube (AR) 6:15PM- Documentary Sunday and Popcorn: The Quilter (AR)	<ul> <li>PODIATRY</li> <li>10AM – Exercise with Marisela (AR)</li> <li>11AM- Shuffleboard (The Lounge)</li> <li>1PM- Giant Crossword (AR)</li> <li>3PM- Let's Play Pool (The Lounge)</li> <li>6:15PM- Netflix TV Series: Heartland (AR)</li> </ul>	<ul> <li>10AM- Walking Group (Outside)</li> <li>11AM- Ice Cream Social (DR)</li> <li>1PM- Carol Burnett or Other Comedians (AR)</li> <li>3PM- Quarter Bingo (AR)</li> <li>6:15PM Golf the Card Game (AR)</li> </ul>	<ul> <li>Patty's Birthday!</li> <li>9:30AM- Food Committee (AR)</li> <li>10:30AM- Rosary (PDR)</li> <li>1PM- Scrabble (Sunroom)</li> <li>3:30PM – Wisdom Study with Peter/George Washington and Religion (AR)</li> <li>6:15PM- Netflix TV Series: This is Us (AR)</li> </ul>	<ul> <li>10AM - Hasfit Exercise 10 (AR)</li> <li>11 AM- Left Right Center (AR)</li> <li>1PM - Painting Class (AR)</li> <li>2PM-Library Drop Off (L)</li> <li>2PM- Wii Bowling (AR)</li> <li>6:15PM- Dominoes (AR)</li> </ul>	<ul> <li>10AM- Exercise with Darcy (AR)</li> <li>11:15AM- Lunch Outing: - Black Bear Den Restaurant *please sign up</li> <li>3PM- Mike's Piano and Guitar Musical Performance (DR)</li> <li>6:15PM-Netflix Movie: Hitchcock (AR)</li> </ul>	<ul> <li>10AM- Wii Golf (AR)</li> <li>1PM Sequence (DR)</li> <li>3PM- Wii Bowling (AR)</li> <li>6:15PM- Netflix Movie: The Net (AR)</li> </ul>
9:30AM Matt Hagee You Tube (AR) 6:15PM- Documentary Sunday and Popcorn: Airforce Elite (AR)	<ul> <li>10AM – Exercise with Marisela (AR)</li> <li>11AM- Flower Arranging (AR)</li> <li>1PM- Giant Crossword (AR)</li> <li>3PM- Sing along (AR)</li> <li>6:15PM- Netflix TV Series: Heartland (AR)</li> </ul>	<ul> <li>10AM- Walking Group (Outside)</li> <li>11AM- Marge Antarctica Presentation (AR)</li> <li>1PM- Carol Burnett or Other Comedians (AR)</li> <li>3PM- Quarter Bingo (AR)</li> <li>6:15PM Golf the Card Game (AR)</li> </ul>	<ul> <li>10:30AM- Rosary (PDR)</li> <li>1PM- Scrabble (Sunroom)</li> <li>3:30PM - Celebrate Summer with Pina Coladas (AR)</li> <li>6:15PM- Netflix TV Series: This is Us (AR)</li> </ul>	<ul> <li>10AM - Hasfit Exercise 17 (AR)</li> <li>11AM- Left Right Center (AR)</li> <li>1PM - Painting Class (AR)</li> <li>2PM- Wii Bowling (AR)</li> <li>6:15 PM- Dominoes (AR)</li> </ul>	<ul> <li>10AM- Ballet Stretching 18 (AR)</li> <li>11AM – Hangman (AR)</li> <li>12:45PM- CSU Gardens * please sign up</li> <li>3PM- Pat and Sue's Chorded Zither Musical Performance (DR)</li> <li>6:15PM-Netflix Movie: The Theory of Everything (AR)</li> </ul>	<ul> <li>10AM- Wii Golf (AR)</li> <li>1PM Sequence (DR)</li> <li>3PM- Wii Bowling (AR)</li> <li>6:15PM- Netflix Movie: The Sugarland Express (AR)</li> </ul>
Margaret's Birthday! 20 9:30AM Communion with John (AR) 6:15PM- Documentary Sunday and Popcorn: Abba – Against All Odds (AR)	<ul> <li>Cori's Birthday! 21</li> <li>10AM – Exercise with Marisela (AR)</li> <li>11AM- Shuffleboard Game (The Lounge)</li> <li>1PM- Giant Crossword (AR)</li> <li>3PM- Let's Play Some Pool (The Lounge)</li> <li>6:15PM- Netflix TV Series: Heartland (AR)</li> </ul>	<ul> <li>10AM- Walking Group 22 (Outside) 22</li> <li>11AM- Christmas in July Social ((DR)</li> <li>1PM- Carol Burnett or Other Comedians (AR)</li> <li>3PM- Quarter Bingo (AR)</li> <li>6:15PM Golf the Card Game (AR)</li> </ul>	10AM- Shopping Outing- Walmart *please sign up2310:30AM- Rosary (PDR)1PM- Scrabble (Sunroom)3:30PM – Wisdom Study with Peter/Golden Rule (AR)6:15PM- Netflix TV Series: This is Us (AR)	<ul> <li>10AM- HaSfit Exercise 24 (AR)</li> <li>11AM- Left Right Center (AR)</li> <li>1PM – Painting Class (AR)</li> <li>2PM-Library Drop Off (L)</li> <li>2PM- Wii Bowling (AR)</li> <li>6:15 PM- Dominoes (AR)</li> </ul>	Andrea's Birthday 10AM- Ballet Stretching (AR) 11:15AM- Lunch Outing: Sala Thai Restaurant- * please sign up 3PM- Kendra's Musical Performance (DR) 6:15PM- Netflix Movie: American Graffiti (AR)	<ul> <li>10AM- Wii Golf (AR)</li> <li>1PM Sequence (DR)</li> <li>3PM- Wii Bowling (AR)</li> <li>6:15PM- Netflix Movie: The Piano Lesson (AR)</li> </ul>
<ul> <li>9:30AM Charles Stanley 27 You Tube (AR)</li> <li>6:15PM- Documentary Sunday and Popcorn: Becoming Lead- Zeppelin (AR)</li> </ul>	<ul> <li>10AM - Exercise with Marisela (AR)</li> <li>11AM- Shuffleboard Game (The Lounge)</li> <li>1PM- Giant Crossword (AR)</li> <li>3PM- Let's Play Some Pool (The Lounge)</li> <li>6:15PM- Netflix TV Series: Heartland (AR)</li> </ul>	<ul> <li>10AM- Walking Group 29 (Outside)</li> <li>11AM- Residents Meeting (AR)</li> <li>1PM- Carol Burnett or Other Comedians (AR)</li> <li>3PM- Super Quarter Bingo (AR)</li> <li>6:15PM Golf the Card Game (AR)</li> </ul>	<ul> <li>10:30AM- Rosary (PDR) 30</li> <li>1PM- Scrabble (Sunroom)</li> <li>3:30PM – Wisdom Study with Peter / Serenity Prayer (AR)</li> <li>6:15PM- Netflix TV Series: This is Us (AR)</li> </ul>	<ul> <li>10AM- HaSfit Exercise 31 (AR)</li> <li>11AM- Left Right Center (AR)</li> <li>1PM – Painting Class (AR)</li> <li>2PM-Library Drop Off (L)</li> <li>2PM- Wii Bowling (AR)</li> <li>6:15 PM- Dominoes (AR)</li> </ul>	The Windso	





High Hops amazing flowers.



Goodbye to Wilma. We will miss you!









Gardener's to the rescue.

Mother's Day Tea was so fun!







Terry Buffalo Ranch Fun!





Artists at The Windsor.



1000 piece puzzle isn't for sissies