The Wexford enings

1515 West 28th St. Loveland, CO

970-667-1900

ADMINISTRATOR Sam Bonnell

ACTIVITIES DIRECTOR Ciara Oakley

> **CHEF** Drea Hayes

HOUSEKEEPING SUPERVISOR

Brenda Whisenand

MAINTENANCE SUPERVISOR Jim Krening

OFFICE MANAGER Easton Madrid





WEXFORD IN HOUSE **ACTIVITIES**

Check the activity book in the front lobby for all activities, events, outings and outside services.

MENU REVIEW WITH CHEF DREA

Have questions about the food offerings on the menu? Come to the Dining Room at 9:00 a.m. on Mondays to get your questions answered. Nothing wrong with a little food for thought!

DIETARY MEETING

Food is the ingredient that binds us together. Join your fellow food enthusiasts of The Wexford in the Activity Room on Tuesday, June 3rd at 1:00 p.m. for the opportunity to give feedback regarding the menu and service.

BUNCO GAME PARTY

Come play Bunco in the Activity Room on June 20th at 1:30pm! Don't know how to play? That's okay! This is a fun, easy to learn, dice game. The top three winners will win prizes from a money jackpot. The buy in for this game is \$5.00. See Sam to sign up or ask any questions! There is a maximum limit of 16 players for this game.



CELEBRATIONS
AT THE
WEXFORD

JUNE BIRTHDAYS

Residents:

June 13 Kay Grove
June 15 Tom Belew
June 15 Patty Lou Leech
June 26 Clarence Kissler
June 28 Mark Boyd
June 29 Donna Kissler
June 29 Sue Allison

Staff:

June 2 Marika Le Fevre
June 9 Juana Tsarai
June 23 Aidian Thorp
June 30 Debbie
Buchanan

FATHER'S DAY LUNCH_

Men of The Wexford- Join us in the activity room on Friday, June 13th at 11:30pm for a special lunch to celebrate how important you are. Celebrate being a father or come to celebrate your friends who are fathers. Bring your sons and sons in-law to enjoy the fun as well!

COCKTAIL SOCIAL

Enjoy some drinks and social time with friends in the Town Hall every Monday, Wednesday, and Friday!
Each month will feature a new menu.

MONTHLY ENTERTAINMENT/ CLASSES:

WILDLIFE WINDOW NATURE SERIES BY KEVIN COOK

Friday, June 6th at 2:00 p.m. in the AR Lifescapes and Anthroscapes

Life inside Colorado differs from place to place. Precipitation and temperature determine which plants live where, and plant communities determine which animals live where. Human activity imposes changes to which only some wildlife can adapt, making Colorado a checkerboard of lifescapes and anthroscapes.

SOUND AFFECTS MUSIC PROGRAM: ARTISTS TO BE ANNOUNCED.

Join us in the Town Hall on Thursday, June 5th and 19th for wonderful music programs presented by Sound Affects!

MUSIC WITH EMILYN INGLES

Welcome Emilyn to The Wexford by joining us **in the Town Hall on Thursday, June 12th at 3:00 p.m.** for an acoustic guitar performance!

MUSIC WITH JIM KRISTOFF

Join us in the Town Hall on Thursday, June 26th at 3:00 p.m. for some Rockin' music with Jim!

TRAVEL PRESENTATION: A GLIMPSE OF THE GALAPAGOS

Join Marjorie Morningstar of Morningstar Photos in the Activity Room on Friday, June 27th at 3:30pm for a presentation about her trip to the Galapagos Islands!

DIVING INTO DOCUMENTARIES

Watching a documentary is about discovering, being open, learning and following your curiosity. Join us in the Activity Room, Mondays and Thursdays, at 7 p.m. for the following documentaries. This month's theme is HISTORY.

- 6/2 Surviving the Dark Ages
- 6/5 Secrets of The Colosseum
- 6/9 Seven Wonders of The Ancient World
- 6/12 Ancient Greece
- 6/19 Interstellar Secrets to Ancient Civilizations
- 6/23 Discover the Secrets of Ancient Egypt
- 6/26 Lost Worlds of The Mediterranean
- 6/30 The Rise of The Roman Empire

GRACE AND FRANKIE

Enjoy this highly recommended show on Saturdays at 10:00 a.m. in the activity room! Each week we will show a different episode.

Finding out that their husbands are not just work partners but have also been romantically involved for the last twenty years, two women with an already strained relationship try to cope with the circumstances together.

AS TIME GOES BY

Wednesdays at 7:00 p.m.

The Korean War, and a long lost letter, separate the lives of young lovers Jean Pargetter and Lionel Hardcastle, whose paths cross again by happenstance.

PBS COLORADO EXPERIENCE SCHEDULE

Thursdays at 1:30 p.m.

- 6/5 Healing Power of Joy
- 6/12 The Fabulous Cleo
- 6/19 Buddhist Temple to Brewery
- 6/26 Press of the West

WEXFORD BOOK CLUB

Love to read and have conversations? We welcome you to join The Wexford Book Club! They say there are no faster or firmer friendships than those formed between people who love the same books. Join us in the Activity Room on Wednesday, June 25th at 1:00 p.m.

WEXFORD FITNESS

Let's get fit! Don't forget about all the exercise opportunities at The Wexford. Challenge yourself to try something new!

MUSIC & MOVEMENT WITH HEATHER

Mondays at 3:00 p.m. in the Activity Room.

Start your week with a fun workout class while singing some of your favorite songs and using seasonal props to enhance the exercises.

WALKING THE WEXFORD

Every Monday, Wednesday, and Friday at 9:00 a.m.

the Walking Group meets in the West Side Dining Room and begins their walk around the 2nd floor. Join them for a morning walk around Wexford.

BRAIN & BALANCE

While Diane is out, please join us in the activity room every Tuesday and Thursday at 10:00am for an exercise video!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am Senior Style Exercise- AR 2:00pm Movie Matinee: Citizen Kane- AR 5:00pm Movie Matinee: Citizen Kane- AR	9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea- TH 10:00am Wexford Community Meeting- AR 1:00pm Billiards Club- AR 1:00pm *Shopping Trip to Walmart (65th Street) - ML 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH 7:00pm Documentary: Surviving the Dark Ages (The History Chanel)- AR	9:00am Wii Bowling- AR 10:00am Exercise Video - AR 1:00pm Poker- TH 1:00pm Dietary Meeting - AR 1:45pm Quarter Bingo- AR 3:00pm Left Center Right Game- AR 6:15pm *Loveland Concert Band in The Park - ML	9:00am Footcare Clinic - APT 9:00am Walking the Wexford- TH 10:00am Morning Bible Study- AR 12:30pm BLOOM Laundry - APT 1:00pm One on One Time with Chaplain (Sign Up Required)- PDR 1:00pm Mahjong- TH 2:00pm Xfinity TV Presentation- AR 3:30pm Wordle- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 3) Episodes 4 & 5 - AR	9:00am Crossword- AR 10:00am Exercise Video - AR 10:45am Trivia- AR 1:00pm Poker- TH 1:30pm PBS CO Experience: Healing Power of Joy- AR 3:00pm Happy Hour: Sound Affects- TH 7:00pm Documentary: Secrets of The Colosseum (National Geographic)- AR	9:00am Walking the Wexford- TH 10:00am Seated Beach Volleyball- AR 1:00pm Billiards Club- AR 2:00pm Kevin Cook Nature Presentation- AR 4:00pm Cocktail Social- TH 4:30pm *Dinner at Red Robin & FREE Play at The Park: Pride and Prejudice - ML	10:00am Grace and Frankie (Season 3) Episodes 3 & 4- AR 2:00pm Movie Matinee: The American President - AR 7:00pm Movie Matinee: The American President - AR
10:00am Senior Style Exercises AR 2:00pm Movie Matinee: The American President - AR 5:00pm Movie Matinee: The American President - AR	9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea- TH 10:00am Boccia- AR 1:00pm Billiards Club- AR 1:00pm *Shopping Trip to King Soopers- ML 2:00pm Hymns and Communion- TH 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH 7:00pm Documentary: Seven Wonders of The Ancient World (The History Chanel)- AR	9:00am Wii Bowling- AR 10:00am Exercise Video - AR 1:00pm Poker- TH 1:45pm Quarter Bingo- AR 3:00pm Left Center Right Game- AR 6:15pm *Loveland Concert Band in The Park - ML	9:00am Walking the Wexford- TH 10:00am Morning Bible Study - AR 12:30pm BLOOM Laundry - APT 1:00pm One on One Time with Chaplain (Sign Up Required)- PDR 2:00pm *Loveland Museum: Governor's Art Show- ML 1:00pm Mahjong- TH 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 3) Episodes 6 & 7 - AR	9:00am Crossword- AR 10:00am Exercise Video - AR 10:45am Trivia- AR 1:00pm Poker- TH 1:30pm PBS CO Experience: The Fabulous Cleo- AR 3:00pm Happy Hour: Emilyn Inglis - TH 7:00pm Documentary: Ancient Greece (The History Chanel) - AR	HAPPY BIRTHDAY, KAY G! 9:00am Walking the Wexford- TH 10:00am Seated Beach Volleyball- AR 11:30pm Father's Day Cookout (Men Only)- AR 1:00pm Blood Pressure Clinic - PDR 1:00pm Billiards Club- AR 1:45pm Quarter Bingo- AR 4:00pm Cocktail Social- TH	FLAG DAY 10:00am Grace and Frankie (Season 3) Episodes 5 & 6- AR 2:00pm Movie Matinee: The Quiet Man- AR 7:00pm Movie Matinee: The Quiet Man- AR
HAPPY FATHER'S DAY! HAPPY BIRTHDAY, TOM B & PATTY LOU L! 10:00am Senior Style Exercise- AR 2:00pm Movie Matinee: The Quiet Man- AR 5:00pm Movie Matinee: The Quiet Man- AR	9:00am Walking the Wexford- TH 9:00am Menu Review with Chef Drea- TH 10:00am Boccia- AR 1:00pm Billiards Club- AR 1:00pm *Shopping Trip to Dollar Tree- ML 3:00pm Music and Movement - AR 4:00pm Cocktail Social- TH	9:00am Wii Bowling- AR 10:00am Exercise Video - AR 1:00pm Poker- TH 1:45pm Quarter Bingo- AR 3:00pm Left Center Right Game- AR 6:15pm *Loveland Concert Band in The Park - ML	9:00am Walking the Wexford - TH 10:00am Morning Bible Study - AR 12:30pm BLOOM Laundry - APT 1:00pm One on One Time with Chaplain (Sign Up Required) - PDR 1:00pm Mahjong- TH 3:00pm Connect Hearing Clinic - PDR 3:30pm Wordle- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 3) Episodes 8 & 9 - AR	JUNETEENTH 9:00am Crossword- AR 10:00am Exercise Video - AR 10:45am Trivia- AR 1:00pm Poker- TH 1:30pm PBS CO Experience: Buddhist Temple to Brewery- AR 3:00pm Happy Hour: Sound Affects- TH 7:00pm Documentary: Interstellar Secrets to Ancient Civilizations (The History Chanel)- AR	9:00am Walking the Wexford- TH 10:00am Seated Beach Volleyball- AR 1:00pm Billiards Club- AR 1:30pm Bunco Party- TH 3:30pm Activity Meeting - AR 4:00pm Cocktail Social- TH	10:00am Grace and Frankie (Season 3) Episodes 7 & 8- AR 2:00pm Movie Matinee: Georgia Rule- AR 7:00pm Movie Matinee: Georgia Rule- AR
10:00am Senior Style Exercise- AR 2:00pm Movie Matinee: Georgia Rule- AR 5:00pm Movie Matinee: Georgia Rule- AR 5:00pm Dinner and A Movie (Sign Up Required) - TH	9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea- TH 10:00am Boccia- AR 1:00pm Billiards Club- AR 1:00pm *Shopping Trip to Safeway- ML 3:00pm Music and Movement- AR 4:00pm Cocktail Social- TH 7:00pm Documentary: Discover the Secrets of Ancient Egypt (The History Chanel)- AR	9:00am Wii Bowling- AR 10:00am Exercise Video - AR 1:00pm Poker- TH 1:45pm Quarter Bingo- AR 3:00pm Left Center Right Game- AR 6:15pm *Loveland Concert Band in The Park - ML	9:00am Walking the Wexford - TH 10:00am Current News and Events with Rebecca - AR 12:30pm BLOOM Laundry - APT 1:00pm One on One Time with Chaplain (Sign Up Required)- PDR 1:00pm Book Club- FR 1:00pm Mahjong- TH 3:30pm Wordle- AR 4:00pm Cocktail Social- TH 7:00pm As Time Goes By (Season 3) Episodes 10 & 11- AR	HAPPY BIRTHDAY, CLARENCE K! 9:00am Crossword- AR 10:00am Exercise Video - AR 10:45am Trivia- AR 1:00pm Poker- TH 1:30pm PBS CO Experience: Press of the West- AR 3:00pm Happy Hour: Jim Kristoff- TH 7:00pm Documentary: Lost Worlds of The Mediterranean (National Geographic)- AR	9:00am Walking the Wexford- TH 10:00am Seated Beach Volleyball- AR 1:00pm Billiards Club- AR 1:45pm Quarter Bingo- AR 3:30pm Travel Presentation: A Glimpse of the Galapagos - AR 4:00pm Cocktail Social- TH	HAPPY BIRTHDAY, MARK B! 10:00am Grace and Frankie (Season 3) Episodes 9 & 10- AR 2:00pm Movie Matinee: Where the Red Fern Grows- AR 7:00pm Movie Matinee: Where the Red Fern Grows- AR
HAPPY BIRTHDAY, DONNA K & SUE A! 10:00am Senior Style Exercise- AR 2:00pm Movie Matinee: Where the Red Fern Grows- AR 5:00pm Movie Matinee: Where the Red Fern Grows- AR	9:00am Walking the Wexford - TH 9:00am Menu Review with Chef Drea- TH 10:00am Boccia- AR 1:00pm Billiards Club- AR 1:00pm *Shopping Trip to Target- ML 3:30pm Cornhole- AR 4:00pm Cocktail Social- TH 7:00pm Documentary: The Rise of The Roman Empire (National Geographic)- AR	The Wexfo				2025 HELLO VIER



SPIRITUAL CARE AT THE WEXFORD

CHATTING WITH CHAPLAIN REBECCA

A chaplain is like a leader or teacher; however, a chaplain's biggest gift is to be present and just listen. Join our very own Chaplain Rebecca in the Activity Room or Town Hall on Wednesday's at 10:00 a.m. for some fellowship.

IN NEED OF A LITTLE SUPPORT?

Our chaplain, Rebecca McFee, is available every Wednesday afternoon for personal visits. You might consider a chaplain visit to talk about grief, decisions you need to make, family issues, and other spiritual and emotional support. She is also available to pray with you. If you wish to have a visit, we will now have a sign-up sheet in the sign-up book. Or, you can also contact Rebecca directly at Rebecca.mcfee@columbinehealth.com. All visits are free and confidential.

HYMNS AND COMMUNION

Provided by Mountain View Presbyterian Church in the Town Hall, Monday, June 9th at 2:00 p.m.

SERVICES AT THE WEXFORD

THE WEXFORD SALON

Need a fresh new look? Or want to get your hair styled? The Wexford Salon is just the place for you. Our stylist offers a variety of services at great prices and are located on the first floor of The Wexford. Feel free to give Sheila a call at 970-581-7861 to find out what she can do for YOU and to book an appointment.

BLOOM AT HOME LAUNDRY SERVICE

BLOOM at Home, Columbine's Non-Medical Home Care, is pleased to offer an on-site laundry service to our residents. The cost is \$15.00 for the first load and \$10.00 for additional loads thereafter. Laundry must be placed outside your door by 11:00 a.m. Please sign up in the activity book if you are interested in this service, as this service is provided weekly every Tuesday.

FOOT CARE CLINIC

Dr. Mike Thomas, a professional foot care specialist and retired podiatrist is available for your foot care needs! He can provide fingernail and toenail trimmings, callous removal, and other foot care needs. Feel free to contact Dr. Mike to set up an appointment today at (970) 310-7635.

Each appointment is \$45 and can be paid directly to Dr. Mike. This foot care clinic is for medical purposes and is not a pedicure service. **1st Wednesday of each month (June 4th).** Sign up in the Activity Book.

SWEETHEART NAILS

Good nails will often solve a lot of problems. Call or Text Neitha Schneider at 303-710-5577 to schedule a foot massage, toenail trimming, manicure, pedicure and more! There's no better feeling than getting your nails done.

COLUMBINE BLOOD PRESSURE CLINIC

It's never too early to be thinking about your blood pressure. Join Scothia Orr - RN with Columbine Poudre Home Care in the Private Dining Room on the 2nd Friday of each month (June 13th) at 1:00 p.m. for free blood pressure reading and RN consultation.

LOVELAND PUBLIC LIBRARY

Are you looking for a great book to read? Contact librarian, Teddy Rosario at The Loveland Public Library. They offer a free Home Delivery Service for residents of The Wexford. They have regularprint, large-print, books on CD, cassette-tape books, videos, and other library materials. Please contact the library at (970)-962-2592 for more information.

CONNECT HEARING

Do your hearing aids need to be cleaned or repaired? Connect Hearing is offering monthly hearing aid clinics for Wexford residents. Services include cleanings and minor repairs in house. The location of these clinics are to be determined. This month's clinic is Wednesday, June 18th at 3:00 p.m. in the private dining room.



Brenda and the Cleanettes.

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At Gulley Greenhouse.





At the Lincoln Center.



Lunch at Vatos Tacos and Tequila.

