

The Wexford Happenings

JULY 2025

1515 West 28th St.
Loveland, CO
970-667-1900

ADMINISTRATOR
Sam Bonnell

ACTIVITIES DIRECTOR
Ciara Oakley

CHEF
Drea Hayes

**HOUSEKEEPING
SUPERVISOR**
Brenda Whisenand

**MAINTENANCE
SUPERVISOR**
Jim Krening

OFFICE MANAGER
Easton Madrid



MENU REVIEW WITH CHEF DREA

Have questions about the food offerings on the menu? **Come to the Dining Room at 9:00 a.m. on Mondays** to get your questions answered. Nothing wrong with a little food for thought!

DIETARY MEETING

Food is the ingredient that binds us together. Join your fellow food enthusiasts of The Wexford **in the Activity Room on Tuesday, June 3rd at 1:00 p.m.** for the opportunity to give feedback regarding the menu and service.

COCKTAIL SOCIAL

Enjoy some drinks and social time with friends in the Town Hall every Monday, Wednesday, and Friday! Each month will feature a new menu.

FOURTH OF JULY PARTY

Let's celebrate our Independence with an outdoor party! **Join us on the outside patio on Thursday, July 3rd at 3:00 p.m.** for live music, drinks, snacks, and fun with friends!



DIY BIRDFEEDER CRAFT

Join Ciara in the activity room on Wednesday, July 16th at 1:00pm to make your own birdhouse! You will be sent home with bird seed for your feeder, so you can enjoy the birds as soon as possible!



CELEBRATIONS
AT THE
WEXFORD

JULY
BIRTHDAYS

Residents:

July 4 - Arlene Herman
July 5 - Jo Lay
July 5 - Connie Rogers
July 9 - Bonnie Curry
July 12 - Sara Rabura
July 21 - Herb Balderston

Staff:

July 12 - Dylan Landry
July 27 - Sam Bonnell

MONTHLY
ENTERTAINMENT/
CLASSES:

WILDLIFE WINDOW
NATURE SERIES
BY KEVIN COOK

Friday, July 4th at 2:00 p.m. in the
Activity Room

The Collectors

Various people came to Colorado to
collect plants and birds, insects and
mammals, a quest that took them
everywhere deep into this new state.
Documenting their travels and their
collections did more to define the
character of Colorado than any other
undertaking of the day.

MUSIC WITH JERRY KUTA

Jerry plays music you can all sing
to! **Join him in the town hall on
Thursday, July 10th at 3:00 p.m.**
for all of your favorites from the 50s
and 60s.

MUSIC WITH REX AND GUY

It’s everyone’s favorite duo! Enjoy
some western hits **in the town hall
on Thursday, July 17th at 3:00pm.**

MUSIC WITH MO

Welcome Mo back to The Wexford
by joining her **in the town hall on
Thursday, July 24th at 3:00 p.m.** for
some upbeat piano music and trivia!

MUSIC WITH JIM KRISTOFF

**Join us in the Town Hall on
Thursday, July 31st at 3:00 p.m.** for
some Rockin’ music with Jim!

TRAVEL PRESENTATION:
A PEEK AT PERU

Join Marjorie Morningstar
of Morningstar Photos **in the
Activity Room on Monday, July
7th at 3:00 p.m.** for a presentation
about her trip to Peru!

COMFORCARE
PRESENTATION:
WHAT HAPPENS WHEN
YOU CALL 911

Join Cory from ComForCare, **in
the activity room on Tuesday, July
22nd at 3:30 p.m.** for an educational
presentation that will go into detail
about what happens after you call 911.
He will be joined by a first responder
who will talk about what you can
expect, and what options you have in
this event.

DIVING INTO
DOCUMENTARIES

Watching a documentary is about
discovering, being open, learning
and following your curiosity. Join
us in the Activity Room, Mondays
and **Thursdays, at 7 p.m. for the
following documentaries.**

This month’s theme is
BIOGRAPHIES!

July 3 - Michelangelo, Artist and
Genius
July 7 - Milton Hershey, The
Chocolate King
July 10 - The Earp Brothers,
Lawmen of The West
July 14 - Patsy Cline
July 17 - Mark Twain, His
Amazing Adventures
July 21 - Sir Isaac Newton,
Unhappy Scientific Genius

July 24 - Bonnie & Clyde, The Story of
Love and Death

July 28 - Queen Elizabeth II Rises to
Power and Reshapes Monarchy
7/31 - Oskar Schindler, The Man
Behind The List

GRACE AND FRANKIE

Enjoy this highly recommended show
**on Saturdays at 10:00 a.m. in the
activity room!** Each week we will
show a different episode.

Finding out that their husbands are not
just work partners but have also been
romantically involved for the last twenty
years, two women with an already
strained relationship try to cope with the
circumstances together.

AS TIME GOES BY

Wednesdays at 7:00 p.m.

The Korean War, and a long lost letter,
separate the lives of young lovers Jean
Pargetter and Lionel Hardcastle, whose
paths cross again by happenstance.

PBS COLORADO EXPERIENCE
SCHEDULE

Thursdays at 1:30 p.m.

July 3 - Colorado State Fair
July 10 - Wall Street of The West
July 17 - Denver Botanic Gardens
July 24 - White Gold
July 31 - Aviation

WEXFORD BOOK CLUB

Love to read and have conversations?
We welcome you to join The Wexford
Book Club! They say there are no faster
or firmer friendships than those formed
between people who love the same
books. **Join us in the Fireside Room on
Wednesday, July 30th at 1:00 p.m.**

WEXFORD
ACTIVITY TRIPS

Please sign up for all trips in
the activity book and please be
courteous and call if you cannot
attend an outing. On the day of
the scheduled outing, **please meet
in the lobby 10 minutes prior to
departure time.**

SHOPPING TRIPS:

Mondays at 1:00 p.m.

July 7 Walmart (Denver Ave)
July 14 King Soopers
July 21 Dollar Tree
July 28 Barnes and Noble

HEARTS AND HORSES

Do you feel at ease around animals?
If so, join us for a trip to Hearts and
Horses **on Wednesday, July 2nd
at 1:30 p.m.** to tour the land, learn
about the horses and what they do,
and even handle the horses! **The
cost of this outing is \$20.00 per
person, and sign up is required.**

DINNER AT MR. CHEN
SUCHI AND HIBACHI
STEAKHOUSE

Enjoy a yummy meal with friends!
**We will be going to dinner on
Wednesday, July 30th at 5:00 p.m.**
**Sign up will be required to attend
this outing.** You won’t want to miss
this!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|--|---|--|---|--|--|---|
| <div><div>JULY</div><div>2025</div></div> <div>All activities are subject to change.</div> | | <div>9:00am Wii Bowling- AR</div> <div>10:00am Exercise Video - AR</div> <div>1:00pm Poker- TH</div> <div>1:00pm Dietary Meeting - AR</div> <div>1:45pm Quarter Bingo- AR</div> <div>3:00pm Left Center Right Game- AR</div> <div>6:15pm <i>*Loveland Concert Band in The Park - ML</i></div> <div></div> | <div>9:00am Footcare Clinic- APT</div> <div>9:00am Walking the Wexford - TH</div> <div>10:00am Morning Bible Study- AR</div> <div>12:30pm BLOOM Laundry- APT</div> <div>1:00pm One-on-One Time with Chaplain (Sign Up Required)- PDR</div> <div>1:00pm Mahjong- TH</div> <div>1:30pm *Hearts and Horses- ML</div> <div>4:00pm Cocktail Social- TH</div> <div>7:00pm As Time Goes By (Season 4) Episodes 2 & 3 - AR</div> <div></div> | <div>9:00am Crossword- AR</div> <div>10:00am Exercise Video- AR</div> <div>10:45am Trivia- AR</div> <div>1:00pm Poker- TH</div> <div>1:30pm PBS CO Experience: Colorado State Fair- AR</div> <div>3:00pm 4th of July Party- OP</div> <div>7:00pm Documentary: Michelangelo, Artist and Genius (Biography Chanel)- AR</div> <div>8:00pm Wexford Firework Show- OP/Balconies</div> <div></div> | <div>HAPPY INDEPENDENCE DAY!</div> <div>HAPPY BIRTHDAY, ARLENE H!</div> <div>9:00am Walking the Wexford- TH</div> <div>1:00pm Billiards Club- AR</div> <div>2:00pm Kevin Cook Nature Presentation- AR</div> <div>6:45pm Movie Matinee: 1776- AR</div> <div></div> | <div>HAPPY BIRTHDAY, JO L AND CONNIE R!</div> <div>10:00am Grace and Frankie (Season 3) Episodes 11 & 12- AR</div> <div>2:00pm Movie Matinee: Wicked- AR</div> <div>7:00pm Movie Matinee: Wicked- AR</div> <div></div> | |
| | <div>10:00am Senior Style Exercise- AR</div> <div>2:00pm Movie Matinee: Wicked- AR</div> <div>5:00pm Movie Matinee: Wicked- AR</div> <div></div> | <div>9:00am Walking the Wexford- TH</div> <div>9:00am Menu Review with Chef Drea- TH</div> <div>10:00am Wexford Community Meeting - AR</div> <div>1:00pm Billiards Club- AR</div> <div>1:00pm <i>*Shopping Trip to Walmart (Denver Ave)- ML</i></div> <div>3:00pm Travel Presentation: A Peek at Peru- AR</div> <div>4:00pm Cocktail Social- TH</div> <div>7:00pm Documentary: Milton Hershey, The Chocolate King (Biography Chanel)- AR</div> <div></div> | <div>9:00am Wii Bowling- AR</div> <div>10:00am Exercise Video - AR</div> <div>1:00pm Poker- TH</div> <div>1:45pm Quarter Bingo- AR</div> <div>3:00pm Left Center Right Game- AR</div> <div>6:15pm <i>*Loveland Concert Band in The Park - ML</i></div> <div></div> | <div>HAPPY BIRTHDAY, BONNIE C!</div> <div>9:00am Walking the Wexford- TH</div> <div>10:00am Morning Bible Study- AR</div> <div>12:30pm BLOOM Laundry- APT</div> <div>1:00pm One-on-One Time with Chaplain (Sign Up Required)- PDR</div> <div>1:00pm Mahjong- TH</div> <div>2:00pm Chair Yoga- AR</div> <div>4:00pm Cocktail Social- TH</div> <div>7:00pm As Time Goes By (Season 4) Episodes 4 & 5- AR</div> <div></div> | <div>9:00am Crossword- AR</div> <div>10:00am Exercise Video- AR</div> <div>10:45am Trivia- AR</div> <div>1:00pm Poker- TH</div> <div>1:30pm PBS CO Experience: Wall Street of The West- AR</div> <div>3:00pm Happy Hour: Jerry Kuta- TH</div> <div>7:00pm Documentary: The Earp Brothers, Lawmen of The West (The Biography Chanel)- AR</div> <div></div> | <div>9:00am Walking the Wexford- TH</div> <div>11:00am Summer Social - Parking Lot/DN</div> <div>1:00pm Blood Pressure Clinic- PDR</div> <div>1:00pm Billiards Club- AR</div> <div>3:30pm Easy Recipes- AR</div> <div>4:00pm Cocktail Social- TH</div> <div></div> | <div>HAPPY BIRTHDAY, SARA R!</div> <div>10:00am Grace and Frankie (Season 3) Episode 13 & (Season 4) Episode 1 - AR</div> <div>2:00pm Movie Matinee: The Pianist- AR</div> <div>7:00pm Movie Matinee: The Pianist- AR</div> <div></div> |
| | <div>10:00am Senior Style Exercise- AR</div> <div>2:00pm Movie Matinee: The Pianist- AR</div> <div>5:00pm Movie Matinee: The Pianist- AR</div> <div>5:00pm Dinner and A Movie (Sign up Required)- TH</div> <div></div> | <div>9:00am Walking the Wexford - TH</div> <div>9:00am Menu Review with Chef Drea- TH</div> <div>10:00am Bocchia- AR</div> <div>1:00pm Billiards Club- AR</div> <div>1:00pm <i>*Shopping Trip to King Soopers- ML</i></div> <div>2:00pm Hymns and Communion- TH</div> <div>3:00pm Music and Movement- AR</div> <div>4:00pm Cocktail Social- TH</div> <div>7:00pm Documentary: Patsy Cline (American Masters PBS)- AR</div> <div></div> | <div>9:00am Wii Bowling - AR</div> <div>10:00am Exercise Video - AR</div> <div>1:00pm Poker- TH</div> <div>1:45pm Quarter Bingo- AR</div> <div>3:00pm Left Center Right Game- AR</div> <div></div> | <div>9:00am Walking the Wexford - TH</div> <div>10:00am Morning Bible Study- AR</div> <div>12:30pm BLOOM Laundry- APT</div> <div>1:00pm One-on-One Time with Chaplain (Sign Up Required)- PDR</div> <div>1:00pm Mahjong- TH</div> <div>1:00pm DIY Bird Feeder Craft- AR</div> <div>3:30pm Wordle- AR</div> <div>4:00pm Cocktail Social- TH</div> <div>7:00pm As Time Goes By (Season 4) Episodes 6 & 7- AR</div> <div></div> | <div>9:00am Crossword- AR</div> <div>10:00am Exercise Video - AR</div> <div>10:45am Trivia- AR</div> <div>1:00pm Poker- TH</div> <div>1:30pm PBS CO Experience: Denver Botanic Gardens- AR</div> <div>3:00pm Happy Hour: Rex and Guy- TH</div> <div>7:00pm Documentary: Mark Twain, His Amazing Adventures (The Biography Chanel)- AR</div> <div></div> | <div>9:00am Walking the Wexford- TH</div> <div>10:00am Seated Beach Volleyball- AR</div> <div>1:00pm Billiards Club- AR</div> <div>2:00pm Movement and Mindfulness for Nerve Pain & Neuropathy- AR</div> <div>3:30pm Activity Meeting - AR</div> <div>4:00pm Cocktail Social- TH</div> <div></div> | <div>10:00am Grace and Frankie (Season 4) Episodes 2 & 3- AR</div> <div>2:00pm Movie Matinee: The Ron Clark Story- AR</div> <div>7:00pm Movie Matinee: The Ron Clark Story- AR</div> <div></div> |
| | <div>10:00am Senior Style Exercise- AR</div> <div>2:00pm Movie Matinee: The Ron Clark Story- AR</div> <div>5:00pm Movie Matinee: The Ron Clark Story- AR</div> <div></div> | <div>HAPPY BIRTHDAY, HERB B!</div> <div>9:00am Walking the Wexford - TH</div> <div>9:00am Menu Review with Chef Drea- TH</div> <div>10:00am Bocchia- AR</div> <div>1:00pm Billiards Club- AR</div> <div>1:00pm <i>*Shopping Trip to Dollar Tree - ML</i></div> <div>2:00pm Low Vision Support Group - Lakeview Commons</div> <div>3:00pm Music and Movement- AR</div> <div>4:00pm Cocktail Social- TH</div> <div>7:00pm Documentary: Sir Isaac Newton, Unhappy Scientific Genius (The Biography Chanel)- AR</div> <div></div> | <div>9:00am Wii Bowling- AR</div> <div>10:00am Exercise Video - AR</div> <div>1:00pm Poker- TH</div> <div>1:00pm Left Center Right Game- AR</div> <div>1:45pm Quarter Bingo- AR</div> <div>3:30pm ComForCare Homecare Presentation: What Happens When You Call 911- AR</div> <div></div> | <div>9:00am Walking the Wexford- TH</div> <div>10:00am Morning Bible Study - AR</div> <div>12:30pm BLOOM Laundry- APT</div> <div>1:00pm One-on-One Time with Chaplain (Sign Up Required)- PDR</div> <div>1:00pm Mahjong- TH</div> <div>2:00pm Chair Yoga- AR</div> <div>3:00pm Connect Hearing Clinic- PDR</div> <div>3:30pm Navigating Grief Class Part 1- AR</div> <div>3:30pm Wordle- FR</div> <div>4:00pm Cocktail Social- TH</div> <div>7:00pm As Time Goes By (Season 4) Episodes 8 & 9- AR</div> <div></div> | <div>9:00am Crossword- AR</div> <div>10:00am Exercise Video- AR</div> <div>10:45am Trivia- AR</div> <div>1:00pm Poker- TH</div> <div>1:30pm PBS CO Experience: White Gold- AR</div> <div>3:00pm Happy Hour: Music with Mo- TH</div> <div>7:00pm Documentary: Bonnie & Clyde, The Story of Love and Death (The Biography Chanel) - AR</div> <div></div> | <div>9:00am Walking the Wexford- TH</div> <div>10:00am Seated Beach Volleyball- AR</div> <div>1:00pm Billiards Club- AR</div> <div>1:45pm Quarter Bingo- AR</div> <div>3:30pm Summer Brain Games- AR</div> <div>4:00pm Cocktail Social- TH</div> <div></div> | <div>10:00am Grace and Frankie (Season 4) Episodes 4 & 5- AR</div> <div>2:00pm Movie Matinee: Singing in The Rain- AR</div> <div>7:00pm Movie Matinee: Singing in The Rain- AR</div> <div></div> |
| | <div>10:00am Senior Style Exercise- AR</div> <div>2:00pm Movie Matinee: Singing in The Rain- AR</div> <div>5:00pm Movie Matinee: Singing in The Rain- AR</div> <div></div> | <div>9:00am Walking the Wexford- TH</div> <div>9:00am Menu Review with Chef Drea- TH</div> <div>10:00am Bocchia- AR</div> <div>1:00pm Billiards Club- AR</div> <div>1:00pm <i>*Shopping Trip to Barnes and Noble- ML</i></div> <div>3:00pm Music and Movement- AR</div> <div>4:00pm Cocktail Social- TH</div> <div>7:00pm Documentary: Queen Elizabeth II Rises to Power and Reshapes Monarchy (The Biography Chanel)- AR</div> <div></div> | <div>9:00am Wii Bowling - AR</div> <div>10:00am Exercise Video- AR</div> <div>1:00pm Poker- TH</div> <div>1:45pm Quarter Bingo- AR</div> <div>3:00pm Left Center Right Game- AR</div> <div></div> | <div>9:00am Walking the Wexford - TH</div> <div>10:00am News and Coffee with Rebecca- AR</div> <div>12:30pm BLOOM Laundry- APT</div> <div>1:00pm One-on-One Time with Chaplain (Sign Up Required)- PDR</div> <div>1:00pm Mahjong- TH</div> <div>1:00pm Book Club- FR</div> <div>3:30pm Navigating Grief Class Part 2- AR</div> <div>3:30pm Wordle- FR</div> <div>4:00pm Cocktail Social- TH</div> <div>5:00pm <i>Dinner at Mr. Chen Sushi & Hibachi Steakhouse- ML</i></div> <div>7:00pm As Time Goes By (Season 4) Episode 10 & (Season 5) Episode 1- AR</div> <div></div> | <div>9:00am Crossword- AR</div> <div>10:00am Exercise Video - AR</div> <div>10:45am Trivia- AR</div> <div>1:00pm Poker- TH</div> <div>1:30pm PBS CO Experience: Aviation- AR</div> <div>3:00pm Happy Hour: Jim Kristoff- TH</div> <div>7:00pm Documentary: Oskar Schindler, The Man Behind The List (The Biography Chanel)- AR</div> <div></div> | <div>The Wexford</div> | |



WEXFORD FITNESS

Let's get fit! Don't forget about all the exercise opportunities at The Wexford. Challenge yourself to try something new!

MUSIC & MOVEMENT WITH HEATHER

Mondays at 3:00 p.m. in the Activity Room.

Start your week with a fun workout class while singing some of your favorite songs and using seasonal props to enhance the exercises.

WALKING THE WEXFORD

Every Monday, Wednesday, and Friday at 9:00 a.m.

The Walking Group meets in the West Side Dining Room and begins their walk around the 2nd floor. Join them for a morning walk around Wexford.

BRAIN & BALANCE

While Diane is out, **please join us in the activity room every Tuesday and Thursday at 10:00 a.m.** for an exercise video!

CHAIR YOGA WITH ERIN

Join Erin in the activity room on Wednesday, July 9th and 23rd for a chair yoga class with just the right amount of challenge!

MOVEMENT & MINDFULNESS FOR NERVE PAIN & NEUROPATHY WITH ERIN

Movement & Mindfulness includes wellness nerve health support, how to regenerate nerves, and manage neuropathy symptoms and pain. Class includes seated and standing postures, movement to increase aerobic activity, flexibility, strength, balance, and enjoy relaxation. Learn a powerful and natural pain management technique to reduce cortisol, support the nervous system, and increase mental health and wellbeing. Receive inspiration and wellness support. ***Variations for all levels of participation offered in each class.**

SPIRITUAL CARE AT THE WEXFORD

CHATTING WITH CHAPLAIN REBECCA

A chaplain is like a leader or teacher; however, a chaplain's biggest gift is to be present and just listen. Join our very own Chaplain Rebecca **in the Activity Room or Town Hall on Wednesday's at 10:00 a.m.** for some fellowship.

IN NEED OF A LITTLE SUPPORT?

Our chaplain, Rebecca McFee, is available **every Wednesday afternoon for personal visits.** You might consider a chaplain visit to talk about grief, decisions you need to make, family issues, and other spiritual and emotional support.

She is also available to pray with you. **If you wish to have a visit, we will now have a sign-up sheet in the sign-up book.** Or, you can also contact Rebecca directly at **Rebecca.mcfee@columbinehealth.com.** All visits are free and confidential.

HYMNS AND COMMUNION

Provided by Mountain View Presbyterian Church **in the Town Hall, Monday, June 9th at 2:00 p.m.**

SERVICES AT THE WEXFORD

THE WEXFORD SALON

Need a fresh new look? Or want to get your hair styled? The Wexford Salon is just the place for you. Our stylist offers a variety of services at great prices and are located on the first floor of The Wexford. Feel free to give Sheila a call at 970-581-7861 to find out what she can do for YOU and to book an appointment.

BLOOM AT HOME LAUNDRY SERVICE

BLOOM at Home, Columbine's Non-Medical Home Care, is pleased to offer an on-site laundry service to our residents. The cost is \$15.00 for the first load and \$10.00 for additional loads thereafter. Laundry must be placed outside your door by 11:00 a.m. Please sign up in the activity book if you are interested in this service, as this service is provided weekly every Tuesday.

FOOT CARE CLINIC

Dr. Mike Thomas, a professional foot care specialist and retired podiatrist is available for your foot care needs! He can provide fingernail and toenail trimmings, callous removal, and other foot care needs. Feel free to contact Dr.

Mike to set up an appointment today at (970) 310-7635. Each appointment is \$45 and can be paid directly to Dr. Mike. This foot care clinic is for medical purposes and is not a pedicure service. 1st Wednesday of each month (June 4th). Sign up in the Activity Book.

SWEETHEART NAILS

Good nails will often solve a lot of problems. Call or Text Neitha Schneider at 303-710-5577 to schedule a foot massage, toenail trimming, manicure, pedicure and more! There's no better feeling than getting your nails done.

COLUMBINE BLOOD PRESSURE CLINIC

It's never too early to be thinking about your blood pressure. Join Scothia Orr - RN with Columbine Poudre Home Care in the Private Dining Room on the 2nd Friday of each month (June 13th) at 1:00 p.m. for free blood pressure reading and RN consultation.

LOVELAND PUBLIC LIBRARY

Are you looking for a great book to read? Contact librarian, Teddy Rosario at The Loveland Public Library. They offer a free Home Delivery Service for residents of The Wexford. They have regular-print, large-print, books on CD, cassette-tape books, videos, and other library materials. Please contact the library at (970)-962-2592 for more information.

CONNECT HEARING

Do your hearing aids need to be cleaned or repaired? Connect Hearing is offering monthly hearing aid clinics for Wexford residents. Services include cleanings and minor repairs in house. The location of these clinics are to be determined. This month's clinic is Wednesday, June 18th at 3:00 p.m. in the private dining room.



Visiting the Loveland Museum.



Boardgame Dress Up Day.



A Trip to Red Robin.

Enjoying the Loveland Concert Band.



Planting Party.