

Columbine Commons Happenings

JUNE 2025



1475 Main Street
Windsor, CO 80550
970-449-5540

ADMINISTRATOR
Becki Seimers

**BUSINESS OFFICE
COORDINATOR**
Christina Ridgeway

DIRECTOR OF NURSING
Megan Gallegos, RN

**ALF NURSE CLINICAL
COORDINATOR**
Jennie Brown

ACTIVITY DIRECTOR
Kimberly Albro

**SOCIAL SERVICES &
ADMISSIONS DIRECTOR**
Stephanie Curtis

**HOUSEKEEPING
SUPERVISOR**
Loreli Rosales

MAINTENANCE
Travis Sills

DIETARY SUPERVISOR
Tracy Rohrig, RD
EXECUTIVE CHEF
Jason Prentis



IT'S JUNE! HALFWAY THROUGH THE YEAR! CAN YOU BELIEVE IT??

We hit it hard in May while learning about and celebrating Cinco De Mayo, The Kentucky Derby, and we enjoyed a Mother's Day Tea. We also had the first of our summer BBQ's.

The next one will be Thursday, June 20th. We traveled to New Orleans with Lacee and we celebrated Memorial Day with a video and mini presentation.

The courtyard is really shaping up, make sure to get outside and enjoy the fresh air and beauty!

RESIDENTS CELEBRATING BIRTHDAYS THIS MONTH

Happy Birthday to:

June 4th – Larry M.

June 6th – Maxine B.

June 8th – Nancy T.

June 15th – Betty W.

June 20th – Ramona S.

MONTHLY CRACK UP:

My dad likes to listen to music when he's fishing.



He always puts on something "catchy."

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>9:30am Sunday Stretch (AR) 1</div> <div>9:30am Catholic Communion (PDR)</div> <div>10:30am Glasses cleaned/ Front Desk</div> <div>10:45am Wii Bowling(AR)</div> <div>1:30pm Worship Service (DR)</div> <div>2:30pm Sunday Mingle (DR)</div>	<div>9:30am Exercise with Weights (AR) 2</div> <div>10:45am Crosswords (AR)</div> <div>1:15pm Pinochle (AR)</div> <div>3:30pm Left Right Center (DR) *Bring Dimes</div>	<div>9:30am Morning Exercise (AR) 3</div> <div>10:45am Wii Bowling (AR)</div> <div>1:30pm Sequence (AR)</div> <div>2pm Bingo (DR)</div> <div>3:30pm Color for Calm (AR)</div>	<div>HAPPY BIRTHDAY LARRY M! 4</div> <div>Chaplain On-Site</div> <div>9:30am Catholic Rosary (PDR)</div> <div>9:30am Exercise with Weights (AR)</div> <div>10am Bible Study with Peter (AR)</div> <div>2:30pm Jeopardy</div>	<div>10am Finding Balance (AR) 5</div> <div>10:45am Wii Bowling (AR)</div> <div>11am Coffee Walk to Safeway</div> <div>1:30pm Clearview Library (AR)</div> <div>1pm Devorah the Therapy Dog! (AR)</div> <div>2pm Bingo (DR)</div> <div>3:30pm Garden Club (CY)</div>	<div>HAPPY BIRTHDAY MAXINE B! 6</div> <div>9:30am Exercise with Airballs (AR)</div> <div>11am PICNIC IN THE PARK (sack lunch provided)</div> <div>2:30 Happy Hour and Entertainment with Sound Affects (ALF)</div>	<div>9:30am Chair Yoga (AR) 7</div> <div>10:30am CornHole (CY or AR)</div> <div>2pm Bingo (DR)</div> <div>3:30pm Jeopardy(AR)</div>
<div>HAPPY BIRTHDAY NANCY T! 8</div> <div>9:30am Sunday Stretch (AR)</div> <div>9:30am Catholic Communion (PDR)</div> <div>10:30am Glasses Cleaned/ Front Desk</div> <div>10:45 Wii Bowling (AR)</div> <div>1:30pm Worship Service (DR)</div> <div>2:30pm Sunday Mingle (DR)</div>	<div>9:30am Exercise with Weights (AR) 9</div> <div>10:45am Crosswords (AR)</div> <div>2pm Resident Council (DR)</div> <div>3:30pm Blackjack (DR)</div>	<div>9:30am Morning Exercise (AR) 10</div> <div>10:45am Wii Bowling (AR)</div> <div>11:45am TAKE OUT TUESDAY/ROMA(AR)</div> <div>1:30pm Sequence (AR)</div> <div>2pm Bingo (DR)</div> <div>3:30pm Garden Club (CY)</div>	<div>Chaplain On-Site 11</div> <div>9:30am Catholic Rosary (PDR)</div> <div>9:30am Exercise with Weights (AR)</div> <div>10am Bible Study with Peter (AR)</div> <div>10:30am Coffee Walk to Safeway (Lobby)</div> <div>1pm Art Therapy with Emily (AR)</div> <div>3:30 Color for Calm (AR)</div>	<div>10:00am Exercise with Dana (CY weather permitting) 12</div> <div>10:45am Crosswords (AR)</div> <div>11am Coffee Walk to Safeway</div> <div>1:30pm Clearview Library (AR)</div> <div>2pm Bingo (DR)</div> <div>3:30pm Farkle (AR)</div>	<div>9:30am Exercise with Airballs (AR) 13</div> <div>10:00am 2nd “KICK OFF TO FATHERS DAY” CAR SHOW</div> <div>2:30pm Entertainment and Happy Hour with Sound Affects (SNF)</div>	<div>9:30am Chair Yoga (AR) 14</div> <div>10:30am Corn Hole (CY or AR)</div> <div>2pm Bingo (DR)</div> <div>3:30pm Jeopardy (AR)</div>
<div>FATHER’S DAY HAPPY BIRTHDAY BETTY W! 15</div> <div>9:30am Catholic Communion (PDR)</div> <div>10:30am Glasses cleaned/ Front Desk</div> <div>10:30am Wii Bowling (AR)</div> <div>1:30pm Worship Service (DR)</div> <div>2:30pm Sunday Mingle (DR)</div>	<div>9:30am Exercise with Weights (AR) 16</div> <div>10:45am Crosswords (AR)</div> <div>1:15pm PINOCHLE (AR)</div> <div>3:30pm left Right Center *Bring Dimes (DR)</div>	<div>9:30am Morning Exercise (AR) 17</div> <div>10:45am Wii Bowling (AR)</div> <div>1:30pm Sequence (AR)</div> <div>2pm Bingo (DR)</div> <div>3:30pm Uno! (AR)</div>	<div>Chaplain On-Site 18</div> <div>9:30am Catholic Rosary (PDR)</div> <div>9:30am Exercise with Weights (AR)</div> <div>10am Bible Study with Peter (AR)</div> <div>2:30pm Jeopardy (AR)</div>	<div>9:30am Finding Balance (AR) 19</div> <div>10:45am Wii Bowling (AR)</div> <div>11am Coffee Walk to Safeway</div> <div>2pm Bingo (DR)</div> <div>3:30pm Garden Club (CY)</div>	<div>HAPPY BIRTHDAY RAMONA S! 20</div> <div>9:30 Exercise with Airballs (AR)</div> <div>10:45am Crosswords (AR)</div> <div>2:30pm Entertainment and Happy Hour with Uno, Dos, Tracz (ALF)</div>	<div>9:30am Chair Yoga(AR) 21</div> <div>10:30am CornHole (CY or AR)</div> <div>2pm Bingo (DR)</div> <div>3:30pm Jeopardy (AR)</div>
<div>9:30am Sunday Stretch (AR) 22</div> <div>9:30am Catholic Communion (PDR)</div> <div>10:30am Glasses Cleaned/ Front Desk</div> <div>10:30am Wii Bowling (AR)</div> <div>1:30pm Worship Service (DR)</div> <div>2:30pm Sunday Mingle (DR)</div>	<div>9:30am Exercise with Weights (AR) 23</div> <div>10:45am Crosswords (AR)</div> <div>1:30pm Conversations with Kimberly (AR)</div> <div>3pm Furry Friend Visit Horanch Farm (CY)</div> <div>3:30pm Blackjack (DR)</div>	<div>8:30am Walmart Outing 24</div> <div>9:30am Morning Exercise (AR)</div> <div>10:45am Wii Bowling (AR)</div> <div>1:30pm Sequence (AR)</div> <div>2pm Bingo (DR)</div> <div>3:30pm Farkle (AR)</div>	<div>Chaplain On- Site 25</div> <div>9:30am Catholic Rosary (PDR)</div> <div>9:30am Exercise with Weights (AR)</div> <div>10am Devotional with Peter (AR)</div> <div>2:30pm Jeopardy (AR)</div>	<div>9:30am Balance Exercise (AR) 26</div> <div>10:45am Wii Bowling (AR)</div> <div>11am Coffee walk to Safeway</div> <div>1:30pm Clearview Library (AR)</div> <div>2pm Bingo (DR)</div> <div>3:30pm Farkle (AR)</div>	<div>9:30am Exercise with Airballs (AR) 27</div> <div>10:45am Crosswords (AR)</div> <div>1:15pm Pinochle (AR)</div> <div>2:30pm Entertainment and Happy Hour with Kendra (SNF)</div>	<div>9:30am Chair Yoga(AR) 28</div> <div>10:30am CornHole (CY or AR)</div> <div>2pm Bingo (DR)</div> <div>3:30pm Jeopardy (AR)</div>
<div>9am Sunday Stretch (AR) 29</div> <div>9:30am Catholic Communion (PDR)</div> <div>10:30am Glasses Cleaned/ Lobby</div> <div>10:30am Wii Bowling (AR)</div> <div>1:30pm Worship Service (DR)</div> <div>2:30pm Travelogue (AR)</div>	<div>9:30am Exercise with Weights (AR) 30</div> <div>10:45am Crosswords (AR)</div> <div>1:30pm Conversations with Kimberly (AR)</div> <div>3:30pm Left Right Center *Bring Dimes (DR)</div>	<div>JUNE</div> <div>Columbine Commons</div> <div>Assisted Living</div> <div>Green - Outings • Purple - Entertainment • Red - Special Activity</div>				<div>2025</div> <div>HELLO</div> <div>SUMMER</div>



SHELLY'S BEAUTY BAR

Shelly's Beauty Bar is open
Tuesday – Friday,
9:00 a.m. – 3:00 p.m.

To schedule an appointment with Shelly please call (970) 388-1144 or speak with a staff member. Prices are listed below.

SERVICES

Women's Haircut - \$25

Men's Haircut - \$20

Blow Dry / Iron Curl - \$25

Shampoo & Set (rollers) - \$25

Shampoo & Blow Dry - \$15

Hairstyle Touchup - \$15

Perm - \$55, \$75, \$95

Color - \$50, \$70, \$90

Manicure - \$24
(\$20 without polish)

Polish Change - \$15

Fingernail Trim & File - \$10

Pedicure - \$35
(\$30 without polish)

Toenail Clip & File - \$15

Bang Trim - \$10

Beard Trim - \$5

Makeup - \$25

OUTINGS, SIGN-UP'S, AND SPECIAL EVENTS

Don't forget to sign up early for Outings in the binder on the Information Table just outside of the Activities Room!

- **Tuesday June 10th – TAKE OUT TUESDAY!!** This month we are ordering from Roma Restaurant. Menus will be available in the sign up binder on the information table. Please place your order with Kimberly by Monday, June 9th at 3pm.
- **Friday, June 6th** – For our lunch outing this month, we are having a Picnic at Windsor Lake! Sack lunch provided. We have room for two wheelchairs and three walkers.
- **Friday, June 13th** – Second annual “Kick off to Father’s Day” car show



- **Tuesday, June 24th** – It's time for our monthly outing to Walmart. We have room for two wheelchairs and two ambulatory residents.

SUNDAY WORSHIP SERVICE

With community volunteers is held at **1:30pm in the Assisted Living Dining Room** followed by Sunday Social at **2:30pm**.

CATHOLIC ROSARY

Catholic Rosary is at **9:30 am Wednesday mornings in the private dining room**. Communion is at **9:30 am every Sunday in the private dining room**.

CLEARVIEW LIBRARY BOOK CHECKOUT

The Clearview Library will be here in our activity room **on Thursday, June 12th and Thursday, June 26th**. They provide access to books including audio books and movies. If you are interested in joining this service, please let Kimberly know.

