

# Indoor/Outdoor Visitor Instructions



## INFORMATION ABOUT COVID-19

1. COVID-19 is a contagious respiratory disease caused by a new coronavirus discovered in 2019 called SARS-CoV-2.
2. Person to person contact is thought to be the main way COVID-19 spreads. This occurs through respiratory droplets that are produced when an infected person coughs, sneezes, or talks.
3. Illness varies among individuals. Some may show no symptoms while others have severe illness. Our residents are at a higher risk for severe illness which may lead to death. This is why the facility has strict infection control requirements.
4. Symptoms may appear 2-14 days after exposure to the virus and may consist of:
  - Fever (>100F) or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
5. Individuals may be contagious even before symptoms begin and remain contagious for up to 20 days after.
6. We are dedicated to protecting our residents and staff and that is why all individuals who enter and reside in the building must be screened, tested (when applicable), wear a mask, practice social distancing, perform hand hygiene, and follow additional infection control requirements.

## PRIOR TO ARRIVAL

1. We recommend that you quarantine for 14 days prior to arrival. We also recommend that you obtain a COVID-19 test within 48 hours of your visit as well as get vaccinated against COVID-19. You must also monitor for symptoms.  
**\*If you had any of the above symptoms within 14 days of the visit, or had contact with someone who has symptoms or COVID-19, your visit must be canceled for the safety of your loved one and others.**
2. Additional requirements include the following:
  - All visitors are required to wear a face mask or cloth covering upon arrival and throughout the entire visit, ensuring the nose and mouth are covered. Masks with an exhalation valve are not acceptable.
  - Your loved one will also be required to wear a face mask (unless medically contraindicated).
  - No more than 2 visitors per resident at any given time
  - Each visit may be restricted to a specified amount of time to comply with infection control recommendations
  - Perform hand hygiene upon arrival
  - Maintain social distancing of 6 feet or greater with staff and other residents
  - Limit surfaces touched as much as possible
  - If your loved one is fully vaccinated (at least 2 weeks after the last dose of the series), you may have limited physical contact with them but you both must be wearing a well-fitting face mask and perform hand hygiene before and after contact
  - Eating and drinking (removing mask) is prohibited
  - You may not leave the designated visiting area to interact with any other residents or staff
  - You will be asked to sanitize items you bring with you that your loved one will touch (ex: gifts, phone, etc.)
  - If you develop symptoms mentioned above within 14 days of your visit, notify the facility immediately.
3. If you are unable to make your scheduled visit please inform the facility as soon as possible.

## UPON ARRIVAL

1. Please arrive 10 minutes prior to scheduled time.
2. When you arrive at the facility, enter through the main entrance where you will need to perform hand hygiene (using hand sanitizer), show proof of negative COVID-19 testing (if obtained), complete screening and have your temperature checked.
  - Review and fill out the "Screening for Respiratory Illness" form – this will include your name, date and time, who you are visiting, and reason for your visit. You will also need to answer questions regarding:
    - Symptoms in the past 14 days (see above list of symptoms)
    - Contact with anyone who tested positive, is under investigation for COVID-19, or has symptoms
    - Acknowledgment of risks
  - Your temperature will be recorded on the screening form
  - You must sign the form and a facility staff member will also sign the form after you have completed it
3. You will be escorted by a staff member to the designated visiting area to be with your loved one for your assigned meeting time frame.
  - If you need to summon staff you may raise your hand, use the call light, or call the facility.
4. When your visit is completed, please leave the premises ensuring you limit contact with others and perform hand hygiene. If you leave early, please let a staff member know.

\*The facility has the right to revoke visitation in accordance with public health recommendations at any given time, such as during an outbreak.