We enrich our community, We inspire, we connect, we care.

# CARE Management Program



Advocating for individuals and families to successfully navigate the health care system of Northern Colorado.



www.columbinehealth.com

# Have you ever said...

# What should I expect?

... when I move from my home to Independent or Assisted Living.

# What should I anticipate?

... when I am discharged from the hospital for a short term stay at rehab.

#### What can I do?

... my daughter just can't make it to my doctor appointments and I have a hard time understanding what my doctor says and what to do.

### I really have no idea how to start?

... I need more help. My doctor said I need therapy because I have a hard time walking. I really don't know how to get therapy services started.

# I wish my son could help me more.

... my son has a demanding job, a wife, and two children. There is just not enough time in his day to take me to my appointments, attend care conferences, manage my medications, let alone take care of my laundry.

# Here is what a Columbine Care Manager can do...

#### **Transitions**

- Assessment for appropriate level of care
- Research and communicate with alternative facilities to determine appropriateness
- If acute situation, assist with communication of medications, diagnosis, advanced directives with hospital and/or rehab facility
- Coordination of documents, orders, and other necessary information needed by possible placement
- Assist with move-in, as needed

### **Advocacy**

- Assessment to better understand client's functional, medical, psychological, and psychosocial needs
- Attendance at physician and specialist appointments
- Coordination of communication between physicians and specialists
- Reconcile medications to ensure safety and appropiateness

#### Coordination

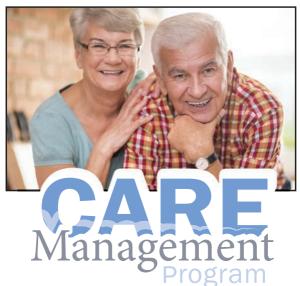
- Assessment to better understand client's functional, medical, psychological, and psychosocial needs
- Research appropriate services with preferred providers for insurance
- Contact potential providers to provide referral information and initiate services
- Ensure communication between service provider, client, and family

#### **Care Management**

- Assessment to better understand client's functional, medical, psychological, psychosocial, and advanced directive needs
- Research appropriate services with preferred providers for insurance
- Contact potential providers to provide referral information and initiate services
- Ensure communication between service provider, client, and family
- Attendance at physician and specialist appointments
- Ensure communication with clients and families
- Reconcile medications to ensure safety and appropriateness

Columbine Care Managers assist with transitions in care, coordination and collaboration of services, provide education on disease process and medication management all while promoting knowledge, self engagement and independence as long as possible.





802 West Drake Road, Suite 101 Fort Collins, Colorado 80526

**970-619-0082** Fax: 414-815-5581 care.management@columbinehealth.com



#### **Columbine Management Office**

802 West Drake Road, Suite 101 Fort Collins, Colorado 80526 970-482-0198 Fax: 970-482-9148 www.columbinehealth.com

○ REHABILITATION | ● HEALTH & REHAB | ● HEALTH SERVICES ■ INDEPENDENT LIVING | ● ASSISTED LIVING | ● PATIO HOMES

FORT COLLINS	
■ Bloom at Home	. 970-482-5096
Centre Avenue Health & Rehab Facility	970-494-2140
Centre Pharmacy, Inc.	970-221-0190
Columbine Medical Equipment	970-221-1453
Oclumbine Poudre Home Care	. 970-482-5096
Oclumbine West Health & Rehab Facility	970-221-2273
Front Range Therapy	. 970-494-6449
Geriatric Education Centre	
Lemay Avenue Health & Rehab Facility	970-482-1584
Lifestyle Centre	. 970-494-6446
New Mercer Commons	970-495-1000
Poudre Infusion Therapy	970-494-2130
The Winslow	. 970-492-6200
■ The Worthington	. 970-490-1000
LOVELAND	
Bloom at Home	. 970-482-5096
Front Range Therapy	. 970-494-6449
Lakeview Commons	970-278-4000
North Shore Health & Rehab Facility	970-667-6111
Centre Pharmacy, Inc.	970-221-0190
Oclumbine Medical Equipment	970-221-1453
Oclumbine Poudre Home Care	. 970-482-5096
Poudre Infusion Therapy	970-494-2130
■ The Wexford	970-667-1900
WINDSOR	
Bloom at Home	. 970-460-9200
Centre Pharmacy, Inc.	970-221-0190
Ocolumbine Commons	. 970-449-5540
Oclumbine Commons Health & Rehab Facility .	.970-449-5541
Columbine Medical Equipment	.970-460-9205
Columbine Poudre Home Care	
Front Range Therapy	. 970-494-6449
Poudre Infusion Therapy	. 970-460-9208
Westwood Patio Homes	. 970-460-5000