

columbine cares
10-DAY
Stay

- Skilled Nursing
Rehab Stay*
- Assisted Living
Step-Up Program*



Services you will receive:

- We have bundled your room and care charge for 10 days. A 30-day deposit is not required.
- Our Therapy staff will provide you with a screening and then the development of a therapy plan of care through your Medicare Part B or insurance.
- Your medications are provided to you by our Centre Pharmacy and will be paid for by your Medicare D plan.
- Over - the counter items will be provided by Centre Pharmacy
- We have agreements to provide Lab and X-rays to you while you are in our facility. Your Medicare Part B or insurance will be billed.
- Our medical equipment company makes outfitting you with a wheelchair, walker, hospital bed, adaptive equipment, or a specialty mattress a cinch!
- Pay only the days you stay.
- Our facilities are “move-in” ready with Cable TV, Wi-Fi internet, and a phone for local and long distance calls.
- Our registered dietician designs custom diets and meals with diverse food choices.
- Our fleet of 14 vans is available to take you to your medical appointments from 7 a.m. to 5 p.m. five days per week.
- Once you have stayed with us, even for 10 days, you will have priority within Columbine Health Systems.
- Housekeeping and laundry services are included.

Skilled Nursing Rehab Stay

Why this program will benefit you:

- You need to regain your strength and stamina after a short-term hospitalization, a decline in your health status, or an exacerbation of an ongoing health issue.
- You did not qualify for Medicare A benefits because you were not an inpatient in a hospital for 3 days but you really need rehabilitation to get better.
- Giving the best chance to **successfully return** to where you were living before you went to the hospital because of the care and support of nurses and therapists.
- We want to help give you the best chance to remain in your current living environment for as long as possible.
- Our discharge planning team will assess your needs and educate you about available resources in the community. All with your success in mind!
- We will work with you and your family to develop a plan of care for your return to home. We'll make the referral to community resources for you.
- Our therapy staff of Physical, Occupational, Speech Language, and Respiratory Therapists are ready to help you to be the best you can be.
- We will coordinate services to ensure your success and recovery.

Assisted Living Step-Up Program

Why would you use this program?

- Coming from a skilled nursing stay it may be exactly what you need to ensure you have more time for full recovery.
- You had surgery and having more support, meals provided, nursing, and therapy over-sight will help you recover more successfully.
- Your Family is not currently available to support your short-term health change.

How the Program Works:

- You require extra support while you continue to work with therapy to return to independence.
- Therapy is provided by either:
 - Columbine Poudre Home Care
 - Outpatient Therapy through Front Range Therapy Services
- 30 for 30 Exercise Program
- Nursing on-site during the day

Our complete health care campus is available to you for direct referral to:

- Columbine Poudre Home Care for continued therapy, nursing, or social work services upon discharge to home.
- Outpatient therapy at Front Range Therapy for PT, OT, or SLP.
- Priority at our Lifestyle Centre health club.

What will you pay:

- We make paying a breeze. For this program you can pay with Cash, or Check. Visa, MasterCard, Discover, and American Express are also accepted.
- Let our staff who work with Medicare, Medicare Replacement plans, Medigap and other insurances, including Long Term Care Insurance, provide you with a financial review of your insurance situation.
- Refunds will be provided if it turns out you will feel well enough to return home before the full 10 days.
- If you currently live with us in one of our independent living facilities (*The Wexford, The Winslow, or The Worthington*) or one of our assisted living facilities (*Columbine Commons, Lakeview Commons, or New Mercer Commons*) and are holding your apartment, you will receive up to a \$250 discount from the total charge that month for your 10-day stay.
- As always, your co-pays for Medicare Part B, Medicare D, or insurance will still apply.
- We will complete a checklist of your readiness for Medicaid.



Columbine Management Office

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Fort Collins, Colorado 80526
970-482-0198 Fax: 970-482-9148
www.columbinehealth.com

Skilled Nursing Rehab Stay

Centre Avenue
Health & Rehab Facility
815 Centre Avenue, Fort Collins
970-494-2140

Columbine Commons
Health & Rehab Facility
1475 Main Street, Windsor
970-449-5541

Columbine West
Health & Rehab Facility
940 Worthington Circle, Fort Collins
970-221-2273

Lemay Avenue
Health & Rehab Facility
4824 S. Lemay Avenue, Fort Collins
970-482-1584

North Shore
Health & Rehab Facility
1365 West 29th Street, Loveland
970-667-6111

Assisted Living Step-Up Program

Columbine Commons
1475 Main Street, Windsor
970-449-5540

New Mercer Commons
900 Centre Avenue, Fort Collins
970-495-1000

Lakeview Commons
1422 West 29th Street, Loveland
970-278-4000