



Fundraiser for Hurricane Milton.

Veterans day set up.



Local Author Laura Resau comes to talk about her book with book group.



Terry's Halloween tea.



Loveland Barbershop Chorus entertaining for Veterans day.



Out to lunch.

Holiday card making.



Current events group meeting.



The Worthington Happenings

DECEMBER 2024



900 Worthington Circle
Fort Collins, CO
970-490-1000

ADMINISTRATOR
Andrew Baker

ACTIVITY DIRECTOR
Denise Kidd

CHEF
Andrew Daigle

DINING ROOM SUPERVISOR
Venus Ortiz

HOUSEKEEPING SUPERVISOR
Bernice Quiroz

MAINTENANCE SUPERVISOR
Carlos Medina

OFFICE MANAGER
Debbi May



DECEMBER

*I Love Winter,
I Love Winter! Winter is Cold.
It's Christmas with Sleds,
It's Warm, Snuggly Beds.
It's Silver Snowflakes,
It's Skating on Lakes.
It's Snowman that Stand,
In a Snowy White Land.
It's Blue Jays that Feed,
On Sunflower Seeds.
It's Angels that Pose,
In Wintertime Clothes.
It's a Polka-dot Sky,
It's Winter. That's Why...
I Love Winter!*

UNWRAPPING THE JOY OF TOYS IN DECEMBER

Believe it or not, we have made it to the 12th month of 2024. December with all its Christmas joy is here! Join us for a month filled with yuletide happenings, from decorating our beautiful building, to Christmas entertainment, to caroling, to crafts, to shopping and to learning about the origins of Santa Claus and most importantly, the history of Americas most iconic toys. All these things and more are on the December Calendar. The holidays are a time full of tradition and cheer that we want to pass on here at The Worthington. We would love if everyone joined into the Holiday fun by decorating their doors and entry ways. We would also love if residents helped to decorate their lounge areas. **We will be having a decorating party on Wednesday, Dec 4th to decorate the large trees in the lobby, dining room, Town Hall and sunroom.** Following the decking of the halls we will have our first taste of Holiday music provided by Scott Jenson along with our first taste of egg nog. Make sure you mark the calendar for these dates.

A TOY QUIZ:

Fill in with the Iconic Toy names.

1. An anthropomorphic spud that kids can stick faces on _____
2. A large plastic mat with rows of large colored circles originally named Pretzel _____
3. A Spring toy – slogan was “It walks downstairs alone or in pairs.” _____
4. Geoffrey – The Toys are US mascot was this type of animal _____
5. Babyland General Hospital was the Birthplace for this line of Collectable dolls launched in the 1980’s. They came with their own Birth Certificate _____

TOYS

“Unwrapping the Joy of Toys in December” is this month’s theme! Toys are the joy in children’s lives as well as the people who give them the toys. Toys hold many nostalgic moments for all of us. Everyone remembers that toy they longed for that magically appeared under the tree on Christmas morning. Toys provide children and adults alike a little escape from reality and a bunch of fun and happiness. For that reason, we are going to take a little nostalgic trip into the history of toys. We will watch the History Channel Series “*The Toys that Built America*.” This series will give us a look into the history, the making, and the impact of the iconic toys such as Barbie, Monopoly, Super Mario Bros. slinky, and Hot Wheels has had on America. **Join us for the fun on Tuesday afternoons in the Activity Room.**



WINTER WEATHER TIPS FOR OLDER ADULTS

Baby, its cold outside! When the temperatures drop, older adults are at a higher risk of health problems and injuries related to the weather including hypothermia, frostbite and falls on ice and snow. Please be cautious and pro-active with winter conditions that are forth coming. Please remember that we have transportation services and recommend that you consider using these services when you know that the weather is going to be an issue. Make sure to plan and look to see what the weather will be like on your appointment dates. **(Remember rides need to be booked 48 hours in advance.)** Also, please remember that staff is available on weekdays to help clean snow from and around vehicles. However, please be sure to call well in advance of when you need to use your car so that staff has plenty of time to respond. Lastly, please remember to dress properly for snow and icy conditions. Also please consider not walking your dogs or taking a walk when conditions are bad.

CHRISTMAS BOUTIQUE IS COMING!

Hey everyone, The Worthington Christmas Boutique is coming soon. Please be prepared for a little Christmas shopping right here at The Worthington. **Starting the 9th of December and Continuing until Christmas the boutique will be open.** If you have anything that you would like to donate to the cause, you still have time. Please donate gently used or new items to sell in the boutique before the 9th.

A FRIENDLY REMINDER

Just a few reminders about how things work here at The Worthington. *If we all follow these simple rules things will go smooth.*

First and foremost: All transportation requests must be made 48 hours in advance unless there is a medical emergency. Rides before 7am and after 6pm unless it is with activities comes with any extra charge.

The Dining Room serves breakfast from 7:30 am to 9:30 am. Lunch from 11:45 to 1pm and dinners from 4:45 to 6pm. We ask that you do not come early as it interferes with staff preparing for the meal. Also, if you come at the last minute, we can not guarantee that your meal choice will still be available. Housekeeping would like everyone to know that no one has specific times for housekeepers to arrive to clean. They only assign designated days for their arrival. Lastly, Activities welcomes you to all events, however, they need you to sign up so that there is enough space, food and or supplies. **Please do your best to consult the calendar and come down and sign up.** Remember that any event with less than 3 people signed up is subject to cancellation. All activities outings must have at least 3 people signed up to go 24 hours in advance otherwise the trip will be cancelled. **Also, remember that the calendar is always subject to change.** Thank you for your cooperation!

GOODBYE TO OUR WONDERFUL INTERN

FYI, It’s December, and the end of a CSU semester. **That means we have to say goodbye to Jenica.** Please tell her thanks for her wonderful help for the last 4 months. We will surely miss her. She has done a wonderful job.

BOARD GAME FUN AND SNACKS

Come and have fun with us **on Monday, Dec 2nd** by playing board games and having some snacks. The event fits right into this month’s theme. So, let’s have a go with a Parker Bros, Mattel, or Hasbro game. It will be fun and great for the brain!



Jenica
our CSU
intern.

TOYS THAT BUILT AMERICA

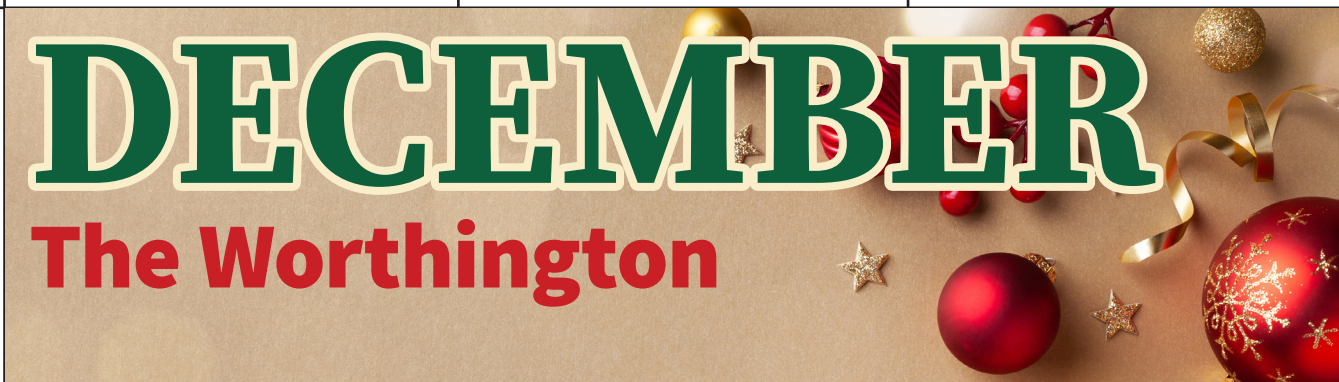
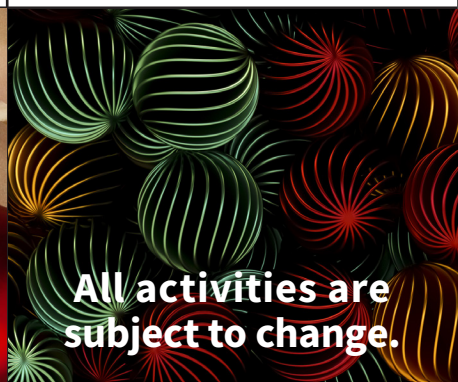
Come to the Activity Room **the first three Tuesday afternoons of December** to see the History’s Channel series “*Toys that Built America*.” This series chronicles the untold stories that gave rise to the modern toy industry and its impact on America. The series brings to life the surprising tales of the men and women who created some of Americas most beloved and enduring toys.



DECK THE HALLS

Every year at The Worthington we make an event out of decking our halls. This year is no different. **Please join us on Wednesday, Dec 4th to decorate our large trees in the Lobby, Dining Room, Town Hall, and Sunroom.** Directly following the decorations, we will have a gathering in the Dining Room for our first taste of Eggnog and Xmas treats and to enjoy Scott Jenson sing all our favorite Christmas songs. You really don’t want to miss this festive afternoon. Residents are also encouraged to deck their lounge areas with holiday magic and to decorate their own doors and doorways. The more Christmas spirit the better!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
2 pm Movie – AR 7 pm Movie – AR 1	Dr. Mike is Here! 9 am Tai Chi Chih – AR 10 am Crossword – TH 11 am Word Spiel – AR 1:30 pm Brain Games-TH 2:30 pm Board Game fun/ snacks-AR 7 pm TV Series - AR 2	9 am Exercise – AR 10 am Current Events – TH 11 am Stretch with Brynn - AR 1:15 pm Christmas Hymns and Scripture with Rebecca – TH 2:15pm The Toys that Built America-AR 2:45 pm Bingo – TH 3	8:30 am Walmart Run 9 am Exercise – AR 10 am Wii Bowling – AR 11 am Exercise w/ Erin – AR 1:30 pm Deck the Halls - Lobby 2:30 pm Scott Jenson Xmas Songs - DR 7 pm TV Series - AR 4	9 am Yoga – AR 10 am Ambassador’s Meeting – SR 11 am Stretch with Brynn - AR 11:30 am TJ Maxx Shopping 2 pm Phase 10-AR 3:30 pm M & M – TH 6:30 pm Prayer Group - PDR 5	ST. NICHOLAS DAY 8:45 am King Soopers Run 9 am Exercise w/ Diane – AR 10 am Coffee & News – PDR 11am Out to Lunch – AR 1:30 pm Kings in the Corner – AR 2:30 Santa Claus Origi Doc-AR 3:30 pm Ballon Tennis - TH 7 pm Movie - AR 6	9 am Exercise – AR 10 am Bingo – TH 11 am Wii Bowling – AR 2 pm Movie – AR 7 pm Movie – AR 7	
2 pm Movie – AR 2:30 pm Dina’s Cookie Party - Lobby 7 pm Movie – AR 8	9 am Tai Chi Chih – AR 10 am Hangman – TH 11 am Word Spiel – AR 1:30 pm Brain Games - TH 2 pm Making Succulent Ornaments Craft - AR 7 pm American Tapestry Christmas Songs – TH/DR 9	9 am Exercise – AR 10 am Current Events – TH 11 am Stretch with Brynn - AR 1:15 pm Christmas Hymns and Scripture with Rebecca – TH 2:15 pm The Toys that Built America-AR 2:45 pm Bingo – TH 6 pm Xmas Lights Viewing - Lobby 10	9 am Exercise – AR 10 am Wii Bowling – AR 11 am Exercise w/ Erin – AR 1:30 pm Christmas Craft-AR 2:30 pm Christmas Carol Sing Along with Ester- DR 7 pm TV Series – AR 11	9 am Yoga – AR 10 am Kevin Cook - AR 11 am Stretch with Brynn - AR 1:30 pm Tech Tutorials with Erin – AR 3:30 pm Drumming with Sherri - AR 6:30 pm Prayer Group - PDR 12	9 am Exercise w/ Diane– AR 10 am Coffee & News – PDR 11 am Quiddler – AR 2- 4 pm Avenir Museum of Design: Jungi Doh Embroidery – Lobby 3:30 Balloon Tennis-DR 7 pm Movie - AR 13	9 am Exercise – AR 10 am Bingo – TH 11 am Wii Bowling – AR 2 pm Movie – AR 7 pm Movie – AR 14	
2 pm Movie – AR 7 pm Movie – AR 15	9 am Tai Chi Chih – AR 10 am Crossword – TH 11 am Word Spiel – AR 1:30 pm Low Vision Group - PDR 2:30 pm Remembering the Sears and Roebuck Wish Book -AR 7 pm TV Series - AR 16	9 am Exercise – AR 10 am Current Events – TH 11 am Stretch with Brynn - AR 1:15 pm Christmas Hymns and Scripture with Rebecca – TH 2:15 pm The Toys that Built America-AR 2:45 pm Bingo – TH 17	9 am Exercise – AR 10 am Wii Bowling – AR 11 am Exercise w/ Erin – AR 1:30 pm Barnes and Nobles/ Old Navy Trip 2:30pm Christmas Carol Sing along with Ester- DR 7pm TV series-AR 18	9 am Yoga – AR 10 am Stretch with Brynn - AR 11 am Once Upon a Year w/ Jim Willard - AR 2 – 4 pm Global Village Museum: Inmate Art Trip 3:30 pm M & M – TH 6:30 pm Prayer Group - PDR 19	10 - 11 am Blood Pressure Clinic 8:45 am King Soopers Run 9 am Exercise w/ Diane– AR 10 am Coffee & News – PDR 11 am Quiddler – AR 1:30 pm Kings in the Corner - AR 2:30 pm Christmas Party Jazzy Combo - DR 7 pm Movie – AR 20	FIRST DAY OF WINTER 9 am Exercise – AR 10 am Bingo – TH 11 am Wii Bowling – AR 2 pm Movie – AR 2:30 pm Wine Social with Bob Harris - TH 7 pm Movie – AR 21	
2 pm Movie – AR 7 pm Movie – AR 22	9 am Tai Chi Chih – AR 10 am Hangman – TH 11 am Word Spiel – AR 1:30 pm Brain Games - TH 2:30 pm Around the World in 80 days Movie -AR 7 pm TV Series - AR 23	CHRISTMAS EVE! 9 am Exercise – AR 10 am Current Events – TH 11 am Xmas Church Service with Rebecca – TH 1 pm Bingo – TH 24	CHRISTMAS DAY! HANUKKAH BEGINS! 11:30 - 2 pm Buffet 2 pm Movie - AR 7 pm TV Series - AR 25	9 am Yoga – AR 10 am Movie-AR 2 pm Movie - AR 26	9 am Exercise w/ Diane– AR 10 am Coffee & News – PDR 11 am Quiddler – AR 1:30 pm Kings in the Corner – AR 2:30 pm Ballon Tennis-DR 7 pm Movie - AR 27	9 am Exercise – AR 10 am Bingo – TH 11 am Wii Bowling – AR 2 pm Movie – AR 7 pm Movie – AR 28	
2 pm Movie – AR 7 pm Movie – AR 29	9 am Tai Chi Chih – AR 10 am Crossword – TH 11 am Word Spiel – AR 1:30 pm Brain Games - TH 2:30 pm Hot Cocoa & Snacks-Ly 7 pm TV Series - AR 30	NEW YEARS EVE! 9 am Exercise – AR 10 am Current Events – TH 1:15 pm Christmas Hymns and Scripture with Rebecca – TH 2:30 pm End of Year Video/ Entertainment with John Melton - AR 2:45 pm Bingo – TH 31	 <h1 style="color: green; text-shadow: 2px 2px 0px #000;">DECEMBER</h1> <h2 style="color: red; text-shadow: 1px 1px 0px #000;">The Worthington</h2>			 <p style="color: white; font-weight: bold;">All activities are subject to change.</p>	

SPECIAL WORTHINGTON HAPPENINGS

OUT TO LUNCH

This month's lunch outing will be to one of Northern Colorado's newest Italian restaurants. We will be traveling to Pizza Vino NoCo Italiano at Jessup Farm to enjoy their wonderful Italian Menu. Pizza Vino is a little piece of Italy in Northern Colorado. Please note that the lunch outing is on Friday instead of Thursday due to the hours of the restaurant. However, we will not let our Thursdays van Slot go to waste, we will make use of it by going to the TJ Maxx Plaza to do some Christmas Shopping. There will be a 2 ½ hour window so that you can go to any store in the plaza that you would like.

SUCCULENT ORNAMENTS CRAFT

Once again, we have some very nice ladies, Carl Lasher's daughter, Terri Wilde's daughter and other friends who are master gardeners coming to help us with a craft. They visited us last month to make succulent pumpkins. They are coming this month to make a succulent ornament craft! **They will be here on Monday, Dec 9th at 2pm.** You don't want to miss the fun. It was a very enjoyable event on their last visit, please sign up so that we have plenty of supplies!

AMERICAN TAPESTRY 2

Instead of a movie on Monday night, Dec 9th, we have something much better. 'American Tapestry 2', a singing group will be here at 7 pm to entertain you with an awesome array of Christmas music. Please mark it on your calendar and sign up for it. It will be a great way to spend a wintery evening. They will be entertaining you in the Dining Room.

XMAS LIGHTS VIEWING

You're invited to come with us on a van ride through town to view all the wonderful Xmas lights. **The ride takes place on Dec 10th at 6pm.** Please sign up promptly as seats will go quickly.

DINA'S CHRISTMAS COOKIE PARTY

Like every year, for the last 30 years or so, Dina Bath, our evening Front Receptionist, is hosting a Holiday Christmas Cookie Party in our lobby. Dina makes homemade cookies to share with all of you. **Please come down to the lobby on Sunday, December 8th at 2:30 pm for the fun,** it's a great way to spend a Sunday wintry afternoon. Please make sure to thank Dina for all her wonderful Christmas cheer.

TOYS FOR TOTS DRIVE

Please note, due to the popularity and success of last years toy drive, we are once again going to participate in the drive. It also fits very nicely into our toy theme for the month. So, if you would like to participate, you can bring down a new toy to the lobby to donate. **Starting the first of December thru the 3rd week we will have a donation area set up in the lobby.** All toys will be donated to the Toys for Tots program. Thanks for your help!

CHRISTMAS SING ALONG WITH ESTHER

Join our own Esther Parsons on Wednesday, Dec 11th and 18th at 2:30 pm in the Townhall for a wonderful Christmas Sing along. Esther will play all your Christmas favorites on the piano, you just must add the voices. Come and sing it will be fun and cheerful, bring a friend with you.

KEVIN COOK

Join Kevin on Thursday Dec 12th for his last installment of his nature series, "How Life Lives." The last talk will be "How Life Survives Time." Kevin says: Details of tree rings, pollen deposits. Isotope cocktails, soil chemistry, fossils and many other subjects collectively explain that living conditions on planet earth have drastically changed over time. Somehow, life in the big picture has survived these changes. Adaptability determines what lives and what perishes. Please make sure to come on time and silence phones during talk. **Also please note that the following Thursday, Dec 19th, Jim Willard will be here for his popular trivia hour talk.** Please mark these two events on your calendars.

TECH TUTORIAL WITH ERIN

Are you frustrated with your phone and technology? Learn about how to use your smart phone with greater ease. Learn what apps are best to support seniors. Stay connected during isolation and with loved ones and friends at all times with zoom video chat. Learn how to use zoom on your phone and computer. Bring a pen and paper to take some notes. **The talk will be led by Erin Doty on Thursday, Dec 12th at 1:30 pm.**

DRUMMING WITH SHERRI

Hey everybody, we have an instructor lined up to lead an exercise class on drumming. We have had Drumming video classes in the past that were wildly popular, therefore we have hired a live instructor to lead you in this great exercise. **Come and join her the 2nd and 4th Thursday of the month at 3:30 pm in the Activity Room.** This exercise is in the same time slot as Music and Movement which occurs on the 1st and 3rd Thursdays in the Town Hall. Please try both exercises, you will love them.

TRIPS OUT OF BUILDING

- **Wed, Dec 4th 8:30 am:** Walmart Run
- **Thurs, Dec 5th 11:30 am:** TJ Maxx shopping
- **Fri, Dec 6th 8:45 am:** King Soopers Run
- **Fri, Dec 6th 11 am:** Cafe Vino – Lunch out
- **Tues, Dec 10th 6 pm:** Xmas light viewing
- **Fri, Dec 13th 2 pm:** Avenir Museum of Design – jingju Doh Embroidery
- **Wed, Dec 18th 1:30 pm:** Barnes & Noble and Old Navy
- **Thurs, Dec 19th 2 pm:** Global Village Museum – Inmate art
- **Fri, Dec 20th 8:45 am:** King Soopers Run

HOLIDAY PARTIES AND SERVICES

- **Dec 20th at 2:30 pm:** Christmas Party in Dining Room with entertainment by the Jazzy Combo. *Please wear a Christmas sweater or shirt.*
- **Dec 21st at 2:30 pm:** Wine Social with Bob Harris. Venus will host in Town Hall.
- **Dec 24th at 11:00 am** Xmas Church Service with Rebecca in Town Hall.
- **Dec 25th:** Christmas Day Buffet **Be sure to sign up with reservation form, ahead of time!*
- **Dec 30th at 2:30 pm:** Hot Cocoa and Snacks in lobby
- **Dec 31st at 2:30 pm:** Entertainment with John Melton and the End of the Year video in Dining Room
- **Every Tuesday in December at 1:15 pm** – Join the Chaplain in the Town Hall for Christmas hymns and scripture.

We wish everyone and their families a wonderful Holiday Season!



Thanksgiving lobby decorations.