

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>JANUARY</h1> <h2>Lemay Avenue - Health & Rehab Facility</h2>			9:00 Coffee & News, LE-2 10:30 Fun & Fit Exercise, DR-2 1:30 Wii Bowling, LE-2 2:30 Bingo, DR-1	9:00 News & Coffee, LE-2 10:00 Catholic Mass, LE-1 1:30 Manicure, LE-2 2:00 Neighborhood Meeting, LE-2 3:00 New Year Baby Fun Facts, LE-2 4:00 Valentine Craft, DR-1 6:30 Short Story Reading Group, LE-2 7:00 Yahtzee, LE-2	9:00 News & Coffee, LE-2 10:30 Fun & Fit Exercise, DR-2 1:30 Shopping Trip 2:15 Bingo, DR-2 4:00 Wii Bowling, LE-2	9:00 Current Events, LE-2 10:30 Seated Stretching, DR-2 1:30 Manicure, LE-1 3:00 Resident Choice Games, DR-1 4:00 Wii Bowling, LE-2 6:30 Lotion Hand Massage, LE-2 7:00 Trivia Game, LE-2
9:00 News & Coffee 10:30 Sunday Devotional, DR-2 1:30 Garden Club, 2200 Hall 2:00 Wii Bowling, DR-1 3:30 Bird Coloring Pages, DR-1 6:30 Short Story Reading Group, LE-2 7:00 Left Center Right, LE-2	9:00 Visit with Summer & Theresa, RM to RM 9:30 Catholic Rosary, LE-1 10:30 Hymns with Rebecca, DR-2 2:15 Bingo, DR-1 4:00 Scrabble, DR-1 6:00 LAHR Library Book Swap, 1400 Hall 7:00 Pass the Pig, LE-2	9:00 The Bentley Show with Amy, LE-2 10:00 Men's Cooking Group, LE-2 1:30 Gardening Club, 2200 Hall 2:15 Bible Study with Rebecca, LE-2 3:00 Adult Coloring Pages, LE-1 4:00 Wii Bowling, LE-2 6:30 Poem Writing, LE-2 7:00 Wii Bowling, LE-2	9:00 Coffee & News, LE-2 10:30 Fun & Fit Exercise, DR-2 1:30 Wii Bowling, LE-2 2:30 Bingo, DR-1 4:00 Hot Tea Social, DR-1 6:30 Wii Bowling, LE-2 7:00 Skee Ball, LE-2	9:00 News & Coffee, LE-2 10:00 Fun & Fit, LE-2 1:30 Manicure, DR-1 2:30 Painting Group, LE-2 3:30 Mad Hatter Tea Party, DR-1 4:00 Wii Bowling, LE-2 6:30 Qwirkle, LE-2 7:00 Qwirkle, LE-2	9:00 News & Coffee, LE-2 10:30 Fun & Fit Exercise, DR-2 1:30 Hot Coco Social, DR-1 2:15 Music with Abraham, DR-1 4:00 Ring Toss, DR-1	9:00 Current Events, LE-2 10:30 Fun & Fit Exercise, DR-2 2:00 4H Group Facility Visit, DR-1 3:00 Manicure, LE-1 4:00 Scrabble, DR-1 6:30 Wii Bowling, LE-2 7:00 Left Center Right, LE-2
9:00 News & Coffee 10:30 Sunday Devotional, DR-2 1:30 Garden Club, 2200 Hall 2:30 Exercise Group, DR-1 3:30 Sing Along, DR-1 6:30 Lotion Hand Massage, LE-2 7:00 Yahtzee, LE-2	9:00 Visit with Summer & Theresa, RM to RM 9:30 Catholic Rosary, LE-1 10:30 Hymns with Rebecca, DR-1 1:30 Valentine Craft Group, DR-1 2:15 Bingo, DR-2 4:00 Resident Choice Music, DR-2 5:30 Facts about Abraham Lincoln, DR-1 6:00 LAHR Library Book Swap, 1400 Hall 7:00 Skee Ball, LE-2	9:00 The Bentley Show with Amy, LE-2 10:00 Women's Cooking Group, LE-2 1:30 Gardening Club, 2200 Hall 2:00 Memorial Service, DR-2 4:00 Valentine Card Craft, DR-1 6:30 Wii Bowling, LE-2 7:00 Curling Board, LE-2	9:00 Coffee & News, LE-2 11:30 Lunch Outing 1:30 Garden Club, DR-1 2:30 Bingo, DR-1 4:00 Hot Coco Social, DR-1 6:30 Wii Bowling, LE-2 7:00 Shuffleboard, LE-2	9:00 News & Coffee, LE-2 10:30 Catholic Mass, LE-1 1:30 Manicure, LE-2 3:00 Painting Group, LE-2 4:00 Pass the Pig, LE-1 6:30 Poem Reading, LE-2 7:00 Skee Ball, LE-2	9:00 News & Coffee, LE-2 10:30 Fun & Fit Exercise, DR-1 1:30 Coloring Pages, LE-2 2:15 Bingo, DR-2 4:00 Wii Bowling, LE-2	9:00 Current Events, LE-2 10:30 Seated Stretching, DR-2 1:30 Manicure, LE-1 3:00 Resident Choice Game, DR-1 4:00 Wii Bowling, LE-2 6:30 Lotion Hand Massage, LE-1 7:00 Qwirkle, LE-2
9:00 News & Coffee 10:30 Sunday Devotional, DR-2 1:30 Garden Club, 2200 Hall 2:30 Exercise Group, DR-1 3:30 MLK DAY History, DR-1 6:30 Short Story Reading group, LE-2 7:00 Qwirkle	9:00 Visit with Summer & Theresa, RM to RM 9:30 Catholic Rosary, LE-1 10:30 Hymns with Rebecca, DR-1 2:15 Bingo, DR-1 4:00 Qwirkle, LE-2 6:00 LAHR Library Book Swap, 1400 Hall 7:00 Left Center Right, LE-2	9:00 The Bentley Show with Amy, LE-2 10:30 Fun & Fit Exercise, LE-2 2:15 Bible Study with Rebecca, LE-2 3:00 Adult Coloring Pages, LE-1 4:00 Pass the Pig, LE-1 6:30 Table Bowling, LE-2 7:00 Shuffleboard, LE-2	9:00 Coffee & News, LE-2 10:30 Fun & Fit Exercise, DR-2 1:30 Resident Choice Music, LE-2 2:15 Music with Mark, DR-1 4:00 Hot Tea Social, DR-2 6:30 Poem Writing, LE-2 7:00 Curling Board, LE-2	9:00 News & Coffee, LE-2 10:30 Fun & Fit, DR-2 11:30 Lunch Outing 1:30 Manicure, LE-2 3:00 Painting Group, DR-1 4:00 Qwirkle, LE-1 6:30 Pass the Pig, LE-2 7:00 Left Center Right, LE-2	9:00 News & Coffee, LE-2 10:30 Fun & Fit Exercise, DR-2 1:30 Hot Coco Social, DR-1 2:15 Bingo, DR-1 4:00 Table Bowling, DR-2	9:00 Current Events, LE-2 10:30 Fun & Fit Exercise, DR-2 1:30 Manicure, LE-1 3:00 Resident Choice Game, DR-1 4:00 Scrabble, DR-1 6:30 Lotion Hand Massage, LE-2 7:00 Valentine Card Craft, LE-2
9:00 News & Coffee 10:30 Sunday Devotional, DR-2 1:30 Garden Club, 2200 Hall 2:30 Exercise Group, DR-1 3:30 Left-Center-Right, DR-1 6:30 Left-Center-Right, LE-2 7:00 Checkers, LE-2	9:00 Visit with Summer & Theresa, RM to RM 9:30 Catholic Rosary, LE-1 10:30 Hymns with Rebecca, DR-1 2:15 Bingo, DR-2 4:00 Left-Center-Right, LE-2 6:00 LAHR Library Book Swap, 1400 Hall 7:00 Valentine Card Craft, LE-2	9:00 The Bentley Show with Amy, LE-2 10:30 Fun & Fit, LE-2 2:30 Bible Study, DR-1 3:00 Scrabble, LE-1 4:00 Qwirkle, LE-2 6:30 Short Story Reading Group, LE-2 7:00 Skee Ball, LE-2	9:00 Coffee & News, LE-2 10:30 Seated Stretching, DR-2 2:30 Bingo, DR-1 4:00 Wii Bowling, LE-2 6:30 Poem Reading, LE-2 7:00 Left Center Right	9:00 News & Coffee, LE-2 10:30 Seated Stretching, DR-1 2:30 Manicure, DR-1 3:00 Mad Hatter Tea Party, LE-2 4:00 Left-Center-Right, LE-2 6:30 Qwirkle, LE-2 7:00 Valentine Card Craft, LE-2	9:00 News & Coffee, LE-2 10:30 Fun & Fit Exercise, DR-2 1:30 Hot Coco Social, DR-1 2:15 Bingo, DR-1 4:00 Table Bowling, DR-2	All activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>JANUARY</h1> <p>SECURE UNIT Lemay Avenue - Health & Rehab Facility</p>			HAPPY NEW YEAR 1 9:00 Manicure 9:30 Short Story Reading Group 10:30 Resident Choice Music 1:30 Daily Devotional Reading 2:30 Puzzle Group 3:00 Fun & Fit Exercise	2 9:00 Puzzle Group 9:30 Hot Towel Massage 10:00 Catholic Mass 1:30 Noodle Balloon Ball 2:30 TV Time 3:00 Adult Coloring pages 4:30 TV Time 6:00 Deep Breathing Exercise 7:00 Adult Coloring Pages	3 9:00 Short Story Reading Group 9:30 Fun & Fit 10:00 Hot Towel Massage 1:30 Afternoon Make Over 2:30 Adult Coloring Pages 3:00 Lotion Hand Massage 4:30 TV Time 6:00 Evening Yoga 7:00 Meditation Music & Hand Massage	4 9:00 Fun & Fit Exercise 9:30 Painting Group 10:00 Hot Towel Massage 1:30 Resident Choice Music 2:30 Puzzle Group 3:00 TV Time 4:30 TVTime
5 9:00 Reading Group 9:30 Makeover 10:30 Sunday Devotional DR-2 2:30 Painting Group 3:00 Music & Movement	6 9:00 Adult Coloring Pages 9:30 Catholic Rosary LE-1 10:30 Hymns with Rebecca, DR-1 1:30 Resident Choice Music 2:30 Seated Stretching 3:00 TV Land and Drinks	7 9:00 Poem Reading Group 9:30 Shoulder Massage 10:30 Fun & Fit 1:30 Hymns with Rebecca 2:30 Sing Along 3:00 Adult Coloring Pages 4:30 TV Time 6:00 Meditation Music 7:00 Adult Coloring Pages	8 9:00 Manicure 9:30 Short Story Reading Group 10:30 Resident Choice Music 1:30 Daily Devotional Reading 2:30 Puzzle Group 3:00 Fun & Fit Exercise 4:30 TV Time 6:00 Evening Yoga 7:00 Meditation Music & hand Massage	9 9:00 Puzzle Group 9:30 Lotion Hand Massage 10:00 Relaxing Music 1:30 Noodle Balloon Ball 2:00 Music with Ruth 3:00 Adult Coloring Pages 4:30 TV Time 6:00 Deep Breathing Exercise 7:00 Adult Coloring Pages	10 9:00 Short Story Reading Group 9:30 Fun & Fit 10:00 Lotion Hand Massage 1:30 Afternoon Make Over 2:30 Adult Coloring Pages 3:00 Lotion Hand Massage 4:30 TV Time 6:00 Evening Yoga 7:00 Meditation Music	11 9:00 Fun & Fit Exercise 9:30 Painting Group 10:00 Hot Towel Massage 1:30 Resident Choice Music 2:30 Puzzle Group 3:00 TV Time 4:30 TV Time
12 9:00 Short Story Group 9:30 Makeover 10:30 Sunday Devotional DR-2 2:30 Painting Group 3:00 Music & Movement	13 9:00 Adult Coloring Pages 9:30 Catholic Rosary LE-1 10:30 Lotion Hand Massage 1:30 Resident Choice Music 2:30 Seated Stretching 3:00 TV Land and Drinks	14 9:00 Poem Reading Group 9:30 Noodle Ballon Ball 10:30 Lotion Hand massage 1:30 Hymns with Rebecca 2:30 Sing Along 3:00 Adult Coloring Pages 4:30 TV Time 6:00 Meditation Music 7:00 Adult Coloring Pages	15 9:00 Manicure 9:30 Short Story Reading Group 10:30 Resident Choice Music 1:30 Daily Devotional Reading 2:15 Music with Jerry, DR-1 3:00 Fun & Fit Exercise 4:30 TV Time 6:00 Evening Yoga 7:00 Meditation Music & Hand Massage	16 9:00 Puzzle Group 9:30 Lotion Hand Massage 10:00 Catholic Mass 1:30 Noodle Balloon Ball 2:30 TV Time 3:00 Adult Coloring Pages 4:30 TV Time 6:00 Deep Breathing Exercise 7:00 Adult Coloring Pages	17 9:00 Short Story Reading Group 9:30 Fun & Fit 10:00 Shoulder Massage 1:30 Afternoon Make Over 2:30 Adult Coloring Pages 3:00 Lotion Hand Massage 4:30 TV Time 6:00 Evening Yoga 7:00 Meditation Music	18 9:00 Fun & Fit Exercise 9:30 Painting Group 10:00 Hot Towel Massage 1:30 Resident Choice Music 2:30 Puzzle Group 3:00 TV Time 4:30 TV Time
19 9:00 Poem Reading 9:30 Makeover 10:30 Sunday Devotional DR-2 2:30 Painting Group 3:00 Music & Movement	20 9:00 Adult Coloring Pages 9:30 Catholic Rosary LE-1 10:30 Hymns with Rebecca, DR-1 10:30 Shoulder Massage 1:30 Resident Choice Music 2:30 Seated Stretching 3:00 TV Land and Drinks	21 9:00 Poem Reading Group 9:30 Noodle Ballon Ball 10:30 Lotion Hand massage 1:30 Hymns with Rebecca 2:30 Sing Along 3:00 Adult Coloring Pages 4:30 TV Time 6:00 Meditation Music 7:00 Adult Coloring Pages	22 9:00 Manicure 9:30 Short Story Reading Group 10:30 Resident Choice Music 1:30 Daily Devotional Reading 2:30 Music with Marc 3:00 Fun & Fit Exercise 4:30 TV Time 6:00 Evening Yoga 7:00 Meditation Music & hand Massage	23 9:00 Puzzle Group 9:30 Lotion Hand massage 10:00 Relaxing Music 1:30 Noodle Balloon Ball 2:00 TV Time 3:00 Adult Coloring Pages 4:30 TV Time 6:00 Deep Breathing Exercise 7:00 Adult Coloring Pages	24 9:00 Short Story Reading Group 9:30 Fun & Fit 10:00 Hot Towel Massage 1:30 Afternoon Make Over 2:30 Adult Coloring Pages 3:00 Lotion Hand Massage 6:00 Evening Yoga 7:00 Meditation Music	25 9:00 Fun & Fit Exercise 9:30 Painting Group 10:00 Hot Towel Massage 1:30 Resident Choice Music 2:30 Puzzle Group 3:00 TV Time 4:30 TV Time
26 9:00 Reading Group 10:30 Makeover 10:30 Sunday Devotional DR-2 2:30 Painting Group 3:00 Music & Movement	27 9:00 Adult Coloring Pages 9:30 Catholic Rosary LE-1 10:30 Hot Towel hand Massage 1:30 Resident Choice Music 2:30 Seated Stretching 3:00 TV Land and Drinks	28 9:00 Poem Reading Group 9:30 Noodle Ballon Ball 10:30 Lotion Hand massage 1:30 Hymns with Rebecca 2:30 Sing Along 3:00 Adult Coloring Pages 4:30 TV Time 6:00 Meditation Music 7:00 Adult Coloring Pages	29 9:00 Manicure 9:30 Short Story Reading Group 10:30 Resident Choice Music 1:30 Daily Devotional Reading 2:15 Music with Marc 3:00 Fun & Fit Exercise 4:30 TV Time 6:00 Evening Yoga 7:00 Meditation Music & hand Massage	30 9:00 Puzzle Group 9:30 Lotion Hand Massage 10:00 Catholic Mass 1:30 Noodle Balloon Ball 2:30 TV Time 3:00 Adult Coloring Pages 4:30 TV Time 6:00 Deep Breathing Exercise 7:00 Adult Coloring Pages	31 9:00 Short Story Reading Group 9:30 Fun & Fit 10:00 Lotion Hand Massage 1:30 Afternoon Make Over 2:30 Adult Coloring Pages 3:00 Lotion Hand Massage 4:30 TV Time 6:00 Evening Yoga 7:00 Meditation Music	All activities are subject to change.