

# The Worthington Happenings

APRIL 2025



900 Worthington Circle  
Fort Collins, CO  
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**OFFICE MANAGER**  
Debbi May



## APRIL

*April brings the sun and showers,  
Nature wakes up from her sleep,  
Buds and Blooms burst with power,  
Springtime's beauty we shall keep.  
The flowers dance in the breeze,  
Their colors bright and true,  
Butterflies flutter with ease,  
Their wings a rainbow hue.*

*Dragonflies hover above,  
Their wingspan wide and grand,  
Their colors so bold and tough,  
Nature's wonders at hand.  
The world comes alive in spring,  
With Beauty all around,  
The birds, the bees and everything,  
A symphony of sound.*

## HELLO EVERY BUNNY!

April has arrived with a whole basket of wonderful things to do and see. Rainbows and Raindrops will be the theme for this month's activities along with all things spring and nature. Also, this month we will be putting an emphasis on art and gardening fun. Because Easter happens this month, we will also explore the historical aspect of Christianity. We will explore the People and Places of the Bible with Great Courses help. **Please explore your calendar options and join us for many fun events in April.**





## WHAT'S HAPPENING

### DEBBI'S GOODBYE RETIREMENT PARTY

After eleven wonderful years, Debbi has spent here with us at The Worthington, we must say a heartfelt goodbye to her. Debbi has decided to retire. **Her last day will be on Friday, April 11th.** We will miss her dearly and are saddened that she will no longer be with us daily. However, we really wish her great fun, joy, and happiness in the years to come. We know that she has a new chapter opening in her life and she soon will be marrying. We also know that she has many fun and exciting trips and adventures planned for the months ahead. We want to thank her for a job well done. We also would like to send her off with a wonderful goodbye and good luck party **on Friday, April 11th at 3:30 pm. At 2:30 pm right before the party, Amy Augenstein will be here to entertain and to start the events off right.** Please be on hand for both events.

### NEW LANDSCAPING AT THE WORTHINGTON

As you are aware of, we have been having landscaping work done on the front northwest side of our building. The reason the landscaping change was necessary was due to flooding in the area after major rainstorms. It was therefore decided that a form of landscape design known as a rain garden was needed. A rain garden is designed to capture and filter stormwater runoff, reducing pollution and flooding by allowing water to soak into the ground instead of flowing into storm drains. Rain gardens are essentially vegetated depressions that collect rainwater runoff from impervious surfaces such as roofs, driveways, and sidewalks. The gardens are designed to

slowdown the runoff while providing an aesthetically pleasing garden by using native drought tolerant plants that can thrive in wet and dry conditions. Once established, rain gardens require minimal maintenance but provide biodiversity to the landscape. They also replenish groundwater supplies which is crucial for maintaining a healthy ecosystem and water resources. We hope you will come to love this new and needed addition to The Worthington.

### WELCOME TO NEW RESIDENTS AND REMINDERS TO ALL

We are happy that our building is almost full with only a few rooms left to fill. The Worthington is definitely the place to be with great employees, residents, surroundings and happenings. We welcome all new residents and hope that they will join us for all the fun things on the calendar. We also would like to remind our established residents that they are strongly encouraged to sign up for all events. Recently, we have been having issues with large numbers of people attending events that they have not signed up for. While we truly love that you are coming to the events, it makes it hard to have the correct number of chairs, supplies, or food for events. **Please make it a habit to sign up 24 hours in advance for all events.** If you have trouble with the sign-up book, please ask for assistance. Thanks for your cooperation.



### EASTER BUFFET

As you know the holidays are coming and as always, we will be hosting an Easter buffet **on Easter Day from 11:30 to 2 pm.** This year the theme is Rainbows and Raindrops. Please look for the reservation forms with the menu in your boxes. If you have any questions concerning the buffet, PLEASE feel free to call the Front Desk. There will be **NO DINNER SERVICE on Easter, so plan accordingly! PLEASE SIGN UP, especially if you have guests attending.**

### OUT TO LUNCH: CAPTAIN HOOK SEAFOOD

Please come and join us for our monthly outing to lunch. This month we are going to Captain Hook's Seafood. Captain Hook's Seafood invites you on a culinary voyage with the freshest catches and bold, coastal flavors. Specializing in seafood dishes from succulent crab legs to flavorful shrimp boils, the menu is crafted to satisfy every seafood lover's cravings. Join us for a hearty meal that brings the ocean to your plate! **The outing is planned for Thursday, April 4th at 11:30 am.** **Please sign up so there is enough room on the van as spaces are limited.**

### KEVIN COOK – WILDLIFE WINDOW NATURE SERIES

**Join Kevin for the 4th installment of his nature series on April 10th at 10 am in the AR.** This year's theme Colography: The Nitty-Gritty Colorado is a fun and unique way to look at Colorado history and nature mixed. In April, Kevin will talk about From Ecosystems to Ecoregions. Kevin says, "First someone had to conceive the idea of maps, then someone had to conceive the identity of ecosystems, and then someone could map those ecosystems. New knowledge kept improving the mapping.

This program will examine how those many maps apply to Colorado's landscapes and lifescapes."

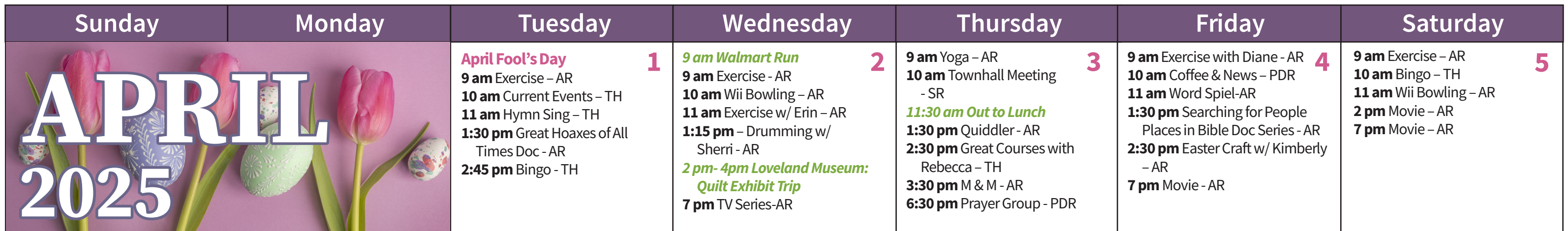

**Also remember our fun guy, Jim Willard, will be here the following Thursday at 11 am** to take you down memory lane with music, facts and trivia of years gone by. Join him in the AR, it's always a blast.

### THIS MONTH WITH REBECCA

Rebecca will be with us on numerous occasions this month for various reasons. First, on Tuesdays she will be here for Hymn sing at 11am in the Townhall. She will also continue her Great Courses series for the first two Thursdays of the month and on the last Thursday she will do a special presentation on the Holocaust as it is Holocaust Remembrance Day. She will also perform a special Good Friday Service on April 18th at 2:30 pm in the Townhall. Please join Rebecca for all these happenings. Remember to sign up.

### WALK WITH ANDREW STARTS

This month walks start with Andrew as the weather is changing. April means the beginning of good and amazing weather to get some great exercise and some sun. The walk will be at Spring Canyon Park. **Come join him, Wednesday, April 23rd at 2 pm.** Sign up, it will be fun and relaxing, and have some fun.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
		<b>April Fool's Day 1</b> <b>9 am</b> Exercise – AR <b>10 am</b> Current Events – TH <b>11 am</b> Hymn Sing – TH <b>1:30 pm</b> Great Hoaxes of All Times Doc - AR <b>2:45 pm</b> Bingo - TH	<b>9 am Walmart Run 2</b> <b>9 am</b> Exercise - AR <b>10 am</b> Wii Bowling – AR <b>11 am</b> Exercise w/ Erin – AR <b>1:15 pm</b> – Drumming w/ Sherri - AR <b>2 pm- 4pm Loveland Museum: Quilt Exhibit Trip</b> <b>7 pm</b> TV Series-AR	<b>9 am</b> Yoga – AR <b>3</b> <b>10 am</b> Townhall Meeting - SR <b>11:30 am Out to Lunch</b> <b>1:30 pm</b> Quiddler - AR <b>2:30 pm</b> Great Courses with Rebecca – TH <b>3:30 pm</b> M & M - AR <b>6:30 pm</b> Prayer Group - PDR	<b>9 am</b> Exercise with Diane - AR <b>4</b> <b>10 am</b> Coffee & News – PDR <b>11 am</b> Word Spiel-AR <b>1:30 pm</b> Searching for People Places in Bible Doc Series - AR <b>2:30 pm</b> Easter Craft w/ Kimberly – AR <b>7 pm</b> Movie - AR	<b>9 am</b> Exercise – AR <b>5</b> <b>10 am</b> Bingo – TH <b>11 am</b> Wii Bowling – AR <b>2 pm</b> Movie – AR <b>7 pm</b> Movie – AR
<b>2 pm</b> Movie – AR <b>6</b> <b>7 pm</b> Movie – AR	<b>DR. MIKE IS HERE! 7 7</b> <b>9 am</b> Tai Chi Chih – AR <b>10 am</b> Crossword – TH <b>11 am</b> Word Spiel – AR <b>1:30 pm</b> Lets Play Triopoly- AR <b>2:30 pm</b> A trip to Alaska with Marjorie Morningstar -AR <b>7 pm</b> TV Series - AR	<b>9 am</b> Exercise with Erin – AR <b>8</b> <b>10 am</b> Current Events – TH <b>11 am</b> Hymn Sing – TH <b>1:30 pm</b> DAB Day: Explanation Video and Drawing - AR <b>2:45 pm</b> Bingo - TH	<b>9 am</b> Exercise - AR <b>9</b> <b>10 am</b> Speaker & Author, John Giordanengo-AR <b>11 am</b> Exercise w/ Erin – AR <b>1:15 pm</b> – Drumming w/Sherri - AR <b>2 pm</b> Brain Games – TH <b>3 pm</b> Beatrix Larrands: American Landscapes Doc - AR <b>7 pm</b> TV Series-AR	<b>9 am</b> Yoga – AR <b>10</b> <b>10 am</b> Kevin Cook - AR <b>11 am</b> Deciphering Historical Documents – AR <b>1:30 pm</b> Quiddler - AR <b>2:30 pm</b> Great Courses with Rebecca – TH <b>3:30 pm</b> Croquet - FL <b>6:30 pm</b> Prayer Group - PDR	<b>8:45 am King Soopers Run 11</b> <b>9 am</b> Exercise with Diane - AR <b>10 am</b> Coffee & News – PDR <b>11 am</b> Exercise with Brynn-AR <b>1:30 pm</b> Searching for People Places in Bible Doc series - AR <b>2:30 pm</b> Music with Amy Augenstein – DR <b>3:30 pm</b> Going Away Party for Debbi – AR <b>7 pm</b> Movie - AR	<b>9 am</b> Exercise – AR <b>12</b> <b>10 am</b> Bingo – TH <b>11 am</b> Wii Bowling – AR <b>2 pm</b> Movie – AR <b>7 pm</b> Movie – AR
<b>Palm Sunday 13</b> <b>2 pm</b> Movie – AR <b>7 pm</b> Movie – AR	<b>9 am</b> Tai Chi Chih – AR <b>14</b> <b>10 am</b> Hangman – TH <b>11 am</b> Word Spiel – AR <b>1:30 pm</b> Lets Play Triopoly- AR <b>2:30 pm</b> Talk with Mary Kemmer - AR <b>7 pm</b> TV Series - AR	<b>World Art Day 15</b> <b>9 am</b> Exercise with Erin – AR <b>10 am</b> Current Events – TH <b>11 am</b> Hymn Sing – TH <b>1:30 pm</b> Picasso Inspired Self Portraits Craft - AR <b>2:45 pm</b> Bingo – TH	<b>9 am</b> Exercise - AR <b>16</b> <b>10 am</b> Wii Bowling – AR <b>10 – 12 pm Home Goods Trip</b> <b>11 am</b> Exercise w/ Erin – AR <b>1:15 pm</b> – Drumming w/Sherri - AR <b>2 pm</b> Brain Games – TH <b>3 pm</b> Infinite Rainbow Doc - AR <b>7 pm</b> TV Series - AR	<b>9 am</b> Exercise – AR <b>17</b> <b>10 am</b> Garden Club Meeting - SR <b>11 am</b> Jim Willard – AR <b>1:30 pm</b> Quiddler - AR <b>2:30 pm</b> Secrets of the Last Supper Doc – AR <b>3:30 pm</b> M & M - TH <b>6:30 pm</b> Prayer Group - PDR	<b>Good Friday! 18</b> <b>9 am</b> Exercise with Diane - AR <b>10 am</b> Coffee & News – PDR <b>10-11 am Blood Pressure Clinic</b> <b>11 am</b> Exercise with Brynn- AR <b>1:30 pm</b> Searching for People Places in Bible Doc Series- AR <b>2:30 pm</b> Good Friday Service - TH <b>7 pm</b> Movie - AR	<b>9 am</b> Exercise – AR <b>19</b> <b>10 am</b> Bingo – TH <b>11 am</b> Wii Bowling – AR <b>2 pm</b> Movie – AR <b>2:30 pm</b> Wine Social – TH <b>7 pm</b> Movie – AR
<b>Easter 20</b> <b>11:30 am – 2 pm</b> Easter Buffet - DR <b>2 pm</b> Movie - AR <b>7 pm</b> Movie – AR	<b>9 am</b> Tai Chi Chih – AR <b>21</b> <b>10 am</b> Crossword – TH <b>11 am</b> Word Spiel - AR <b>1:30 pm</b> Lets Play Triopoly- AR <b>2:30 pm Walk to Starbucks Trip</b> <b>7 pm</b> TV Series - AR	<b>Earth Day! 22</b> <b>9 am</b> Exercise with Erin-AR <b>10 am</b> Current Events – TH <b>11 am</b> Hymn Sing – TH <b>1 pm</b> Planting Unique Planters for Patios Craft – AR <b>2:45 pm</b> Bingo – TH	<b>9 am</b> Exercise – AR <b>23</b> <b>10 am</b> Townhall Meeting - TH <b>11 am</b> Exercise w/ Erin – AR <b>1:15 pm</b> – Drumming w/Sherri - AR <b>2 – 4 pm Spring Canyon Walk</b> <b>7 pm</b> TV Series - AR	<b>9 am</b> Yoga – AR <b>24</b> <b>10 am</b> Mark Serour: Pony Express Talk - AR <b>11 am</b> Scrabble - AR <b>2:30 pm</b> Holocaust with Rebecca – TH <b>3:30 pm</b> Croquet - FL <b>6 – 7 pm</b> Day of 2 Moons Presentation – AR	<b>Arbor Day! 25</b> <b>8:45 am King Soopers Run</b> <b>8 am</b> Men's Breakfast - PDR <b>9 am</b> Exercise with Diane - AR <b>10 am</b> Coffee & News – PDR <b>11 am</b> Exercise with Brynn – AR <b>1:30 pm</b> Searching for People Places in Bible Doc series- AR <b>2:30 pm</b> Trees and Other Entanglements- AR <b>7 pm</b> Movie - AR	<b>9 am</b> Exercise – AR <b>26</b> <b>10 am</b> Bingo – TH <b>11 am</b> Wii Bowling – AR <b>2 pm</b> Movie – AR <b>7 pm</b> Movie – AR
<b>2 pm</b> Movie – AR <b>27</b> <b>7 pm</b> Movie – AR	<b>9 am</b> Tai Chi Chih – AR <b>28</b> <b>10 am</b> Hangman – TH <b>11 am</b> Word Spiel – AR <b>1:30 pm</b> Lets Play Triopoly- AR <b>2:30 pm</b> How does Rain Actually Work? Doc - AR <b>3:30 pm</b> Scenic Ride <b>7 pm</b> TV Series - AR	<b>9 am</b> Exercise with Erin- AR <b>29</b> <b>10 am</b> Current Events – TH <b>11 am</b> Balloon Tennis – TH <b>1:30 pm</b> Jeopardy- TH <b>2:45 pm</b> Bingo - TH	<b>9 am</b> Exercise - AR <b>30</b> <b>10 am</b> Wii Bowling – AR <b>11 am</b> Exercise w/ Erin – AR <b>1:15 pm</b> – Drumming w/Sherri - AR <b>2:30 pm</b> Birthday Party – DR/TH <b>7 pm</b> TV Series - AR			<b>All activities are subject to change.</b>



## TRIPS IN APRIL

- Wednesday, April 2nd at 9 am** – Walmart Run
- Wednesday, April 2nd at 2 pm** – Loveland Museum: Quilt Exhibit
- Thursday, April 3rd at 11:30 am** – Out to Lunch: Captain Hook Seafood
- Friday, April 11th at 8:45 am** – King Soopers Run
- Wednesday, April 16th at 10 am** – Home Goods Run
- Monday, April 21st at 2:30 pm** - Walk to Starbucks
- Wednesday, April 23rd at 2 pm** – Spring Canyon Walk
- Friday, April 25th at 8:45 am** – King Soopers Run
- Monday, April 28th at 3:30 pm** – Scenic Ride

## DOCUMENTARIES OF THE MONTH

- Tuesday, April 1st at 1:30pm**- Great Hoaxes of all Time- AR
- Fridays at 1:30 pm** – Searching for People and Places in the Bible
- Tuesday, April 8th at 1:30 pm** – DAB Day: Explanation Video and Drawing
- Tuesday, April 9th at 3pm**- Beatrix Larrands: American Landscapes
- Wednesday, April 16th at 3 pm** – Infinite Rainbow
- Thursday, April 17th at 2:30 pm** – Secrets of the Last Supper

- Thursday, April 24th at 6 pm** – Day of 2 Moons Presentation, a zoom presentation through the Global Museum
- Friday, April 25th** – An Arbor Day Documentary about trees
- Wednesday, April 30th at 1:30 pm** – How Does Rain Actually work?

## SPECIALS AT THE WORTHINGTON

### GARDEN CLUB MEETING

Spring has arrived and that means we need to start thinking about gardening. **The garden club will meet this month on April 17th at 10am in the Sunroom.** We will discuss who is interested in helping, what we need or want to plant, what we need to buy for the season, and discuss a planting and watering schedule. Please come to the meeting if you are interested. Also, this month, **Mary Kemmer, head landscaper and Master Gardner for Columbine will be here on Monday, April 14th at 2:30pm** to give a gardening talk. Mary is a wealth of information, so we encourage you to come even if you are not interested in joining Garden Club. Also, this month we will enjoy, Earth Day and Arbor Day with two fascinating events.



## A TRIP TO ALASKA WITH MARJORIE MORNINGSTAR

Once again Marjorie will join us at The Worthington for a travelogue. This time she will be taking you to the wonderful state of Alaska. Marjorie combines her own photos and experiences along with known history, geography, and trivia from the area. It's always a fascinating presentation. **Sign up to join her on Monday, April 7th at 2:30 pm.**

## AUTHOR VISIT- JOHN GIORDANENGO

**On April 9th at 10 am,** Author John Giordanengo who is a principal restoration economist and CEO with 30 years' experience will be visiting the Worthington. John specializes in sustainable economics, ecology, and systems restoration. He has written over 150+ articles and a book on the subject. The book which is entitled "Ecosystems as Models for Restoring our Economies" will be the topic of the talk. Come and listen to John's explanation on how we can have both a great ecosystem and a thriving economy. Please be sure to sign up for this event.

## MARK SEROUR, HISTORIAN: THE PONY EXPRESS

**Join Mark Serour on April 24th at 10am in the Activities Room** for a historical talk about the Pony Express in our Area. Mark runs local History tours in Northern Colorado and is very versed in local history. He is a very engaging speaker that you don't want to miss. Please remember to sign up.

## WINE SOCIAL

Please come on Saturday, April 19th for the Wine Social hosted by Venus at 2:30 pm in the Townhall. Come and break up the weekend monotony with a cocktail, appetizer, and conversation. Venus hopes that you all come and enjoy yourself. Please sign up so that she knows how many to set up for.



## TALKS OF THE MONTH

- Monday, April 7th at 2:30 pm** – A Trip to Alaska with Marjorie Morningstar
- Wednesday, April 9th at 10am** – Author John Giordanengo talk
- Thursday, April 10th at 10 am** – Kevin Cook
- Monday, April 14th at 2:30 pm** – Talk with Mary Kemmer
- Thursday, April 17th at 11 am** – Jim Willard
- Thursday, April 24th at 10 am** – Mark Serour: Pony Express Talk
- Thursday, April 24th at 2:30 pm** – Holocaust with Rebecca



*Out to lunch.*



*Resident bought arrangement for 3rd floor lounge.*



*Fat Tuesday fun.*



*Puzzle fun.*



*Landscaping work.*



*Nick and Mary pose for the camera.*