

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# MARCH 2025

## Lemay Avenue - Health & Rehab Facility

### SECURE UNIT



**1**

9:00 Hot Towel Massage  
 10:30 Music & Movement  
 1:30 Adult Coloring pages  
 2:30 Noodle Balloon Ball  
 3:30 Resident Choice Music  
 6:00 Lotion Hand Massage  
 7:00 Music and Essential Oil

**2**

9:30 Make Over Day  
 10:30 Sunay Devotional, DR-2  
 1:30 Fun & Fit  
 2:00 Adult Coloring Pages

**3**

9:30 Catholic Rosary, LE-1  
 10:30 Painting Group  
 1:00 Sing along with Rebecca  
 2:30 Music & Movement

**4**

9:30 Balloon Ball  
 10:30 Lotion Hand Massage  
 1:00 Adult Coloring Pages  
 2:00 Fat Tuesday Social, DR-2  
 3:30 Fun & Fit  
 6:00 Shoulder Massage  
 7:00 Calming Music & Essential Oil

**5**

9:30 Reading Group- Short Stories  
 10:00 Catholic Mass, LE-1  
 1:00 Ash Wednesday service, LE-2  
 2:30 Resident Choice Music  
 3:30 Adult Coloring Pages  
 6:00 Classic TV Show  
 7:00 Calming Music & Essential Oil

**6**

9:30 Noodle Balloon Ball  
 10:00 Adult Coloring Pages  
 1:00 TV Time-Game Show  
 2:30 Hot towel Massage  
 3:30 Reading Group- Short Stories  
 4:30 Music & Movement  
 6:00 Group Spring Collage  
 7:00 Music & Essential Oil

**7**

9:30 Fun & Fit  
 10:30 Puzzle Time  
 1:30 manicure  
 2:30 TV Time  
 3:30 St Patrick's Craft  
 4:30 Shoulder Massage  
 6:00 Adult Coloring Pages  
 7:00 Calming Music & Essential Oil

**8**

9:00 Hot Towel Massage  
 10:30 Music & Movement  
 1:30 Adult Coloring pages  
 2:30 Noodle Balloon Ball  
 3:30 Resident Choice Music  
 6:00 Lotion Hand Massage  
 7:00 Music and Essential Oil

**9**

9:30 Make Over Day  
 10:30 Sunay Devotional, DR-2  
 1:30 Fun & Fit  
 2:00 Adult Coloring Pages

**10**

9:30 Catholic Rosary, LE-1  
 10:30 Painting Group  
 1:00 Sing along with Rebecca  
 2:30 Music & Movement

**11**

9:30 Balloon Ball  
 10:30 Lotion Hand Massage  
 1:00 Adult Coloring Pages  
 2:00 Fat Tuesday Social, DR-2  
 3:30 Fun & Fit  
 6:00 Shoulder Massage  
 7:00 Calming Music & Essential Oil

**12**

9:30 Reading Group- Short Stories  
 10:30 Lotion Hand Massage  
 1:30 Fun & Fit  
 2:30 Resident Choice Music  
 3:30 Adult Coloring Pages  
 6:00 Classic TV Show  
 7:00 Calming Music & Essential Oil

**13**

9:30 Noodle Balloon Ball  
 10:00 Adult Coloring Pages  
 1:00 TV Time-Game Show  
 2:00 Music with Ruth  
 3:30 Reading Group- Short Stories  
 4:30 Music & Movement  
 6:00 Group Spring Collage  
 7:00 Music & Essential Oil

**14**

9:30 Fun & Fit  
 10:30 Puzzle Time  
 1:30 manicure  
 2:30 TV Time  
 3:30 Spring Craft  
 4:30 Shoulder Massage  
 6:00 Adult Coloring Pages  
 7:00 Calming Music & Essential Oil

**15**

9:00 Hot Towel Massage  
 10:30 Music & Movement  
 1:30 Adult Coloring pages  
 2:30 Noodle Balloon Ball  
 3:30 Resident Choice Music  
 6:00 Lotion Hand Massage  
 7:00 Music and Essential Oil

**16**

9:30 Make Over Day  
 10:30 Sunay Devotional, DR-2  
 1:30 Fun & Fit  
 2:00 Adult Coloring Pages

**17**

9:30 Catholic Rosary, LE-1  
 10:30 Painting Group  
 1:00 Sing along with Rebecca  
 2:30 Music & Movement

**18**

9:30 Balloon Ball  
 10:30 Lotion Hand Massage  
 1:00 Adult Coloring Pages  
 2:00 Fat Tuesday Social, DR-2  
 3:30 Fun & Fit  
 6:00 Shoulder Massage  
 7:00 Calming Music & Essential Oil

**19**

9:30 Reading Group- Short Stories  
 10:30 Lotion Hand Massage  
 1:30 Fun & Fit  
 2:30 Resident Choice Music  
 3:30 Adult Coloring Pages  
 6:00 Classic TV Show  
 7:00 Calming Music & Essential Oil

**20**

9:30 Noodle Balloon Ball  
 10:30 Catholic Mass, LE-1  
 1:00 TV Time-Game Show  
 2:30 Hot towel Massage  
 3:30 Reading Group- Short Stories  
 4:30 Music & Movement  
 6:00 Group Spring Collage  
 7:00 Music & Essential Oil

**21**

9:30 Fun & Fit  
 10:30 Puzzle Time  
 1:30 Manicure  
 2:00 Native American Presentation with David Meek  
 3:00 TV Time  
 3:30 Spring Craft  
 4:30 Shoulder Massage  
 6:00 Adult Coloring Pages  
 7:00 Calming Music & Essential Oil

**22**

9:00 Hot Towel Massage  
 10:30 Music & Movement  
 1:30 Adult Coloring pages  
 2:30 Noodle Balloon Ball  
 3:30 Resident Choice Music  
 6:00 Lotion Hand Massage  
 7:00 Music and Essential Oil

**23**

9:30 Make Over Day  
 10:30 Sunay Devotional, DR-2  
 1:30 Fun & Fit  
 2:00 Adult Coloring Pages

**24**

9:30 Catholic Rosary, LE-1  
 10:30 Painting Group  
 1:00 Sing along with Rebecca  
 2:30 Music & Movement

**25**

9:30 Balloon Ball  
 10:30 Lotion Hand Massage  
 1:00 Adult Coloring Pages  
 2:00 Fat Tuesday Social, DR-2  
 3:30 Fun & Fit  
 6:00 Shoulder Massage  
 7:00 Calming Music & Essential Oil

**26**

9:30 Reading Group- Short Stories  
 10:30 Lotion Hand Massage  
 1:30 Fun & Fit  
 2:30 Music with Marc, DR-1  
 3:30 Adult Coloring Pages  
 6:00 Classic TV Show  
 7:00 Calming Music & Essential Oil

**27**

9:30 Noodle Balloon Ball  
 10:00 Adult Coloring Pages  
 1:00 TV Time-Game Show  
 2:30 Music with WEHMO DR-1  
 3:30 Reading Group- Short Stories  
 4:30 Music & Movement  
 6:00 Group Spring Collage  
 7:00 Music & Essential Oil

**28**

9:30 Fun & Fit  
 10:30 Puzzle Time  
 1:30 manicure  
 2:30 TV Time  
 3:30 St Patrick's Craft  
 4:30 Shoulder Massage  
 6:00 Adult Coloring Pages  
 7:00 Calming Music & Essential Oil

**29**

9:00 Hot Towel Massage  
 10:30 Music & Movement  
 1:30 Adult Coloring pages  
 2:30 Noodle Balloon Ball  
 3:30 Resident Choice Music  
 6:00 Lotion Hand Massage  
 7:00 Music and Essential Oil

**30**

9:30 Make Over Day  
 10:30 Sunay Devotional, DR-2  
 1:30 Fun & Fit  
 2:00 Adult Coloring Pages

**31**

9:30 Catholic Rosary, LE-1  
 10:30 Painting Group  
 1:00 Sing along with Rebecca  
 2:30 Music & Movement



All activities are subject to change.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# MARCH 2025

## Lemay Avenue - Health & Rehab Facility



**9:00** News & Coffee, LE-2 **1**  
**10:30** Seated Yoga, DR-2  
**2:00** Manicure, DR-1  
**3:00** Netflix & Popcorn, LE-2

**9:00** News & Coffee, LE-2 **2**  
**10:30** Sunday Devotional, DR-2  
**1:30** Garden Club, End of 2200 Hall  
**2:00** Craft- Mardi Gras Mask, LE-2  
**3:00** Netflix & Popcorn, LE-2  
**6:00** Wii Bowling, LE-2  
**7:00** Name 5 Game, LE-2

**9:00** Summer & Theresa, LE-2 **3**  
**9:30** Catholic Rosary, LE-1  
**10:30** Bakling Group, Kings Care, LE-2  
**1:30** Wii Bowling, LE-2  
**2:30** Music with Sound Affect's, DR-1  
**4:30** Fun Facts About Mardi Gras, LE-2

**Fat Tuesday** **4**  
**9:00** News & Coffee, LE-1  
**10:30** Men's Group- Baking Kings Cake, LE-2  
**2:00** Fat Tuesday Social Kings Cake, DR-2  
**3:30** Adult Coloring Pages, LE-2  
**6:30** Creative Writing, LE-2  
**7:00** Resident Choice Games, LE-2

**Ash Wednesday** **5**  
**9:00** Coffee & News, LE-2  
**10:30** Catholic Mass, LE-1  
**1:00** Ash Wednesday Service with Rebecca, LE-2  
**2:30** Bingo, DR-2  
**4:30** Painting Group, LE-2  
**6:30** Scrabble, LE-2  
**7:00** Pass the Pig, LE-2

**9:00** News & Coffee, LE-2 **6**  
**10:30** Seated Stretching, DR-1  
**2:00** Neighborhood Meeting, LE-2  
**2:00** Manicure, LE-1  
**3:30** Creative Writing, DR-1  
**4:30** Netflix & Popcorn, LE-2  
**6:00** Wii Bowling, LE-2  
**7:00** Left Center Right, LE-2

**9:00** Current Events & Coffee, LE-2 **7**  
**10:30** Balloon Ball, LE-2  
**11:00** Super Food Presentation with Jenifer, LE-2  
**1:30** Mardi Gras Craft, LE-2  
**2:30** Bingo, DR-1  
**4:30** Adult Coloring pages, LE-2

**9:00** News & Coffee, LE-2 **8**  
**10:30** Seated Yoga, DR-2  
**2:00** Manicure, DR-1  
**3:00** Netflix & Popcorn, LE-2

**9:00** News & Coffee, LE-2 **9**  
**10:30** Sunday Devotional, DR-2  
**1:30** Garden Club, End of 2200 Hall  
**2:00** Painting Group, LE-2  
**3:00** Netflix & Popcorn, LE-2  
**6:00** Wii Bowling, LE-2  
**7:00** Name 5 Game, LE-2

**9:00** Summer & Theresa, LE-2 **10**  
**9:30** Catholic Rosary, LE-1  
**10:30** Balloon Ball, DR-1  
**1:30** Wii Bowling, LE-2  
**2:30** Bingo, DR-1  
**4:30** St Patrick's Craft, LE-2  
**6:30** Left Center Right, LE-2  
**7:00** Netflix Movie, LE-2

**9:00** News & Coffee, LE-1 **11**  
**10:30** Women's Group, LE-2  
**2:00** Piano Music with Steve, DR-1  
**3:30** Lenten Bibie Study, LE-2  
**6:30** Creative Writing, LE-2  
**7:00** Resident Choice Games, LE-2

**9:00** Coffee & News, LE-2 **12**  
**10:30** Seated Kick Boxing, LE-1  
**1:30** Wii Bowling, LE-2  
**2:30** Bingo, DR-2  
**4:30** Painting Group, LE-2  
**6:30** Scrabble, LE-2  
**7:00** Pass the Pig, LE-2

**9:00** News & Coffee, LE-2 **13**  
**10:30** Seated Stretching, DR-1  
**11:30** Lunch outing  
**1:30** Manicure, LE-2  
**3:30** Creative Writing, DR-1  
**4:30** Netflix & Popcorn, LE-2  
**6:00** Wii Bowling, LE-2  
**7:00** Left Center Right, LE-2

**9:00** Current Events & Coffee, LE-2 **14**  
**10:30** Balloon Ball, LE-2  
**1:30** St Patrick's Day Craft, LE-2  
**2:30** Bingo, DR-1  
**4:30** Adult Coloring pages, LE-2

**9:00** News & Coffee, LE-2 **15**  
**10:30** Seated Yoga, DR-2  
**2:00** Manicure, DR-1  
**3:00** Netflix & Popcorn, LE-2

**9:00** News & Coffee, LE-2 **16**  
**10:30** Sunday Devotional, DR-2  
**1:30** Garden Club, End of 2200 Hall  
**2:00** Painting Group, LE-2  
**3:00** Netflix & Popcorn, LE-2  
**6:00** Wii Bowling, LE-2  
**7:00** Name 5 Game, LE-2

**St. Patrick's Day** **17**  
**9:00** Summer & Theresa, LE-2  
**9:30** Catholic Rosary, LE-1  
**10:30** Noodle Balloon Ball, LE-2  
**1:30** Wii Bowling, LE-2  
**2:30** Music with Sound Affect's, DR-1  
**4:30** Fun Facts About Mardi Gras, LE-2  
**6:30** Left Center Right, LE-2

**9:00** News & Coffee, LE-1 **18**  
**10:30** Noodle Balloon Ball, DR-2  
**2:00** Piano Music with Steve, DR-1  
**3:30** Adult Coloring Pages, LE-2  
**6:30** Creative Writing, LE-2  
**7:00** Resident Choice Games, LE-2

**9:00** Coffee & News, LE-2 **19**  
**10:30** Seated Kick Boxing, LE-1  
**1:30** Wii Bowling, LE-2  
**2:30** Bingo, DR-2  
**4:30** Painting Group, LE-2  
**6:30** Scrabble, LE-2  
**7:00** Pass the Pig, LE-2

**9:00** News & Coffee, LE-2 **20**  
**10:30** Catholic Mass, DR-1  
**1:30** Manicure, LE-2  
**3:30** Creative Writing, DR-1  
**4:30** Netflix & Popcorn, LE-2  
**6:00** Wii Bowling, LE-2  
**7:00** Left Center Right, LE-2

**9:00** Current Events & Coffee, LE-2 **21**  
**10:30** Balloon Ball, LE-2  
**1:30** Craft, LE-2  
**2:30** Bingo, DR-1  
**4:30** Adult Coloring pages, LE-2

**9:00** News & Coffee, LE-2 **22**  
**10:30** Seated Yoga, DR-2  
**2:00** Manicure, DR-1  
**3:00** Netflix & Popcorn, LE-2

**9:00** News & Coffee, LE-2 **23**  
**10:30** Sunday Devotional, DR-2  
**1:30** Garden Club, End of 2200 Hall  
**2:00** Painting Group, LE-2  
**3:00** Netflix & Popcorn, LE-2  
**6:00** Wii Bowling, LE-2  
**7:00** Name 5 Game, LE-2

**9:00** Summer & Theresa, LE-2 **24**  
**9:30** Catholic Rosary, LE-1  
**10:30** Balloon Ball, DR-1  
**1:30** Wii Bowling, LE-2  
**2:30** Bingo, DR-1  
**4:30** Spring Craft, LE-2  
**6:30** Left Center Right, LE-2  
**7:00** Netflix Movie, LE-2

**9:00** News & Coffee, LE-1 **25**  
**10:30** Noodle Balloon Ball, DR-2  
**2:00** Piano Music with Steve, DR-1  
**3:30** Adult Coloring Pages, LE-2  
**6:30** Creative Writing, LE-2  
**7:00** Resident Choice Games, LE-2

**9:00** Coffee & News, LE-2 **26**  
**10:30** Seated Kick Boxing, LE-1  
**1:30** Wii Bowling, LE-2  
**2:30** Music with Marc, DR-1  
**4:30** Painting Group, LE-2  
**6:30** Scrabble, LE-2  
**7:00** Pass the Pig, LE-2

**9:00** News & Coffee, LE-2 **27**  
**10:30** Seated Stretching, DR-1  
**1:00** Shopping Trip- Walmart  
**1:30** Manicure, LE-2  
**2:30** Music with WEHMO  
**4:30** Creative Writing, LE-2  
**6:00** Wii Bowling, LE-2  
**7:00** Left Center Right, LE-2

**9:00** Current Events & Coffee, LE-2 **28**  
**10:30** Balloon Ball, LE-2  
**1:30** Mardi Gras Craft, LE-2  
**2:00** Native American Presentation By David Meek, DR-1  
**4:30** Adult Coloring pages, LE-2

**9:00** News & Coffee, LE-2 **29**  
**10:30** Seated Yoga, DR-2  
**2:00** Manicure, DR-1  
**3:00** Netflix & Popcorn, LE-2

**9:00** News & Coffee, LE-2 **30**  
**10:30** Sunday Devotional, DR-2  
**1:30** Garden Club, End of 2200 Hall  
**2:00** Painting Group, LE-2  
**3:00** Netflix & Popcorn, LE-2  
**6:00** Wii Bowling, LE-2  
**7:00** Name 5 Game, LE-2

**9:00** Summer & Theresa, LE-2 **31**  
**9:30** Catholic Rosary, LE-1  
**10:30** Balloon Ball, DR-1  
**1:30** Wii Bowling, LE-2  
**2:30** Bingo, DR-1  
**4:30** St Patrick's Craft, LE-2  
**6:30** Fun Facts about April Fool's Day, LE-2  
**7:00** Domino Train, LE-2



Contact the Activities Department at Ext. 531  
 LTC = Long Term Care Residents  
 All activities are subject to change.