



# **WELCOME MARCH!**

### SPRING POEM

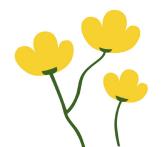
by: Wendell Berry

Planting trees early in spring, we make a place for birds to sing in time to come.

How do we know?

They are singing here now.

There is no other guarantee that singing will ever be.



# THE SPRING AND THE FALL

by: Edna St. Vincent Millay

In the spring of the year, in the spring of the year,

I walked the road beside my dear.

The trees were black where the bark was wet.

I see them yet, in the spring of the year.







### **NEW FOR THE MONTH!**

#### **Joint Health Presentation**

Tuesday the 4th at 11AM (AR)

Dr. Jeremy, a local chiropractor, will discuss joint health with us. You might remember his presentations on neuropathy and arthritis. Come learn some new techniques and information on joint pain.

### Leprechauns on the Loose

Wednesday the 5th at 11AM (AR)

Do you recall the Leprechauns hiding last year? We're going to have fun finding Leprechauns! No more than 10 per person. Whoever finds the most will be awarded a prize at the Saint Patrick's Day party on the 21st.



# Ed Presents on Japan

Wednesday the 12th & 26th 11AM (AR)

Ed continues his series on Japan. Come and listen to Ed share his and Setsuko's travels to Japan.

#### **Mountain Man Presentation**

Tuesday the 18th at 11AM (AR)

Joe and Virginia Meek will come, dressed in period clothing, to discuss their relative David Meek who made a huge impact in Colorado history. You won't want to miss this.

#### **Book Club**

Tuesday the 11th at 11AM (AR)

The book is called *Lesson's in* **Chemistry** by Bonnie Garmus.

This book is about a lady in the 1950's who wants to be scientist and is challenged by society's opinion that women belong in the domestic sphere. We have 10 books ordered. Please come and join us. Please let Cori know if you'd like a larger print book.



## **BIRTHDAYS!**

March 7 – Carolyn Meyer

March 10 - Angel

March 23 – Frances

March 26 - Sarah G.

## **MUSICAL ACTS**

Fridays at 3pm

#### Kendra

March 7th

#### **Sound Affects**

March 14th and 28th

### **Irish Step Dancers**

March 21st

This is a new group for our St. Patrick's Day Party. Wear your green!

# **OUTINGS**

## **LUNCH OUTINGS**

### Olive Garden

Friday the 14th at 11:15AM

#### Chick-fil-A

Friday the 28th at 11:15AM

### **USUAL SUSPECTS:**

### **Blood Pressure Check**

Friday the 7th at 1PM (PDR)

#### Foot and Toenail Clinic

Monday the 3rd 2:30PM-4:30PM

### **Audiologist Visits**

Monday April 1 at 12:30-1:30PM (PDR)

\*please sign up at the front desk



Sleep strategies Presentation



Darcy's exercise class is a hit.





# A WEE BIT O' IRISH HUMOR

"A man who can't laugh at himself should be given a mirror." ~ Irish Saying

Irish humor is never shy, always witty, and frequently sarcastic. The Irish poke good-hearted fun at their traditions, stereotypes, and anything in between. Nothing is exempt, and everything is considered fair game when it comes to a good laugh.

### A Fishy Story

While out fishing, the game warden catches Sean leaving a reservoir with a bucket of fish. "Aha,I've caught you red-handed poachin' fish." "What do you mean, red-handed?" says Sean. "You've got a bucket full of 'em right there. You can't talk your way out of it this time." Sean says, "Oh, you don't understand, these are my pet fish and every week or so, I bring them to the reservoir for exercise. After they swim a little, they come back to the bucket and I bring 'em back home." The warden looks at him and says, "Do ya expect me to believe such a tale?" "I can prove it," says Sean. They

walk to the reservoir and put the fish in the water. They wait for 20, 30, 40 minutes and the fish don't come back. "Ha, ya lying rogue!" shouts the warden, "Where are your fish?" Sean looks blankly at him and asks, "What fish?"

### O'Connor Meets Dog

O'Connor was sitting in an Irish bar with a large Rottweiler at his feet. "Does your dog bite?" asks Murphy. "No," replies O'Connor. So Murphy pats the dog and almost has his arm taken off. "Hey!" screams Murphy, "you said your dog didn't bite, O'Connor." "That's not my dog, Murphy," concludes O'Connor.

### On Romance

Michael O'Shey was courting
Frances Riley. The young couple
sat in the parlor of the girl's home
night after night, much to her
father's annoyance. One night, he
couldn't take it any more. Standing
at the top of the stairs, he yelled
down, "What's that young fella
doin' here all hours of the night?"
"Why Dad, Michael was just telling
me everything that's in his heart!"
"Well, next time," roared Riley, "just
let him tell you what's in his head,
and it won't take half as long."

# GOOD NEWS STORY

### A Four-leaf Clover comes home after 54 years

ST. PETERSBURG, FL - This is a true story of a lucky little 4-leaf clover that begins during World War II. In 1941 with the world at war, many turned their thoughts to wishes of good luck and special mementos to carry them through those difficult times. Such was the case for Lela Remington, a U.S. Army nurse in training in Mississippi. She would be leaving for duty abroad and wanted to send her sister and brother-in-law a special greeting for their first wedding anniversary. She picked a 4-leaf clover greeting card to send to Gayle and Dee McCormick, then living in Michigan. The card was treasured and safely tucked away to preserve those special wishes. Time passed, the war ended, and life returned to normal for many years. Then in 1995, something unusual happened to the clover. Gayle passed away, Lela had died earlier and no one else knew of the sentimental lucky charm, until it was discovered among Gayle's personal mementos. The ironic twist to this story is that the card was returned to Gayle's niece, Dandy Safko, who with her husband are the present owners of Clover Specialty Company where the clover on the card was grown 54 years earlier. The card, still in the original envelope, bearing a 3¢ stamp, postmarked Sep 29, 1941, from Jackson, Miss., has been safely tucked away in the company's scrapbook. Gayle's lucky little clover has returned home.

# MARDI GRAS AROUND THE WORLD

New Orleans isn't the only place that celebrates Mardi Gras! Other places famous for Mardi Gras festivities include Rio de Janeiro in Brazil, Barranquilla in Colombia, Trinidad and Tobago, and Quebec City in Canada. In the Belgian city of Binche, the Mardi Gras festival is the most important day of the year. Close to 1000 people dance throughout the city from morning until evening. The Brazilian Carnaval is renowned throughout the world, and 70% of Brazil's tourists come during this time to celebrate with parades and the traditional samba dance. Rio de Janeiro holds the largest carnival celebration in the world, attracting nearly 2 million people each year. Italy holds a similar pre-Lenten festival called Carnevale, which involves parades, masquerades, fireworks, and feasts.













Our Valentines party was so much fun!









Greeley Senior Citizen Singers are the best!



We saw turkeys trying to catch the bus on our outing