Columbine Commons



1475 Main Street Windsor, CO 80550 **970-449-5540**

ADMINISTRATOR Becki Siemers

OFFICE MANAGER Christina Ridgeway

DIRECTOR OF NURSING Megan Gallegos, RN

ALF NURSE CLINICAL COORDINATOR Jennie Brown

> ACTIVITY DIRECTOR Kimberly Albro

SOCIAL SERVICES/ ADMISSIONS DIRECTOR Stephanie Curtis

> ADMISSIONS COORDINATOR Jessica Fuentes

DIETARY SUPERVISOR Tracy Rohrig

RDEXECUTIVE CHEF Jason Prentis

MAINTENANCE Travis Sills

HOUSEKEEPING SUPERVISOR Diana Garcia

> **CUSTODIAL** Larry Kel





JANUARY 2025

LNG

A NEW YEAR! WELCOME 2025!!

December recap: Whooooboy we had some holiday fun! From a Christmas pageant and carolers, to outings to see the holiday lights, to extra shopping at Macy's and Walmart, we were BUSY!! We even got in some visits from Santa and Mrs. Claus. I hope everybody had an enjoyable December.

Looking forward to January, be sure to check out our 'Windsor Sugar Beet Industry" presentation on the 15th.



RESIDENTS CELEBRATING BIRTHDAYS THIS MONTH

Dr. Edward K. - January 17 Elaine K - January 17 Jack R - January 23

THE MONTHLY CRACK UP How did the snow globe feel in January?

A little shaken!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JAN Columbine	UAR Commons	-Assisted Living	 HAPPY NEW YEAR! NO CHAPLAIN ON- SITE 9:30am Exercise with Weights (AR) 10am Devotional with Peter (AR) 2:30pm Jeopardy (AR) 	9:30am Chair Yoga (AR) 10:45am Wii Bowling (AR) 1:30pm Devorah the Therapy Dog (AR) 2pm Bingo (DR) 3:30pm Yahtzee! (AR)	 9:30am Exercise with Airballs (AR) 10:30am Crosswords (AR) 11am "Da Guys!" Men's Group with Tomas (Lunch served in the AR) 2:30pm Happy Hour and Music by Sound Affects (DR) 	9:30am Exercise (AR) 10:30am-12pm Glasses Cleaned at Front Desk 10:30am Wii Bowling (AR) 2pm Bingo (DR) 3:30pm Jeopardy (AR)
 9:30am Sunday Stretch (AR) 5 9:30am Catholic Communion (PDR) 10:30am Crafting with with Kayla (AR) 1:30pm Worship Service (DR) 2:30pm Sunday Social (DR) 	9:30am Exercise with Weights (AR) 10:30am Crosswords (AR) 3pm Left, Right, Center (DR) Bring Dimes!	 9:30am Morning Exercise (AR) 10:30am Conversations with Kimberly (AR) 1:30pm Sequence (AR) 2pm Bingo (DR) 3:30pm Yahtzee (AR) 	Chaplain On- Site89:30am Catholic Rosary (PDR)9:30am Exercise with Weights (AR)10am Devotional with Peter (AR)11:15am Gourmet Grub Lunch Outing2:30 pm Jeopardy	 10am Exercise with Dana (AR) 10:45am Wii Bowling (AR) 1:30pm Clearview Library (AR) 2pm Bingo (DR) 3:30pm Uno! (AR) 	9:30am Exercise with Airballs (AR) 10:30am Crosswords (AR) 1pm Art Therapy with Kate (AR) 2:30pm Happy Hour and Music by Sound Effects (SNF)	9:30am Exercise (AR) 11 10am Piano Recital with local children. 10:30am-12pm Glasses Cleaned at Front Desk 10:30am Wii Bowling (AR) 2pm Bingo (DR)
 9:30am Sunday Stretch (AR) 12 9:30am Catholic Communion (PDR) 10:30am Cooking with Kayla (AR) 1:30pm Worship Service (DR) 2:30 Sunday Social (DR) 	9:30am Exercise with Weights (AR) 10:30am Crosswords (AR) 2pm Resident Council (DR) 3pm Blackjack (DR)	 8:30am Morning Exercise 14 9:30am Morning Exercise (AR) 11:30am TAKE OUT TUESDAY: ROMA (AR) 2pm Bingo (DR) 3:30pm Farkle (AR) 	 Chaplain On-Site 9:30am Catholic Rosary (PDR) 9:30am Exercise with Weights (AR) 10am Bible Study with Peter (AR) 2:30pm "The Sugar Beet Industry in Windsor" a presentation (DR) 	9:30am Chair Yoga (AR) 10:45 Wii Bowling (AR) 2pm Bingo (DR) 3:30pm Farkle (AR)	HAPPY BIRTHDAY DR. 17 KINZER HAPPY BIRTHDAY ELAINE K!! 9:30am Exercise With Airballs (AR) 10:30am Crosswords (AR) 2:30pm Entertainment and Happy Hour with Uno, Dos, Tracz (DR)	 10:30am-12pm Glasses Cleaned at Front Desk 10:30am Wii Bowling(AR) 2pm Bingo (DR) 3:30pm Jeopardy (AR)
9:30am Sunday Stretch 10:30am Catholic Communion (PDR) 10:30am Craft/Coloring with Kayla (AR) 1:30pm Worship Service DR) 2:30pm Sunday Social	9:30am Exercise 20 with Weights (AR) 10:45am Wii Bowling (AR) 2pm Catholic Confession (PDR) 3pm Left Right Center Bring Dimes! (DY)	 9:30am Morning Exercise 21 (AR) 10:30am Conversations with Kimberly (AR) 1:30pm Sequence (AR) 2pm Bingo (DR) 3:15pm Uno! (AR) 	Chaplain On-Site 9:30am Catholic Rosary (PDR)229:30am Exercise with weights (AR)10am Bible Study with Peter (AR)2:30pm The Greeley Singer Citizens (DR)	 HAPPY BIRTHDAY JACK R! 23 9:30am Chair Yoga (AR) 10:30am Wii Bowling (AR) 1:30pm Clearview Library (AR) 2pm Bingo (DR) 3:30pm Yahtzee! 	9:30am Exercise with Airballs (AR) 10:30am Crosswords (AR) 1:30pm Entertainment and Happy Hour (SNF)	9:30am Exercise (AR) 10:30am-12pm Glasses Cleaned at Front Desk 10:30am Wii Bowling (AR) 2pm Bingo (DR) 3:30pm Jeopardy (AR)
 9am Sunday Stretch (AR) 26 10:30am Catholic Communion (PDR) 10:30am Crafting /Coloring with Kayla (AR) 1:30pm Worship Service (DR) 2:30pm Sunday Social 	9:30am Exercise with Weights (AR) 10:30am Crosswords (AR) 2pm Crafting with Kimberly 3pm Blackjack (DR)	 8:30am Walmart Outing 9:30am Morning Exercise (AR) 10:30am Wii Bowling (AR) 1:30pm Sequence (AR) 2pm Bingo 3:15pm Yahtzee! (AR) 	 Chaplain On- Site 29 9:30am Catholic Rosary (PDR) 9:30am Exercise with Weights (AR) 10am Devotional with Peter (AR) 2:30pm Jeopardy (AR) 	9:30am Chair Yoga (AR) 30 10:30am Wii Bowling (AR) 1:30pm Clearview Library (AR) 2pm Bingo (DR) 3:30pm Farkle (AR)	9:30am Exercise with Airballs (AR) 10:30am Crosswords (AR) 1:30pm Entertainment and Happy Hour (ALF)	Green - Outings Purple - Entertainment Red - Special Activity All activities are
						subject to change.



<u>SHELLY'S BEAUTY BAR</u> Shelly's Beauty Bar is open

Tuesday – Friday, 9:00 a.m. – 3:00 p.m.

To schedule an appointment with Shelly please call (970) 388-1144 or speak with a staff member. Prices are listed below.

SERVICES

Women's Haircut - \$25 Men's Haircut - \$20 Blow Dry / Iron Curl - \$25 Shampoo & Set (rollers) -\$25 Shampoo & Blow Dry - \$15 Hairstyle Touchup - \$15 Perm - \$55, \$75, \$95 Color - \$50, \$70, \$90 Manicure - \$24 (\$20 without polish) Polish Change - \$15 Fingernail Trim & File - \$10 Pedicure - \$35 (\$30 without polish) Toenail Clip & File - \$15 Bang Trim - \$10 Beard Trim - \$5 Makeup - \$25

OUTINGS, SIGN-UP'S, AND SPECIAL EVENTS

Don't forget to sign up early for Outings in the binder on the Information Table just outside of the Activities Room!

- Wednesday, January 8th Our lunch outing is to Gourmet Grub in Windsor.
- **Tuesday, January 14th** Take out Tuesday is Roma Restaurant. Yummm, Italian!
- Wednesday, January 15th The Sugar Beet Industry in Windsor presentation
- Wednesday, January 22th A special midweek performance by the Greeley Singer Citizens!
- Tuesday, January 28th Walmart Outing 8:30am-11am

SUNDAY WORSHIP SERVICE

With community volunteers is held at 1:30 in the Assisted Living Dining Room followed by Sunday Social.

CATHOLIC ROSARY

Catholic Rosary is at 9:30 am Wednesday mornings in the private dining room. Communion is 9:30 every Sunday in the private dining room. We are also offering Confession with a priest in the private dining room every third Monday at 2pm.

CLEARVIEW LIBRARY BOOK CHECKOUT

The Clearview Library will be here **Thursday, January 9th and Thursday, January 23rd.** The books will be brought into the Activity Room. If you are interested in joining this service, please let Kimberly know.



Mary and Ms. Claus.



Janet and Santa.