

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 NEW YEARS DAY</b> <b>10:00 AM</b> Strength Building with Sherrie (AR) <b>10:45 AM</b> Coffee Clutch (DR) <b>1:00 PM</b> New Year's Game (DR) <b>3:00PM</b> Quarter Bingo (DR)	<b>2 Eye Care Associates On-Site</b> <b>9:30 AM</b> Rosary (AR) <b>10:15 AM</b> Sit & Be Fit (AR) <b>11:00AM</b> Lunch Outing to Nordy's <b>2:00 PM</b> Animal Visit- Sasha (RV) <b>2:30 PM</b> Wii Bowling (DR)	<b>3 Massage Therapist On-Site</b> <b>10:00 AM</b> Exercise Games (AR) <b>10:45 AM</b> Cooking Club (DR) <b>2:00 PM</b> Afternoon Tea and News (DR) <b>3:00 PM</b> Animal Visit- Zanny (RV) <b>3:00 PM</b> Quarter Bingo (ADR) <b>6:00 PM</b> Game Night (AR)	<b>4 Chaplain On-Site</b> <b>10:15 AM</b> Friday Freeform Exercise (AR) <b>10:45 AM</b> Morning Inspirations with Carla (AR) <b>2:30PM</b> Happy Hour with Mark (ADR)	<b>5</b> <b>10:00 PM</b> Group Exercise (AR) <b>10:30PM</b> Coffee Time (AR) <b>1:00 PM</b> Help from Cameron (RV) <b>1:30PM</b> Pet a Pup with 4H Club (AAR) <b>2:30PM</b> Quarter Bingo (ADR)
<b>6</b> <b>9:30AM</b> Catholic Communion (AAR) <b>10:00AM</b> Sunday Stretch (AR) <b>1:30PM</b> Church Service (DR) <b>2:15 PM</b> Social (ADR)	<b>7</b> <b>10:00 AM</b> Monday Morning Mindfulness <b>10:45 AM</b> Stretching (AR) <b>2:00 PM</b> Game Time (DR) <b>2:00 PM</b> Animal Visit- Dixie (RV)	<b>8</b> <b>8:30 AM</b> Walmart Outing <b>9:30 AM</b> Animal Visit- Winnie (RV) <b>10:00 AM</b> Strength Building with Sherrie (AR) <b>1:30 PM</b> Hand Massages (AR) <b>3:00 PM</b> Quarter Bingo (ADR) <b>6:00 PM</b> Movie Night- (AR)	<b>9</b> <b>9:30 AM</b> Rosary (AR) <b>10:15 AM</b> Sit & Be Fit (AR) <b>10:45 AM</b> Cranium Crunches (DR) <b>2:00 PM</b> Animal Visit- Sasha (RV) <b>2:00PM</b> Art with the Windsor Art and Heritage Center (AR) <b>3:00 PM</b> Wii Bowling (DR)	<b>10 Massage Therapist On-Site</b> <b>8:30AM</b> Breakfast Outing to The Egg and I <b>9:30AM</b> Exercise DVD (AR) <b>10:00 AM</b> Church Hymns with Lynn (DR) <b>1:30PM</b> Birthdays with Jim (ADR) <b>3:00 PM</b> Quarter Bingo (DR) <b>3:00 PM</b> Animal Visit- Zanny (RV)	<b>11 Chaplain On-Site</b> <b>10:15 AM</b> Friday Freeform Exercise (AR) <b>10:45 AM</b> Morning Inspirations with Carla (AR) <b>11:30 AM</b> Men's Lunch (PDR) <b>2:30PM</b> Happy Hour with Kendra (ADR)	<b>12</b> <b>10:00 PM</b> Group Exercise (AR) <b>10:45 AM</b> Artsy Time with Morgan (AR) <b>2:30 PM</b> Quarter Bingo (DR)
<b>13</b> <b>9:30AM</b> Catholic Communion (AAR) <b>10:00AM</b> Sunday Stretch (AR) <b>1:30PM</b> Church Service (DR) <b>2:15 PM</b> Social (ADR)	<b>14</b> <b>10:00 AM</b> Monday Morning Mindfulness <b>10:45 AM</b> Stretching (AR) <b>2:00 PM</b> Food Meeting (DR) <b>2:00 PM</b> Animal Visit- Dixie (RV)	<b>15</b> <b>9:30 AM</b> Animal Visit- Winnie (RV) <b>10:00 AM</b> Strength Building with Sherrie (AR) <b>10:45 AM</b> Coffee Clutch (DR) <b>1:30 PM</b> Hand Massages (AR) <b>3:00 PM</b> Quarter Bingo (ADR) <b>6:00 PM</b> Movie Night- (AR)	<b>16</b> <b>9:30 AM</b> Rosary (AR) <b>10:15 AM</b> Sit & Be Fit (AR) <b>10:45 AM</b> Activity Planning (DR) <b>2:00 PM</b> Animal Visit- Sasha (RV) <b>2:00PM</b> Art with the Windsor Art and Heritage Center (AR) <b>3:00 PM</b> Wii Bowling (DR)	<b>17 Massage Therapist On-Site</b> <b>10:00 AM</b> Exercise Games (AR) <b>10:30 AM</b> Resident Council (DR) <b>2:00 PM</b> Afternoon Tea and News (DR) <b>3:00 PM</b> Animal Visit- Zanny (RV) <b>3:00 PM</b> Quarter Bingo (ADR) <b>6:00 PM</b> Game Night (AR)	<b>18 Chaplain On-Site</b> <b>10:15 AM</b> Friday Freeform Exercise (AR) <b>10:45 AM</b> Morning Inspirations with Carla (AR) <b>2:30PM</b> Happy Hour with Country Western Vic Anderson (ADR) <b>6:30PM</b> Youth Group Singers (ADR)	<b>19</b> <b>10:00 PM</b> Group Exercise (AR) <b>10:30PM</b> Coffee Time (AR) <b>1:00 PM</b> Help from Cameron (RV) <b>2:30PM</b> Quarter Bingo (DR)
<b>20</b> <b>9:30AM</b> Catholic Communion (AAR) <b>10:00AM</b> Sunday Stretch (AR) <b>1:30PM</b> Church Service (DR) <b>2:15 PM</b> Social (ADR)	<b>21 MLK DAY</b> <b>10:00 AM</b> Monday Morning Mindfulness <b>10:45 AM</b> Stretching (AR) <b>2:00 PM</b> Game Time - MLK Trivia (DR) <b>2:00 PM</b> Animal Visit- Dixie (RV)	<b>22</b> <b>8:30AM</b> Dollar Store Outing <b>9:30 AM</b> Animal Visit- Winnie (RV) <b>10:00 AM</b> Strength Building with Sherrie (AR) <b>10:45 AM</b> Coffee Clutch (DR) <b>1:30 PM</b> Hand Massages (AR) <b>3:00 PM</b> Quarter Bingo (ADR) <b>6:00 PM</b> Movie Night- (AR)	<b>23</b> <b>9:30 AM</b> Rosary (AR) <b>10:15 AM</b> Sit & Be Fit (AR) <b>10:45 AM</b> Puzzles (DR) <b>2:00 PM</b> Animal Visit- Sasha (RV) <b>2:00PM</b> Art with the Windsor Art and Heritage Center (AR) <b>3:00 PM</b> Wii Bowling (DR)	<b>24 Massage Therapist On-Site</b> <b>9:30 AM</b> Exercise Games (AR) <b>10:00 AM</b> Church Hymns with Lynn (ADR) <b>2:00 PM</b> Afternoon Tea and News (DR) <b>3:00 PM</b> Animal Visit- Zanny (RV) <b>3:00 PM</b> Quarter Bingo (ADR) <b>6:00 PM</b> Game Night (AR)	<b>25 Chaplain On-Site</b> <b>10:15 AM</b> Friday Freeform Exercise (AR) <b>10:45 AM</b> Morning Inspirations with Carla (AR) <b>11:30AM</b> Lunch Outing to Biaggi's <b>2:30PM</b> Happy Hour with the Musical Escapades (ADR)	<b>26</b> <b>10:00 PM</b> Group Exercise (AR) <b>10:45 AM</b> Baking Time with Morgan (DR) <b>2:30PM</b> Quarter Bingo (DR)
<b>27</b> <b>9:30AM</b> Catholic Communion (AAR) <b>10:00AM</b> Sunday Stretch (AR) <b>1:30PM</b> Church Service (DR) <b>2:15 PM</b> Social (ADR)	<b>28</b> <b>10:00 AM</b> Monday Morning Mindfulness <b>10:45 AM</b> Stretching (AR) <b>2:00 PM</b> Game Time (DR) <b>2:00 PM</b> Animal Visit- Dixie (RV)	<b>29</b> <b>9:30 AM</b> Animal Visit- Winnie (RV) <b>10:00 AM</b> Strength Building with Sherrie (AR) <b>10:45 AM</b> Coffee Clutch (DR) <b>1:30 PM</b> Hand Massages (AR) <b>3:00 PM</b> Quarter Bingo (ADR) <b>6:00 PM</b> Movie Night- (AR)	<b>30</b> <b>9:30 AM</b> Rosary (AR) <b>10:15 AM</b> Sit & Be Fit (AR) <b>10:45 AM</b> Trivia (DR) <b>2:00 PM</b> Animal Visit- Sasha (RV) <b>3:00PM</b> Wii Bowling Showdown (DR)	<b>31</b> <b>Massage Therapist On-Site</b> <b>10:00 AM</b> Exercise Games (AR) <b>10:45 AM</b> Travelogue (DR) <b>2:00 PM</b> Afternoon Tea and News (DR) <b>3:00 PM</b> Animal Visit- Zanny (RV) <b>3:00 PM</b> Quarter Bingo (ADR) <b>6:00 PM</b> Game Night (AR)		