



*Looking for a career  
in the health care  
profession?*

## **NURSING ASSISTANT TRAINING PROGRAM**

Columbine Health Systems

802 West Drake Road  
Fort Collins, Colorado 80526  
970-492-6230

[www.columbinehealth.com](http://www.columbinehealth.com)

*The rising demand for health care services, coupled with our aging population, make becoming a Certified Nursing Assistant a wise career move.*

*Columbine Health Systems can help get you started in the right direction.*

## **WHAT IS A CNA?**

CNA stands for –Certified Nursing Assistant. Skilled Nursing Facilities and hospitals must hire nursing assistants who are certified. In addition, many nursing programs require completion of a nurse aide course as a prerequisite of admission into a nursing program.

Salary Ranges for CNA's vary and may include shift differentials and/or weekend pay premiums.

The nursing assistant profession has been growing steadily for more than ten years and with the advent of the baby boomers, the job opportunities and need will continue to grow for the next 30 to 40 years.

**NOW IS THE TIME TO JOIN  
THIS EXCITING CAREER FIELD!!**



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## CNA TRAINING PROGRAM

Students gain an understanding of the responsibilities involved in working with residents/patients of all ages in both wellness and illness. Issues of mental health, resident/patient rights, and resident/patient and family interactions are also covered. Class instruction includes the following:

- Basic nursing assistant procedures and skills
- Restorative services
- General household activities
- Patient care
- Safety and emergency care

The Columbine Health Systems class includes 92 hours of training. Classroom instruction and lab are offered during the day, the evening, and the summer to best meet your needs. Two and one-half days of hands-on clinical experience with residents is provided at 1 of the 4 skilled nursing facilities of Columbine Health Systems.

## PROGRAM TUITION

See our website ([www.columbinehealth.com/education](http://www.columbinehealth.com/education)) for current pricing information.

### **Not included in the tuition, but required:**

- Background Check
  - TB Skin Test and/or Chest X-Ray
  - Textbook
  - Proof of current influenza vaccination (October 1 – March 31)
  - State Certification Exam Fee
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## APPLY NOW

To apply please go to our website:

[www.columbinehealth.com](http://www.columbinehealth.com)

Go to “GERIATRIC EDUCATION ” to find more information about our training program and the necessary steps to apply.

### Additional questions?

Contact: Columbine Health Systems Education and Training Department located within Human Resources – 970-492-6230

## CNA EMPLOYMENT

Once you have successfully completed the course, we encourage you to consider Columbine Health Systems as your future employer. We offer many opportunities for employment as a CNA in our 4 skilled nursing facilities located in Fort Collins and in Loveland.

When you have completed the course, you may apply for employment with Columbine Health Systems and your application will be given full consideration. Tuition reimbursement for this class is available if you are employed as a CNA at Columbine Health Systems for a year.

**Note:** Students may be hired after completion of the program and prior to certification as long as there is proof that all of the required paperwork has been submitted to the certification testing agency.

Columbine Health Systems offers competitive wages and benefits and is an equal opportunity employer.

# WHAT ARE THE JOB DUTIES OF A CNA?

The CNA provides personal care to residents or patients, such as bathing, dressing, changing linens, transporting, and other essential activities. They work under the supervision of a LPN or RN. A Certified Nursing Assistant may do many or all of the following duties:

- Obtain vital signs
- Performs non-invasive monitoring as directed by the RN or LPN
- Observes for and reports to the RN or LPN unexpected situations
- Expresses needs and changes in the resident's condition and behaviors
- Monitors and documents the resident's intake and output
- Documents care and observations thoroughly and accurately
- Feeds and assists residents with nutritional intake and follows dietary restrictions
- Assists residents with hygiene and grooming needs
- Transfers and assists residents with ambulation and mobility needs
- Assists residents with active and passive range of motion exercises
- Performs routine care of urinary drainage devices
- Applies anti-embolism stockings
- Reapplies cannula and oxygen masks for residents already receiving oxygen therapy
- Collects specimens as directed by the RN/LPN
- Utilizes assistive devices, wheelchairs, and other equipment safely
- Assists residents to activities and supports emotional health

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# ABOUT US

Columbine Health Systems began operations in Fort Collins in 1971 as Columbine Care Center. We have grown into an operation with multiple businesses and campuses in Fort Collins, Loveland, and Windsor.

- INDEPENDENT LIVING | ● ASSISTED LIVING  
● REHABILITATION | ● HEALTH & REHAB | ● HEALTH SERVICES

## FORT COLLINS

- Bloom at Home ..... 970-482-5096
- Centre Avenue Health & Rehab Facility.....970-494-2140
- Centre Pharmacy, Inc.....970-221-0190
- Columbine Medical Equipment.....970-221-1453
- Columbine Poudre Home Care ..... 970-482-5096
- Columbine West Health & Rehab Facility ... 970-221-2273
- Front Range Therapy ..... 970-494-6449
- Geriatric Education Centre..... 970-494-6455
- Lemay Avenue Health & Rehab Facility.....970-482-1584
- Lifestyle Centre..... 970-494-6446
- New Mercer Commons .....970-495-1000
- Poudre Infusion Therapy.....970-494-2130
- The Winslow..... 970-492-6200
- The Worthington ..... 970-490-1000

## LOVELAND

- Bloom at Home ..... 970-482-5096
- Front Range Therapy ..... 970-494-6449
- Lakeview Commons.....970-278-4000
- North Shore Health & Rehab Facility .....970-667-6111
- Centre Pharmacy, Inc.....970-221-0190
- Columbine Medical Equipment.....970-221-1453
- Columbine Poudre Home Care ..... 970-482-5096
- Poudre Infusion Therapy.....970-494-2130
- The Wexford .....970-667-1900

## WINDSOR

- Bloom at Home ..... 970-482-5096
- Centre Pharmacy, Inc.....970-221-0190
- Columbine Commons ..... 970-449-5540
- Columbine Commons Health & Rehab Facility .. 970-449-5541
- Columbine Medical Equipment .....970-460-9205
- Columbine Poudre Home Care ..... 970-460-9200
- Front Range Therapy ..... 970-494-6449
- Poudre Infusion Therapy..... 970-460-9208